

**Members:**

Michael Sitowitz, Chairperson (July 1, 2017-June 30, 2020)

Michael Allen, Vice-Chairperson (July 1, 2016 – June 30, 2019)

Stan Retz (January 1, 2016-December 31, 2019)

Julia Reyes-Mateo (July 1, 2016 – June 30, 2019)

Dawn Hohnhorst (April 1, 2016 – March 31, 2019)

Warren Berry (January 1, 2016- December 31, 2019)

PARRISH MEDICAL CENTER  
PENSION ADMINISTRATIVE COMMITTEE  
FEBRUARY 5, 2018 @ 11:00 A.M.  
EXECUTIVE CONFERENCE ROOM

CALL TO ORDER

- I. Review and approval of minutes (November 6, 2017)

**Motion: To recommend approval of the November 6, 2017 minutes as presented.**

- II. Public Comments

- III. Quarterly Pension and 403(b) and 457(b) Investment Reports – Bott-Anderson

- IV. Pension Actuarial Report as of October 1, 2017 – Mr. Sitowitz, Mr. Lozen, Foster & Foster

**Motion: Recommend the Budget and Finance Committee accept the Pension Plan Actuarial valuation as of October 1, 2017.**

**PARRISH MEDICAL CENTER  
PENSION ADMINISTRATIVE COMMITTEE MEETING  
NOVEMBER 6, 2017**

The members of the Pension Administrative Committee met in the Executive Conference Room on November 6, 2017 at 10:13 a.m. The following representing a quorum, were present:

Pension Administration Committee:

Michael Sitowitz, Chairperson  
Michael Allen, Vice-Chairperson  
Stan Retz  
Dawn Hohnhorst  
Warren Berry

Absent/Excused:

Julia Reyes-Mateo

Others Present:

Pamela Perez, Recording Secretary  
John Anderson, Bott-Anderson  
Tim Anderson, Bott-Anderson

**Call To Order**

The meeting was called to order by the Chairperson at 10:13 a.m.

**Review and Approval of Minutes**

The following motion was made by Ms. Hohnhorst and seconded by Mr. Allen and approved without objection.

***Motion: To approve the PAC minutes of August 7, 2017 as presented.***

**Public Comments**

No public comments presented

**Investment Policy**

Mr. Sitowitz presented the Pension Investment Guideline 9500-5004 for the annual review. Mr. Sitowitz commented on the current Florida Statute and noted that the current Statutes are reflected in the revised policy. Additional changes noted were Title of Controller was added as a formal title.

The following motion was made by Mr. Allen and seconded by Ms. Hohnhorst and approved without objection.

**Motion: Recommend the Budget & Finance Committee approve the Pension Investment Guideline Policy (9500-5004) with the changes as presented.**

**Quarterly Investment Reports-Pension, 403(b) and 407(b)**

John Anderson from Bott-Anderson update the Committee the Pension, 403(b) and 457(b) Investment Reports. John Anderson opened with the Market Commentary. The Pension portfolio had a 4.03% vs. an index return of 2.68% for the quarter, a fiscal year-to-date return of 9.38% vs 8.85% and a return of 14.24% vs. 12.25% for the trailing 12 months.

Mr. Allen made note that a Rebalancing should to be made. Discussion ensued and the following motion was made by Mr. Allen and seconded by Mr. Retz and approved without objection.

**Motion: Recommend the Board of Directors approved the rebalance of the Pension Investment Equities to 63% of the portfolio in equities and the balance allocated to Fixed Income security.**

The following 403(b) plans have been on the watch list for consecutive quarters, therefore Bott-Anderson is requesting replacement fund managers.

- Allianz NFJ Small Cap Value
- American Century Heritage
- Fidelity Advisor Leveraged Company Stock
- Invesco Charter Fund

Discussion ensued and the following motion was made by Mr. Retz and seconded by Ms. Hohnhorst and approved without objection.

**Motion: Recommend the Board of Directors authorize Bott-Anderson to recommend replacements for the following fund managers in the 403(b) plan that have been on the watch list for four consecutive quarters; Allianz NFJ Small Cap Value, American Century Heritage, Fidelity Advisor Leveraged Company Stock, Invesco Charter Fund.**

**Adjournment**

There being no further business, the meeting was adjourned at 11:05 a.m.

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Michael Sitowitz, Chairman



## MEMORANDUM

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**To:** Pension Administrative Committee

**From:** Michael Sitowitz, Controller

**Subject:** Replacement of 403b Funds

**Date:** January 30, 2018

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During the November 6<sup>th</sup>, 2017 meeting Bott Anderson reported that the following four funds in the 403b plan were on the watch list for four consecutive quarters and should be replaced.

1. Allianz NFJ Small Cap
2. American Century
3. Fidelity Advisor Leveraged Company Stock
4. Invesco Charter Fund

During the meeting on February 5<sup>th</sup>, 2018 the options for the replacement funds will be reviewed and determined at that time.



## MEMORANDUM

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**To:** Pension Administrative Committee  
**From:** Michael Sitowitz, Controller  
**Subject:** Pension Actuarial Study as of October 1, 2017  
**Date:** January 29, 2018

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At our February 5, 2018 pension administrative committee meeting, we will review the October 1, 2017 Actuarial Valuation report prepared by Foster and Foster. Douglas Lozen from Foster and Foster will be in attendance to provide a summary of the report and answer any questions.

As a reminder, last year the committee approved a reduction in the investment return assumption from 8.0% to 7.60%. The reduction was a result of freezing the plan and the expectation of the state mandating a reduction due to the freeze of the plan.

The required contribution for the current plan year ending September 30, 2018 is zero. The required contribution calculated in the October 1, 2017 Actuarial Valuation report, used for the year ending September 30, 2019 will also be zero. Zero funding to the plan will be the trend for the foreseeable future considering the defined benefit plan is over funded at 141.1%.

Factors that impacted the valuation (net impact was positive) this cycle are as follows:

- Termination experience heavier than expected (negative)
- Active mortality was updated according to changes required by the Laws of Florida. (negative)
- The Pension Benefit Guaranty Corporation (PBGC) lump sum interest rate increase from 0.50% to 0.75% (as of October 1, 2017); the increase in this assumption resulted in decreases in the current value of January 9, 2006, Vested Accrued Benefit liabilities. (positive)
- The investment return (net of fees, Actuarial Asset Basis) of 8.40% exceeded the assumption of 7.6% (positive)

Thus, we will have the following motion to the Budget and Finance Committee:

***Motion: Recommend the Budget & Finance Committee accept the Pension Plan Actuarial valuation as of October 1, 2017 as presented.***

Should you have any questions or concerns about any of these reports, please feel free to contact me at 268-6164 or e-mail me at [Michael.sitowitz@parrishmed.com](mailto:Michael.sitowitz@parrishmed.com)

PARRISH MEDICAL CENTER, INC.  
PENSION PLAN AND  
TRUST AGREEMENT

ACTUARIAL VALUATION REPORT  
AS OF OCTOBER 1, 2017

CONTRIBUTIONS APPLICABLE TO THE EMPLOYER'S  
PLAN/FISCAL YEAR ENDING SEPTEMBER 30, 2019



January 22, 2018

Michael Sitowitz, Controller  
Parrish Medical Center  
951 N. Washington Ave.  
Titusville, FL 32796

Re: Parrish Medical Center, Inc.  
Pension Plan and Trust Agreement

Dear Michael:

We are pleased to present to the Board this report of the annual actuarial valuation of the Parrish Medical Center, Inc. Pension Plan and Trust Agreement. Included are the related results for GASB Statements No. 67 and No. 68. The funding valuation was performed to determine whether the assets and contributions are sufficient to provide the prescribed benefits and to develop the appropriate funding requirements for the applicable plan year. The calculation of the liability for GASB results was performed for the purpose of satisfying the requirements of GASB Statements No. 67 and No. 68. Use of the results for other purposes may not be applicable and may produce significantly different results.

The valuations have been conducted in accordance with generally accepted actuarial principles and practices, including the applicable Actuarial Standards of Practice as issued by the Actuarial Standards Board, and reflects laws and regulations issued to date pursuant to the provisions of Chapters 112, Florida Statutes, as well as applicable federal laws and regulations. In our opinion, the assumptions used in this valuation, as adopted by the Board of Trustees, represent reasonable expectations of anticipated plan experience. Future actuarial measurements may differ significantly from the current measurements presented in this report for a variety of reasons including: changes in applicable laws, changes in plan provisions, changes in assumptions, or plan experience differing from expectations.

In conducting the valuations, we have relied on personnel, plan design, and asset information supplied by the Board of Trustees, financial reports prepared by the custodian bank, and the actuarial assumptions and methods described in the Actuarial Assumptions section of this report. While we cannot verify the accuracy of all this information, the supplied information was reviewed for consistency and reasonableness. As a result of this review, we have no reason to doubt the substantial accuracy of the information and believe that it has produced appropriate results. This information, along with any adjustments or modifications, is summarized in various sections of this report.

The total pension liability, net pension liability, and certain sensitivity information shown in this report are based on an actuarial valuation performed as of October 1, 2016. The total pension liability was rolled-forward from the valuation date to the plan's fiscal year ending September 30, 2017 using generally accepted actuarial principles. It is our opinion that the assumptions used for this purpose are internally consistent, reasonable, and comply with the requirements under GASB No. 67 and No. 68.

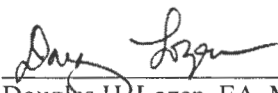
The undersigned is familiar with the immediate and long-term aspects of pension valuations, and meets the Qualification Standards of the American Academy of Actuaries necessary to render the actuarial opinions contained herein. All of the sections of this report are considered an integral part of the actuarial opinions.

To our knowledge, no associate of Foster & Foster, Inc. working on valuations of the program has any direct financial interest or indirect material interest in the Parrish Medical Center, Inc., nor does anyone at Foster & Foster, Inc. act as a member of the Board of Trustees of the Parrish Medical Center, Inc. Pension Plan and Trust Agreement. Thus, there is no relationship existing that might affect our capacity to prepare and certify this actuarial report.

If there are any questions, concerns, or comments about any of the items contained in this report, please contact me at 239-433-5500.

Respectfully submitted,

Foster & Foster, Inc.

By:   
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Douglas H. Lozen, EA, MAAA  
Enrolled Actuary #17-7778

DHL/lke

Enclosures



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## SUMMARY OF REPORT

The regular annual actuarial valuation of the Parrish Medical Center, Inc. Pension Plan and Trust Agreement, performed as of October 1, 2017, has been completed, and the results are presented in this Report. The contribution amounts developed in this valuation are applicable to the plan/fiscal year ended September 30, 2019.

The contribution requirements, compared with amounts developed in the October 1, 2016, actuarial valuation, are as follows:

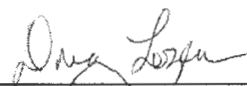
Valuation Date	10/1/2017	10/1/2016
Applicable Plan/Fiscal Year-End	<u>9/30/2019</u>	<u>9/30/2018</u>
Total Required Contribution	\$0	\$0


Experience since the prior valuation has been less favorable than, relative to the Plan's actuarial assumptions. The primary source of unfavorable experience included heavier termination experience than expected. In addition, active mortality was updated according to changes required by the Laws of Florida. The PBGC lump sum interest rate increased from 0.50% to 0.75% (as of October 1, 2017); the increase in this assumption resulted in decreases in the current value of January 9, 2006, Vested Accrued Benefit liabilities, which somewhat offset increases due to the mortality update. The plan also experienced an 8.40% investment return (net of fees, Actuarial Asset Basis), exceeding the 7.6% assumption.

The balance of this Report presents additional details of the actuarial valuation and the general operation of the Fund. The undersigned would be pleased to meet with the Board to discuss the Report and answer any questions concerning its contents.

Respectfully submitted,

FOSTER & FOSTER, INC.

By:   
Douglas H. Lozen, EA, MAAA

By:   
Julie E. Franken EA, MAAA

## CHANGES SINCE PRIOR VALUATION

### Plan Changes

There have been no plan changes since the prior valuation.

### Actuarial Assumption/Method Changes

The PBGC lump sum interest rate (used for valuation of Vested Accrued Benefits as of January 9, 2006) was increased from 0.50% to 0.75%.

As required by Chapter 2015-157, Laws of Florida, the assumed rates of mortality have been changed from those used in the July 1, 2015 FRS valuation report to those used in the July 1, 2016 FRS valuation report.

COMPARATIVE SUMMARY OF PRINCIPAL VALUATION RESULTS

	New Assump <u>10/1/2017</u>	Old Assump <u>10/1/2017</u>	<u>10/1/2016</u>
<b>A. Participant Data</b>			
Actives	650	650	734
Service Retirees	81	81	71
Beneficiaries	0	0	0
Disability Retirees	6	6	6
Terminated Vested	<u>179</u>	<u>179</u>	<u>188</u>
Total	916	916	999
Total Annual Payroll	N/A	N/A	\$34,008,222
Payroll Under Assumed Ret. Age	N/A	N/A	33,188,147
Annual Rate of Payments to:			
Service Retirees	1,365,424	1,365,424	1,101,478
Beneficiaries	0	0	0
Disability Retirees	90,509	90,509	90,509
Terminated Vested	365,703	365,703	501,620
<b>B. Assets</b>			
Actuarial Value (AVA)	58,813,949	58,813,949	59,601,317
Market Value (MVA)	60,740,810	60,740,810	59,084,922
<b>C. Liabilities</b>			
Present Value of Benefits			
Actives			
Retirement Benefits	19,055,144	19,066,635	20,786,866
Disability Benefits	2,987,834	2,988,120	3,186,614
Death Benefits	688,281	792,323	873,057
Vested Benefits	3,865,916	3,859,346	4,339,171
Refund of Contributions	0	0	0
Service Retirees	13,814,130	13,814,130	11,186,652
Beneficiaries	0	0	0
Disability Retirees	765,086	765,086	777,191
Terminated Vested	<u>2,819,017</u>	<u>2,819,017</u>	<u>9,943,658</u>
Total	43,995,408	44,104,657	51,093,209

C. Liabilities - (Continued)	New Assump <u>10/1/2017</u>	Old Assump <u>10/1/2017</u>	<u>10/1/2016</u>
Present Value of Future Salaries	192,159,373	191,473,129	199,011,815
Present Value of Future Member Contributions	0	0	0
Total Normal Cost	0	0	0
Present Value of Future Normal Costs (EAN)	2,315,427	2,315,813	2,625,348
Total Actuarial Accrued Liability (EAN AL)	41,679,981	41,788,844	48,467,861
Total Actuarial Accrued Liability (Aggregate)	58,813,949	58,813,949	59,601,317
Unfunded Actuarial Accrued Liability (UAAL)	0	0	0
Funded Ratio (AVA / EAN AL)	141.1%	140.7%	123.0%

D. Actuarial Present Value of Accrued Benefits	New Assump <u>10/1/2017</u>	Old Assump <u>10/1/2017</u>	<u>10/1/2016</u>
Vested Accrued Benefits			
Inactives	17,398,233	17,398,233	21,907,501
Actives	23,492,690	23,356,264	24,961,523
Member Contributions	<u>0</u>	<u>0</u>	<u>0</u>
Total	40,890,923	40,754,497	46,869,024
Non-vested Accrued Benefits	<u>3,104,485</u>	<u>3,041,472</u>	<u>3,525,778</u>
Total Present Value Accrued Benefits (PVAB)	43,995,408	43,795,969	50,394,802
Funded Ratio (MVA / PVAB)	138.1%	138.7%	117.2%
Increase (Decrease) in Present Value of Accrued Benefits Attributable to:			
Plan Amendments	0	0	
Assumption Changes	199,439	0	
New Accrued Benefits	0	(4,368,637)	
Benefits Paid	0	(5,838,344)	
Interest	0	3,608,148	
Other	<u>0</u>	<u>0</u>	
Total	199,439	(6,598,833)	

	New Assump	Old Assump	
Valuation Date	10/1/2017	10/1/2017	10/1/2016
Applicable to Fiscal Year Ending	<u>9/30/2019</u>	<u>9/30/2019</u>	<u>9/30/2018</u>

E. Pension Cost

Normal Cost	\$0	\$0	\$0
Administrative Expenses	0	0	0
Payment Required to Amortize Unfunded Actuarial Accrued Liability (as of 10/1/2017)	0	0	0
Total Required Contribution	0	0	0

F. Past Contributions

Plan Years Ending:	<u>9/30/2017</u>
Total Required Contribution	0
Actual Contributions Made:	
Sponsor	<u>279,252</u>
Total	279,252

G. Net Actuarial (Gain)/Loss	N/A
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H. Schedule Illustrating the Amortization of the Total Unfunded Actuarial Accrued Liability as of:

<u>Year</u>	<u>Projected Unfunded Actuarial Accrued Liability</u>
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N/A – Aggregate Actuarial Cost Method

I. (i) 3 Year Comparison of Actual and Assumed Salary Increases

		<u>Actual</u>	<u>Assumed</u>
Year Ended	9/30/2017	N/A	N/A
Year Ended	9/30/2016	N/A	N/A
Year Ended	9/30/2015	1.44%	4.33%

(ii) 3 Year Comparison of Investment Return on Actuarial Value

		<u>Actual</u>	<u>Assumed</u>
Year Ended	9/30/2017	8.40%	7.60%
Year Ended	9/30/2016	8.54%	7.60%
Year Ended	9/30/2015	7.49%	8.00%



STATEMENT BY ENROLLED ACTUARY

This actuarial valuation was prepared and completed by me or under my direct supervision, and I acknowledge responsibility for the results. To the best of my knowledge, the results are complete and accurate, and in my opinion, the techniques and assumptions used are reasonable and meet the requirements and intent of Part VII, Chapter 112, Florida Statutes. There is no benefit or expense to be provided by the plan and/or paid from the plan's assets for which liabilities or current costs have not been established or otherwise taken into account in the valuation. All known events or trends which may require a material increase in plan costs or required contribution rates have been taken into account in the valuation.



Douglas H. Lozen, EA, MAAA  
Enrolled Actuary #17-7778

Please let us know when the report is approved by the Board and unless otherwise directed we will provide a copy of the report to the following office to comply with Chapter 112 Florida Statutes:

Mr. Keith Brinkman  
Bureau of Local  
Retirement Systems  
Post Office Box 9000  
Tallahassee, FL 32315-9000

## ACTUARIAL ASSUMPTIONS AND METHODS

### Interest Rate

7.6% per year compounded annually, gross of investment-related expenses. This assumption is consistent with the Plan's investment policy and long-term expected return by asset class.

### Inflation

2.8% per year.

### Lump Sum Assumptions

The minimum guaranteed lump sum (the frozen vested accrued benefit as of January 9, 2006) is based on the Plan-specific 1971 Group Annuity Mortality Table for Males and an assumed PBGC discount rate as of each October 1 of the valuation year (decreased from 0.50% to 0.75% for the October 1, 2017 valuation), compounded annually.

The base lump sum is based on the long-term discount rate of 7.6% per annum, compounded annually, and the mortality table prescribed by the Secretary of the Treasury in accordance with Section 417(e)(3)(A)(ii)(I) of the Internal Revenue Code, as applicable for the year in which the valuation is performed.

### Mortality Rates

#### *Healthy Lives:*

**Female:** RP2000 Generational, 100% Annuitant White Collar, Scale BB

**Male:** RP2000 Generational, 50% Annuitant White Collar / 50% Annuitant Blue Collar, Scale BB

#### *Healthy Active Lives:*

**Female:** RP2000 Generational, 100% Combined Healthy (previously Annuitant) White Collar, Scale BB

**Male:** RP2000 Generational, 50% Combined Healthy (previously Annuitant) White Collar / 50% Combined Healthy (previously Annuitant) Blue Collar, Scale BB

#### *Disabled Lives:*

**Female:** 100% RP2000 Disabled Female set forward two years

**Male:** 100% RP2000 Disabled Male setback four years

The above assumption rates were mandated by Chapter 2015-157, Laws of Florida. This law mandates the use of the assumption used in either of the two most recent valuations of the Florida Retirement System (FRS). The above rates are those outlined in Milliman's July 1, 2016

FRS valuation report. The rates used in the prior valuation were those outlined in Milliman's July 1, 2015 FRS valuation report. We feel this assumption sufficiently accommodates future mortality improvements.

Post Retirement COLA

Not applicable.

Payroll Growth

None necessary for amortization purposes under the Aggregate Actuarial Cost Method.

Administrative Expenses

None assumed.

Funding Method

Aggregate Actuarial Cost Method.

Actuarial Asset Method

All assets are valued at market value with an adjustment made to uniformly spread actuarial investment gains and losses (as measured by actual market value investment return against expected market value investment return) over a five-year period.

Normal Retirement

The below rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

<b>Number of Years after first Eligible</b>	<b>Retirement Probability</b>
0-3	15%
4 or more	100%

Early Retirement

Commencing at eligibility for Early Retirement (Age 55 with 20 years of Credited Service), Members are assumed to retire with an immediate benefit at the rate of 6% per year. This assumption was adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Disability Rates

<u>Age</u>	<u>Disability Rates</u>
20	0.07%
25	0.09
30	0.11
35	0.14
40	0.19
45	0.30
50	0.51
55	0.96
60	1.66
65	----

The above rates are consistent with those utilized by other Florida non-special risk retirement programs.

Termination Rates

<u>Age</u>	<u>Termination Rates</u>
Less than 20	75.0%
20-24	19.0
25-39	12.0
40-64	6.0
65 and Older	0.0

The above rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Salary Increases

Not Applicable. Benefits are frozen as of October 1, 2016.

Lump Sum Elections

Members are assumed to take a lump sum when eligible.

## GLOSSARY

Total Annual Payroll is the annual rate of pay as of the valuation date of all covered Members.

Present Value of Benefits is the single sum value on the valuation date of all future benefits to be paid to current Members, Retirees, Beneficiaries, Disability Retirees and Vested Terminations.

Normal (Current Year's) Cost Rate is determined in the aggregate as the ratio of (a) and (b) as follows:

- (a) The present value of benefits for all Plan participants, less the actuarial value of assets.
- (b) The present value of future compensation over the anticipated number of years of participation, determined as of the valuation date.

The Normal Cost dollar requirement is the ratio of (a) and (b), multiplied by the Total Annual Payroll as of the valuation date.

Aggregate Actuarial Cost Method (Level Percent of Compensation) is the method used to determine required contributions under the Plan. The use of this method involves the systematic funding of the Normal Cost (described above).

Total Required Contribution is equal to the Normal Cost plus an adjustment for interest according to the timing of sponsor contributions during the year.

STATEMENT OF FIDUCIARY NET POSITION  
SEPTEMBER 30, 2017

<u>ASSETS</u>	COST VALUE	MARKET VALUE
Cash and Cash Equivalents:		
Money Market	1,038,990.13	1,038,990.13
Total Cash and Equivalents	1,038,990.13	1,038,990.13
Receivables:		
Investment Income	135,204.61	135,204.61
Total Receivable	135,204.61	135,204.61
Investments:		
Fixed Income	16,153,908.60	16,103,774.91
Equities	29,114,851.34	35,460,403.42
Miscellaneous	701,456.44	782,189.50
Pooled/Common/Commingled Funds:		
Equity	5,295,297.36	6,019,753.00
Real Estate	1,245,809.11	1,470,056.01
Total Investments	52,511,322.85	59,836,176.84
Total Assets	53,685,517.59	61,010,371.58
 <u>LIABILITIES</u>		
Payables:		
Lump Sum Distributions Payable	268,992.64	268,992.64
Benefit Payments	569.28	569.28
Total Liabilities	269,561.92	269,561.92
NET POSITION RESTRICTED FOR PENSIONS	53,415,955.67	60,740,809.66

STATEMENT OF CHANGES IN FIDUCIARY NET POSITION  
FOR THE YEAR ENDED SEPTEMBER 30, 2017  
Market Value Basis

ADDITIONS

Contributions:			
Employer		279,252.00	
Total Contributions			279,252.00
Investment Income:			
Net Realized Gain (Loss)	2,076,434.38		
Unrealized Gain (Loss)	3,806,302.17		
Net Increase in Fair Value of Investments		5,882,736.55	
Interest & Dividends		1,413,634.24	
Less Investment Expense <sup>1</sup>		(81,390.87)	
Net Investment Income			7,214,979.92
Total Additions			7,494,231.92
<u>DEDUCTIONS</u>			
Distributions to Members:			
Benefit Payments		1,322,883.83	
Lump Sum Distributions		4,515,460.65	
Total Distributions			5,838,344.48
Administrative Expense			0.00
Total Deductions			5,838,344.48
Net Increase in Net Position			1,655,887.44
NET POSITION RESTRICTED FOR PENSIONS			
Beginning of the Year			59,084,922.22
End of the Year			60,740,809.66

<sup>1</sup>Investment related expenses include investment advisory, custodial and performance monitoring fees.

ACTUARIAL ASSET VALUATION  
September 30, 2017

Actuarial Assets for funding purposes are developed by recognizing the total actuarial investment gain or loss for each Plan Year over a five year period. In the first year, 20% of the gain or loss is recognized. In the second year 40%, in the third year 60%, in the fourth year 80%, and in the fifth year 100% of the gain or loss is recognized. The actuarial investment gain or loss is defined as the actual return on investments minus the actuarial assumed investment return. Actuarial Assets shall not be less than 80% nor greater than 120% of Market Value of Assets.

Plan Year Ending	Gain/(Loss)	<u>Gains/(Losses) Not Yet Recognized</u>				
		Amounts Not Yet Recognized by Valuation Year				
		2017	2018	2019	2020	2021
09/30/2013	2,183,840	0	0	0	0	0
09/30/2014	163,843	32,767	0	0	0	0
09/30/2015	(6,190,036)	(2,476,015)	(1,238,008)	0	0	0
09/30/2016	3,369,152	2,021,492	1,347,662	673,832	0	0
09/30/2017	2,935,771	2,348,617	1,761,463	1,174,309	587,155	0
Total		1,926,861	1,871,117	1,848,141	587,155	0

<u>Development of Investment Gain/(Loss)</u>	
Market Value of Assets, 09/30/2016	59,084,922
Contributions Less Benefit Payments & Admin Expenses	(5,559,092)
Expected Investment Earnings*	4,279,209
Actual Net Investment Earnings	7,214,980
2017 Actuarial Investment Gain/(Loss)	<u>2,935,771</u>

\*Expected Investment Earnings = 0.076 \* [59,084,922 + 0.5 \* (5,559,092)]

<u>Development of Actuarial Value of Assets</u>	
(1) Market Value of Assets, 09/30/2017	60,740,810
(2) Gains/(Losses) Not Yet Recognized	1,926,861
(3) Actuarial Value of Assets, 09/30/2017, (1) - (2)	<u>58,813,949</u>
(A) 09/30/2016 Actuarial Assets:	59,601,317
(I) Net Investment Income:	
1. Interest and Dividends	1,413,634
2. Realized Gains (Losses)	2,076,434
3. Change in Actuarial Value	1,363,046
4. Investment Expenses	(81,391)
Total	<u>4,771,724</u>
(B) 09/30/2017 Actuarial Assets:	58,813,949
Actuarial Assets Rate of Return = 2I/(A+B-I):	8.40%
Market Value of Assets Rate of Return:	12.69%
Actuarial Gain/(Loss) due to Investment Return (Actuarial Asset Basis)	453,269
10/01/2017 Limited Actuarial Assets:	58,813,949



CHANGES IN NET ASSETS AVAILABLE FOR BENEFITS  
 SEPTEMBER 30, 2017  
 Actuarial Asset Basis

REVENUES		
Contributions:		
Employer	279,252.00	
Total Contributions		279,252.00
Earnings from Investments:		
Interest & Dividends	1,413,634.24	
Net Realized Gain (Loss)	2,076,434.38	
Change in Actuarial Value	1,363,046.17	
Total Earnings and Investment Gains		4,853,114.79
EXPENDITURES		
Distributions to Members:		
Benefit Payments	1,322,883.83	
Lump Sum Distributions	4,515,460.65	
Total Distributions		5,838,344.48
Expenses:		
Investment related <sup>1</sup>	81,390.87	
Administrative	0.00	
Total Expenses		81,390.87
Change in Net Assets for the Year		(787,368.56)
Net Assets Beginning of the Year		59,601,317.22
Net Assets End of the Year <sup>2</sup>		58,813,948.66

<sup>1</sup>Investment related expenses include investment advisory, custodial and performance monitoring fees.

<sup>2</sup>Net Assets may be limited for actuarial consideration.

STATISTICAL DATA

	<u>10/1/2014</u>	<u>10/1/2015</u>	<u>10/1/2016</u>	<u>10/1/2017</u>
<u>Actives</u>				
Number	800	800	734	650
Average Current Age	46.4	46.6	46.3	46.8
Average Age at Employment	35.1	35.4	35.5	35.2
Average Past Service	11.3	11.2	10.8	11.6
Average Annual Salary	\$45,560	\$45,609	\$46,333	N/A
<u>Service Retirees</u>				
Number	60	59	71	81
Average Current Age	N/A	74.6	73.0	72.0
Average Annual Benefit	\$13,160	\$14,139	\$15,514	\$16,857
<u>Beneficiaries</u>				
Number	0	0	0	0
Average Current Age	N/A	N/A	N/A	N/A
Average Annual Benefit	N/A	N/A	N/A	N/A
<u>Disability Retirees</u>				
Number	4	5	6	6
Average Current Age	N/A	60.0	60.3	61.3
Average Annual Benefit	\$10,718	\$9,779	\$15,085	\$15,085
<u>Terminated Vested</u>				
Number	126	148	188	179
Average Current Age	N/A	55.0	54.3	53.9
Average Annual Benefit <sup>1</sup>	\$4,207	\$4,781	\$4,215	\$2,043

<sup>1</sup> The Average Annual Benefit reflects only participants due annuities.

## AGE AND SERVICE DISTRIBUTION

### PAST SERVICE

AGE	0	1	2	3	4	5-9	10-14	15-19	20-24	25-29	30+	Total
15 - 19	0	0	0	0	0	0	0	0	0	0	0	0
20 - 24	0	0	10	4	1	0	0	0	0	0	0	15
25 - 29	0	0	13	14	4	14	2	0	0	0	0	47
30 - 34	0	1	16	8	2	26	14	1	0	0	0	68
35 - 39	0	0	7	6	3	24	26	4	1	0	0	71
40 - 44	0	2	5	6	1	16	14	8	2	0	0	54
45 - 49	0	0	9	8	4	19	18	12	10	6	0	86
50 - 54	0	0	3	6	4	19	21	16	16	12	4	101
55 - 59	0	0	7	7	4	13	31	22	10	7	14	115
60 - 64	0	1	9	6	1	4	18	8	7	8	3	65
65+	0	0	1	1	1	6	10	4	3	2	0	28
Total	0	4	80	66	25	141	154	75	49	35	21	650

VALUATION PARTICIPANT RECONCILIATION

1. Active lives

a. Number in prior valuation 10/1/2016	734
b. Terminations	
i. Vested (partial or full) with deferred benefits	(31)
ii. Non-vested or full lump sum distribution received	(46)
c. Deaths	
i. Beneficiary receiving benefits	0
ii. No future benefits payable	(2)
d. Disabled	0
e. Retired	(6)
f. Continuing participants	649
g. Corrections	1
h. Total active life participants in valuation	650

2. Non-Active lives (including beneficiaries receiving benefits)

	Service Retirees, Vested Receiving <u>Benefits</u>	Receiving Death <u>Benefits</u>	Receiving Disability <u>Benefits</u>	Vested Deferred	<u>Total</u>
a. Number prior valuation	71	0	6	188	265
Retired	13	0	0	(7)	6
Vested Deferred	0	0	0	31	31
Death, With Survivor	0	0	0	0	0
Death, No Survivor	(3)	0	0	0	(3)
Disabled	0	0	0	0	0
Refund of Contributions	0	0	0	(33)	(33)
Rehires	0	0	0	0	0
Expired Annuities	0	0	0	0	0
Data Corrections	0	0	0	0	0
b. Number current valuation	81	0	6	179	266

## SUMMARY OF PLAN PROVISIONS

<u>Eligibility</u>	Full-time or part-time employees who regularly work at least 20 hours per week and five (5) months per year and who perform at least 1000 hours of service per year may participate after 1 year of continuous service.
<u>Continuous Service</u>	Total years and completed months of continuous employment as an eligible employee participating in the Plan. If the employee has previously received a cash-out of the value of a previous benefit, service will be credited only if the prior service is purchased.
<u>Earnings</u>	Basic compensation paid at the base rate, excluding commissions, overtime, bonuses and any other non-regular payments.
<u>Average Monthly Earnings</u>	Average Compensation for the highest 60 consecutive months of the 10 years immediately preceding retirement or termination. The average is frozen as of October 1, 2016.
<u>Member Contributions</u>	None.
<u>Employer Contributions</u>	Remaining amount required in order to pay current costs and amortize unfunded past service cost, if any, as provided in Part VII, Chapter 112, F.S.
<u>Normal Retirement</u>	
Date	Earlier of: 1) age 65, regardless of Continuous Service, 2) age 60 and 25 years of Continuous Service, or 3) 30 years of Continuous Service, regardless of Age.
Benefit	1.75% of Average Monthly Earnings up to \$1,000, plus 1.50% of average Monthly Earnings in excess of \$1,000, times Continuous Service. Benefit accruals are frozen as of October 1, 2016.
Form of Benefit	Life Annuity (options available).
<u>Early Retirement</u>	
Eligibility	Age 55, and 20 years of Continuous Service.
Benefit	Accrued benefit, reduced 6.67% for each of the first five years, and 3.33% for each of the next five years by which the benefit commencement date precedes Age 65.

Vesting

Schedule

Years of Service

Vested Percentage

Less than 5	None
5	50%
6	60
7	70
8	80
9	90
10 or More	100

Benefit Amount

Member will receive the vested portion of his (her) accrued benefit payable at the otherwise Early (reduced) or Age 65.

Disability

Eligibility

10 years of Continuous Service

Exclusions

Disability resulting from use of drugs, illegal participation in riots, service in military, etc.

Benefit

Normal Retirement benefit accrued to date of disability (no reduction for commencement before Normal Retirement date). Accrued benefits are frozen as of October 1, 2016.

Duration

Payable for life or until recovery (as determined by the Board).

Death Benefits

Eligibility

5 years of Continuous Service

Benefit

Accrued benefit as of the date of death, payable as a lump sum.

STATEMENT OF FIDUCIARY NET POSITION  
SEPTEMBER 30, 2017

<u>ASSETS</u>	MARKET VALUE
Cash and Cash Equivalents:	
Money Market	1,038,990
Total Cash and Equivalents	1,038,990
Receivables:	
Investment Income	135,205
Total Receivable	135,205
Investments:	
Fixed Income	16,103,775
Equities	35,460,403
Miscellaneous	782,190
Pooled/Common/Commingled Funds:	
Equity	6,019,753
Real Estate	1,470,056
Total Investments	59,836,177
Total Assets	61,010,372
<u>LIABILITIES</u>	
Payables:	
Lump Sum Distributions Payable	268,993
Benefit Payments	569
Total Liabilities	269,562
NET POSITION RESTRICTED FOR PENSIONS	60,740,810

STATEMENT OF CHANGES IN FIDUCIARY NET POSITION  
FOR THE YEAR ENDED SEPTEMBER 30, 2017  
Market Value Basis

ADDITIONS

## Contributions:

Employer	279,252	
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Total Contributions		279,252
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## Investment Income:

Net Increase in Fair Value of Investments	5,882,737	
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Interest & Dividends	1,413,634	
----------------------	-----------	--

Less Investment Expense <sup>1</sup>	(81,391)	
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Net Investment Income		7,214,980
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Total Additions		7,494,232
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DEDUCTIONS

## Distributions to Members:

Benefit Payments	1,322,884	
------------------	-----------	--

Lump Sum Distributions	4,515,460	
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Total Distributions		5,838,344
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Administrative Expense		0
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Total Deductions		5,838,344
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Net Increase in Net Position		1,655,888
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## NET POSITION RESTRICTED FOR PENSIONS

Beginning of the Year		59,084,922
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End of the Year		60,740,810
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<sup>1</sup>Investment related expenses include investment advisory, custodial and performance monitoring fees.



**NOTES TO THE FINANCIAL STATEMENTS**  
(For the Year Ended September 30, 2017)

Plan Description

*Plan Administration*

The Plan is a single-employer defined benefit pension plan. The Hospital Board may appoint a committee of four or more persons to be known as the Pension Administrative Committee to assist with the administration of the Plan. At least one member of the Committee shall come from each of the following groups:

- a member of the Board;
- a member of the management group of the Employer;
- an Employee of the Employer;
- a representative from the Employer's community.

*Plan Membership as of October 1, 2016:*

Inactive Plan Members or Beneficiaries Currently Receiving Benefits	77
Inactive Plan Members Entitled to But Not Yet Receiving Benefits	188
Active Plan Members	734
	999
	999

*Benefits Provided*

The Plan provides retirement, termination, disability and death benefits.

The Plan was amended to cease benefit accruals as of September 30, 2016.

Normal Retirement:

Date: Earlier of: 1) age 65, regardless of Continuous Service, 2) age 60 and 25 years of Continuous Service, or 3) 30 years of Continuous Service, regardless of Age.

Benefit: 1.75% of Average Monthly Earnings up to \$1,000, plus 1.50% of average Monthly Earnings in excess of \$1,000, times Continuous Service.

Early Retirement:

Eligibility: Age 55, and 20 years of Continuous Service.

Benefit: Accrued benefit, reduced 6.67% for each of the first five years, and 3.33% for each of the next five years by which the benefit commencement date precedes Age 65.

Vesting:

Schedule	<u>Years of Service</u>	<u>Vested Percentage</u>
	Less than 5	None
	5	50%
	6	60
	7	70
	8	80
	9	90
	10 or More	100

Benefit Amount: Member will receive the vested portion of his (her) accrued benefit payable at the otherwise Early (reduced) or Age 65.

Disability:

Eligibility: 10 years of Continuous Service.

Benefit: Normal Retirement benefit accrued to date of disability (no reduction for commencement before Normal Retirement date)

Death Benefits:

Eligibility: 5 years of Continuous Service.

Benefit: Accrued benefit as of the date of death, payable as a lump sum.

*Contributions*

Member Contributions: None.

Employer Contributions: Remaining amount required in order to pay current costs and amortize unfunded past service cost, if any, as provided in Chapter 112, Florida Statutes.

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Investments

*Investment Policy:*

The following was the Board's adopted asset allocation policy as of September 30, 2017:

<u>Asset Class</u>	<u>Target Allocation</u>
Large Cap Equity	35%
Mid and Small Cap	20%
International Equity	5%
Alternatives	10%
Fixed Income	30%
<u>Total</u>	<u>100%</u>

*Concentrations:*

The Plan did not hold investments in any one organization that represent 5 percent or more of the Pension Plan's Fiduciary Net Position.

*Rate of Return:*

For the year ended September 30, 2017, the annual money-weighted rate of return on Pension Plan investments, net of Pension Plan investment expense, was 12.69 percent.

The money-weighted rate of return expresses investment performance, net of investment expense, adjusted for the changing amounts actually invested.

NET PENSION LIABILITY OF THE SPONSOR

The components of the Net Pension Liability of the Sponsor on September 30, 2017 were as follows:

Total Pension Liability	\$ 45,644,753
Plan Fiduciary Net Position	<u>\$ (60,740,810)</u>
Sponsor's Net Pension Liability	<u>\$ (15,096,057)</u>
Plan Fiduciary Net Position as a percentage of Total Pension Liability	133.07%

*Actuarial Assumptions:*

The Total Pension Liability was determined by an actuarial valuation as of October 1, 2016 updated to September 30, 2017 using the following actuarial assumptions:

Inflation	2.80%
Salary Increases	3.80% - 4.90% * Inclusive of 2.8% inflation assumption.
Discount Rate	7.60%
Investment Rate of Return	7.60%

*Mortality Rate Healthy Lives:*

Female: RP2000 Generational, 100% Annuitant White Collar, Scale BB.

Male: RP2000 Generational, 50% Annuitant White Collar / 50% Annuitant Blue Collar, Scale BB.

*Mortality Rate Disabled Lives:*

Female: 100% RP2000 Disabled Female set forward two years.

Male: 100% RP2000 Disabled Male setback four years.

The most recent actuarial experience study used to review the other significant assumptions was dated July 21, 2014.

The Long-Term Expected Rate of Return on Pension Plan investments can be determined using a building-block method in which best-estimate ranges of expected future real rates of return (expected returns, net of Pension Plan investment expenses and inflation) are developed for each major asset class.

For 2017 the inflation rate assumption of the investment advisor was 2.25%.

These ranges are combined to produce the Long-Term Expected Rate of Return by weighting the expected future real rates of return by the target asset allocation percentage and by adding expected inflation.

Best estimates of geometric real rates of return for each major asset class included in the Pension Plan's target asset allocation as of September 30, 2017 are summarized in the following table:

<u>Asset Class</u>	<u>Long Term Expected Real Rate of Return</u>
Large Cap Equity	10.0%
Mid and Small Cap	10.0%
International Equity	10.0%
Alternatives	10.0%
Fixed Income	4.0%

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Discount Rate:

The Discount Rate used to measure the Total Pension Liability was 7.60 percent.

The projection of cash flows used to determine the Discount Rate assumed that Plan Member contributions will be made at the current contribution rate and that Sponsor contributions will be made at rates equal to the difference between actuarially determined contribution rates and the Member rate. Based on those assumptions, the Pension Plan's Fiduciary Net Position was projected to be available to make all projected future benefit payments of current plan members. Therefore, the Long-Term Expected Rate of Return on Pension Plan investments was applied to all periods of projected benefit payments to determine the Total Pension Liability.

	1% Decrease 6.60%	Current Discount Rate 7.60%	1% Increase 8.60%
Sponsor's Net Pension Liability	\$ (13,280,826)	\$ (15,096,057)	\$ (16,719,915)

**SCHEDULE OF CHANGES IN NET PENSION LIABILITY AND RELATED RATIOS**  
Last 10 Fiscal Years

	09/30/2017	09/30/2016	09/30/2015
Total Pension Liability			
Service Cost	584,454	690,793	1,836,604
Interest	3,192,364	3,252,842	4,207,238
Changes of benefit terms	-	(13,325,988)	-
Differences between Expected and Actual Experience	3,366,776	(562,243)	1,059,852
Changes of assumptions	-	3,656,761	-
Contributions - Buy Back	-	-	-
Benefit Payments, including Refunds of Employee Contributions	(5,838,344)	(5,336,757)	(3,786,952)
Net Change in Total Pension Liability	1,305,250	(11,624,592)	3,316,742
Total Pension Liability - Beginning	44,339,503	55,964,095	52,647,353
Total Pension Liability - Ending (a)	<u>\$ 45,644,753</u>	<u>\$ 44,339,503</u>	<u>\$ 55,964,095</u>
Plan Fiduciary Net Position			
Contributions - Employer	279,252	1,440,995	1,691,990
Contributions - Buy Back	-	-	-
Net Investment Income	7,214,980	7,442,049	(1,539,953)
Benefit Payments, including Refunds of Employee Contributions	(5,838,344)	(5,336,757)	(3,786,952)
Administrative Expense	-	-	-
Net Change in Plan Fiduciary Net Position	1,655,888	3,546,287	(3,634,915)
Plan Fiduciary Net Position - Beginning	59,084,922	55,538,635	59,173,550
Plan Fiduciary Net Position - Ending (b)	<u>\$ 60,740,810</u>	<u>\$ 59,084,922</u>	<u>\$ 55,538,635</u>
Net Pension Liability - Ending (a) - (b)	<u>\$ (15,096,057)</u>	<u>\$ (14,745,419)</u>	<u>\$ 425,460</u>
Plan Fiduciary Net Position as a percentage of the Total Pension Liability	133.07%	133.26%	99.24%
Covered Employee Payroll <sup>1</sup>	N/A	\$ 36,342,540	\$ 38,851,076
Net Pension Liability as a percentage of Covered Employee Payroll	N/A	-40.57%	1.10%

**Notes to Schedule:**

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

*Changes of benefit terms:*

For measurement date 09/30/2016, the plan was amended to cease benefit accruals as of September 30, 2016.

*Changes of assumptions:*

For measurement date 09/30/2016, the PBGC investment return assumption (used for valuation of Vested Accrued Benefits as of January 9, 2006) was decreased from 1.25% to 0.50%.

Additionally, the mortality assumption for inactive benefits paid in the form of annuities was changed to use the same rates as used in the Florida Retirement System's July 1, 2015 actuarial valuation report as required by Chapter 2015-137, Laws of Florida.

Finally, the interest rate was lowered from 8.0% to 7.6% per year compounded annually, gross of investment related expenses.

**SCHEDULE OF CHANGES IN NET PENSION LIABILITY AND RELATED RATIOS**  
Last 10 Fiscal Years

	<u>09/30/2014</u>	<u>09/30/2013</u>
Total Pension Liability		
Service Cost	1,998,932	1,850,863
Interest	3,998,329	3,796,320
Changes of benefit terms	-	-
Differences between Expected and Actual Experience	-	-
Changes of assumptions	736,112	-
Contributions - Buy Back	1,474	-
Benefit Payments, including Refunds of Employee Contributions	<u>(4,135,338)</u>	<u>(2,404,947)</u>
Net Change in Total Pension Liability	2,599,509	3,242,236
Total Pension Liability - Beginning	<u>50,047,844</u>	<u>46,805,608</u>
Total Pension Liability - Ending (a)	<u><u>\$ 52,647,353</u></u>	<u><u>\$ 50,047,844</u></u>
Plan Fiduciary Net Position		
Contributions - Employer	3,126,488	3,166,212
Contributions - Buy Back	1,474	-
Net Investment Income	4,572,243	6,113,059
Benefit Payments, including Refunds of Employee Contributions	(4,135,338)	(2,404,947)
Administrative Expense	<u>-</u>	<u>(497)</u>
Net Change in Plan Fiduciary Net Position	3,564,867	6,873,827
Plan Fiduciary Net Position - Beginning	<u>55,608,683</u>	<u>48,734,856</u>
Plan Fiduciary Net Position - Ending (b)	<u><u>\$ 59,173,550</u></u>	<u><u>\$ 55,608,683</u></u>
Net Pension Liability - Ending (a) - (b)	<u><u>\$ (6,526,197)</u></u>	<u><u>\$ (5,560,839)</u></u>
Plan Fiduciary Net Position as a percentage of the Total Pension Liability	112.40%	111.11%
Covered Employee Payroll <sup>1</sup>	\$ 32,463,253	\$ 36,159,641
Net Pension Liability as a percentage of Covered Employee Payroll	-20.10%	-15.38%

**Notes to Schedule:**

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

**SCHEDULE OF CONTRIBUTIONS**  
Last 10 Fiscal Years

	09/30/2017	09/30/2016	09/30/2015	09/30/2014	09/30/2013
Actuarially Determined Contribution	-	1,440,995	1,691,990	3,126,488	3,166,212
Contributions in relation to the Actuarially Determined Contributions	279,252	1,440,995	1,691,990	3,126,488	3,166,212
Contribution Deficiency (Excess)	<u>\$ (279,252)</u>	<u>\$ -</u>	<u>\$ -</u>	<u>\$ -</u>	<u>\$ -</u>
Covered Employee Payroll <sup>1</sup>	N/A	\$ 36,342,540	\$ 38,851,076	\$ 36,159,641	\$ 36,159,641
Contributions as a percentage of Covered Employee Payroll	N/A	3.97%	4.36%	8.76%	8.76%

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

Notes to Schedule

Valuation Date: 10/01/2015

Actuarially determined contribution rates are calculated as of October 1, two years prior to the end of the fiscal year in which contributions are reported.

Methods and assumptions used to determine contribution rates:

Funding Method: Aggregate Actuarial Cost Method. A funding load equal to one year of assumed salary increases (at the current 4.1% assumption) and a half year of investment return (at the current 8% assumption) was utilized for determination of the Sponsor's dollar funding requirement.

Interest Rate: 8% per year compounded annually, gross of investment-related expenses. This assumption is consistent with the Plan's investment policy and long-term expected return by asset class.

Inflation: 2.8% per year.

Lump Sum Assumptions: The minimum guaranteed lump sum is based on the Plan-specific 1971 Group Annuity Mortality Table for Males and an assumed PBGC discount rate as of each October 1 of the valuation year (increased from 1.00% to 1.25% for the October 1, 2015 valuation), compounded annually.

The base lump sum is based on the long term discount rate of 8% per annum, compounded annually, and the mortality table prescribed by the Secretary of the Treasury in accordance with Section 417(e)(3)(A)(ii)(I) of the Internal Revenue Code, as applicable for the year in which the valuation is performed.

Mortality Rates: RP2000, Combined Healthy, with projection to the valuation date using Scale AA. This assumption is utilized for benefits paid in the form of annuities only, and believe sufficiently accommodates future mortality improvements.

Post Retirement COLA: Not applicable.

Payroll Growth: None necessary for amortization purposes under the Aggregate Actuarial Cost Method.

Actuarial Asset Method: All assets are valued at market value with an adjustment made to uniformly spread actuarial investment gains and losses (as measured by actual market value investment return against expected market value investment return) over a five-year period.

Normal Retirement: The below rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Number of Years after First Eligible	Retirement Probability
0-3	15.00%
4 or more	100.0%

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Early Retirement:

Commencing at eligibility for Early Retirement (Age 55 with 20 years of Credited Service), Members are assumed to retire with an immediate benefit at the rate of 6% per year. This assumption was adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Disability Rates:

Age	Disability Rates
20	0.07%
25	0.09%
30	0.11%
35	0.14%
40	0.19%
45	0.30%
50	0.51%
55	0.96%
60	1.66%
65	-

The above rates are consistent with those utilized by other Florida non-special risk retirement programs.

Termination Rate:

Age	Termination Rates
Less than 20	75.00%
20-24	19.00%
25-39	12.00%
40-64	6.00%
65 and older	0.00%

The above rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Salary Increases:

Years of Service	Salary Increases <sup>1</sup>
Less than 6 Years	4.9%
Years 6-15	4.3%
16 Years and Greater	3.8%

<sup>1</sup> Inclusive of 2.8% inflation assumption.

The above salary rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.



SCHEDULE OF INVESTMENT RETURNS  
Last 10 Fiscal Years

	<u>09/30/2017</u>	<u>09/30/2016</u>	<u>09/30/2015</u>	<u>09/30/2014</u>	<u>09/30/2013</u>
Annual Money-Weighted Rate of Return					
Net of Investment Expense	12.69%	13.57%	-2.65%	8.35%	12.40%

**NOTES TO THE FINANCIAL STATEMENTS**  
(For the Year Ended September 30, 2018)

**General Information about the Pension Plan**

*Plan Description*

The Plan is a single-employer defined benefit pension plan. The Hospital Board may appoint a committee of four or more persons to be known as the Pension Administrative Committee to assist with the administration of the Plan. At least one member of the Committee shall come from each of the following groups:

- a member of the Board;
- a member of the management group of the Employer;
- an Employee of the Employer;
- a representative from the Employer's community.

Full-time or part-time employees who regularly work at least 20 hours per week and five months per year and who perform at least 1000 hours of service per year may participate after 1 year of continuous service.

*Plan Membership as of October 1, 2016:*

Inactive Plan Members or Beneficiaries Currently Receiving Benefits	77
Inactive Plan Members Entitled to But Not Yet Receiving Benefits	188
Active Plan Members	734
	999

*Benefits Provided*

The Plan provides retirement, termination, disability and death benefits.

The Plan was amended to cease benefit accruals as of September 30, 2016.

Normal Retirement:

Date: Earlier of: 1) age 65, regardless of Continuous Service, 2) age 60 and 25 years of Continuous Service, or 3) 30 years of Continuous Service, regardless of Age.

Benefit: 1.75% of Average Monthly Earnings up to \$1,000, plus 1.50% of average Monthly Earnings in excess of \$1,000, times Continuous Service.

Early Retirement:

Eligibility: Age 55, and 20 years of Continuous Service.

Benefit: Accrued benefit, reduced 6.67% for each of the first five years, and 3.33% for each of the next five years by which the benefit commencement date precedes Age 65.

Vesting:

Schedule	Years of Service	Vested Percentage
	Less than 5	None
	5	0.5
	6	60
	7	70
	8	80
	9	90
	10 or More	100

Benefit Amount: Member will receive the vested portion of his (her) accrued benefit payable at the otherwise Early (reduced) or Age 65.

Disability:

Eligibility: 10 years of Continuous Service.

Benefit: Normal Retirement benefit accrued to date of disability (no reduction for commencement before Normal Retirement date)

Death Benefits:

Eligibility: 5 years of Continuous Service.

Benefit: Accrued benefit as of the date of death, payable as a lump sum.

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### *Contributions*

Member Contributions: None.

Employer Contributions: Remaining amount required in order to pay current costs and amortize unfunded past service cost, if any, as provided in Chapter 112, Florida Statutes.

### Net Pension Liability

The measurement date is September 30, 2017.

The measurement period for the pension expense was October 1, 2016 to September 30, 2017.

The reporting period is October 1, 2017 through September 30, 2018.

The Sponsor's Net Pension Liability was measured as of September 30, 2017.

The Total Pension Liability used to calculate the Net Pension Liability was determined as of that date.

### *Actuarial Assumptions:*

The Total Pension Liability was determined by an actuarial valuation as of October 1, 2016 updated to September 30, 2017 using the following actuarial assumptions:

Inflation	2.80%
Salary Increases	3.80% - 4.90% * Inclusive of 2.8% inflation assumption.
Discount Rate	7.60%
Investment Rate of Return	7.60%

### *Mortality Rate Healthy Lives:*

Female: RP2000 Generational, 100% Annuitant White Collar, Scale BB.

Male: RP2000 Generational, 50% Annuitant White Collar / 50% Annuitant Blue Collar, Scale BB.

### *Mortality Rate Disabled Lives:*

Female: 100% RP2000 Disabled Female set forward two years.

Male: 100% RP2000 Disabled Male setback four years.

The most recent actuarial experience study used to review the other significant assumptions was dated July 21, 2014.

The Long-Term Expected Rate of Return on Pension Plan investments can be determined using a building-block method in which best-estimate ranges of expected future real rates of return (expected returns, net of Pension Plan investment expenses and inflation) are developed for each major asset class.

For 2017 the inflation rate assumption of the investment advisor was 2.25%.

These ranges are combined to produce the Long-Term Expected Rate of Return by weighting the expected future real rates of return by the target asset allocation percentage and by adding expected inflation.

Best estimates of geometric real rates of return for each major asset class included in the Pension Plan's target asset allocation as of September 30, 2017 are summarized in the following table:

<u>Asset Class</u>	<u>Target Allocation</u>	<u>Long Term Expected Real Rate of Return</u>
Large Cap Equity	35%	10%
Mid and Small Cap	20%	10%
International Equity	5%	10%
Alternatives	10%	10%
Fixed Income	30%	4%
<u>Total</u>	<u>100%</u>	

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### Discount Rate:

The Discount Rate used to measure the Total Pension Liability was 7.60 percent.

The projection of cash flows used to determine the Discount Rate assumed that Plan Member contributions will be made at the current contribution rate and that Sponsor contributions will be made at rates equal to the difference between actuarially determined contribution rates and the Member rate. Based on those assumptions, the Pension Plan's Fiduciary Net Position was projected to be available to make all projected future benefit payments of current plan members. Therefore, the Long-Term Expected Rate of Return on Pension Plan investments was applied to all periods of projected benefit payments to determine the Total Pension Liability.

CHANGES IN NET PENSION LIABILITY

	Increase (Decrease)		
	Total Pension Liability (a)	Plan Fiduciary Net Position (b)	Net Pension Liability (a)-(b)
Reporting Period Ending September 30, 2017	\$ 44,339,503	\$ 59,084,922	\$ (14,745,419)
Changes for a Year:			
Service Cost	584,454	-	584,454
Interest	3,192,364	-	3,192,364
Differences between Expected and Actual Experience	3,366,776	-	3,366,776
Changes of assumptions	-	-	-
Changes of benefit terms	-	-	-
Contributions - Employer	-	279,252	(279,252)
Net Investment Income	-	7,214,980	(7,214,980)
Benefit Payments, including Refunds of Employee Contributions	(5,838,344)	(5,838,344)	-
Net Changes	1,305,250	1,655,888	(350,638)
Reporting Period Ending September 30, 2018	\$ 45,644,753	\$ 60,740,810	\$ (15,096,057)

*Sensitivity of the Net Pension Liability to changes in the Discount Rate.*

	Current Discount		
	1% Decrease 6.60%	Rate 7.60%	1% Increase 8.60%
Sponsor's Net Pension Liability	\$ (13,280,826)	\$ (15,096,057)	\$ (16,719,915)

*Pension Plan Fiduciary Net Position.*

Detailed information about the pension Plan's Fiduciary Net Position is available in a separately issued Plan financial report.

**FINAL PENSION EXPENSE AND DEFERRED OUTFLOWS OF RESOURCES AND DEFERRED  
INFLOWS OF RESOURCES RELATED TO PENSIONS  
FISCAL YEAR SEPTEMBER 30, 2017**

For the year ended September 30, 2017, the Sponsor has recognized a Pension Expense of -\$12,428,762.

On September 30, 2017, the Sponsor reported Deferred Outflows of Resources and Deferred Inflows of Resources related to pensions from the following sources:

	Deferred Outflows of Resources	Deferred Inflows of Resources
Differences between Expected and Actual Experience	794,890	481,922
Changes of assumptions	3,594,436	-
Net difference between Projected and Actual Earnings on Pension Plan investments	1,124,654	-
Employer contributions subsequent to the measurement date	279,252	-
Total	\$ 5,793,232	\$ 481,922

The outcome of the Deferred Outflows of resources related to pensions resulting from Employer contributions subsequent to the measurement date has been recognized as a reduction of the net Pension Liability in the year ended September 30, 2017.

Other amounts reported as Deferred Outflows of Resources and Deferred Inflows of Resources related to pensions will be recognized in Pension Expense as follows:

Year ended September 30:	
2018	\$ 1,240,850
2019	\$ 1,240,850
2020	\$ 1,273,620
2021	\$ 35,612
2022	\$ 666,570
Thereafter	\$ 574,556

**PRELIMINARY PENSION EXPENSE AND DEFERRED OUTFLOWS OF RESOURCES AND  
DEFERRED INFLOWS OF RESOURCES RELATED TO PENSIONS  
FISCAL YEAR SEPTEMBER 30, 2018**

For the year ended September 30, 2018, the Sponsor will recognize a Pension Expense of \$632,272.

On September 30, 2018, the Sponsor reported Deferred Outflows of Resources and Deferred Inflows of Resources related to pensions from the following sources:

	Deferred Outflows of Resources	Deferred Inflows of Resources
Differences between Expected and Actual Experience	3,548,217	401,601
Changes of assumptions	2,980,027	-
Net difference between Projected and Actual Earnings on Pension Plan investments	-	1,798,243
Employer contributions subsequent to the measurement date	TBD	-
Total	TBD	\$ 2,199,844

The outcome of the Deferred Outflows of resources related to pensions resulting from Employer contributions subsequent to the measurement date will be recognized as a reduction of the net Pension Liability in the year ended September 30, 2018.

Other amounts reported as Deferred Outflows of Resources and Deferred Inflows of Resources related to pensions will be recognized in Pension Expense as follows:

Year ended September 30:				
2019		\$		1,134,664
2020		\$		1,167,434
2021		\$		(70,574)
2022		\$		560,384
2023		\$		1,055,524
Thereafter		\$		480,968

**SCHEDULE OF CHANGES IN NET PENSION LIABILITY AND RELATED RATIOS**  
Last 10 Fiscal Years

Reporting Period Ending Measurement Date	09/30/2018 09/30/2017	09/30/2017 09/30/2016	09/30/2016 09/30/2015
Total Pension Liability			
Service Cost	584,454	690,793	1,836,604
Interest	3,192,364	3,252,842	4,207,238
Changes of benefit terms	-	(13,325,988)	-
Differences between Expected and Actual Experience	3,366,776	(562,243)	1,059,852
Changes of assumptions	-	3,656,761	-
Contributions - Buy Back	-	-	-
Benefit Payments, including Refunds of Employee Contributions	(5,838,344)	(5,336,757)	(3,786,952)
Net Change in Total Pension Liability	1,305,250	(11,624,592)	3,316,742
Total Pension Liability - Beginning	44,339,503	55,964,095	52,647,353
Total Pension Liability - Ending (a)	<u>\$ 45,644,753</u>	<u>\$ 44,339,503</u>	<u>\$ 55,964,095</u>
Plan Fiduciary Net Position			
Contributions - Employer	279,252	1,440,995	1,691,990
Contributions - Buy Back	-	-	-
Net Investment Income	7,214,980	7,442,049	(1,539,953)
Benefit Payments, including Refunds of Employee Contributions	(5,838,344)	(5,336,757)	(3,786,952)
Administrative Expense	-	-	-
Net Change in Plan Fiduciary Net Position	1,655,888	3,546,287	(3,634,915)
Plan Fiduciary Net Position - Beginning	59,084,922	55,538,635	59,173,550
Plan Fiduciary Net Position - Ending (b)	<u>\$ 60,740,810</u>	<u>\$ 59,084,922</u>	<u>\$ 55,538,635</u>
Net Pension Liability - Ending (a) - (b)	<u>\$ (15,096,057)</u>	<u>\$ (14,745,419)</u>	<u>\$ 425,460</u>
Plan Fiduciary Net Position as a percentage of the Total Pension Liability	133.07%	133.26%	99.24%
Covered Employee Payroll <sup>1</sup>	N/A	\$ 36,342,540	\$ 38,851,076
Net Pension Liability as a percentage of Covered Employee Payroll	N/A	-40.57%	1.10%

**Notes to Schedule:**

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

*Changes of benefit terms:*

For measurement date 09/30/2016, the plan was amended to cease benefit accruals as of September 30, 2016.

*Changes of assumptions:*

For measurement date 09/30/2016, the PBGC investment return assumption (used for valuation of Vested Accrued Benefits as of January 9, 2006) was decreased from 1.25% to 0.50%.

Additionally, the mortality assumption for inactive benefits paid in the form of annuities was changed to use the same rates as used in the Florida Retirement System's July 1, 2015 actuarial valuation report as required by Chapter 2015-137, Laws of Florida.

Finally, the interest rate was lowered from 8.0% to 7.6% per year compounded annually, gross of investment related expenses.



**SCHEDULE OF CHANGES IN NET PENSION LIABILITY AND RELATED RATIOS**  
Last 10 Fiscal Years

	09/30/2016	09/30/2014
	09/30/2014	09/30/2013
Total Pension Liability		
Service Cost	1,998,932	1,850,863
Interest	3,998,329	3,796,320
Changes of benefit terms	-	-
Differences between Expected and Actual Experience	-	-
Changes of assumptions	736,112	-
Contributions - Buy Back	1,474	-
Benefit Payments, including Refunds of Employee Contributions	(4,135,338)	(2,404,947)
Net Change in Total Pension Liability	2,599,509	3,242,236
Total Pension Liability - Beginning	50,047,844	46,805,608
Total Pension Liability - Ending (a)	\$ 52,647,353	\$ 50,047,844
Plan Fiduciary Net Position		
Contributions - Employer	3,126,488	3,166,212
Contributions - Buy Back	1,474	-
Net Investment Income	4,572,243	6,113,059
Benefit Payments, including Refunds of Employee Contributions	(4,135,338)	(2,404,947)
Administrative Expense	-	(497)
Net Change in Plan Fiduciary Net Position	3,564,867	6,873,827
Plan Fiduciary Net Position - Beginning	55,608,683	48,734,856
Plan Fiduciary Net Position - Ending (b)	\$ 59,173,550	\$ 55,608,683
Net Pension Liability - Ending (a) - (b)	\$ (6,526,197)	\$ (5,560,839)
Plan Fiduciary Net Position as a percentage of the Total Pension Liability	112.40%	111.11%
Covered Employee Payroll <sup>1</sup>	\$ 32,463,253	\$ 36,159,641
Net Pension Liability as a percentage of Covered Employee Payroll	-20.10%	-15.38%

**Notes to Schedule:**

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

**SCHEDULE OF CONTRIBUTIONS**  
Last 10 Fiscal Years

	09/30/2017	09/30/2016	09/30/2015	09/30/2014	09/30/2013
Actuarially Determined Contribution	-	1,440,995	1,691,990	3,126,488	3,166,212
Contributions in relation to the Actuarially Determined Contributions	279,252	1,440,995	1,691,990	3,126,488	3,166,212
Contribution Deficiency (Excess)	\$ (279,252)	\$ -	\$ -	\$ -	\$ -
Covered Employee Payroll <sup>1</sup>	N/A	\$ 36,342,540	\$ 38,851,076	\$ 32,463,253	\$ 36,159,641
Contributions as a percentage of Covered Employee Payroll	N/A	3.97%	4.36%	9.63%	8.76%

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

Notes to Schedule

Valuation Date: 10/01/2015

Actuarially determined contribution rates are calculated as of October 1, two years prior to the end of the fiscal year in which contributions are reported.

Methods and assumptions used to determine contribution rates:

Funding Method: Aggregate Actuarial Cost Method. A funding load equal to one year of assumed salary increases (at the current 4.1% assumption) and a half year of investment return (at the current 8% assumption) was utilized for determination of the Sponsor's dollar funding requirement.

Interest Rate: 8% per year compounded annually, gross of investment-related expenses. This assumption is consistent with the Plan's investment policy and long-term expected return by asset class.

Inflation: 2.8% per year.

Lump Sum Assumptions: The minimum guaranteed lump sum is based on the Plan-specific 1971 Group Annuity Mortality Table for Males and an assumed PBGC discount rate as of each October 1 of the valuation year (increased from 1.00% to 1.25% for the October 1, 2015 valuation), compounded annually.

The base lump sum is based on the long term discount rate of 8% per annum, compounded annually, and the mortality table prescribed by the Secretary of the Treasury in accordance with Section 417(e)(3)(A)(ii)(I) of the Internal Revenue Code, as applicable for the year in which the valuation is performed.

Mortality Rates: RP2000, Combined Healthy, with projection to the valuation date using Scale AA. This assumption is utilized for benefits paid in the form of annuities only, and believe sufficiently accommodates future mortality improvements.

Post Retirement COLA: Not applicable.

Payroll Growth: None necessary for amortization purposes under the Aggregate Actuarial Cost Method.

Actuarial Asset Method: All assets are valued at market value with an adjustment made to uniformly spread actuarial investment gains and losses (as measured by actual market value investment return against expected market value investment return) over a five-year period.

Normal Retirement: The below rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Number of Years after First Eligible	Retirement Probability
0-3	15%
4 or more	100%

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Early Retirement: Commencing at eligibility for Early Retirement (Age 55 with 20 years of Credited Service), Members are assumed to retire with an immediate benefit at the rate of 6% per year. This assumption was adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Disability Rates:

Age	Disability Rates
20	0.07%
25	0.09%
30	0.11%
35	0.14%
40	0.19%
45	0.30%
50	0.51%
55	0.96%
60	1.66%
65	-

The above rates are consistent with those utilized by other Florida non-special risk retirement programs.

Termination Rate:

Age	Termination Rates
Less than 20	75%
20-24	19%
25-39	12%
40-64	6%
65 and older	0%

The above rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Salary Increases:

Years of Service	Salary Increases <sup>1</sup>
Less than 6 Years	4.9%
Years 6-15	4.3%
16 Years and Greater	3.8%

<sup>1</sup> Inclusive of 2.8% inflation assumption.

The above salary rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

FINAL COMPONENTS OF PENSION EXPENSE  
FISCAL YEAR SEPTEMBER 30, 2017

	Net Pension Liability	Deferred Inflows	Deferred Outflows	Pension Expense
Beginning balance	\$ 425,460	\$ 98,307	\$ 7,872,482	\$ -
Employer Contributions made after September 30, 2016	-	-	279,252	-
Total Pension Liability Factors:				
Service Cost	690,793	-	-	690,793
Interest	3,252,842	-	-	3,252,842
Changes in benefit terms	(13,325,988)	-	-	(13,325,988)
Differences between Expected and Actual Experience with regard to economic or demographic assumptions	(562,243)	562,243	-	-
Current year amortization of experience difference	-	(80,321)	(132,481)	52,160
Change in assumptions about future economic or demographic factors or other inputs	3,656,761	-	3,656,761	-
Current year amortization of change in assumptions	-	-	(614,409)	614,409
Benefit Payments	(5,336,757)	-	-	-
Net change	<u>(11,624,592)</u>	<u>481,922</u>	<u>3,189,123</u>	<u>(8,715,784)</u>
Plan Fiduciary Net Position:				
Contributions - Employer	1,440,995	-	(1,440,995)	-
Projected Net Investment Income	4,287,260	-	-	(4,287,260)
Difference between projected and actual earnings on Pension Plan investments	3,154,789	3,154,789	-	-
Current year amortization	-	(663,726)	(1,238,008)	574,282
Benefit Payments	(5,336,757)	-	-	-
Administrative Expenses	-	-	-	-
Net change	<u>3,546,287</u>	<u>2,491,063</u>	<u>(2,679,003)</u>	<u>(3,712,978)</u>
Ending Balance	<u>\$ (14,745,419)</u>	<u>\$ 3,071,292</u>	<u>\$ 8,382,602</u>	<u>\$ (12,428,762)</u>

PRELIMINARY COMPONENTS OF PENSION EXPENSE  
FISCAL YEAR SEPTEMBER 30, 2018

	Net Pension Liability	Deferred Inflows	Deferred Outflows	Pension Expense
Beginning balance	\$ (14,745,419)	\$ 3,071,292	\$ 8,382,602	\$ -
Employer Contributions made after September 30, 2017	-	-	TBD*	-
Total Pension Liability Factors:				
Service Cost	584,454	-	-	584,454
Interest	3,192,364	-	-	3,192,364
Changes in benefit terms	-	-	-	-
Differences between Expected and Actual Experience with regard to economic or demographic assumptions	3,366,776	-	3,366,776	-
Current year amortization of experience difference	-	(80,321)	(613,449)	533,128
Change in assumptions about future economic or demographic factors or other inputs	-	-	-	-
Current year amortization of change in assumptions	-	-	(614,409)	614,409
Benefit Payments	(5,838,344)	-	-	-
Net change	<u>1,305,250</u>	<u>(80,321)</u>	<u>2,138,918</u>	<u>4,924,355</u>
Plan Fiduciary Net Position:				
Contributions - Employer	279,252	-	(279,252)	-
Projected Net Investment Income	4,279,209	-	-	(4,279,209)
Difference between projected and actual earnings on Pension Plan investments	2,935,771	2,935,771	-	-
Current year amortization	-	(1,250,882)	(1,238,008)	(12,874)
Benefit Payments	(5,838,344)	-	-	-
Net change	<u>1,655,888</u>	<u>1,684,889</u>	<u>(1,517,260)</u>	<u>(4,292,083)</u>
Ending Balance	<u>\$ (15,096,057)</u>	<u>\$ 4,675,860</u>	<u>\$ 9,004,260</u>	<u>\$ 632,272</u>

\* Employer Contributions subsequent to the measurement date made after September 30, 2017 but made on or before September 30, 2018 need to be added.

AMORTIZATION SCHEDULE - INVESTMENTS

Increase (Decrease) in Pension Expense Arising from the Recognition of the of Differences Between Projected and Actual Earnings on Pension Plan Investments

Plan Year Ending	Differences Between Projected and Actual Earnings	Recognition Period (Years)	Increase (Decrease) in Pension Expense Arising from the Recognition of the of Differences Between Projected and Actual Earnings on Pension Plan Investments											
			2017	2018	2019	2020	2021	2022	2023	2024	2025	2025		
2014	\$ (163,843)	5	\$ (32,769)	\$ (32,769)	\$ (32,769)	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
2015	\$ 6,190,039	5	\$ 1,238,008	\$ 1,238,008	\$ 1,238,008	\$ 1,238,008	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
2016	\$ (3,154,789)	5	\$ (630,957)	\$ (630,958)	\$ (630,958)	\$ (630,958)	\$ (630,958)	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
2017	\$ (2,935,771)	5	\$ -	\$ (587,155)	\$ (587,154)	\$ (587,154)	\$ (587,154)	\$ (587,154)	\$ (587,154)	\$ -	\$ -	\$ -	\$ -	\$ -
Net Increase (Decrease) in Pension Expense			\$ 574,282	\$ (12,874)	\$ (12,873)	\$ 19,896	\$ (1,218,112)	\$ (587,154)	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -

AMORTIZATION SCHEDULE - CHANGES OF ASSUMPTIONS

Increase (Decrease) in Pension Expense Arising from the Recognition of the Effects of Changes of Assumptions

Plan Year Ending	Changes of Assumptions	Recognition Period (Years)	2017	2018	2019	2020	2021	2022	2023	2024	2025	2025
2014	\$ 736,112	8	\$ 92,014	\$ 92,014	\$ 92,014	\$ 92,014	\$ 92,014	\$ 92,014	\$ -	\$ -	\$ -	\$ -
2016	\$ 3,656,761	7	\$ 522,395	\$ 522,395	\$ 522,395	\$ 522,394	\$ 522,394	\$ 522,394	\$ 522,394	\$ -	\$ -	\$ -
Net Increase (Decrease) in Pension Expense			\$ 614,409	\$ 614,409	\$ 614,409	\$ 614,408	\$ 614,408	\$ 614,408	\$ 522,394	\$ -	\$ -	\$ -

AMORTIZATION SCHEDULE - EXPERIENCE

Increase (Decrease) in Pension Expense Arising from the Recognition of the Effects of Differences between Expected and Actual Experience

Plan Year Ending	Differences Between Expected and Actual Experience	Recognition Period (Years)	2017	2018	2019	2020	2021	2022	2023	2024	2025	2025
2015	\$ 1,059,852	8	\$ 132,481	\$ 132,481	\$ 132,481	\$ 132,482	\$ 132,482	\$ 132,482	\$ 132,482	\$ -	\$ -	\$ -
2016	\$ (562,243)	7	\$ (80,321)	\$ (80,321)	\$ (80,321)	\$ (80,320)	\$ (80,320)	\$ (80,320)	\$ (80,320)	\$ -	\$ -	\$ -
2017	\$ 3,366,776	7	\$ -	\$ 480,968	\$ 480,968	\$ 480,968	\$ 480,968	\$ 480,968	\$ 480,968	\$ 480,968	\$ -	\$ -
Net Increase (Decrease) in Pension Expense			\$ 52,160	\$ 533,128	\$ 533,128	\$ 533,130	\$ 533,130	\$ 533,130	\$ 533,130	\$ 480,968	\$ -	\$ -



## QUALITY COMMITTEE

Herman A. Cole, Jr. (ex-officio)  
Peggy Crooks  
Billie Fitzgerald  
Elizabeth Galfo, M.D.  
Robert L. Jordan, Jr., C.M.  
George Mikitarian (non-voting)  
Jerry Noffel  
Aluino Ochoa, M.D., President/Medical Staff  
Stan Retz, CPA  
Maureen Rupe  
Ashok Shah, M.D.  
Patricia Alexander, M.D., Designee  
Kenneth McElynn, M.D., Designee  
Christopher Manion, M.D., Designee  
Gregory Cuculino, M.D.  
Pamela Tronetti, D.O., Designee

**NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER  
QUALITY COMMITTEE  
MONDAY, FEBRUARY 5, 2018  
12:00 P.M.  
EXECUTIVE CONFERENCE ROOM**

### **CALL TO ORDER**

- I. Approval of Minutes  
*Motion to approve the minutes of the December 4, 2017 meeting.*
- II. Vision Statement
- III. Public Comment
- IV. Dashboard Review – Mr. Loftin
  - Readmit Review
- V. Oro 2.0
- VI. Opioid – Dr. Carmona
- VII. Other
- VIII. Executive Session (if necessary)

### **ADJOURNMENT**

NOTE: IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE EDUCATION COMMITTEE WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, HE/SHE WILL NEED A RECORD OF PROCEEDINGS AND, FOR SUCH PURPOSES, MAY NEED TO ENSURE A VERBATIM RECORD OF THE PROCEEDINGS IS MADE AND THAT THE RECORD INCLUDES TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

PERSONS WITH A DISABILITY WHO NEED A SPECIAL ACCOMMODATION TO PARTICIPATE IN THIS PROCEEDING SHOULD CONTACT MS. LISA CAVALLERO, EXECUTIVE DIRECTOR OF SUPPORT SERVICES, AT 951 NORTH WASHINGTON AVENUE, TITUSVILLE, FLORIDA 32796, AT LEAST FORTY EIGHT (48) HOURS PRIOR TO THE MEETING. FOR INFORMATION CALL (321) 268-6190 OR (321) 383-9829 (TDD). THIS NOTICE WILL FURTHER SERVE TO INFORM THE PUBLIC THAT MEMBERS OF THE BOARD OF DIRECTORS OF NORTH BREVARD MEDICAL SUPPORT, INC. MAY BE IN ATTENDANCE AND MAY PARTICIPATE IN DISCUSSIONS OF MATTERS BEFORE THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS COMMITTEE. TO THE EXTENT OF SUCH DISCUSSION, A JOINT PUBLIC MEETING OF THE NORTH BREVARD COUNTY HOSPITAL DISTRICT, BOARD OF DIRECTORS EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS COMMITTEE AND NORTH BREVARD MEDICAL SUPPORT, INC. SHALL BE CONDUCTED.

**NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER  
QUALITY COMMITTEE**

A regular meeting of the Quality Committee of the North Brevard County Hospital District operating Parrish Medical Center was held on December 4, 2017 in the Executive Conference Room. The following members were present.

Herman A. Cole, Jr., Chairman  
Peggy Crooks  
Gregory Cuculino M.D.  
Billie Fitzgerald (12:07 p.m.)  
Elizabeth Galfo, M.D.  
Robert L. Jordan, Jr., C.M.,  
Christopher Manion, M.D.  
Kenneth McElynn, M.D.  
George Mikitarian (non-voting)  
Aluino Ochoa, M.D. (12:38 p.m.)  
Maureen Rupe  
Ashok Shah, M.D.  
Pamela Tronetti, MD (12:50 p.m.)

Member(s) Absent:

Patricia Alexander, M.D. (excused)  
Jerry Noffel (excused)  
Stan Retz, CPA (excused)

**CALL TO ORDER**

Mr. Cole called the meeting to order at 12:16 p.m.

**REVIEW AND APPROVAL OF MINUTES**

Discussion ensued and the following motion was made by Mrs. Rupe, seconded by Dr. Shah and approved (9 ayes, 0 nays, 0 abstentions). Mrs. Fitzgerald and Drs. Ochoa and Tronetti were not present when the vote was taken.

***ACTION TAKEN: MOTION TO APPROVE THE OCTOBER 2, 2017 MEETING MINUTES, AS PRESENTED.***

**PUBLIC COMMENTS**

None

### **VISION STATEMENT**

Mr. Loftin summarized the committee's vision statement.

### **QUALITY DASHBOARD REVIEW**

Mr. Loftin reviewed the Value Dashboard included in the agenda packet and discussed each indicator score as it relates to clinical quality and cost. Copies of the PowerPoint slides presented are appended to the file copy of these minutes.

### **ORO 2.0**

Mr. Loftin disseminated the Oro 2.0 High Reliability Organizational Assessment and stated that the document would be completed as a group, including input from physicians present at the meeting. Due to the length of the assessment, questions 1-10 were completed, with the remainder to be addressed at the January meeting.

### **CITY LIAISON**

Mr. Scott Larese announced the City's tree lighting was scheduled for Friday, December 8<sup>th</sup>, and the Parade would be held on December 9<sup>th</sup>. He gave updates on Council meeting; the unused drug drop off program; and the Rails to Trails project.

### **OPIOID FOCUS**

Mr. Loftin shared with the committee that meetings have occurred and data was still being gathered regarding the Opioid crisis. Once data has been reviewed, an approach and education will be provided.

### **OTHER**

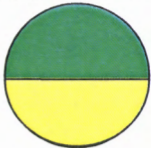
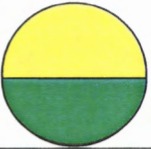
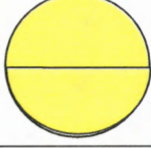
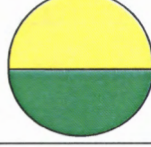
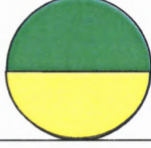
Mr. Loftin noted that PMC is due for the Triennial survey by January 15<sup>th</sup>. There is a strong possibility that they could arrive this week, as they are conducting surveys in Brevard and Volusia County.

### **ADJOURNMENT**

There being no further business to discuss, the meeting adjourned at 1:15 p.m.

Herman A. Cole, Jr.  
Chairman

# Board Value Dashboard: February 2018

Core Measures*	
Hospital Acquired Conditions	
Patient Experience	
E.D. Care	
Readmission	

## CMS/IHI Triple Aim

- Better Care For Individuals
- Better Health for Populations
- Lower Costs Through Improvement

**Value= Quality/Cost**

(Most current 3 months of data; October, November, December)

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**PMC**  
**Board Quality & Safety**  
**Committee**

**Value Dashboard**

**Feb 2018**



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# Agenda

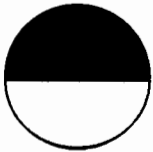
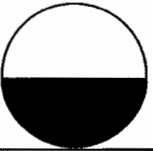
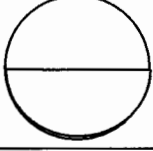
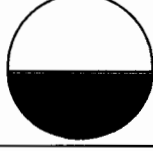
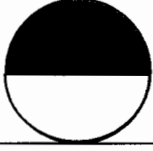
1. Vision Statement
2. Dashboard
  1. Readmit Review
3. Oro 2.0
4. Opioid – Dr Carmona
5. Other

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# Quality Committee Vision Statement

“Assure affordable access to safe, high quality patient care to the communities we serve.”

# Board Value Dashboard: February 2018

Core Measures*	
Hospital Acquired Conditions	
Patient Experience	
E.D. Care	
Readmission	

## CMS/IHI Triple Aim

- Better Care For Individuals
- Better Health for Populations
- Lower Costs Through Improvement

**Value= Quality/Cost**

(Most current 3 months of data; October, November, December)

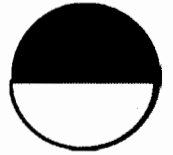




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# 1. Core Measures

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- ❑ Performance goals
  - ✓ Top 10% nationally for:
    - Overall ("bundle") scores
    - Scores on individual components
  - ✓ No unresolved sentinel events
  - ✓ Compliance with related care processes

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# Updated January 2018

## What's New

**Updated Vizient Southeast Benchmarking**

**April – June 2017 is in final status.**

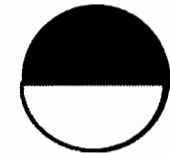
**July – September 2017 is in final status.**

**October to December 2017 is in concurrent status.**



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# 1. Core Measures 2018



Conditions:

Sepsis

VTE

Stroke

Emergency Department Treatment Times

Influenza Immunization

Perinatal Care

# FY 20/ CY 18 Core Measures

Indicator	Hospital Compare 90 <sup>th</sup> Percentile	Hospital Compare (Apr 16 – Mar 17)	Vizient Top Quartile	Vizient Report (APR 16 – MAR 17)	Final Apr – June 2017	Final Jul – Sep 2017	Concurrent Oct – Dec 2017
Stroke	-	-	96%	93%	98%	98%	97%
Immunization	100%	96%	99%	96%	N/A	N/A	97%
Perinatal Care	100%	100%	95%	100%	100%	100%	100%
VTE	100%	100%	98%	100%	100%	100%	100%
ED-1 (minutes)	178	361	307	421	311	310	313
ED-2 (minutes)	39	215	119	281	183	181	170
Sepsis	-	-	-	-	62%	66%	64%

\*Immunization – Influenza only

\*VTE – hospital acquired only

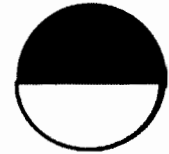
\*Stroke measures reported to TJC only.



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# 1. Core Measures

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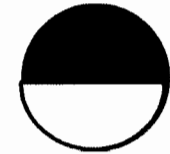


## Quality Dashboard Scoring Criteria

- ❑ Green: All bundle and component scores in top 10%; no unresolved sentinel event or process variation
- ❑ Yellow: All bundle and component scores in top quartile; no unresolved sentinel event; minor unresolved process variation
- ❑ Red: Score(s) below top quartile and/or unresolved sentinel event and/or major process variation

---

# 1. Core Measures



## Cost Dashboard Scoring Criteria

Ratio of cost versus Medicare reimbursement for HF, AMI, PN/COPD/TJ\*

- Green: Cost within 90% of reimbursement
- Yellow: Cost within 75%
- Red: Cost below 75%

	Cost	DRG Payment	Ratio
HF/AMI/PN/ COPD/TJ <sup>1</sup>	\$9,921	\$8,795	89%



1- Average/case

Source – Internal Cost/Reimbursement Review-TR and Treo

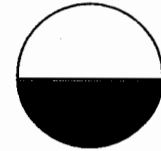


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## 2. Hospital Acquired Conditions

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### Conditions



#### Domain 1-

- PSI-90 Complication/patient safety for selected indicators (composite)
- PSI-3 Pressure ulcer rate
- PSI-6 Iatrogenic pneumothorax, adult
- PSI-8 Postoperative hip fracture rate
- PSI-9 Perioperative hemorrhage or hematoma
- PSI-10 Postoperative acute kidney injury requiring dialysis
- PSI-11 Postoperative respiratory failure rate
- PSI-12 Post-operative pulmonary embolism (PE) or deep vein thrombosis (DVT)
- PSI-13 Postoperative sepsis rate
- PSI-14 Postoperative wound dehiscence
- PSI-15 Accidental puncture or laceration

Source – Internal Review (iCare) – AHRQ, TR,TJC

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Domain 2-

- CLABSI Central line associate bloodstream infections
- CAUTI Catheter associated urinary tract infections
- SSI SSI-colon surgery
- SSI SSI-abdominal hysterectomy
- MRSA MRSA bacteremia
- CDI Clostridium Difficile (C.Diff)

Processes: Clinical indication/assessment documentation



# FY 19/ CY 17 Domain 1/PSI-90

Indicator	Leapfrog Best Perform Rate	Hospital Compare National Rate	PMC Current Hospital Compare Data (July 14-Sept 15)	Concurrent October - December 2017 Observed Occurrences
PSI-90 Composite Rate	N/A	1.00	0.93	Unable to give composite rate
PSI # 3 Occurrence	0.03	0.26	0.12	1
PSI # 6 Occurrence	0.19	0.40	0.34	0
PSI # 8 Occurrence	N/A	0.10	0.10	0
PSI # 9 Occurrence	N/A	4.78	4.28	0
PSI # 10 Occurrence	N/A	1.12	1.09	0
PSI # 11 Occurrence	2.13	11.89	12.28	0
PSI # 12 Occurrence	1.39	4.35	4.46	1
PSI # 13 Occurrence	N/A	5.94	5.06	0
PSI # 14 Occurrence	1.18	2.26	2.13	0
PSI #15 Occurrence	0.32	0.88	0.85	0



---

# Information regarding PSI Occurrences

Zero in October (validated)

Zero in November (not validated)

2 in December (not validated)

- PSI # 3- hospital acquired pressure ulcer
- Psi #12- hospital acquired post op blood clot in leg

# FY 19/ CY 17 Domain 2/HAI

Indicator	Hospital Compare Best Perform Rate	Hospital Compare National Rate (4Q15-3Q16)	PMC Current Hospital Compare Data (4Q15- 3Q16)	Concurrent October-December 2107 Observed Occurrences
<b>Domain 2: CDC NHSN measures</b>	<b>SIR rate</b>	<b>SIR rate</b>	<b>SIR rate</b>	<b>Unable to give SIR rate</b>
<b>CAUTI</b>	0.0000	0.949	0.247	0
<b>CLABSI</b>	0.0000	0.941	0	1
<b>SSI</b>	0.0000	0.946	0	1
<b>MRSA</b>	0.0000	0.959	2.967	1
<b>CDI</b>	0.1280	0.941	1.066	2

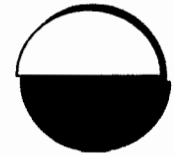


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## 2. Hospital Acquired Conditions

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### Performance Goals



- No infections
- No falls with harm or bed sores
- Compliance with major care processes

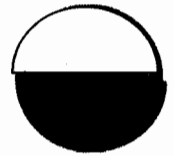
Source – Goals established from IHI and CMS standards

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## 2. Hospital Acquired Conditions

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### Quality Dashboard Scoring Criteria



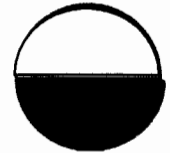
- ❑ Green: rate of infections in “top” (i.e., fewest) 10%; rate of falls and bed sores in “top” (i.e., fewest) 10%; systematic compliance with care processes
- ❑ Yellow: rate of infections in top quartile; rate of falls and/or bed sores in top quartile; minor non-compliance with care processes
- ❑ Red: Hospital acquired infection and/or fall or bed sore rate outside of top quartile and/or major non-compliance with care processes

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## 2. Hospital Acquired Conditions

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### Cost Dashboard Scoring Criteria



Cost avoidance for one VAP, CLABSI, CAUTI, Fall with Injury

- ❑ Green: No HAC program penalty
- ❑ Red: HAC program penalty

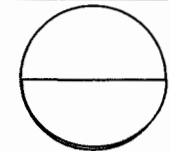
Source – Internal Cost/Reimbursement Review- TR, Treo

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## 3. Patients' Hospital Experience

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### ❑ Components



- ✓ Patient perceptions of their inpatient experience; 9 indicators included in Value-Based Purchasing program

### ❑ Performance goals

- ✓ Proposed Value-Based Purchasing incentive payment parameters
  - **Full payment for 90th percentile**
  - **No payment below 70th percentile**

# NRC Screen Shot

## Catalyst Trend by Questions - HCAHPS

Feb 03, 2018

	NRC Average	Nov 2017		Dec 2017		Jan 2018		Total	
		Positive	n=Size	Positive	n=Size	Positive	n=Size	Positive	n=Size
HCAHPS: Did everything to help your pain	80.0	70.6	51	76.8	56			73.8	107
HCAHPS: Drs explained things understandably	77.0	67.6	71	72.0	75	73.9μ	23	70.4	169
HCAHPS: Drs listened carefully to you	80.0	69.0	71	75.7	74	69.6μ	23	72.0	168
HCAHPS: Got help as soon as wanted	63.6	57.4	68	53.8	65	56.5μ	23	55.8	156
HCAHPS: Help going to bathroom as soon as wanted	69.3	59.6	46	57.8	45	52.9μ	17	62.0	108
HCAHPS: Nurses explained things understandably	75.7	73.2	71	73.7	75	65.2μ	23	74.6	169
HCAHPS: Nurses listened carefully to you	76.5	70.3	71	69.0	75	70.3	23	70.9	169
HCAHPS: Pain well controlled during stay	65.0	64.0	50	68.4	57			65.4	107
HCAHPS: Quiet around room at night	58.9	60.6	71	74.7	75	60.9μ	23	66.9	169
HCAHPS: Rate hospital	74.4	66.2	68	69.4	72	65.2μ	23	67.5	163
HCAHPS: Received info re: symptoms to look for	91.1	95.0	60	94.1	68	94.7μ	19	94.6	147
HCAHPS: Room kept clean during stay	72.8	71.4	70	79.5	73	73.9μ	23	75.3	166
HCAHPS: Staff described med side effects	50.8	40.0	35	61.3	31	50.0μ	12	50.0	78
HCAHPS: Staff took preferences into account	46.4	44.6	65	42.9	70	27.3μ	22	41.4	157
HCAHPS: Talked about help you would need	86.3	82.4	61	80.9	65	90.5	21	82.2	147
HCAHPS: Told what medicine was for	78.0	77.8	36	83.9	31		12	81.0	79
HCAHPS: Treated w/courtesy/respect by Drs	87.5	83.1	71	82.2	73		23	83.8	167
HCAHPS: Treated w/courtesy/respect by Nurses	86.4	84.5	71	83.0	75		23	84.5	169
HCAHPS: Understood managing of health	54.5		66	54.3	70	34.8μ	23	51.6	159
HCAHPS: Understood purpose of medications	62.9		51	59.6	52		19	60.0	122
HCAHPS: Would recommend hospital to family	76.3	68.2	66	71.4	70	68.2μ	22	69.6	158

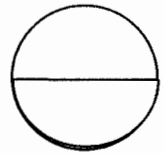


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## 3. Patients' Hospital Experience

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### Quality Dashboard Scoring Criteria



- ❑ Green: Aggregate score at/above 90th percentile
- ❑ Yellow: Aggregate score at/above 70th percentile
- ❑ Red: Aggregate score below 70th percentile

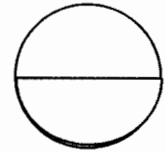
\* note- This will follow the final VBP rulings.

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# 3. Patients' Hospital Experience

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## Cost Dashboard Scoring Criteria



Financial impact on VBP

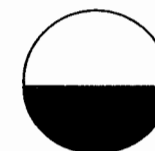
- ❑ Green: Positive return on VBP dollars
- ❑ Yellow: 0 to -1.00% of VBP dollars
- ❑ Red: > -1.00% of VBP dollars

\* note- This will follow the final VBP rulings.

Source – VHA VBP projection tool

# 4. Emergency Department Care

Definition	Actual	Goal
Pts Leave w/o Treatment	1.9%	<2%
Pts return and admit in less than 48 hrs	0.62%	<2%
Door to Doc (Median)	17	< 25 min
Door to D/C (Average)	147	161
Decision to Bed (Median)	168	115



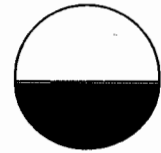
Source – Internal Review -CMS

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# 4. Emergency Department Care

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## Quality Dashboard Scoring Criteria



- ❑ Green: All performance goals met
- ❑ Yellow: Performance for all components at or below 1.5 times the target
- ❑ Red: One or more components above 1.5 times the target

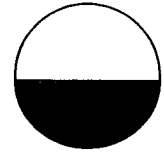
Source – Goals established from ACEP and ENA

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# 4. Emergency Department Care

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## Cost Dashboard Scoring Criteria



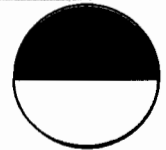
### Emergency Department Budget Score

- ❑ Green: 90 or greater
- ❑ Yellow: 75-90
- ❑ Red: less than 75

Source – Internal Cost/Reimbursement Review

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# 5. Readmissions



## Quality Dashboard Scoring Criteria

% of HF, AMI, Pn, COPD, Total Joint Readmissions\*

- ❑ Green: Less than 8%
- ❑ Yellow: 8%-15%
- ❑ Red: > 15%

Oct	6.8
Nov	9.8
Dec	7.87
	8.2%



Source – HIS and DSC Review- AHCA, TJC-DSC

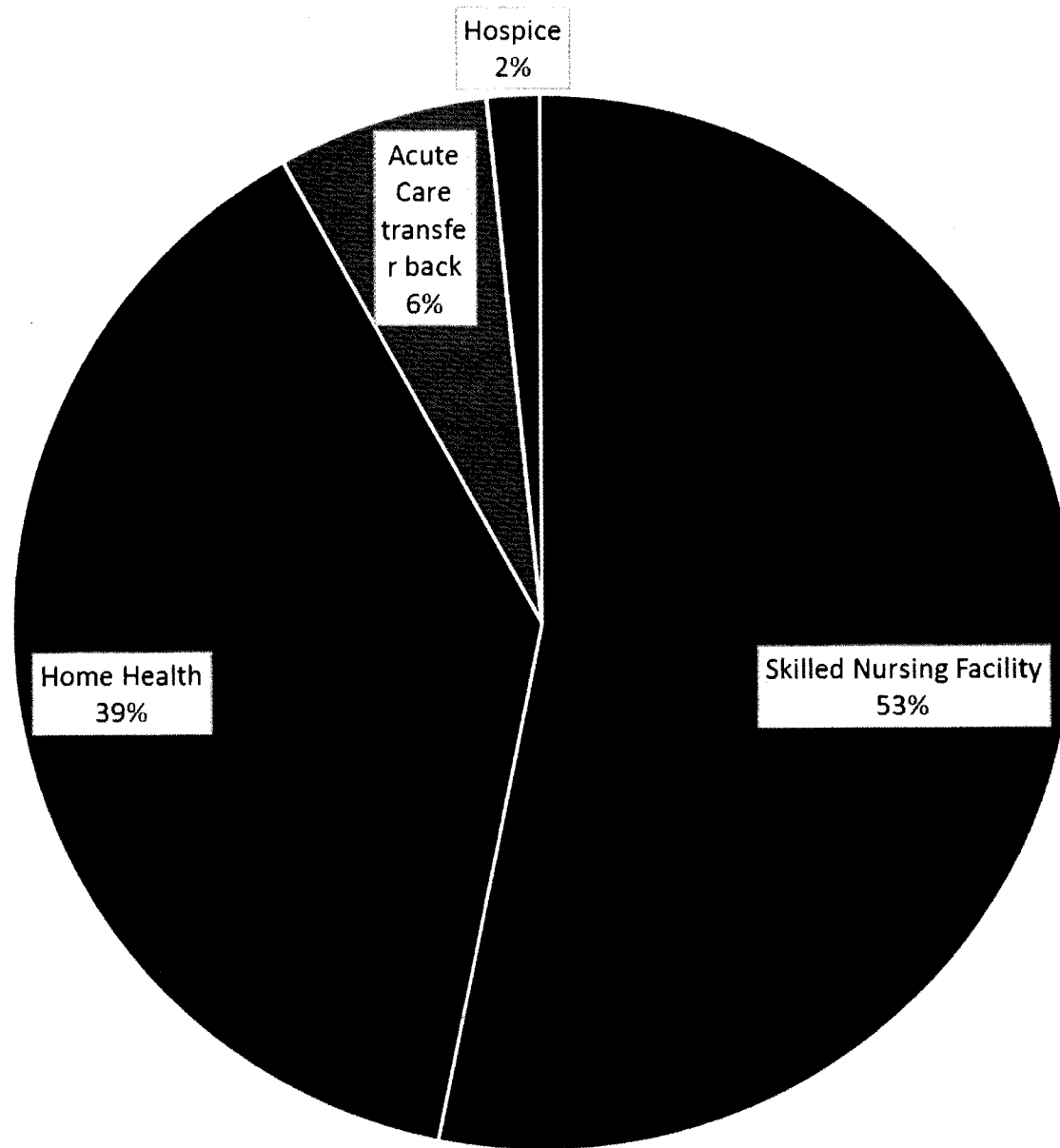
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# Readmission Detail Review

(6/1-12/31/2017)



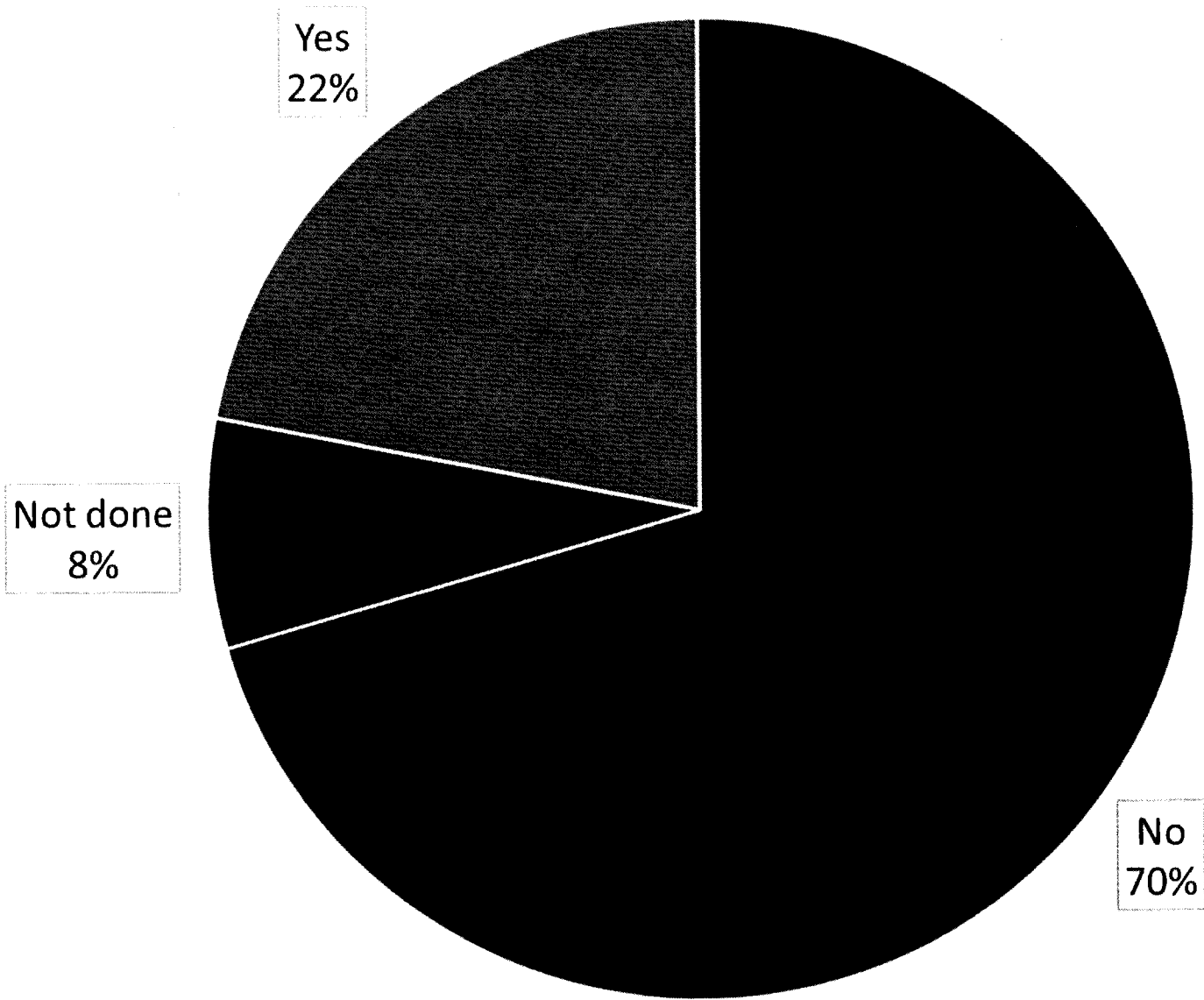
# Readmitted From



Data Source: QRM Chart Review

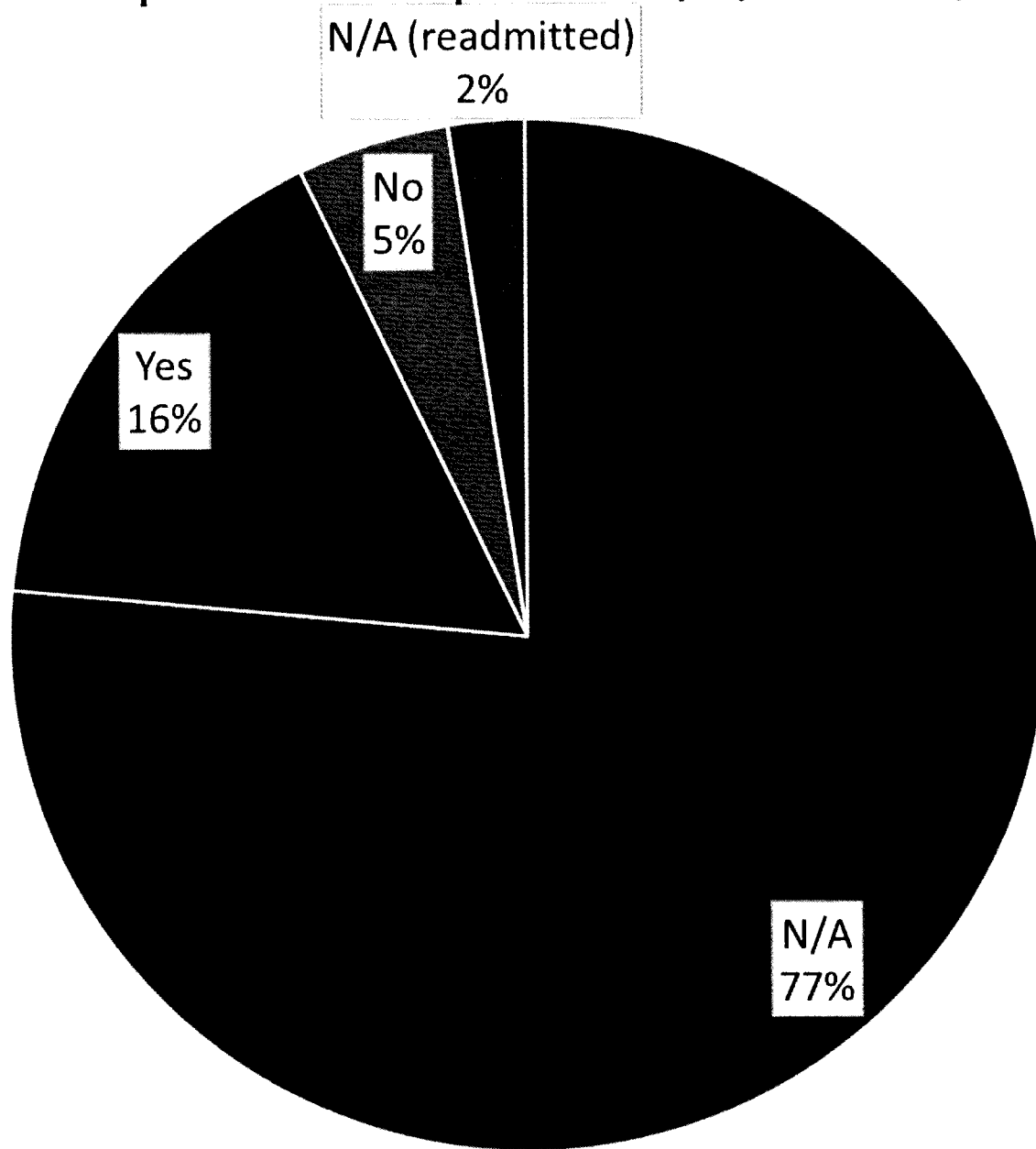


# High Risk for Re-Admission 6/1/17-12/31/17



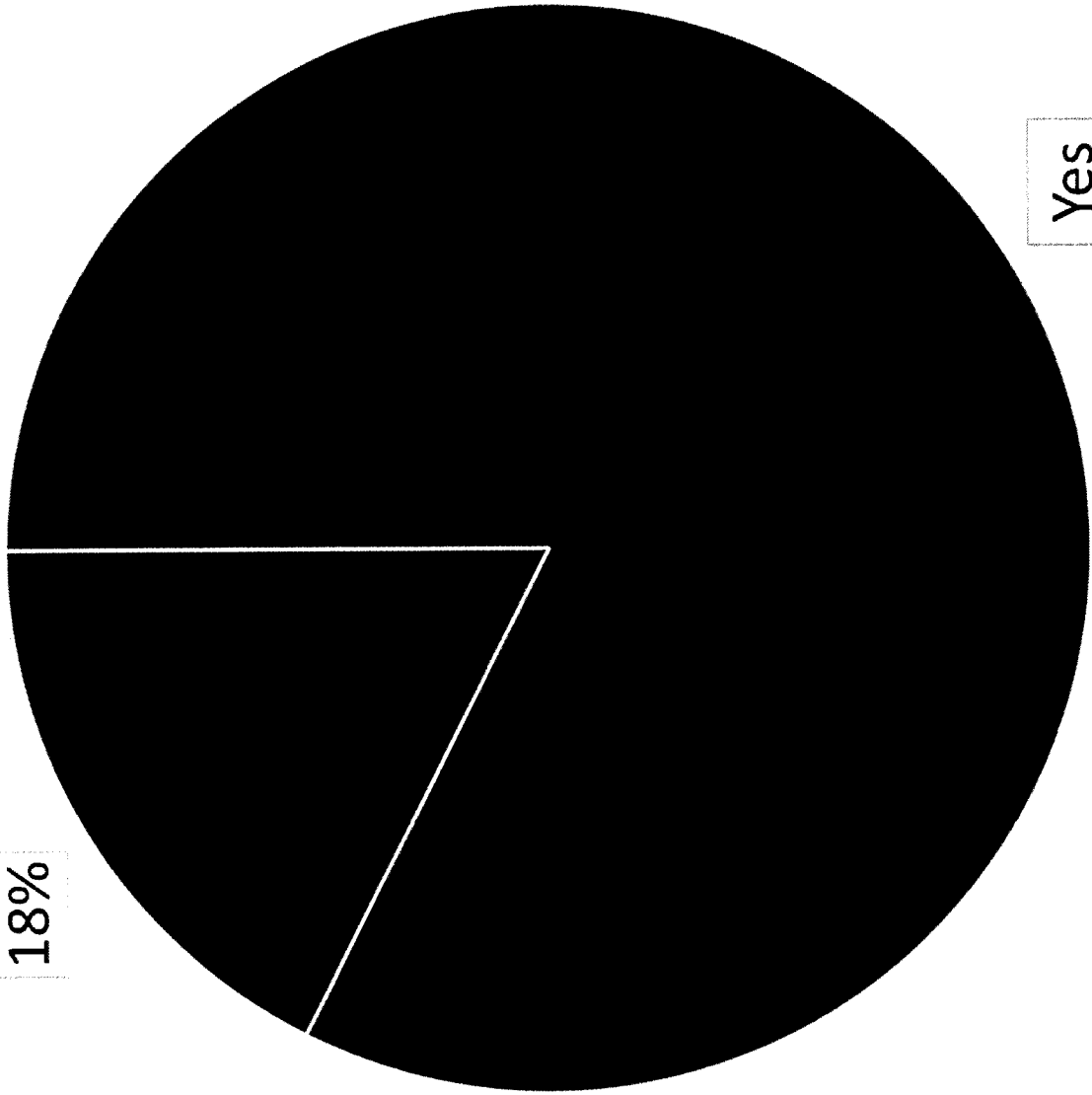
Data Source: QRM Chart Review

# Follow up Visit Completed 6/1/17 - 12/31/17



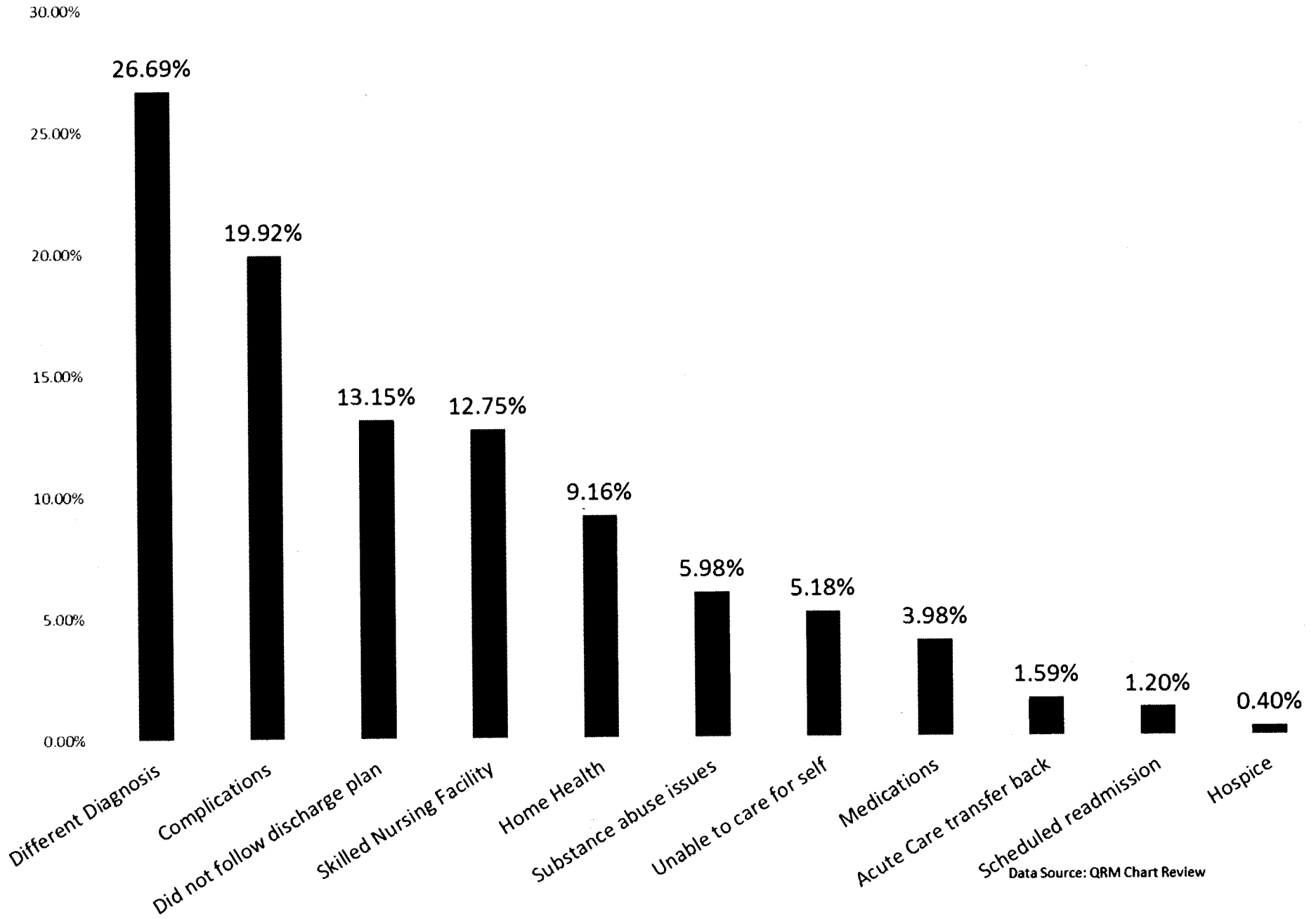
# Established PCP 6/1/17 - 12/31/17

No  
18%



Yes  
82%

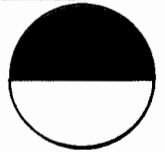
# Readmission Reason



Data Source: QRM Chart Review

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# 5. Readmissions



## Cost Dashboard Scoring Criteria

Non- reimbursed cost of readmissions

- ❑ Green: = or <\$60,000
- ❑ Yellow: between \$60,001 and \$120,000
- ❑ Red: > \$120,000

Source – Internal Cost/Reimbursement Review

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# Questions ?

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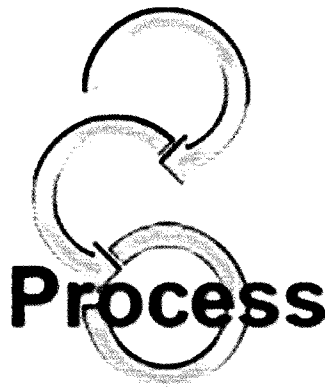
# Culture of Safety

## ORO 2.0



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# Tools to Improve the Process



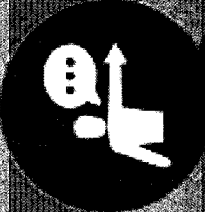
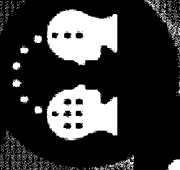



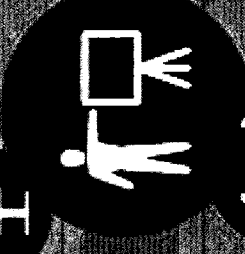




- ▶ Oro™ 2.0 High Reliability Organizational Assessment Fact Sheet
- ▶ Safety Culture Questions
- ▶ *Sentinel Event Alert 57* The Essential Role of Leadership in Developing A Safety Culture
- ▶ 11 Tenets of a Safety Culture Infographic
- ▶ Zero Harm Video Link and Talking Points



# 11 Tenets of a Safety Culture

## Definition of Safety Culture

Safety culture is the sum of what an organization is and does in the pursuit of safety. The Patient Safety Systems (PSS) chapter of The Joint Commission accreditation manuals defines safety culture as the product of individual and group beliefs, values, attitudes, perceptions, competencies, and patterns of behavior that determine the organization's commitment to, and the pursuit of, patient safety.

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# Oro 2.0

## High Reliability Organizational Assessment

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# Questions ?

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# Opioid Crisis in the Community we serve

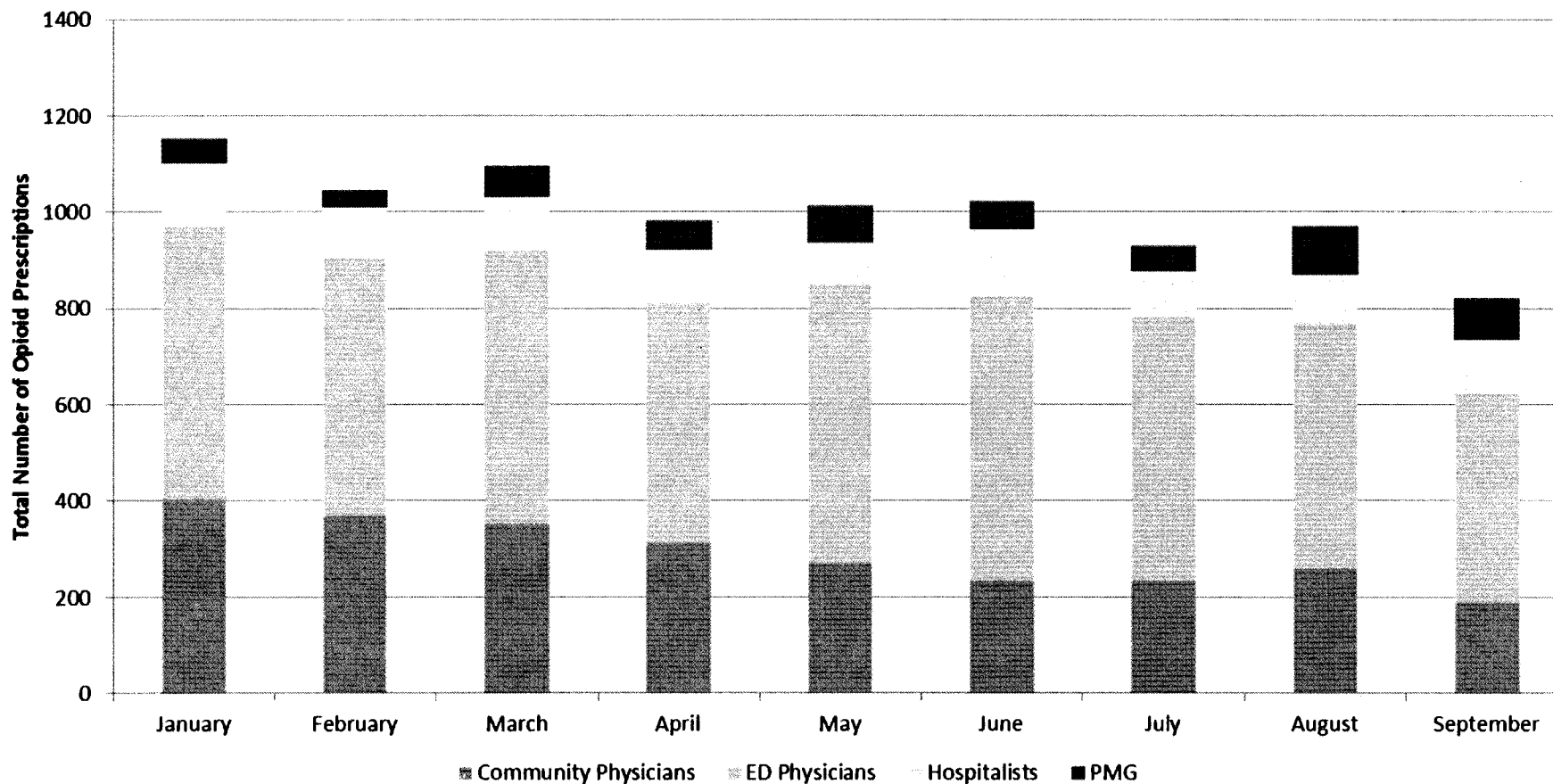
## Update- Dr Carmona



**PARRISH**  
MEDICAL CENTER

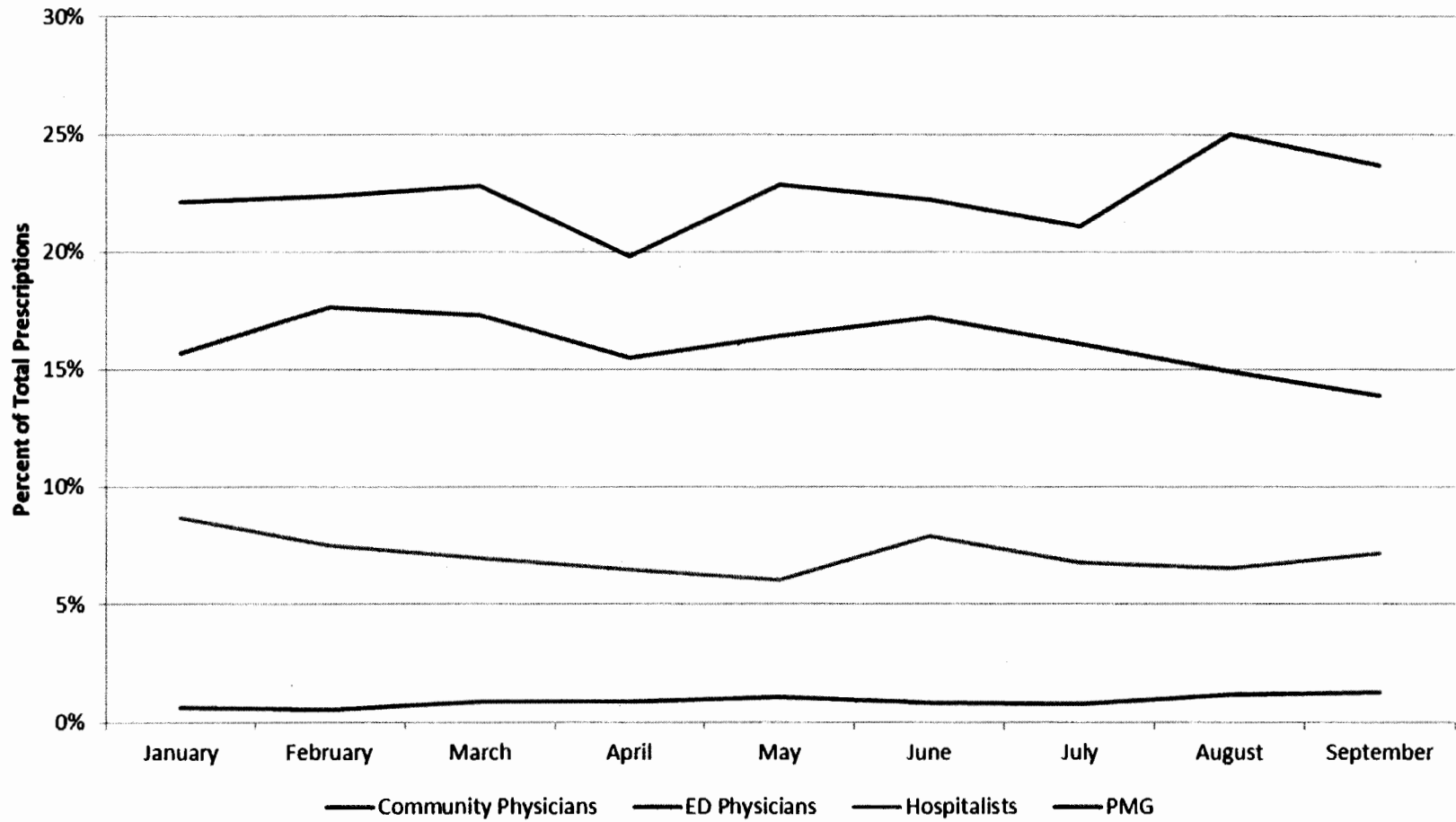
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## Parrish Medical Center Prescriptions prescribed on DC (Opioid)



# Parrish Medical Center

## Prescriptions prescribed on DC (Opioid)



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# Questions ?





IMPLICATIONS/STRATEGIES FOR  
BREVARD COUNTY JC LYDON MD

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WHEN WE ARE CURRENTLY

I WAS IN LOVE WITH IT THE FIRST TIME I  
TRIED IT. I CRAVED IT AND SOUGHT IT  
THROUGH EVERY STEP OF MY DAYS

When I  
was a  
child  
I was  
in love  
with  
it  
I craved  
it  
and  
sought  
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through  
every  
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my  
days

WHERE WE ARE CURRENTLY

---

**YOU'VE GOT THE BIOLOGY OF DEPENDENCE OR ADDICTION TO OPIOIDS DRIVING IT. YOU ALSO HAVE FINANCIAL INCENTIVES FOR PEOPLE TO STAY SICK THROUGH SS DISABILITY INSURANCE COMPENSATION. YOU'VE GOT DOCTORS WHO ARE INCREDIBLY INCENTIVIZED IN MANY WAYS TO CONTINUE TO PRESCRIBE. I REALLY FEEL LIKE THE OPIOID EPIDEMIC IS THE CANARY IN THE COAL MINE WITH REGARDS TO OUR HEALTH CARE SYSTEM. WE HAVE SERIOUS INFRASTRUCTURE ISSUES THAT WE NEED TO REFORM.**

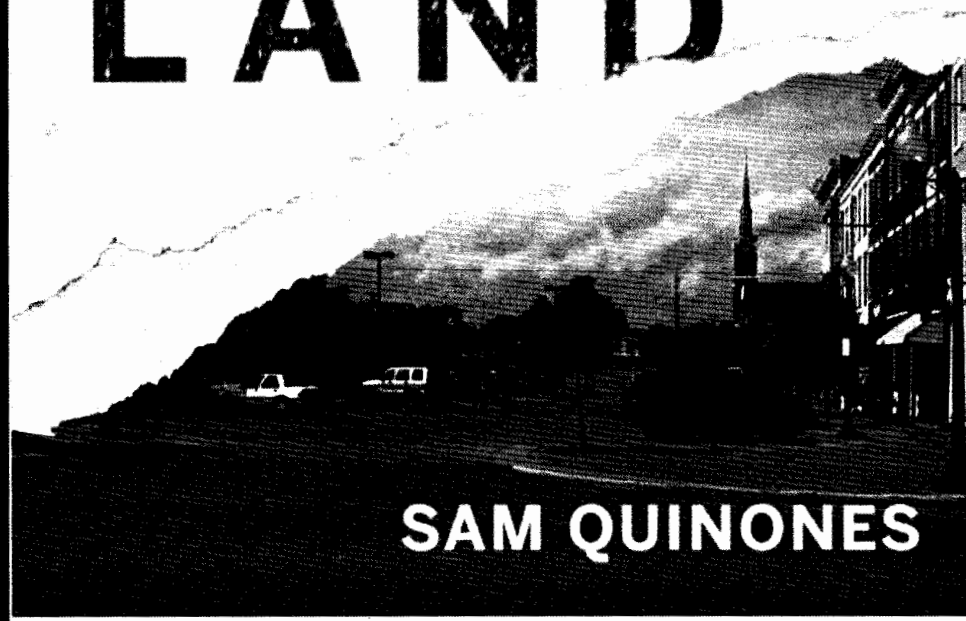
THESE ARE THE ISSUES THAT WE NEED TO REFORM.

WE HAVE SERIOUS INFRASTRUCTURE ISSUES THAT WE NEED TO REFORM.

**T**he relentless marketing of pain pills.  
Crews from one small Mexican town  
selling heroin like pizza. The collision has  
led to America's greatest drug scourge.

The True Tale of America's Opiate Epidemic

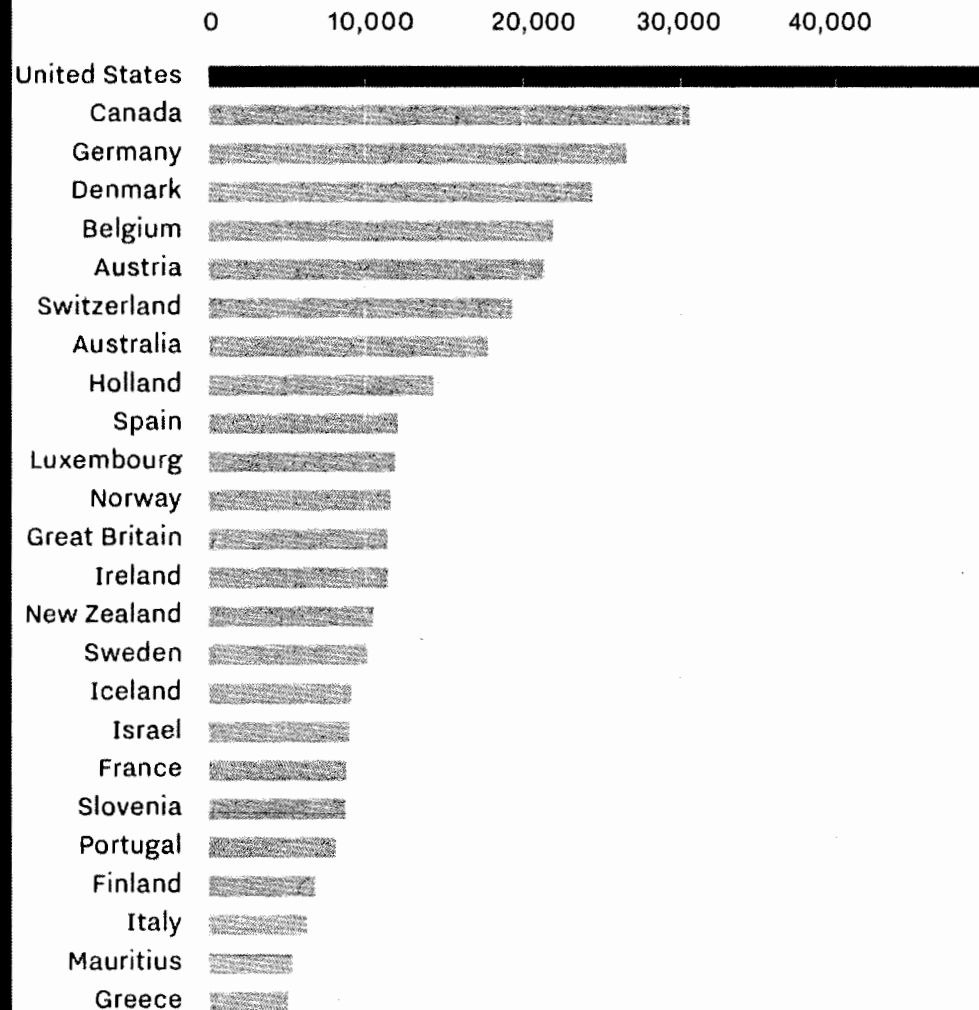
# DREAM LAND



**SAM QUINONES**

# Americans consume more opioids than any other country

*Standard daily opioid dose for every 1 million people*



Source: United Nations International Narcotics Control Board

Credit: Sarah Frostenson

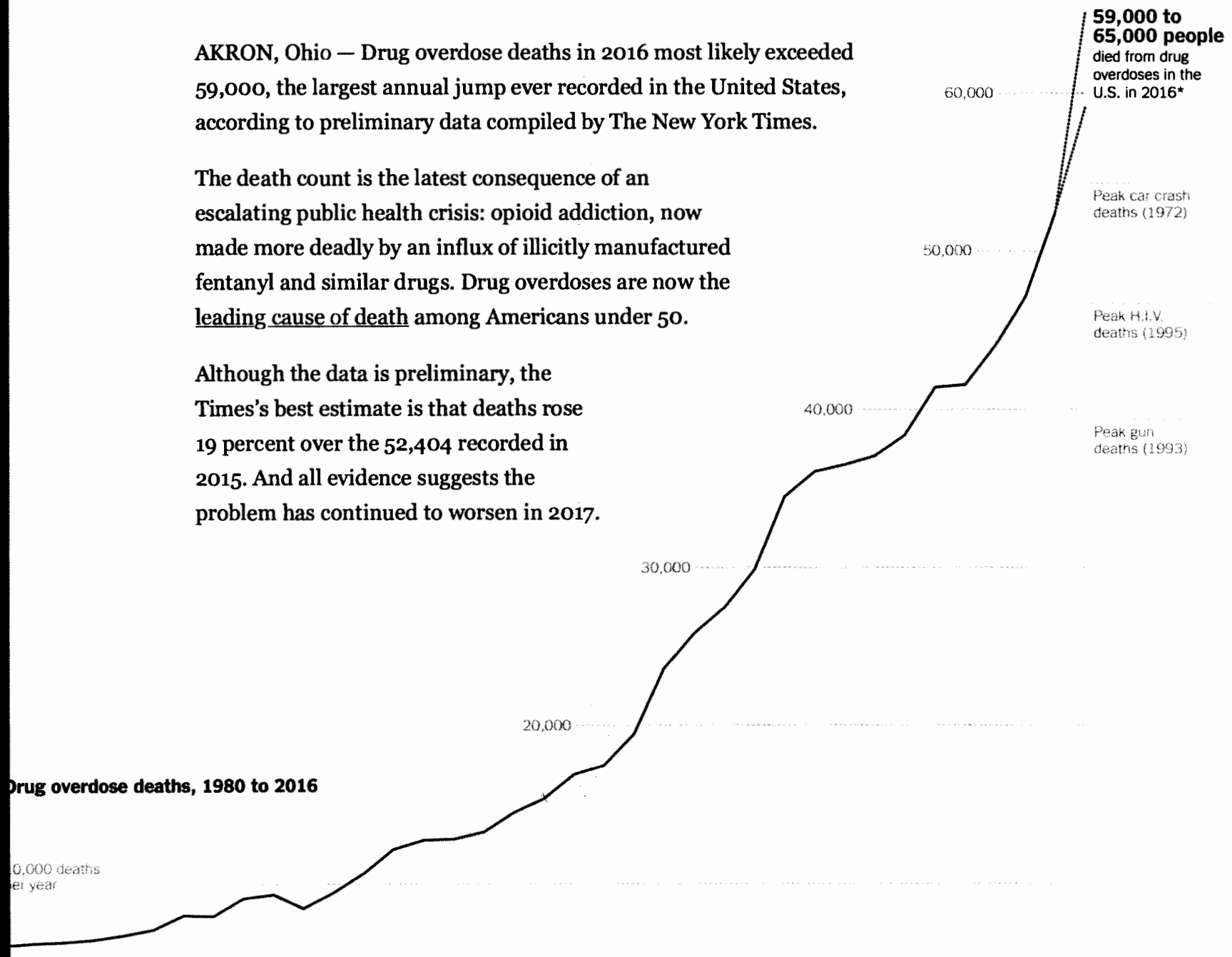
**Vox**

UPDATE The first governmental account of nationwide drug deaths shows roughly 64,000 people died from drug overdoses in 2016.

AKRON, Ohio — Drug overdose deaths in 2016 most likely exceeded 59,000, the largest annual jump ever recorded in the United States, according to preliminary data compiled by The New York Times.

The death count is the latest consequence of an escalating public health crisis: opioid addiction, now made more deadly by an influx of illicitly manufactured fentanyl and similar drugs. Drug overdoses are now the leading cause of death among Americans under 50.

Although the data is preliminary, the Times's best estimate is that deaths rose 19 percent over the 52,404 recorded in 2015. And all evidence suggests the problem has continued to worsen in 2017.



BREVARD COUNTY, FL OPIOID DEATHS 2017

Drug	Cause	Present	Total Deaths
Cocaine	61	24	85
Codeine	4	11	15
Fentanyl	46	13	59
Fentanyl Analogs	40	5	45
Heroin	14	1	15
Hydrocodone	10	20	30
Hydromorphone	9	12	21
Mepiridine	0	1	1
Methadone	10	4	14
Morphine	30	24	54
Oxycodone	39	24	63
Tramadol	7	15	22
Total deaths related to opioids			424

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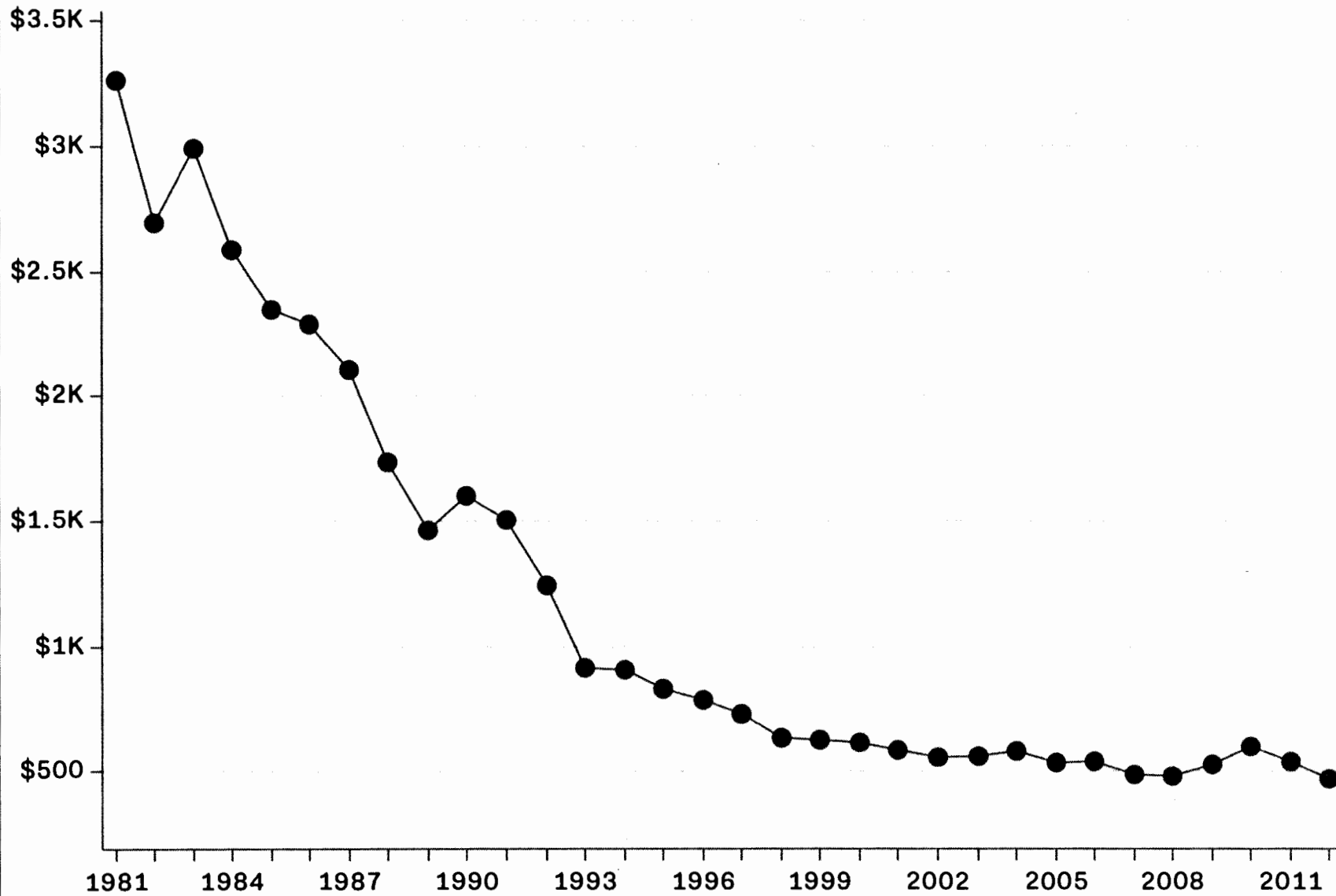
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# The price of heroin



Per pure gram in inflation-adjusted dollars



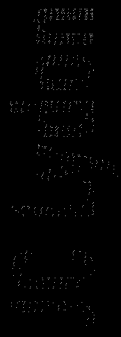
# Why fentanyl is deadlier than heroin, in a single photo

By ALLISON BOND @AllisonRBond / SEPTEMBER 29, 2016



**On the left, a lethal dose of heroin; on the right, a lethal dose of fentanyl.**  
NEW HAMPSHIRE STATE POLICE FORENSIC LAB

**WE CANNOT INCARCERATE,  
REHABILITATE, LEGISLATE, ALLOCATE (\$)  
OR 'REVERSE' (NARCAN) OUR WAY OUT  
OF THIS OPIOID CRISIS... BUT....**



WHERE ARE WE GOING

---

**WE JUST MIGHT BE ABLE TO  
EDUCATE OUR WAY OUT...**

© 2000  
The Education Trust  
1000 Pennsylvania Avenue, N.W.  
Washington, D.C. 20004  
www.edtrust.org

WHERE ARE WE GOING

WE SHOULD BE PRESCRIBING A LOT LESS THAN WE OFTEN GIVE OUT... WE HAVE TO TEACH PEOPLE THAT THE GOAL IS NOT ZERO PAIN-THE GOAL IS TO REDUCE PAIN TO A FUNCTIONAL LEVEL... YOU CAN SLEEP, EAT, GO SHOPPING.... TELL PEOPLE THESE ARE ADDICTIVE AND WEIGH THAT AGAINST YOUR CHOICES. .... TEACH THEM HOW TO DISPOSE OF THESE THINGS. THE BIGGEST THING IS THAT THE LEFTOVERS GET STOLEN AND THEN GO ON THE BLACK MARKET.

THE LEFTOVERS GET STOLEN AND THEN GO ON THE BLACK MARKET.

# THE OPIATE CRISIS

*Solutions from the Florida Society of Anesthesiologists*

The Florida Society of Anesthesiologists (FSA) is committed to alleviating the state's opiate crisis via new techniques and strategies for helping our patients relieve pain while minimizing the use of these dangerous drugs and decreasing dependence on them.

Our policy goals seek to rebalance the state's traditional focus on acute treatment and chronic rehabilitation and shift towards a new emphasis on education and prevention.

Florida recently received \$27 million in opiate

crisis federal assistance and it is our conviction that this be equitably distributed to prevention efforts. It is difficult to continue to justify the staggering budgetary differential that currently exists and which favors acute interventions (like naloxone) and chronic rehabilitation treatment programs over preemptive educational and public awareness efforts.

The FSA's approach is multilayered, involving the education of prescribers, patients, and our state's children; creating drug take-back venues; and reducing dependency.

**Mandatory CME** on the best prescribing practices for physicians, dentists, and advanced registered nurses. This should be part of the prescribing and licensing requirements in the state of Florida and could replace or be an alternative for other mandatory courses.

**Professional resources** made readily available to educate physicians and patients on multimodal and interdisciplinary pain management.

**Public awareness campaign** led by the offices of the Governor and the Surgeon General, with the purpose of educating Floridians on the dangers of opiates and how to properly dispose of unused household narcotics.

**Strengthening** of the narcotic prescription databases by allowing interstate sharing.

**Understanding** the role of patient satisfaction surveys in distorting the treatment of acute pain.

**Increasing** the availability of naloxone for emergency situations.

**Drug take-back programs** coordinated with local law enforcement and available throughout the entire community.

**Encouraging** the perinatal physician community to develop counseling programs for pregnant women who are opioid dependent at the time of their first obstetrical visit, to get them opiate free prior to delivery and thus decrease the incidence of neonatal abstinence syndrome.

#### **Policy and Legislation:**

**Funding** for mandatory middle school education on the dangers of opioids.

**Utilizing** all hospitals, pharmacies, and dispensing locations as easily accessible take-back facilities for unused opioids.



FLORIDA SOCIETY OF  
ANESTHESIOLOGISTS

# GUIDELINE FOR PRESCRIBING OPIOIDS FOR CHRONIC PAIN

## IMPROVING PRACTICE THROUGH RECOMMENDATIONS

CDC's *Guideline for Prescribing Opioids for Chronic Pain* is intended to improve communication between providers and patients about the risks and benefits of opioid therapy for chronic pain, improve the safety and effectiveness of pain treatment, and reduce the risks associated with long-term opioid therapy, including opioid use disorder and overdose. The Guideline is not intended for patients who are in active cancer treatment, palliative care, or end-of-life care.

# CDC Recommendations

## ➤ **Determining when to initiate or continue opioids**

1. Opioids are not first-line therapy
2. Establish goals for pain and function
3. Discuss risks and benefits

## ➤ **Opioid selection, dosage, duration, follow-up & discontinuation**

4. Use immediate-release opioids when starting
5. Use the lowest effective dose
6. Prescribe short durations for acute pain
7. Evaluate benefits and harms frequently

## ➤ **Assessing risks and addressing harms**

8. Use strategies to mitigate risk
9. Review prescription drug monitoring program (PDMP) data
10. Use urine drug testing
11. Avoid concurrent opioid and benzodiazepine prescribing
12. Offer treatment for opioid use disorder

US CDC series of evidence-based recommendations for prescribing opioids.<sup>11</sup> CDC indicates Centers for Disease Control and Prevention.

### **Source**

Role of the Perioperative Surgical Home in Optimizing the Perioperative Use of Opioids

Anesthesia & Analgesia 125(5):1653-1657, November 2017.



# Transitional Pain Service: The Missing and Needed Linkage

**"A soft place to land" for patients at increased risk of long-term, increasing, excessive opioid consumption and/or developing chronic post-surgical pain**

**OUTPATIENT  
TRANSITIONAL  
PAIN SERVICE  
CLINIC\***

**INPATIENT  
TRANSITIONAL  
PAIN SERVICE**

**OUTPATIENT  
TRANSITIONAL  
PAIN SERVICE  
CLINIC**

**Primary  
Care  
Practice**

**Greatly improved continuum of care and perioperative pain management**

**\*Preoperatively for elective & urgent surgical procedures**

The integrated, patient-centered role of a perioperative Transitional Pain Service.

## **Source**

Role of the Perioperative Surgical Home in Optimizing the Perioperative Use of Opioids

Anesthesia &  
Analgesia 125(5):1653-1657,  
November 2017.

# ANESTHESIA & ANALGESIA

Articles & Issues ▾	CME	Subjects	Collections	中文翻译	Multimedia ▾	For Authors ▾	Journal Info ▾	
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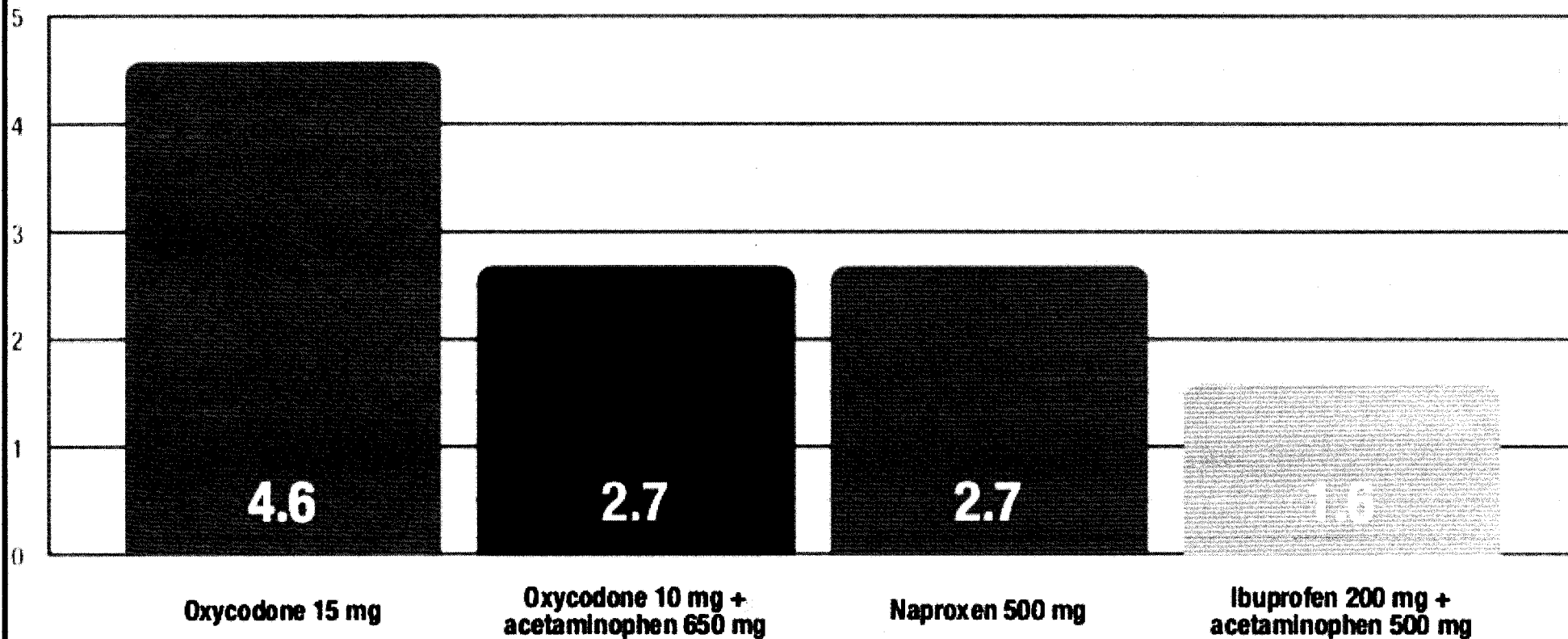
[< Previous Article](#) | [Next Article >](#)

## **An Evidence-Based Approach to the Prescription Opioid Epidemic in Orthopedic Surgery**

Soffin, Ellen M. MD, PhD; Waldman, Seth A. MD; Stack, Roberta J. MS; Liguori, Gregory A. MD

Anesthesia & Analgesia: November 2017 - Volume 125 - Issue 5 - p 1704–1713  
doi: 10.1213/ANE.0000000000002433  
Chronic Pain Medicine: Special Article

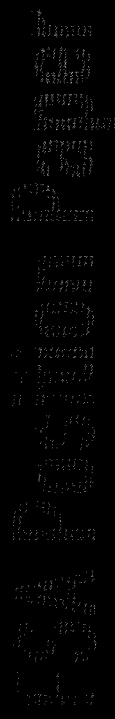
## Number of people needed to treat for one person to get 50% pain relief

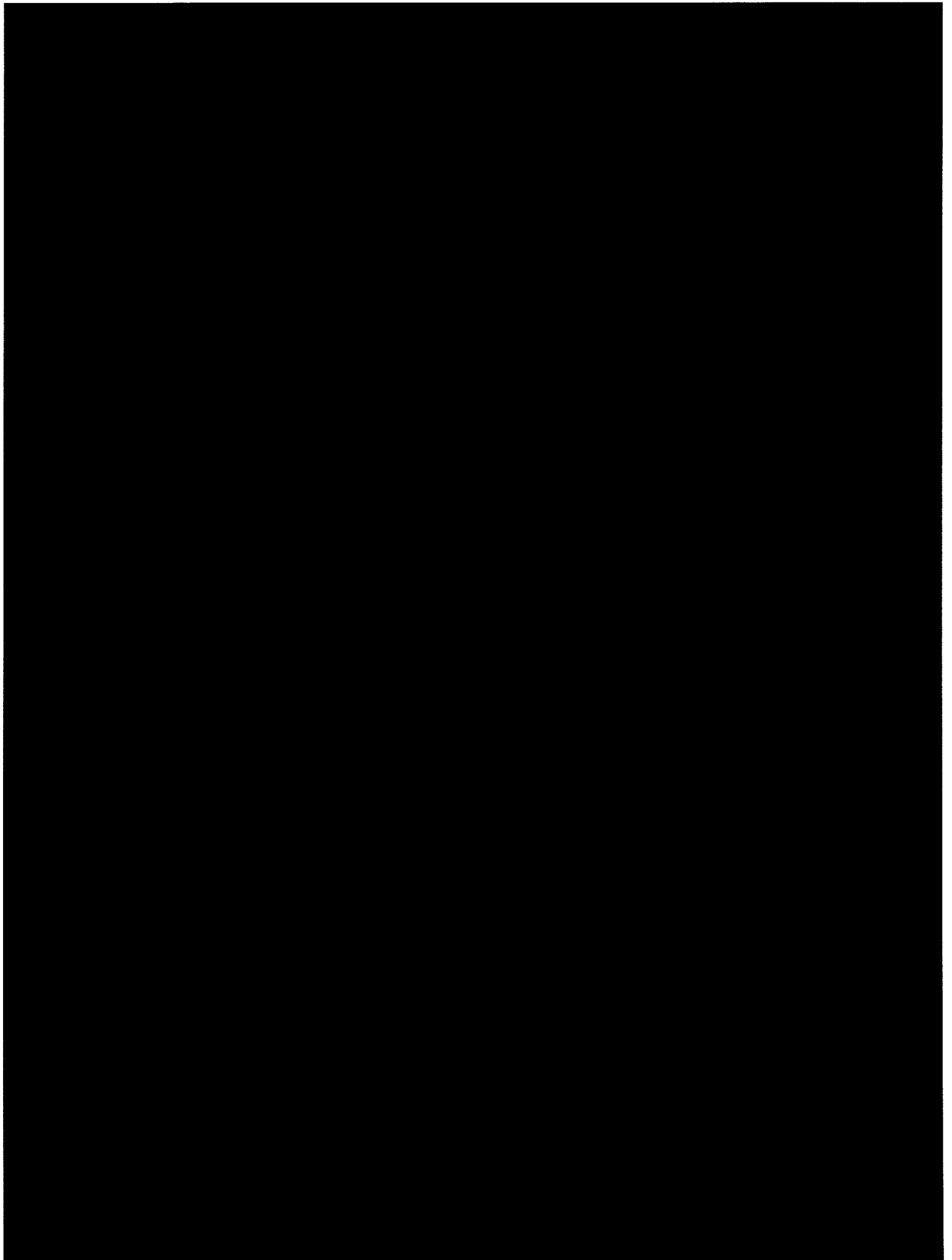


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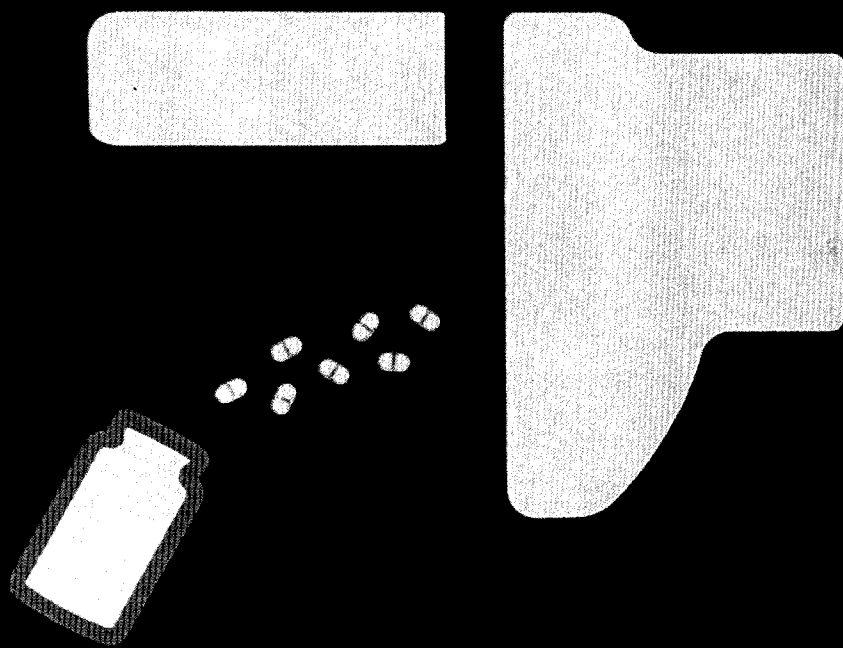
**DRUG TAKE-BACK PROGRAMS  
COORDINATED WITH LOCAL LAW  
ENFORCEMENT AND AVAILABLE  
THROUGHOUT THE ENTIRE COMMUNITY**





# PROPOSALS

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**REMEMBER**  
**TO FLUSH**

**6% of patients having surgery will become addicted to narcotics, continuing to take them well beyond the initial period of pain following their surgery.**

**The FDA, the DEA and the EPA all agree that flushing unused narcotics (opioids) down the toilet is an acceptable means of disposal.**

**Keeping unused opioids in your house increases the risk of accidental poisoning of children, addiction in yourself or older children, and diversion by others entering your house.**

**Flush your unused opioids down the toilet to help prevent all of the above.**

# PROPOSALS

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## Drugs

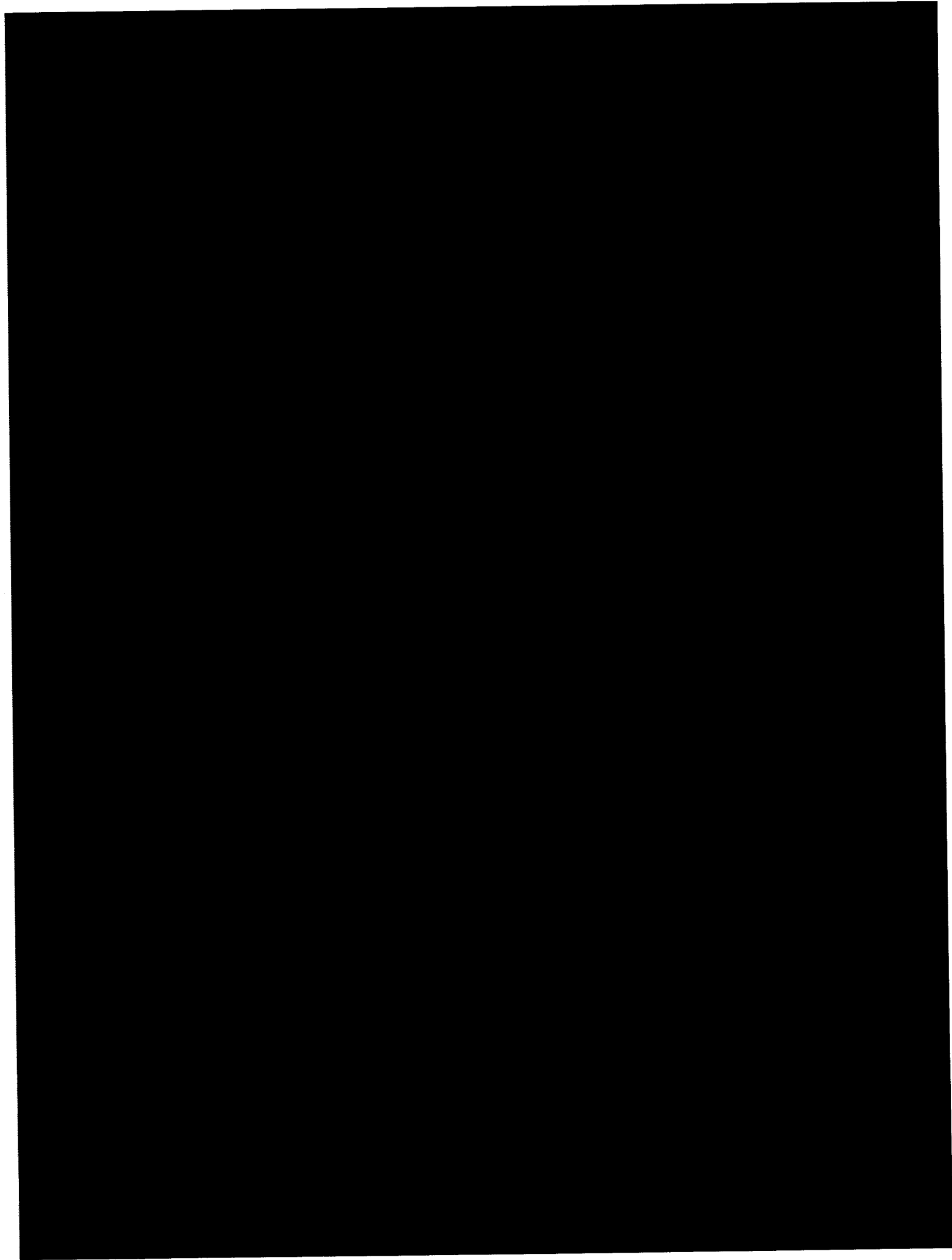
[Home](#) > [Drugs](#) > [Resources for You](#) > [Information for Consumers \(Drugs\)](#) > [Buying & Using Medicine Safely](#) > [Ensuring Safe Use of Medicine](#) > [Safe Disposal of Medicines](#)

Safe Disposal of Medicines

# Medicine Disposal: Questions and Answers

## Medicines recommended for disposal by flushing: medicine and active ingredient

<i>Medicine</i>	<i>Active Ingredient</i>
<b>Abstral</b> tablets (sublingual)	Fentanyl
<b>Actiq</b> oral transmucosal lozenge *	Fentanyl Citrate
<b>Arymo ER</b> , tablets (extended release)	Morphine Sulfate
<b>Avinza</b> capsules (extended release)	Morphine Sulfate
<b>Belbuca</b> soluble film (buccal)	Buprenorphine Hydrochloride
<b>Buprenorphine Hydrochloride</b> , tablets (sublingual) *	Buprenorphine Hydrochloride
<b>Buprenorphine Hydrochloride; Naloxone Hydrochloride</b> , tablets (sublingual) *	Buprenorphine Hydrochloride; Naloxone Hydrochloride
<b>Butrans</b> transdermal patch system	Buprenorphine
<b>Daytrana</b> transdermal patch system	Methylphenidate
<b>Demerol</b> , tablets *	Meperidine Hydrochloride
<b>Demerol</b> , oral solution *	Meperidine Hydrochloride
<b>Diastat/Diastat AcuDial</b> , rectal gel [for disposal instructions: click on link, then go to "Label information" and view current label]	Diazepam
<b>Dilaudid</b> , tablets *	Hydromorphone Hydrochloride
<b>Dilaudid</b> , oral liquid *	Hydromorphone Hydrochloride
<b>Dolophine Hydrochloride</b> tablets *	Methadone Hydrochloride
<b>Duragesic</b> patch (extended release) *	Fentanyl
<b>Embeda</b> capsules (extended release)	Morphine Sulfate; Naltrexone Hydrochloride
<b>Exalgo</b> tablets (extended release)	Hydromorphone Hydrochloride
<b>Fentora</b> tablets (buccal)	Fentanyl Citrate
<b>Hysingla ER</b> tablets (extended release)	Hydrocodone Bitartrate
<b>Kadian</b> capsules (extended release)	Morphine Sulfate
<b>Methadone Hydrochloride</b> , oral solution *	Methadone Hydrochloride
<b>Methadose</b> , tablets *	Methadone Hydrochloride
<b>Morphabond</b> (extended release)	Morphine Sulfate
<b>Morphine Sulfate</b> , tablets (immediate release) *	Morphine Sulfate
<b>Morphine Sulfate</b> oral solution *	Morphine Sulfate
<b>MS Contin</b> tablets (extended release) *	Morphine Sulfate





In the Spotlight

D.A.R.E. America Louis "Skip" Miller National Scholarship Award 2018

Congratulations to Sweepstakes #11 and #12 Winners in Texas and California!

keepin' it REAL videos featuring Officer Craig Seibel of the Salem Police Department

- OFFICERS EDUCATION HOMETOWN NEWS KIDS PARENTS INTERNATIONAL ABOUT DONATE CONFERENCES CORE ACTIVITIES KARE

# Surgeon General Commends Efficacy of D.A.R.E.'s keepin' it REAL Curriculum

Posted on November 30, 2016 by admin in News

**Strong scientific evidence supports the effectiveness of prevention programs; report states keepin' it REAL has shown positive effects on substance use.**

INGLEWOOD, CA: The United States Surgeon General's just-issued landmark report on alcohol, drugs and health entitled *Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health*, concludes that alcohol and drug misuse, disorders, and addiction, are among America's most pressing public health concerns. As noted in the report, nearly 21 million Americans



## D.A.R.E. Sweepstakes

INSTANT PRIZES FROM \$20-\$200!

TWO GRAND PRIZE DRAWINGS

**\$1,500 & \$1,000**



GO TO SITE

### Sign up for Email Updates

Join our mailing list to receive email updates from D.A.R.E. America

### Upcoming Events

When Effectiveness and  
Botvin *LifeSkills Training*

Dramatically Cuts:

**Drug Use**  
Proven to cut Drug Use by

**Alcohol Use**

## New Research Shows that D Also Works with High School

A recent study published in the *World of Preventive Medicine* found that the *LifeSkills Training High School Program*

### TRAINING SCHEDULE

- ▼ Elementary School Workshop  
Online - 8/14/17
- ▼ Webinar - Online  
*LifeSkills Training for Drug-free  
Youth* - 8/23/17
- ▼ Parent Program Leader Training  
Online - 8/23/17
- ▼ Teaching Marijuana Prevention  
& 9/22/17 Online - 9/19/17
- ▼ High School Workshop  
Online - 9/20/17
- ▼ TOT Workshop  
White Plains, NY - 11/2/17

### LST SELECTED FOR EXCELLENCE BY

- ▼ Blueprints for Violence Prevention
- ▼ U.S. Department of Education
- ▼ Center for Substance Abuse  
Prevention
- ▼ National Institute on Drug Abuse
- ▼ U.S. Dep't. of Justice, Office of  
Juvenile and Delinquency Prevention
- ▼ American Medical Association
- ▼ Office of National Drug Control Policy
- ▼ Centers for Disease Control and  
Prevention
- ▼ Coalition for Evidence-Based Policy

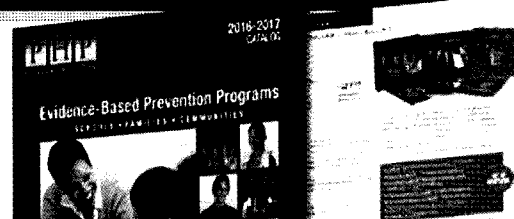
### NEWS HIGHLIGHTS

- Letters: Kudos to Grant-Maker, Volunteers for Schools Program
- Coming Soon: *LifeSkills Prescription Drug Prevention Module*
- For Drug/Alcohol Prevention, Good Intentions Not Enough
- Congratulations to the Newly Certified *LifeSkills TOTs*
- Grant to help RE-1 Valley with Substance Abuse Prevention
- Community Resource Center Unveils New Programming

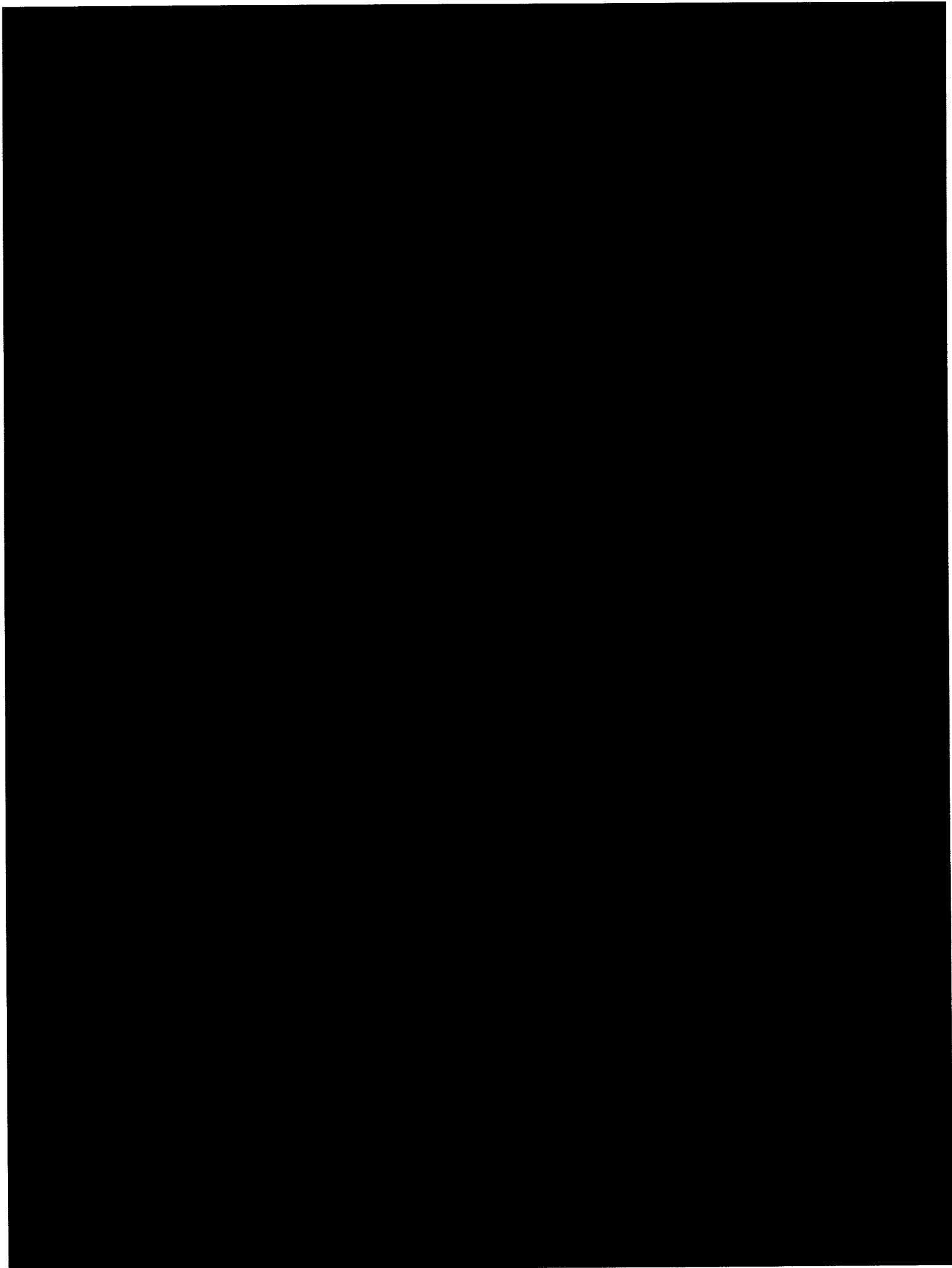


Evaluate Botvin *LifeSkills Training* with Curriculum Samples

### ORDER THE PRINCETON HEALTH CATALOG



Order the 2016-2017 Catalog



[Home](#) [Bills](#) [CS/HB 21](#)

## CS/HB 21 - Controlled Substances

**General Bill** by Health Quality Subcommittee and Boyd (CO-SPONSORS) Fant; Hager; Moraitis; Pigman

**Controlled Substances:** Requires practitioners to complete specified board-approved continuing education course to prescribe controlled substances; defines "acute pain"; provides for adoption of standards of practice for treatment of acute pain; limits prescribing of opioids for acute pain in certain circumstances; requires pain management clinic owners to register approved exemptions with DOH; provides requirements for pharmacists & practitioners for dispensing of controlled substances to persons not known to them; conforms state controlled substances schedule to federal controlled substances schedule; revises & provides definitions; revises requirements for prescription drug monitoring program.

**Effective Date:** July 1, 2018

**Last Event:** 1st Reading on Thursday, January 11, 2018 11:08 PM

[< Previous Senate Bill](#)

## SB 8: Controlled Substances

GENERAL BILL by [Benacquisto](#) ; (CO-INTRODUCERS) [Perry](#) ; [Stargel](#) ; [Bean](#) ; [Passidomo](#)

Controlled Substances; Authorizing certain boards to require practitioners to complete a specified board-approved continuing education course to obtain authorization to prescribe controlled substances as part of biennial renewal; authorizing disciplinary action against practitioners for violating specified provisions relating to controlled substances; requiring certain pain management clinic owners to register approved exemptions with the department; providing requirements for pharmacists and practitioners for the dispensing of controlled substances to persons not known to them; establishing direct-support organizations for specified purposes; requiring a direct-support organization to operate under written contract with the department, etc.

**Effective Date:** Except as otherwise provided in this act, this act shall take effect July 1, 2018

**Last Action:** 1/11/2018 Senate - On Committee agenda-- Health Policy, 01/16/18, 4:00 pm, 412 Knott Building

**Bill Text:** [Web Page](#) | [PDF](#)

**Senate Committee References:**

1. [Health Policy \(HP\)](#)
2. [Appropriations \(AP\)](#)
3. [Public Safety \(PS\)](#)

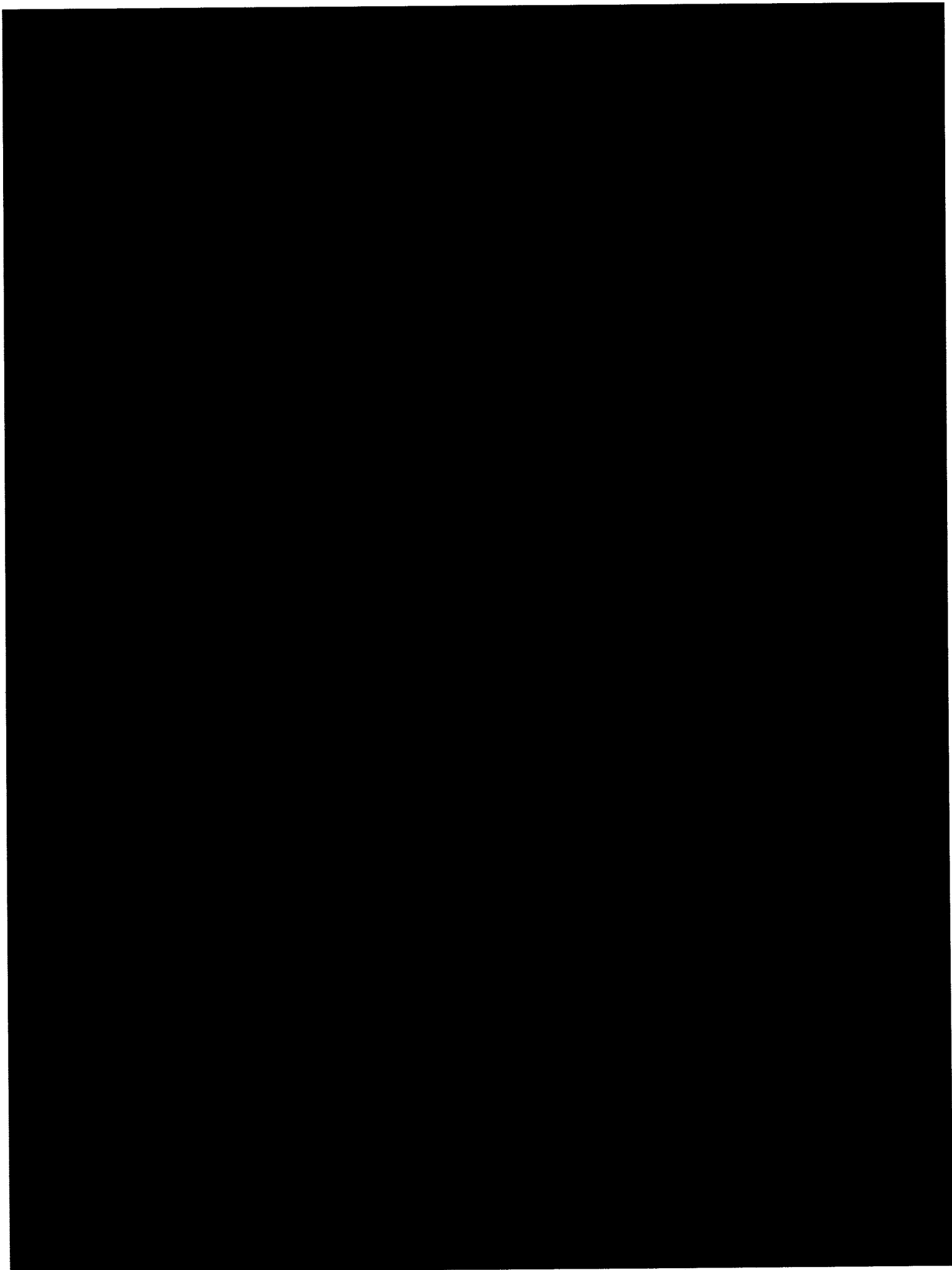


(5) PRESCRIPTION SUPPLY.-

(a) Except as provided in paragraph (b), a prescription for a Schedule II opioid, as defined in s. 893.03 or 21 U.S.C. s. 812, for the treatment of acute pain must not exceed a 3-day supply.

(b) An up to 7-day supply of an opioid described in paragraph (a) may be prescribed if:

1. The practitioner, in his or her professional judgment, believes that more than a 3-day supply of such an opioid is medically necessary to treat the patient's pain as an acute medical condition.



**AFTER PROVIDING RECOMMENDATIONS EMPHASIZING  
NSAIDS AND ACETAMINOPHEN FOR GENERAL SURGERY  
PATIENTS, HILL REPORTED THE NUMBER OF OPIATES  
PRESCRIBED FELL BY 50% PER PATIENT**

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# Hospitals cut back on opioids to battle addiction epidemic



Dr. Carlos Martinez, an emergency medical physician at Armita Health Adventist Medical Center in Bolingbrook, explains how the hospital has been very aggressive about limiting its use of opioid painkillers. (Antonio Perez / Chicago Tribune)



By **John Keilman** · Contact Reporter  
Chicago Tribune

JANUARY 23, 2018, 5:00 AM

Today  
Mortgage  
3.04  
APR 15 Year

Select Loan

\$155

Calculate Payment

lending

So it goes in the emergency rooms and surgical suites of many Chicago-area hospitals, where physicians are trying to overturn their profession's longstanding dependence on opioids.



# Independent Tribune

The local voice of Greater Cabarrus County



52°

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Weather sponsored by  
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**WINTER IS HERE!  
PLEASE HELP KEEP YOUR NEIGHBOR W**

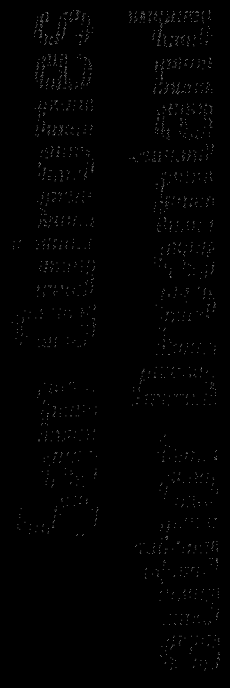
## Education key to combat opioid crisis

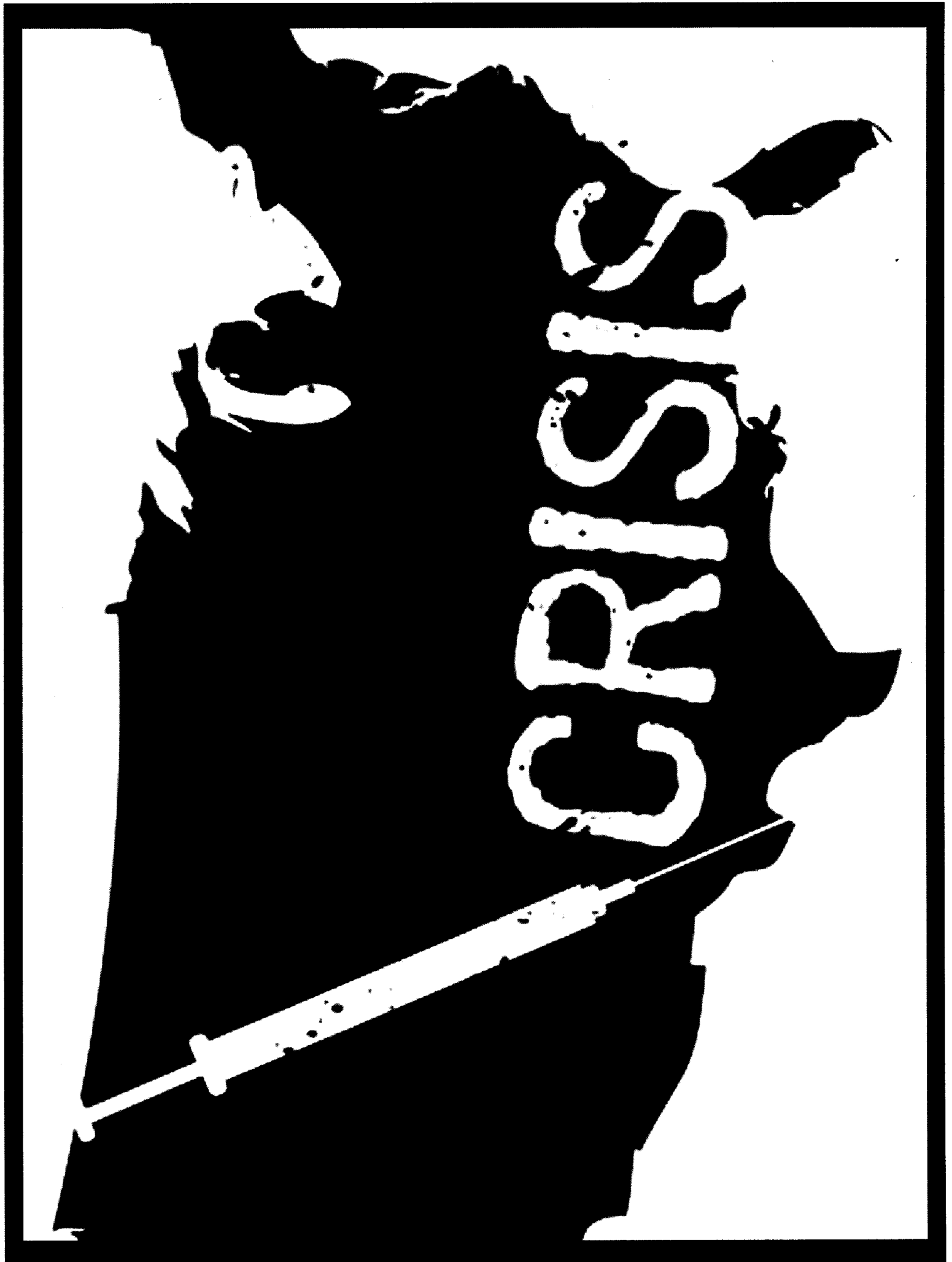
By Erin Weeks eweeks@independenttribune.com 704-789-9131 22 hrs ago (1)

**A PATIENT IS ENTITLED TO REASONABLE ATTEMPTS TO  
RELIEVE PAIN BY REASONABLE MEASURES. YOU ARE NOT  
ENTITLED TO PAIN RELIEF ANY MORE THAN YOU ARE  
ENTITLED TO HAPPINESS.**

*[Faint, illegible text, likely bleed-through from the reverse side of the page]*

I BELIEVE MORE STRONGLY THAN EVER  
THAT THE ANTIDOTE TO HEROIN IS YOUR  
COMMUNITY







IMPLICATIONS/STRATEGIES FOR  
BREVARD COUNTY JC LYDON MD

---

I WAS IN LOVE WITH IT THE FIRST TIME I  
TRIED IT. I CRAVED IT AND SOUGHT IT  
THROUGH EVERY STEP OF MY DAYS

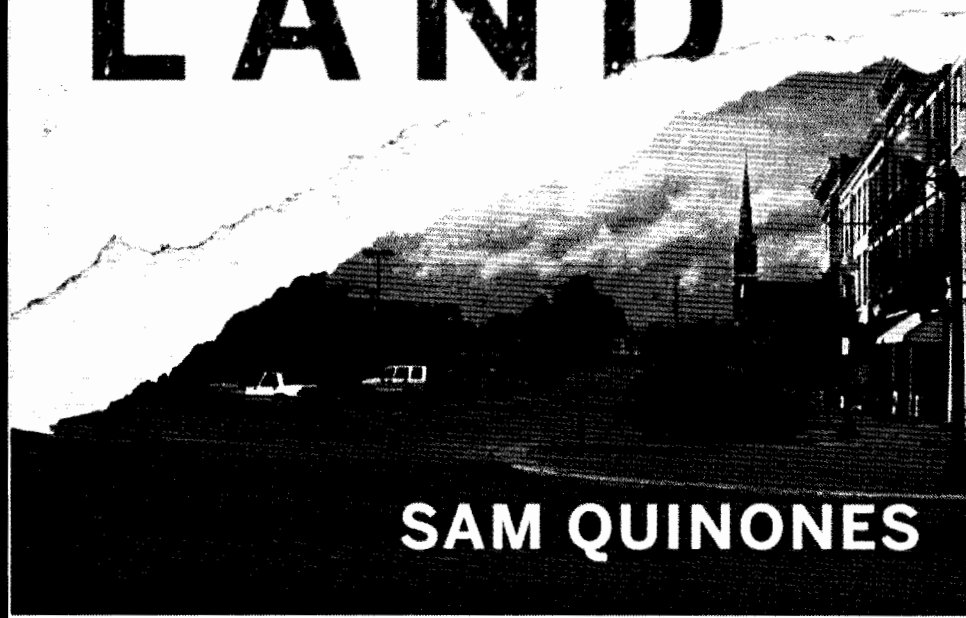
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of the publisher.

YOU'VE GOT THE BIOLOGY OF DEPENDENCE OR ADDICTION TO OPIOIDS DRIVING IT. YOU ALSO HAVE FINANCIAL INCENTIVES FOR PEOPLE TO STAY SICK THROUGH SS DISABILITY INSURANCE COMPENSATION. YOU'VE GOT DOCTORS WHO ARE INCREDIBLY INCENTIVIZED IN MANY WAYS TO CONTINUE TO PRESCRIBE. I REALLY FEEL LIKE THE OPIOID EPIDEMIC IS THE CANARY IN THE COAL MINE WITH REGARDS TO OUR HEALTH CARE SYSTEM. WE HAVE SERIOUS INFRASTRUCTURE ISSUES THAT WE NEED TO REFORM.

**T**he relentless marketing of pain pills.  
Crews from one small Mexican town  
selling heroin like pizza. The collision has  
led to America's greatest drug scourge.

The True Tale of America's Opiate Epidemic

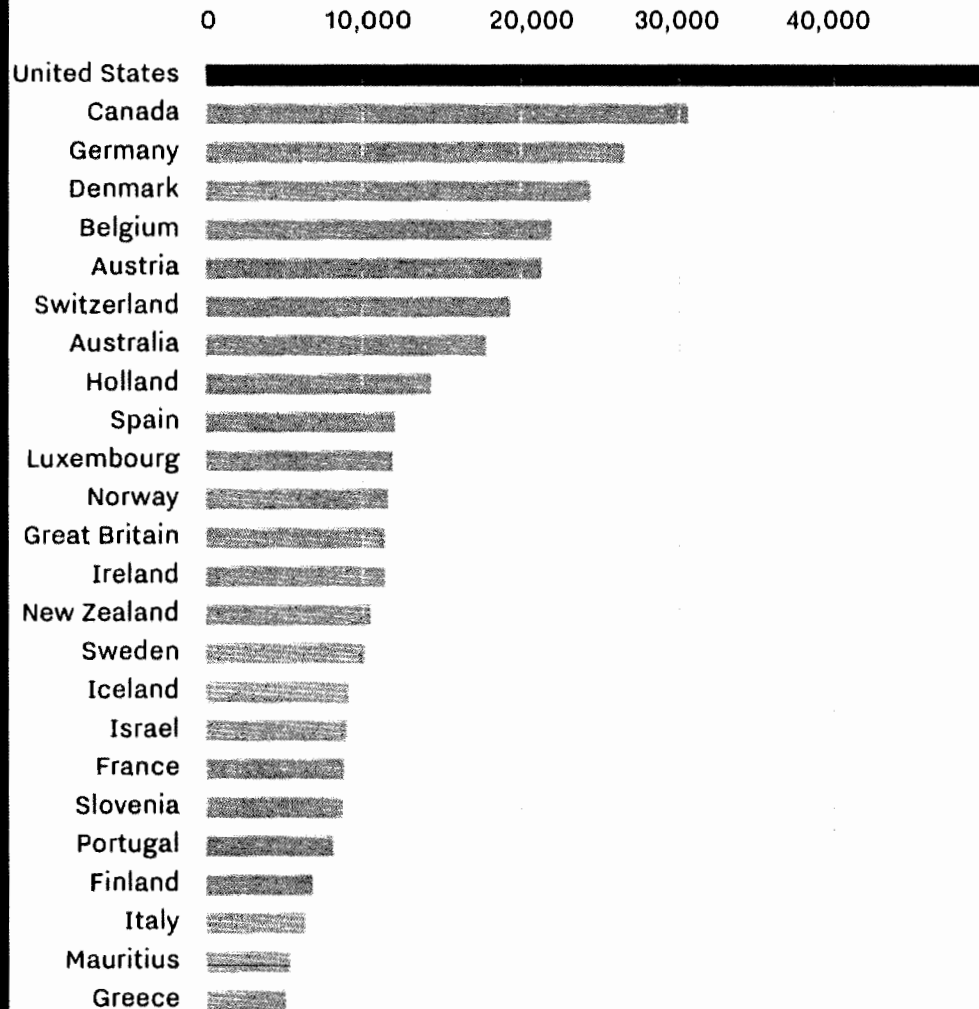
# DREAM LAND



**SAM QUINONES**

# Americans consume more opioids than any other country

*Standard daily opioid dose for every 1 million people*



Source: United Nations International Narcotics Control Board

Credit: Sarah Frostenson

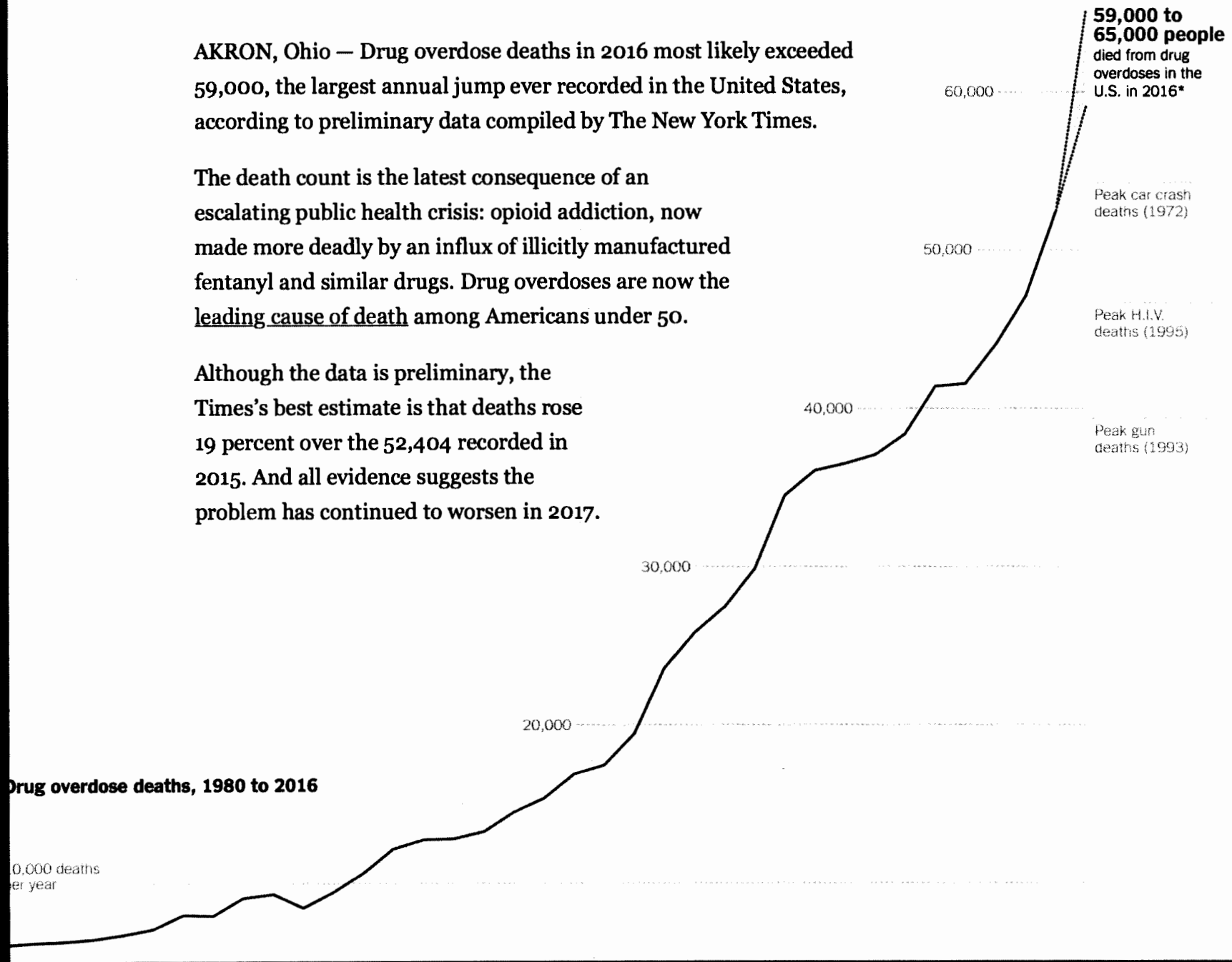
**Vox**

UPDATE The first governmental account of nationwide drug deaths shows roughly 64,000 people died from drug overdoses in 2016.

AKRON, Ohio — Drug overdose deaths in 2016 most likely exceeded 59,000, the largest annual jump ever recorded in the United States, according to preliminary data compiled by The New York Times.

The death count is the latest consequence of an escalating public health crisis: opioid addiction, now made more deadly by an influx of illicitly manufactured fentanyl and similar drugs. Drug overdoses are now the leading cause of death among Americans under 50.

Although the data is preliminary, the Times's best estimate is that deaths rose 19 percent over the 52,404 recorded in 2015. And all evidence suggests the problem has continued to worsen in 2017.



BREVARD COUNTY, FL OPIOID DEATHS 2017

Drug	Cause	Present	Total Deaths
Cocaine	61	24	85
Codeine	4	11	15
Fentanyl	46	13	59
Fentanyl Analogs	40	5	45
Heroin	14	1	15
Hydrocodone	10	20	30
Hydromorphone	9	12	21
Mepiridine	0	1	1
Methadone	10	4	14
Morphine	30	24	54
Oxycodone	39	24	63
Tramadol	7	15	22
Total deaths related to opioids			424

1. The first part of the paper discusses the general theory of the subject.

2. The second part of the paper discusses the general theory of the subject.

3. The third part of the paper discusses the general theory of the subject.

4. The fourth part of the paper discusses the general theory of the subject.

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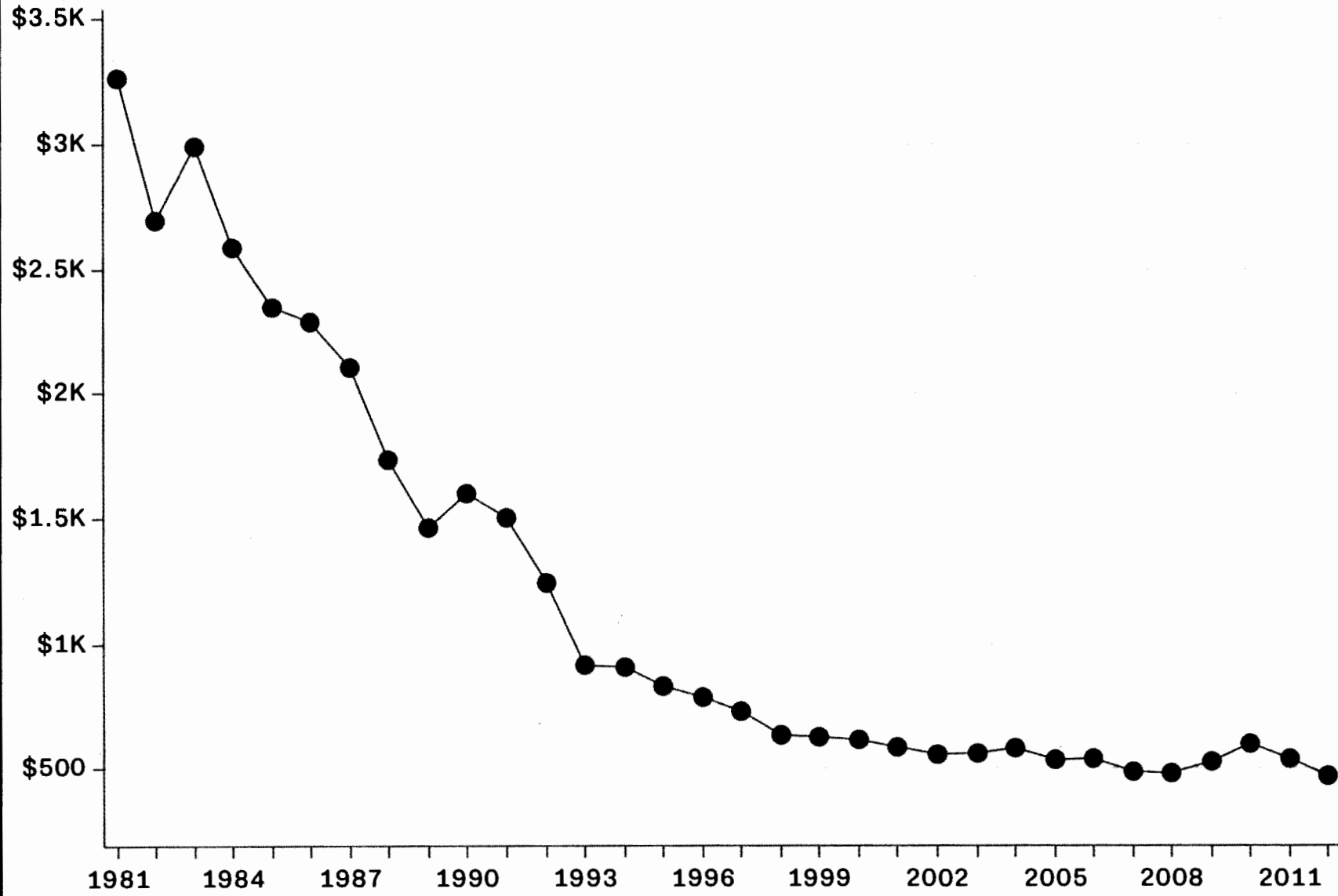
18. The eighteenth part of the paper discusses the general theory of the subject.



# The price of heroin



Per pure gram in inflation-adjusted dollars



# Why fentanyl is deadlier than heroin, in a single photo

By ALLISON BOND @AllisonRBond / SEPTEMBER 29, 2016



On the left, a lethal dose of heroin; on the right, a lethal dose of fentanyl.

NEW HAMPSHIRE STATE POLICE FORENSIC LAB

WHERE ARE WE GOING

**WE CANNOT INCARCERATE,  
REHABILITATE, LEGISLATE, ALLOCATE (\$)  
OR 'REVERSE' (NARCAN) OUR WAY OUT  
OF THIS OPIOID CRISIS... BUT....**

© 2018  
NATIONAL  
ASSOCIATION  
OF  
STATE  
ATTORNEYS  
GENERAL

THE UNIVERSITY OF TEXAS AT AUSTIN

**WE JUST MIGHT BE ABLE TO  
EDUCATE OUR WAY OUT...**

THE UNIVERSITY OF TEXAS AT AUSTIN

WHERE ARE WE GOING

WE SHOULD BE PRESCRIBING A LOT LESS THAN WE OFTEN GIVE OUT... WE HAVE TO TEACH PEOPLE THAT THE GOAL IS NOT ZERO PAIN-THE GOAL IS TO REDUCE PAIN TO A FUNCTIONAL LEVEL... YOU CAN SLEEP, EAT, GO SHOPPING... TELL PEOPLE THESE ARE ADDICTIVE AND WEIGH THAT AGAINST YOUR CHOICES. ... TEACH THEM HOW TO DISPOSE OF THESE THINGS. THE BIGGEST THING IS THAT THE LEFTOVERS GET STOLEN AND THEN GO ON THE BLACK MARKET.

THESE ARE THE THINGS THAT WE SHOULD BE PRESCRIBING A LOT LESS THAN WE OFTEN GIVE OUT... WE HAVE TO TEACH PEOPLE THAT THE GOAL IS NOT ZERO PAIN-THE GOAL IS TO REDUCE PAIN TO A FUNCTIONAL LEVEL... YOU CAN SLEEP, EAT, GO SHOPPING... TELL PEOPLE THESE ARE ADDICTIVE AND WEIGH THAT AGAINST YOUR CHOICES. ... TEACH THEM HOW TO DISPOSE OF THESE THINGS. THE BIGGEST THING IS THAT THE LEFTOVERS GET STOLEN AND THEN GO ON THE BLACK MARKET.

# THE OPIATE CRISIS

*Solutions from the Florida Society of Anesthesiologists*

The Florida Society of Anesthesiologists (FSA) is committed to alleviating the state's opiate crisis via new techniques and strategies for helping our patients relieve pain while minimizing the use of these dangerous drugs and decreasing dependence on them.

Our policy goals seek to rebalance the state's traditional focus on acute treatment and chronic rehabilitation and shift towards a new emphasis on education and prevention.

Florida recently received \$27 million in opiate

crisis federal assistance and it is our conviction that this be equitably distributed to prevention efforts. It is difficult to continue to justify the staggering budgetary differential that currently exists and which favors acute interventions (like naloxone) and chronic rehabilitation treatment programs over preemptive educational and public awareness efforts.

The FSA's approach is multilayered, involving the education of prescribers, patients, and our state's children; creating drug take-back venues; and reducing dependency.

**Mandatory CME** on the best prescribing practices for physicians, dentists, and advanced registered nurses. This should be part of the prescribing and licensing requirements in the state of Florida and could replace or be an alternative for other mandatory courses.

**Professional resources** made readily available to educate physicians and patients on multimodal and interdisciplinary pain management.

**Public awareness campaign** led by the offices of the Governor and the Surgeon General, with the purpose of educating Floridians on the dangers of opiates and how to properly dispose of unused household narcotics.

**Strengthening** of the narcotic prescription databases by allowing interstate sharing.

**Understanding** the role of patient satisfaction surveys in distorting the treatment of acute pain.

**Increasing** the availability of naloxone for emergency situations.

**Drug take-back programs** coordinated with local law enforcement and available throughout the entire community.

**Encouraging** the perinatal physician community to develop counseling programs for pregnant women who are opioid dependent at the time of their first obstetrical visit, to get them opiate free prior to delivery and thus decrease the incidence of neonatal abstinence syndrome.

#### **Policy and Legislation:**

**Funding** for mandatory middle school education on the dangers of opioids.

**Utilizing** all hospitals, pharmacies, and dispensing locations as easily accessible take-back facilities for unused opioids.



**FLORIDA SOCIETY OF  
ANESTHESIOLOGISTS**

# GUIDELINE FOR PRESCRIBING OPIOIDS FOR CHRONIC PAIN

## IMPROVING PRACTICE THROUGH RECOMMENDATIONS

CDC's *Guideline for Prescribing Opioids for Chronic Pain* is intended to improve communication between providers and patients about the risks and benefits of opioid therapy for chronic pain, improve the safety and effectiveness of pain treatment, and reduce the risks associated with long-term opioid therapy, including opioid use disorder and overdose. The Guideline is not intended for patients who are in active cancer treatment, palliative care, or end-of-life care.

## CDC Recommendations

- **Determining when to initiate or continue opioids**
  1. Opioids are not first-line therapy
  2. Establish goals for pain and function
  3. Discuss risks and benefits
- **Opioid selection, dosage, duration, follow-up & discontinuation**
  4. Use immediate-release opioids when starting
  5. Use the lowest effective dose
  6. Prescribe short durations for acute pain
  7. Evaluate benefits and harms frequently
- **Assessing risks and addressing harms**
  8. Use strategies to mitigate risk
  9. Review prescription drug monitoring program (PDMP) data
  10. Use urine drug testing
  11. Avoid concurrent opioid and benzodiazepine prescribing
  12. Offer treatment for opioid use disorder

US CDC series of evidence-based recommendations for prescribing opioids.<sup>11</sup> CDC indicates Centers for Disease Control and Prevention.

### Source

Role of the Perioperative Surgical Home in Optimizing the Perioperative Use of Opioids

Anesthesia & Analgesia 125(5):1653-1657, November 2017.



# Transitional Pain Service: The Missing and Needed Linkage

"A soft place to land" for patients at increased risk of long-term, increasing, excessive opioid consumption and/or developing chronic post-surgical pain

OUTPATIENT  
TRANSITIONAL  
PAIN SERVICE  
CLINIC\*

INPATIENT  
TRANSITIONAL  
PAIN SERVICE

OUTPATIENT  
TRANSITIONAL  
PAIN SERVICE  
CLINIC

Primary  
Care  
Practice

Greatly improved continuum of care and perioperative pain management

\*Preoperatively for elective & urgent surgical procedures

The integrated, patient-centered role of a perioperative Transitional Pain Service.

## Source

Role of the Perioperative Surgical Home in Optimizing the Perioperative Use of Opioids

Anesthesia &  
Analgesia 125(5):1653-1657,  
November 2017.

# ANESTHESIA & ANALGESIA

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## **An Evidence-Based Approach to the Prescription Opioid Epidemic in Orthopedic Surgery**

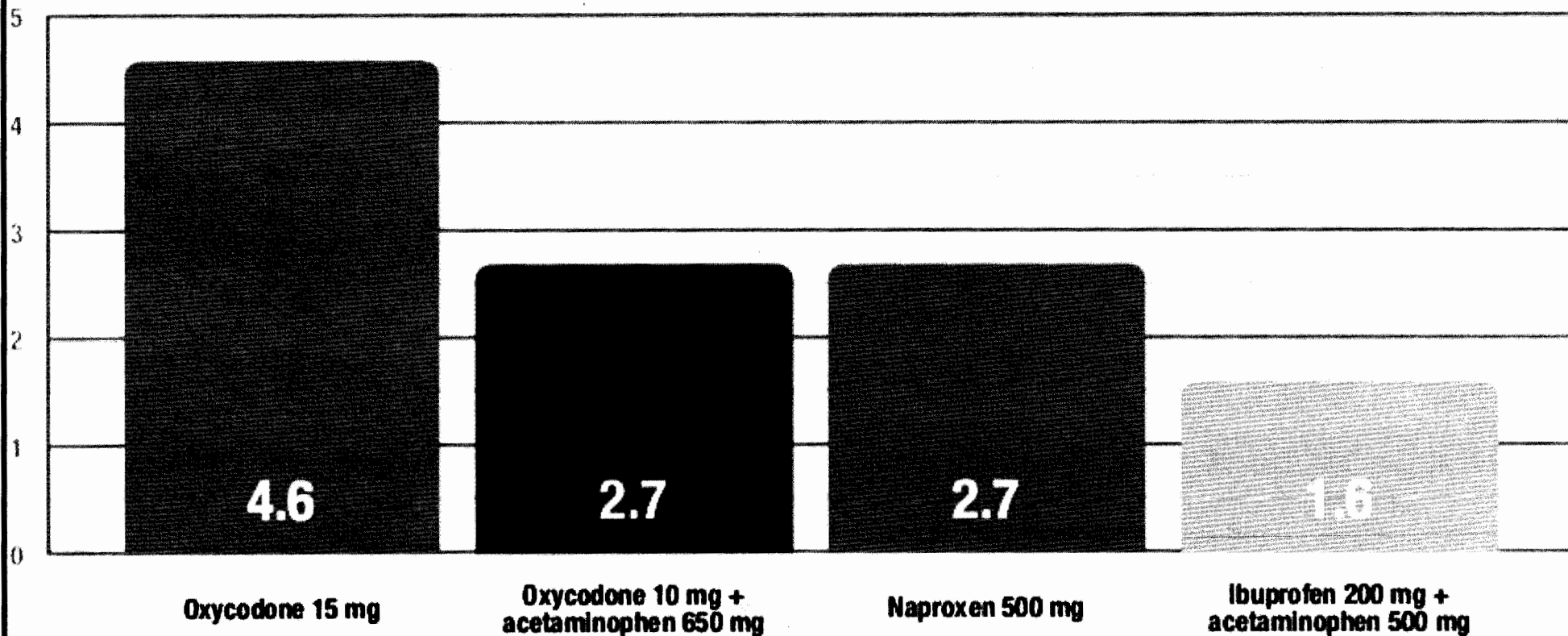
Soffin, Ellen M. MD, PhD; Waldman, Seth A. MD; Stack, Roberta J. MS; Liguori, Gregory A. MD

Anesthesia & Analgesia: November 2017 - Volume 125 - Issue 5 - p 1704–1713

doi: 10.1213/ANE.0000000000002433

Chronic Pain Medicine: Special Article

## Number of people needed to treat for one person to get 50% pain relief



1. The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that every entry should be supported by a valid receipt or invoice. This ensures transparency and allows for easy auditing of the accounts.

2. The second part outlines the procedures for handling cash payments and receipts. It states that all cash transactions must be recorded immediately and accurately. The date, amount, and purpose of each transaction should be clearly noted.

3. The third part details the process for recording bank deposits and withdrawals. It requires that all bank statements be reviewed and reconciled with the company's records. Any discrepancies should be investigated and corrected promptly.

4. The fourth part covers the handling of credit sales and accounts receivable. It stresses the need to track the status of each account and follow up on overdue payments. Regular communication with customers is essential to maintain good relationships.

5. The fifth part discusses the management of inventory. It requires that inventory levels be monitored closely and recorded accurately. Regular physical counts should be conducted to ensure that the recorded amounts match the actual stock on hand.

6. The sixth part addresses the recording of expenses. It states that all business-related expenses must be documented with receipts. These records are crucial for tax purposes and for identifying areas where costs can be reduced.

7. The seventh part describes the process for recording payroll. It requires that all employee wages, taxes, and benefits be accurately calculated and recorded. Timely payment of payroll is a legal requirement and essential for employee satisfaction.

8. The eighth part discusses the recording of interest income and expenses. It requires that all interest earned on investments or loans be recorded, as well as any interest paid on business debt.

9. The ninth part covers the recording of dividends and other income. It states that all income received from investments or other sources must be recorded and reported accurately.

10. The tenth part discusses the recording of losses and expenses. It requires that all losses, such as theft or damage to property, be documented and recorded.

11. The eleventh part describes the process for recording depreciation. It states that the cost of long-term assets should be spread over their useful life through depreciation expense.

12. The twelfth part discusses the recording of gains and losses from the sale of assets. It requires that the proceeds from the sale and the original cost of the asset be recorded to determine the gain or loss.

13. The thirteenth part covers the recording of taxes. It states that all taxes paid and accrued must be recorded accurately. This includes income tax, sales tax, and property tax.

14. The fourteenth part discusses the recording of other income and expenses. It requires that any other sources of income or expenses be recorded and reported.

15. The fifteenth part describes the process for recording the closing entries. It states that all temporary accounts, such as income and expenses, should be closed to the permanent equity account at the end of the accounting period.

16. The sixteenth part discusses the recording of the balance sheet. It states that the balance sheet should be prepared at the end of each accounting period and should show the company's financial position at that time.

17. The seventeenth part covers the recording of the income statement. It states that the income statement should be prepared at the end of each accounting period and should show the company's profitability over that period.

18. The eighteenth part discusses the recording of the cash flow statement. It states that the cash flow statement should be prepared at the end of each accounting period and should show the company's cash inflows and outflows.

19. The nineteenth part covers the recording of the statement of equity. It states that the statement of equity should be prepared at the end of each accounting period and should show the changes in the company's equity over that period.

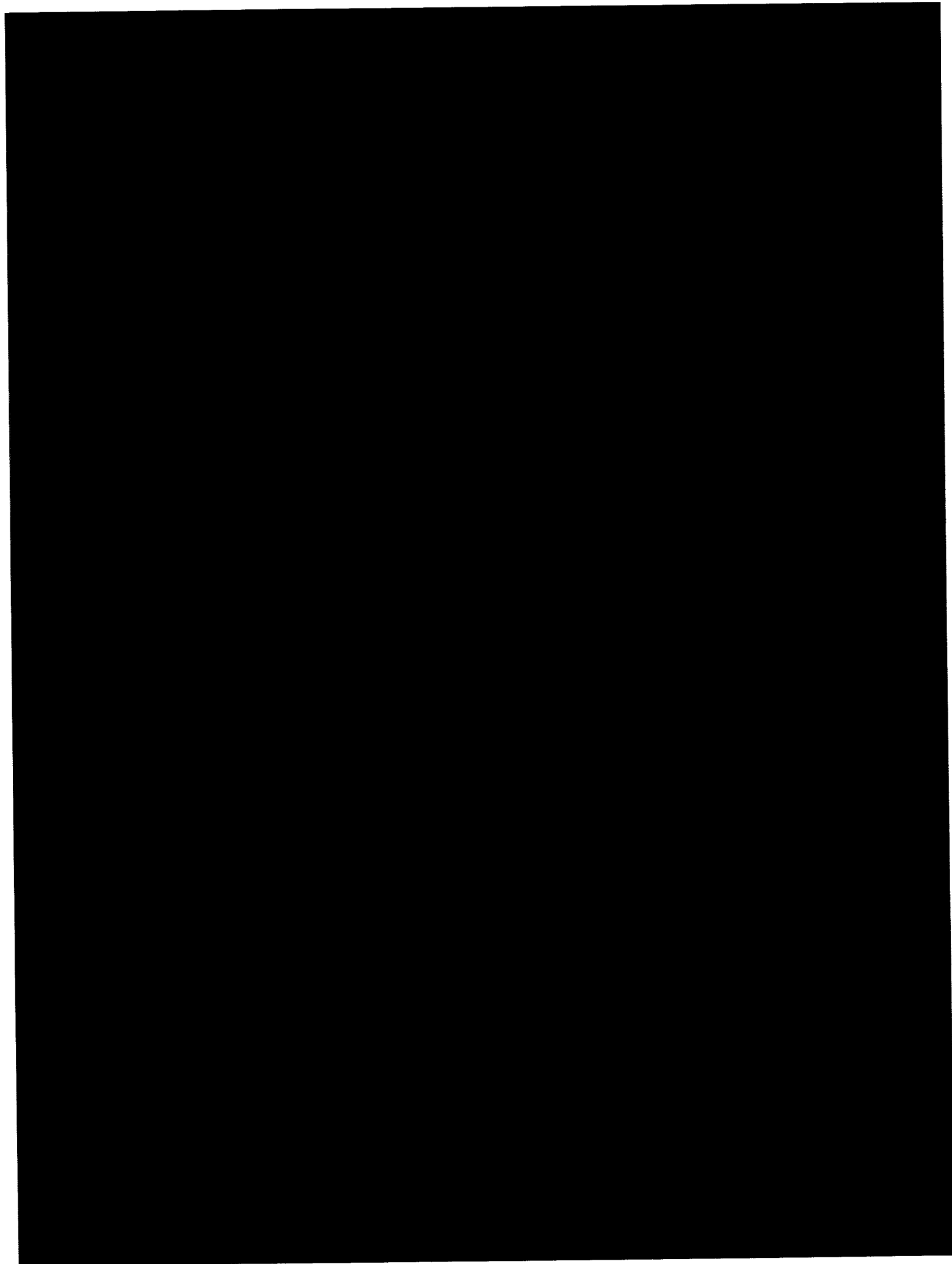
20. The twentieth part discusses the recording of the financial statements. It states that the financial statements should be prepared and reviewed by management and, if necessary, by external auditors.

COMMUNITY ARE OURS

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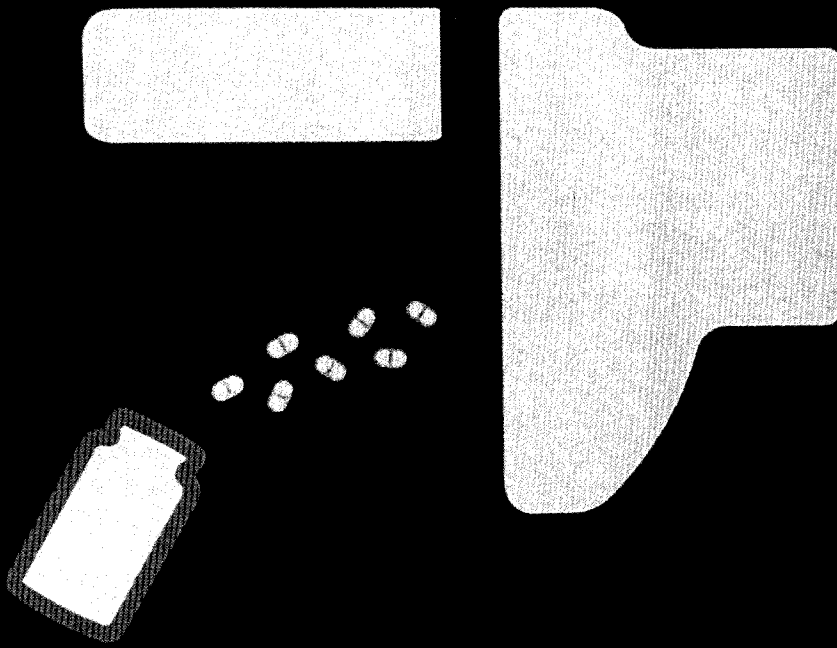
**DRUG TAKE-BACK PROGRAMS  
COORDINATED WITH LOCAL LAW  
ENFORCEMENT AND AVAILABLE  
THROUGHOUT THE ENTIRE COMMUNITY**

COMMUNITY ARE OURS



# PROPOSALS

---



**REMEMBER**  
**TO FLUSH**

**6% of patients having surgery will become addicted to narcotics, continuing to take them well beyond the initial period of pain following their surgery.**

**The FDA, the DEA and the EPA all agree that flushing unused narcotics (opioids) down the toilet is an acceptable means of disposal.**

**Keeping unused opioids in your house increases the risk of accidental poisoning of children, addiction in yourself or older children, and diversion by others entering your house.**

**Flush your unused opioids down the toilet to help prevent all of the above.**

# PROPOSALS

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Search FDA



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## Drugs

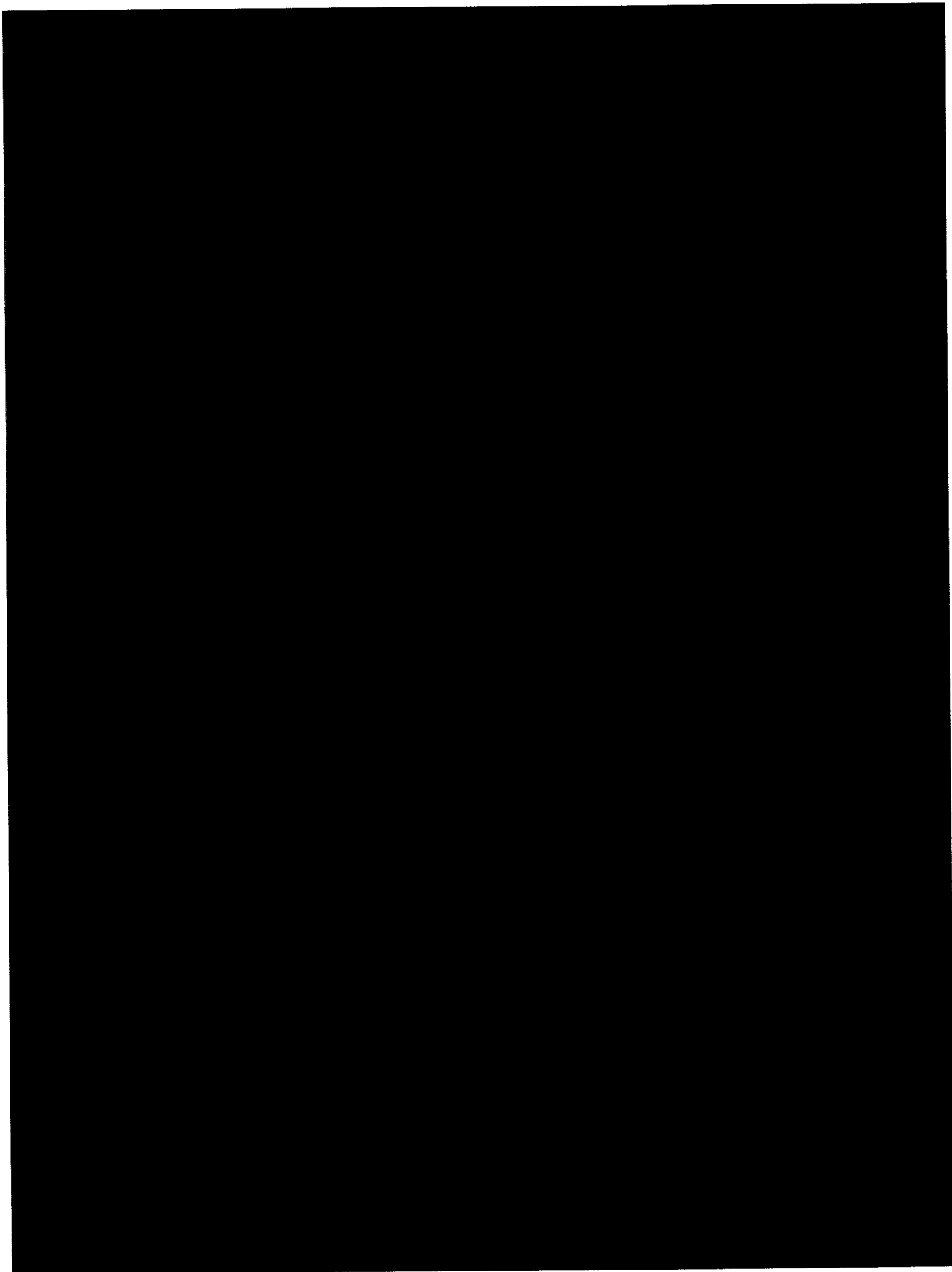
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Safe Disposal of Medicines

# Medicine Disposal: Questions and Answers

## Medicines recommended for disposal by flushing: medicine and active ingredient

<i>Medicine</i>	<i>Active Ingredient</i>
<b>Abstral</b> tablets (sublingual)	Fentanyl
<b>Actiq</b> oral transmucosal lozenge *	Fentanyl Citrate
<b>Arymo ER</b> , tablets (extended release)	Morphine Sulfate
<b>Avinza</b> capsules (extended release)	Morphine Sulfate
<b>Belbuca</b> soluble film (buccal)	Buprenorphine Hydrochloride
<b>Buprenorphine Hydrochloride</b> , tablets (sublingual) *	Buprenorphine Hydrochloride
<b>Buprenorphine Hydrochloride; Naloxone Hydrochloride</b> , tablets (sublingual) *	Buprenorphine Hydrochloride; Naloxone Hydrochloride
<b>Butrans</b> transdermal patch system	Buprenorphine
<b>Daytrana</b> transdermal patch system	Methylphenidate
<b>Demerol</b> , tablets *	Meperidine Hydrochloride
<b>Demerol</b> , oral solution *	Meperidine Hydrochloride
<b>Diastat/Diastat AcuDial</b> , rectal gel [for disposal instructions: click on link, then go to "Label Information" and view current label]	Diazepam
<b>Dilaudid</b> , tablets *	Hydromorphone Hydrochloride
<b>Dilaudid</b> , oral liquid *	Hydromorphone Hydrochloride
<b>Dolophine Hydrochloride</b> tablets *	Methadone Hydrochloride
<b>Duragesic</b> patch (extended release) *	Fentanyl
<b>Embeda</b> capsules (extended release)	Morphine Sulfate; Naltrexone Hydrochloride
<b>Exalgo</b> tablets (extended release)	Hydromorphone Hydrochloride
<b>Fentora</b> tablets (buccal)	Fentanyl Citrate
<b>Hysingla ER</b> tablets (extended release)	Hydrocodone Bitartrate
<b>Kadian</b> capsules (extended release)	Morphine Sulfate
<b>Methadone Hydrochloride</b> , oral solution *	Methadone Hydrochloride
<b>Methadose</b> , tablets *	Methadone Hydrochloride
<b>Morphabond</b> (extended release)	Morphine Sulfate
<b>Morphine Sulfate</b> , tablets (immediate release) *	Morphine Sulfate
<b>Morphine Sulfate</b> oral solution *	Morphine Sulfate
<b>MS Contin</b> tablets (extended release) *	Morphine Sulfate





In the Spotlight

D.A.R.E. America Louis "Skip" Miller National Scholarship Award 2018

Congratulations to Sweepstakes #11 and #12 Winners in Texas and California!

keepin' it REAL videos featuring Officer Craig Seibel of the Salem Police Department

- OFFICERS EDUCATION HOMETOWN NEWS KIDS PARENTS INTERNATIONAL ABOUT DONATE CONFERENCES CORE ACTIVITIES KARE

# Surgeon General Commends Efficacy of D.A.R.E.'s keepin' it REAL Curriculum

Posted on November 30, 2016 by admin in News

**Strong scientific evidence supports the effectiveness of prevention programs; report states keepin' it REAL has shown positive effects on substance use.**

INGLEWOOD, CA: The United States Surgeon General's just-issued landmark report on alcohol, drugs and health entitled *Facing Addiction in America: The Surgeon General's Report on Alcohol, Drugs, and Health*, concludes that alcohol and drug misuse, disorders, and addiction, are among America's most pressing public health concerns. As noted in the report, nearly 21 million Americans



## D.A.R.E. Sweepstakes

INSTANT PRIZES FROM \$20-\$200!

TWO GRAND PRIZE DRAWINGS

\$1,500 & \$1,000

GO TO SITE

### Sign up for Email Updates

Join our mailing list to receive email updates from D.A.R.E. America

### Upcoming Events

When Effectiveness and  
Botvin *LifeSkills Training*

Dramatically Cuts:

**Drug Use**

Proven to cut Drug Use by

**Alcohol Use**

## New Research Shows that D Also Works with High Schoo

A recent study published in the *World of Preventive Medicine* found that th  
LifeSkills Training High School Prog

### TRAINING SCHEDULE

- ▼ Elementary School Workshop  
Online - 8/14/17
- ▼ Webinar - Online  
LifeSkills Training for Drug-free  
Youth - 8/23/17
- ▼ Parent Program Leader Training  
Online - 8/23/17
- ▼ Teaching Marijuana Prevention  
& 9/22/17 Online - 9/19/17
- ▼ High School Workshop  
Online - 9/20/17
- ▼ TOT Workshop  
White Plains, NY - 11/2/17

### LST SELECTED FOR EXCELLENCE BY

- ▼ Blueprints for Violence Prevention
- ▼ U.S. Department of Education
- ▼ Center for Substance Abuse  
Prevention
- ▼ National Institute on Drug Abuse
- ▼ U.S. Dep't. of Justice, Office of  
Juvenile and Delinquency Prevention
- ▼ American Medical Association
- ▼ Office of National Drug Control Policy
- ▼ Centers for Disease Control and  
Prevention
- ▼ Coalition for Evidence-Based Policy

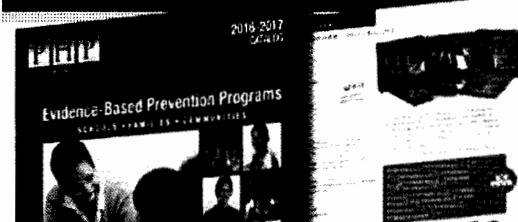
### NEWS & HIGHLIGHTS

- ▼ Letters: Kudos to Grant-Maker, Volunteers for Schools Program
- ▼ Coming Soon: *LifeSkills* Prescription Drug Prevention Module
- ▼ For Drug/Alcohol Prevention, Good Intentions Not Enough
- ▼ Congratulations to the Newly Certified LifeSkills TOTs
- ▼ Grant to help RE-1 Valley with Substance Abuse Prevention
- ▼ Community Resource Center Unveils New Programming

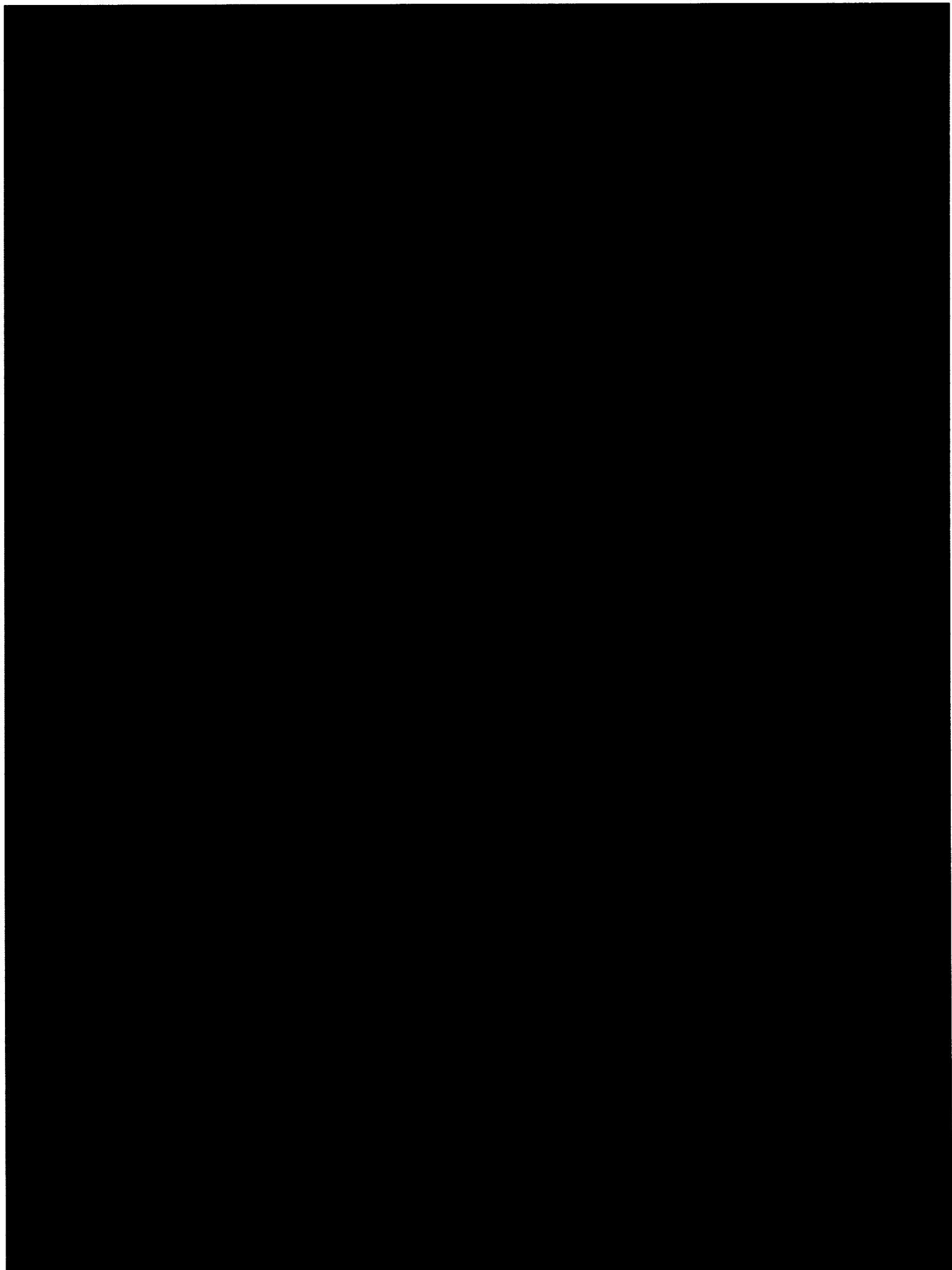


Evaluate Botvin *LifeSkills Training* with Curriculum Samples

### ORDER THE PRINCETON HEALTH CATALOG



Order the 2016-2017 Catalog



## CS/HB 21 - Controlled Substances

**General Bill** by Health Quality Subcommittee and Boyd (CO-SPONSORS) Fant; Hager; Moraitis; Pigman

**Controlled Substances:** Requires practitioners to complete specified board-approved continuing education course to prescribe controlled substances; defines "acute pain"; provides for adoption of standards of practice for treatment of acute pain; limits prescribing of opioids for acute pain in certain circumstances; requires pain management clinic owners to register approved exemptions with DOH; provides requirements for pharmacists & practitioners for dispensing of controlled substances to persons not known to them; conforms state controlled substances schedule to federal controlled substances schedule; revises & provides definitions; revises requirements for prescription drug monitoring program.

**Effective Date:** July 1, 2018

**Last Event:** 1st Reading on Thursday, January 11, 2018 11:08 PM

[< Previous Senate Bill](#)

## SB 8: Controlled Substances

GENERAL BILL by [Benacquisto](#) ; (CO-INTRODUCERS) [Perry](#) ; [Stargel](#) ; [Bean](#) ; [Passidomo](#)

Controlled Substances; Authorizing certain boards to require practitioners to complete a specified board-approved continuing education course to obtain authorization to prescribe controlled substances as part of biennial renewal; authorizing disciplinary action against practitioners for violating specified provisions relating to controlled substances; requiring certain pain management clinic owners to register approved exemptions with the department; providing requirements for pharmacists and practitioners for the dispensing of controlled substances to persons not known to them; establishing direct-support organizations for specified purposes; requiring a direct-support organization to operate under written contract with the department, etc.

**Effective Date:** Except as otherwise provided in this act, this act shall take effect July 1, 2018

**Last Action:** 1/11/2018 Senate - On Committee agenda-- Health Policy, 01/16/18, 4:00 pm, 412 Knott Building

**Bill Text:** [Web Page](#) | [PDF](#)

**Senate Committee References:**

1. [Health Policy \(HP\)](#)
2. [Appropriations \(AP\)](#)

3. [Public Safety \(PS\)](#)

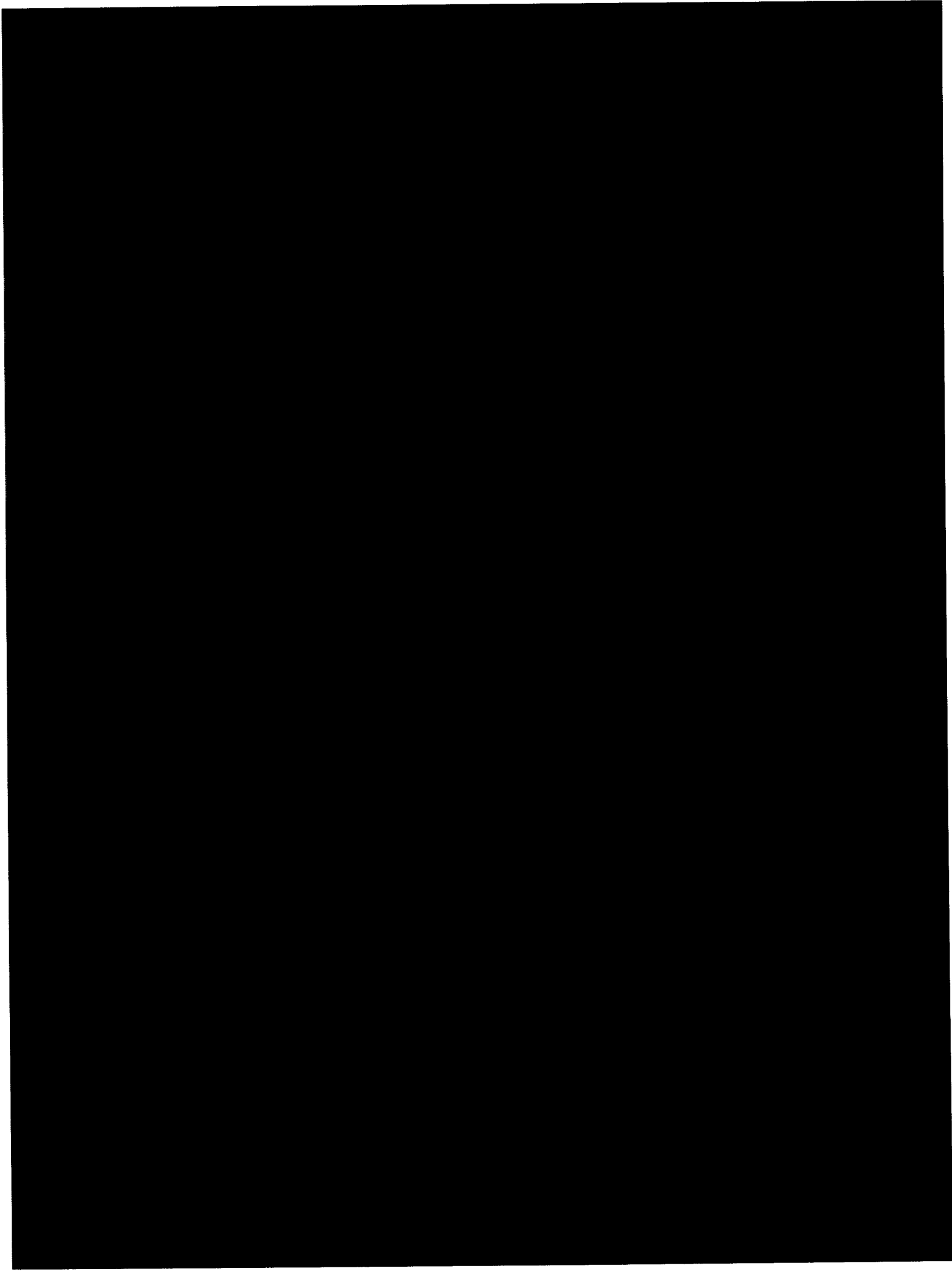


(5) PRESCRIPTION SUPPLY.-

(a) Except as provided in paragraph (b), a prescription for a Schedule II opioid, as defined in s. 893.03 or 21 U.S.C. s. 812, for the treatment of acute pain must not exceed a 3-day supply.

(b) An up to 7-day supply of an opioid described in paragraph (a) may be prescribed if:

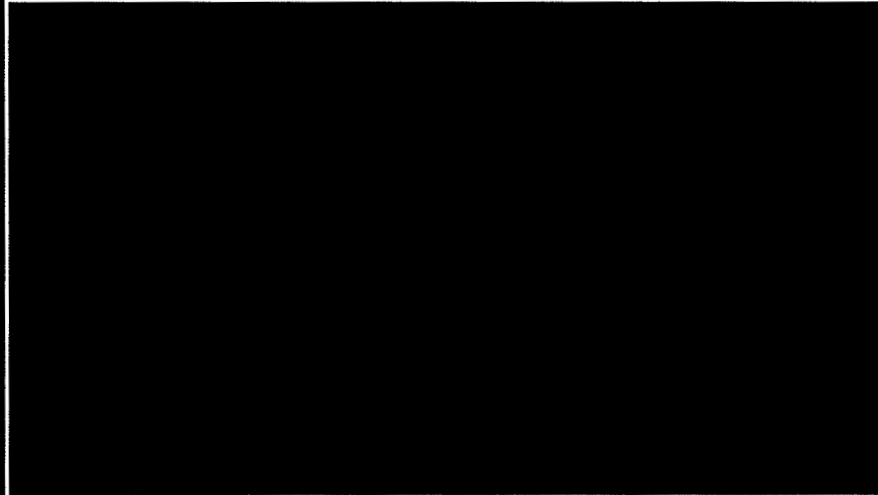
1. The practitioner, in his or her professional judgment, believes that more than a 3-day supply of such an opioid is medically necessary to treat the patient's pain as an acute medical condition.



**AFTER PROVIDING RECOMMENDATIONS EMPHASIZING  
NSAIDS AND ACETAMINOPHEN FOR GENERAL SURGERY  
PATIENTS, HILL REPORTED THE NUMBER OF OPIATES  
PRESCRIBED FELL BY 50% PER PATIENT**

PHOTO COURTESY OF THE NATIONAL SURGICAL AND CRITICAL CARE SOCIETY

# Hospitals cut back on opioids to battle addiction epidemic



Dr. Carlos Martínez, an emergency medical physician at Amita Health Adventist Medical Center in Bolingbrook, explains how the hospital has been very aggressive about limiting its use of opioid painkillers. (Antonio Perez / Chicago Tribune)



By **John Keilman** · Contact Reporter  
Chicago Tribune

JANUARY 23, 2018, 5:00 AM

Today  
Mortgage  
3.04  
APR 15 Year

Select Loan

\$155

Calculate Payment

lending

So it goes in the emergency rooms and surgical suites of many Chicago-area hospitals, where physicians are trying to overturn their profession's longstanding dependence on opioids.



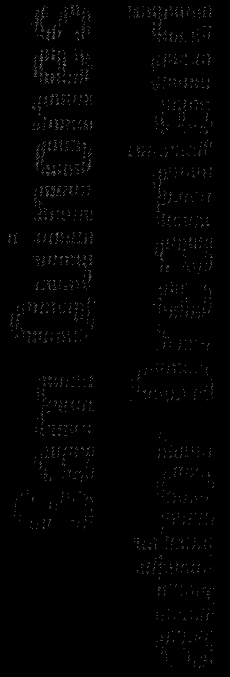
**WINTER IS HERE!**  
**PLEASE HELP KEEP YOUR NEIGHBOR W**

# Education key to combat opioid crisis

By Erin Weeks [eweeks@independenttribune.com](mailto:eweeks@independenttribune.com) 704-789-9131 22 hrs ago  (1)

**A PATIENT IS ENTITLED TO REASONABLE ATTEMPTS TO  
RELIEVE PAIN BY REASONABLE MEASURES. YOU ARE NOT  
ENTITLED TO PAIN RELIEF ANY MORE THAN YOU ARE  
ENTITLED TO HAPPINESS.**

I BELIEVE MORE STRONGLY THAN EVER  
THAT THE ANTIDOTE TO HEROIN IS YOUR  
COMMUNITY



FINANCE COMMITTEE MEMBERS:

Stan Retz, Chairperson  
Peggy Crooks, Vice Chairperson  
Jerry Noffel  
Elizabeth Galfo, M.D.  
Robert Jordan  
Billie Fitzgerald  
Herman Cole (ex-officio)  
George Mikitarian, President/CEO (non-voting)  
Aluino Ochoa, M.D., (alternate)

**TENTATIVE AGENDA  
BUDGET & FINANCE COMMITTEE MEETING - REGULAR  
NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER  
MONDAY, FEBRUARY 5, 2018  
EXECUTIVE CONFERENCE ROOM  
(IMMEDIATELY FOLLOWING QUALITY COMMITTEE)  
SECOND FLOOR, ADMINISTRATION**

CALL TO ORDER

- I. Review and approval of minutes (December 04, 2017)

***Motion: To recommend approval of the December 04, 2017 minutes as presented.***

- II. Public Comments
- III. Report from Titusville City Council Liaison- Scott Larese
- IV. Quarterly Investment Reports (Pension/Operating)– Bott-Anderson
- V. Pension Actuarial Report as of October 1, 2017 – Mr. Sitowitz

***Motion: To recommend the Board of Directors accept the Pension Plan Actuarial Valuation as of October 1, 2017.***

- VI. Financial Review – Mr. Sitowitz
- VII. Disposal

***Motion: To recommend to the Board of Directors to declare the equipment listed in the requests for Disposal of Obsolete or Surplus Property Forms as surplus and obsolete and dispose of same in accordance with FS274.05 and FS274.96.***

- VIII. Executive Session (if necessary)



## ADJOURNMENT

**NOTE: IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE FINANCE COMMITTEE WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, HE/SHE WILL NEED A RECORD OF PROCEEDINGS AND, FOR SUCH PURPOSES, MAY NEED TO ENSURE A VERBATIM RECORD OF THE PROCEEDINGS IS MADE AND THAT THE RECORD INCLUDES TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.**

**PERSONS WITH A DISABILITY WHO NEED A SPECIAL ACCOMMODATION TO PARTICIPATE IN THIS PROCEEDING SHOULD CONTACT MS. LISA CAVALLERO, EXECUTIVE DIRECTOR, AT 951 NORTH WASHINGTON AVENUE, TITUSVILLE, FLORIDA 32796, AT LEAST FORTY-EIGHT (48) HOURS PRIOR TO THE MEETING. FOR INFORMATION CALL (321) 383-9829 (TDD).**

**THIS NOTICE WILL FURTHER SERVE TO INFORM THE PUBLIC THAT MEMBERS OF THE BOARD OF DIRECTORS OF NORTH BREVARD MEDICAL SUPPORT, INC. MAY BE IN ATTENDANCE AND MAY PARTICIPATE IN DISCUSSIONS OF MATTERS BEFORE THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS FINANCE COMMITTEE. TO THAT EXTENT OF SUCH DISCUSSIONS, A JOINT PUBLIC MEETING OF THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS FINANCE COMMITTEE AND THE NORTH BREVARD MEDICAL SUPPORT, INC. SHALL BE CONDUCTED.**

**NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER  
BUDGET AND FINANCE COMMITTEE**

A regular meeting of the Budget and Finance Committee of the North Brevard County Hospital District operating Parrish Medical Center was held on December 4, 2017 in the Executive Conference Room. The following members, representing a quorum, were present:

Herman A. Cole, Jr.  
Peggy Crooks, Vice Chairperson  
Billie Fitzgerald  
Elizabeth Galfo, M.D.  
Robert Jordan  
George Mikitarian (non-voting)  
Jerry Noffel (1:29 p.m.)  
Aluino Ochoa, M.D

Member(s) Absent:

Stan Retz, Chairperson (excused)

A copy of the attendance roster of others present during the meeting is appended to the file copy of these minutes.

**CALL TO ORDER**

Mrs. Crooks called the meeting to order at 1:26 p.m.

**REVIEW AND APPROVAL OF MINUTES**

Discussion ensued and the following motion was made by Mr. Cole, seconded by Ms. Fitzgerald and approved (6 ayes, 0 nays, 0 abstentions). Mr. Noffel was not present when the vote was taken.

***ACTION TAKEN: MOTION TO APPROVE THE OCTOBER 2, 2017 MEETING MINUTES, AS PRESENTED.***

**PUBLIC COMMENTS**

None

**BOND CLOSING UPDATE**

Mr. Sitowitz summarized the memorandum contained in the packet relative to the 2008 Bond issue with Siemens. He noted this was for information only, and no action was required.

**FINANCIAL REVIEW**

Mr. Sitowitz summarized the October 2017 financial statements.

**OTHER**

Mrs. Crooks noted that the Audit Committee met earlier in the day, and there are no surprises and expect the final letter in January. There have been no audit adjustments proposed. Discussion ensued regarding financial successes realized in sub-committees and the need for an Investment Committee, and the following motion was made by Mr. Cole, seconded by Dr. Galfo and approved (7 ayes, 0 nays, 0 abstentions).

***ACTION TAKEN: MOTION TO RECOMMEND THE BOARD OF DIRECTORS ESTABLISH AN INVESTMENT COMMITTEE AS A SUB-COMMITTEE OF THE FINANCE COMMITTEE.***

**ADJOURNMENT**

There being no further business to discuss, the meeting adjourned at 1:50 p.m.

Stan Retz  
Chairperson



## MEMORANDUM

---

**To:** Budget and Finance Committee

**From:** Michael Sitowitz, Controller

**Subject:** Replacement of 403b Funds

**Date:** January 30, 2018

---

During the November 6<sup>th</sup>, 2017 meeting Bott Anderson reported that the following four funds in the 403b plan were on the watch list for four consecutive quarters and should be replaced.

1. Allianz NFJ Small Cap
2. American Century
3. Fidelity Advisor Leveraged Company Stock
4. Invesco Charter Fund

During the meeting on February 5<sup>th</sup>, 2018 the options for the replacement funds will be reviewed and determined at that time.



## MEMORANDUM

---

**To:** Budget and Finance Committee  
**From:** Michael Sitowitz, Controller  
**Subject:** Pension Actuarial Study as of October 1, 2017  
**Date:** January 29, 2018

---

During the February 5, 2018 pension administrative committee meeting, Douglas Lozen from Foster and Foster we will review the October 1, 2017 Actuarial Valuation report

As a reminder, last year the committee approved a reduction in the investment return assumption from 8.0% to 7.60%. The reduction was a result of freezing the plan and the expectation of the state mandating a reduction due to the freeze of the plan.

The required contribution for the current plan year ending September 30, 2018 is zero. The required contribution calculated in the October 1, 2017 Actuarial Valuation report, used for the year ending September 30, 2019 will also be zero. Zero funding to the plan will be the trend for the foreseeable future considering the defined benefit plan is over funded at 141.1%.

Factors that impacted the valuation (net impact was positive) this cycle are as follows:

- Termination experience heavier than expected (negative)
- Active mortality was updated according to changes required by the Laws of Florida. (negative)
- The Pension Benefit Guaranty Corporation (PBGC) lump sum interest rate increase from 0.50% to 0.75% (as of October 1, 2017); the increase in this assumption resulted in decreases in the current value of January 9, 2006, Vested Accrued Benefit liabilities. (positive)
- The investment return (net of fees, Actuarial Asset Basis) of 8.40% exceeded the assumption of 7.6% (positive)

Thus, we will have the following motion to the Board of Directors:

***Motion: Recommend the Board of Directors accept the Pension Plan Actuarial valuation as of October 1, 2017 as presented.***

Should you have any questions or concerns about any of these reports, please feel free to contact me at 268-6164 or e-mail me at [Michael.sitowitz@parrishmed.com](mailto:Michael.sitowitz@parrishmed.com)

PARRISH MEDICAL CENTER, INC.  
PENSION PLAN AND  
TRUST AGREEMENT

ACTUARIAL VALUATION REPORT  
AS OF OCTOBER 1, 2017

CONTRIBUTIONS APPLICABLE TO THE EMPLOYER'S  
PLAN/FISCAL YEAR ENDING SEPTEMBER 30, 2019



January 22, 2018

Michael Sitowitz, Controller  
Parrish Medical Center  
951 N. Washington Ave.  
Titusville, FL 32796

Re: Parrish Medical Center, Inc.  
Pension Plan and Trust Agreement

Dear Michael:

We are pleased to present to the Board this report of the annual actuarial valuation of the Parrish Medical Center, Inc. Pension Plan and Trust Agreement. Included are the related results for GASB Statements No. 67 and No. 68. The funding valuation was performed to determine whether the assets and contributions are sufficient to provide the prescribed benefits and to develop the appropriate funding requirements for the applicable plan year. The calculation of the liability for GASB results was performed for the purpose of satisfying the requirements of GASB Statements No. 67 and No. 68. Use of the results for other purposes may not be applicable and may produce significantly different results.

The valuations have been conducted in accordance with generally accepted actuarial principles and practices, including the applicable Actuarial Standards of Practice as issued by the Actuarial Standards Board, and reflects laws and regulations issued to date pursuant to the provisions of Chapters 112, Florida Statutes, as well as applicable federal laws and regulations. In our opinion, the assumptions used in this valuation, as adopted by the Board of Trustees, represent reasonable expectations of anticipated plan experience. Future actuarial measurements may differ significantly from the current measurements presented in this report for a variety of reasons including: changes in applicable laws, changes in plan provisions, changes in assumptions, or plan experience differing from expectations.

In conducting the valuations, we have relied on personnel, plan design, and asset information supplied by the Board of Trustees, financial reports prepared by the custodian bank, and the actuarial assumptions and methods described in the Actuarial Assumptions section of this report. While we cannot verify the accuracy of all this information, the supplied information was reviewed for consistency and reasonableness. As a result of this review, we have no reason to doubt the substantial accuracy of the information and believe that it has produced appropriate results. This information, along with any adjustments or modifications, is summarized in various sections of this report.

The total pension liability, net pension liability, and certain sensitivity information shown in this report are based on an actuarial valuation performed as of October 1, 2016. The total pension liability was rolled-forward from the valuation date to the plan's fiscal year ending September 30, 2017 using generally accepted actuarial principles. It is our opinion that the assumptions used for this purpose are internally consistent, reasonable, and comply with the requirements under GASB No. 67 and No. 68.

The undersigned is familiar with the immediate and long-term aspects of pension valuations, and meets the Qualification Standards of the American Academy of Actuaries necessary to render the actuarial opinions contained herein. All of the sections of this report are considered an integral part of the actuarial opinions.

To our knowledge, no associate of Foster & Foster, Inc. working on valuations of the program has any direct financial interest or indirect material interest in the Parrish Medical Center, Inc., nor does anyone at Foster & Foster, Inc. act as a member of the Board of Trustees of the Parrish Medical Center, Inc. Pension Plan and Trust Agreement. Thus, there is no relationship existing that might affect our capacity to prepare and certify this actuarial report.

If there are any questions, concerns, or comments about any of the items contained in this report, please contact me at 239-433-5500.

Respectfully submitted,

Foster & Foster, Inc.

By:



\_\_\_\_\_  
Douglas H. Lozen, EA, MAAA  
Enrolled Actuary #17-7778

DHL/lke

Enclosures



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SUMMARY OF REPORT

The regular annual actuarial valuation of the Parrish Medical Center, Inc. Pension Plan and Trust Agreement, performed as of October 1, 2017, has been completed, and the results are presented in this Report. The contribution amounts developed in this valuation are applicable to the plan/fiscal year ended September 30, 2019.

The contribution requirements, compared with amounts developed in the October 1, 2016, actuarial valuation, are as follows:

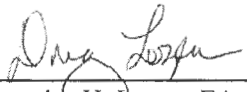
Valuation Date	10/1/2017	10/1/2016
Applicable Plan/Fiscal Year-End	<u>9/30/2019</u>	<u>9/30/2018</u>
Total Required Contribution	\$0	\$0

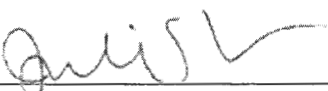
Experience since the prior valuation has been less favorable than, relative to the Plan's actuarial assumptions. The primary source of unfavorable experience included heavier termination experience than expected. In addition, active mortality was updated according to changes required by the Laws of Florida. The PBGC lump sum interest rate increased from 0.50% to 0.75% (as of October 1, 2017); the increase in this assumption resulted in decreases in the current value of January 9, 2006, Vested Accrued Benefit liabilities, which somewhat offset increases due to the mortality update. The plan also experienced an 8.40% investment return (net of fees, Actuarial Asset Basis), exceeding the 7.6% assumption.

The balance of this Report presents additional details of the actuarial valuation and the general operation of the Fund. The undersigned would be pleased to meet with the Board to discuss the Report and answer any questions concerning its contents.

Respectfully submitted,

FOSTER & FOSTER, INC.

By:   
Douglas H. Lozen, EA, MAAA

By:   
Julie E. Franken EA, MAAA

## CHANGES SINCE PRIOR VALUATION

### Plan Changes

There have been no plan changes since the prior valuation.

### Actuarial Assumption/Method Changes

The PBGC lump sum interest rate (used for valuation of Vested Accrued Benefits as of January 9, 2006) was increased from 0.50% to 0.75%.

As required by Chapter 2015-157, Laws of Florida, the assumed rates of mortality have been changed from those used in the July 1, 2015 FRS valuation report to those used in the July 1, 2016 FRS valuation report.

COMPARATIVE SUMMARY OF PRINCIPAL VALUATION RESULTS

	New Assump <u>10/1/2017</u>	Old Assump <u>10/1/2017</u>	<u>10/1/2016</u>
<b>A. Participant Data</b>			
Actives	650	650	734
Service Retirees	81	81	71
Beneficiaries	0	0	0
Disability Retirees	6	6	6
Terminated Vested	<u>179</u>	<u>179</u>	<u>188</u>
<b>Total</b>	<b>916</b>	<b>916</b>	<b>999</b>
Total Annual Payroll	N/A	N/A	\$34,008,222
Payroll Under Assumed Ret. Age	N/A	N/A	33,188,147
<b>Annual Rate of Payments to:</b>			
Service Retirees	1,365,424	1,365,424	1,101,478
Beneficiaries	0	0	0
Disability Retirees	90,509	90,509	90,509
Terminated Vested	365,703	365,703	501,620
<b>B. Assets</b>			
Actuarial Value (AVA)	58,813,949	58,813,949	59,601,317
Market Value (MVA)	60,740,810	60,740,810	59,084,922
<b>C. Liabilities</b>			
<b>Present Value of Benefits</b>			
<b>Actives</b>			
Retirement Benefits	19,055,144	19,066,635	20,786,866
Disability Benefits	2,987,834	2,988,120	3,186,614
Death Benefits	688,281	792,323	873,057
Vested Benefits	3,865,916	3,859,346	4,339,171
Refund of Contributions	0	0	0
Service Retirees	13,814,130	13,814,130	11,186,652
Beneficiaries	0	0	0
Disability Retirees	765,086	765,086	777,191
Terminated Vested	<u>2,819,017</u>	<u>2,819,017</u>	<u>9,943,658</u>
<b>Total</b>	<b>43,995,408</b>	<b>44,104,657</b>	<b>51,093,209</b>

C. Liabilities - (Continued)	New Assump <u>10/1/2017</u>	Old Assump <u>10/1/2017</u>	<u>10/1/2016</u>
Present Value of Future Salaries	192,159,373	191,473,129	199,011,815
Present Value of Future Member Contributions	0	0	0
Total Normal Cost	0	0	0
Present Value of Future Normal Costs (EAN)	2,315,427	2,315,813	2,625,348
Total Actuarial Accrued Liability (EAN AL)	41,679,981	41,788,844	48,467,861
Total Actuarial Accrued Liability (Aggregate)	58,813,949	58,813,949	59,601,317
Unfunded Actuarial Accrued Liability (UAAL)	0	0	0
Funded Ratio (AVA / EAN AL)	141.1%	140.7%	123.0%

D. Actuarial Present Value of Accrued Benefits	New Assump <u>10/1/2017</u>	Old Assump <u>10/1/2017</u>	<u>10/1/2016</u>
Vested Accrued Benefits			
Inactives	17,398,233	17,398,233	21,907,501
Actives	23,492,690	23,356,264	24,961,523
Member Contributions	<u>0</u>	<u>0</u>	<u>0</u>
Total	40,890,923	40,754,497	46,869,024
Non-vested Accrued Benefits	<u>3,104,485</u>	<u>3,041,472</u>	<u>3,525,778</u>
Total Present Value Accrued Benefits (PVAB)	43,995,408	43,795,969	50,394,802
Funded Ratio (MVA / PVAB)	138.1%	138.7%	117.2%
Increase (Decrease) in Present Value of Accrued Benefits Attributable to:			
Plan Amendments	0	0	
Assumption Changes	199,439	0	
New Accrued Benefits	0	(4,368,637)	
Benefits Paid	0	(5,838,344)	
Interest	0	3,608,148	
Other	<u>0</u>	<u>0</u>	
Total	199,439	(6,598,833)	

Valuation Date	New Assump	Old Assump	
Applicable to Fiscal Year Ending	<u>10/1/2017</u> <u>9/30/2019</u>	<u>10/1/2017</u> <u>9/30/2019</u>	<u>10/1/2016</u> <u>9/30/2018</u>

E. Pension Cost

Normal Cost	\$0	\$0	\$0
Administrative Expenses	0	0	0
Payment Required to Amortize Unfunded Actuarial Accrued Liability (as of 10/1/2017)	0	0	0
Total Required Contribution	0	0	0

F. Past Contributions

Plan Years Ending:	<u>9/30/2017</u>
Total Required Contribution	0
Actual Contributions Made:	
Sponsor	<u>279,252</u>
Total	279,252

G. Net Actuarial (Gain)/Loss                      N/A

H. Schedule Illustrating the Amortization of the Total Unfunded Actuarial Accrued Liability as of:

<u>Year</u>	<u>Projected Unfunded Actuarial Accrued Liability</u>
-------------	---

N/A – Aggregate Actuarial Cost Method

I. (i) 3 Year Comparison of Actual and Assumed Salary Increases

		<u>Actual</u>	<u>Assumed</u>
Year Ended	9/30/2017	N/A	N/A
Year Ended	9/30/2016	N/A	N/A
Year Ended	9/30/2015	1.44%	4.33%

(ii) 3 Year Comparison of Investment Return on Actuarial Value

		<u>Actual</u>	<u>Assumed</u>
Year Ended	9/30/2017	8.40%	7.60%
Year Ended	9/30/2016	8.54%	7.60%
Year Ended	9/30/2015	7.49%	8.00%



STATEMENT BY ENROLLED ACTUARY

This actuarial valuation was prepared and completed by me or under my direct supervision, and I acknowledge responsibility for the results. To the best of my knowledge, the results are complete and accurate, and in my opinion, the techniques and assumptions used are reasonable and meet the requirements and intent of Part VII, Chapter 112, Florida Statutes. There is no benefit or expense to be provided by the plan and/or paid from the plan's assets for which liabilities or current costs have not been established or otherwise taken into account in the valuation. All known events or trends which may require a material increase in plan costs or required contribution rates have been taken into account in the valuation.



Douglas H. Lozen, EA, MAAA  
Enrolled Actuary #17-7778

Please let us know when the report is approved by the Board and unless otherwise directed we will provide a copy of the report to the following office to comply with Chapter 112 Florida Statutes:

Mr. Keith Brinkman  
Bureau of Local  
Retirement Systems  
Post Office Box 9000  
Tallahassee, FL 32315-9000

## ACTUARIAL ASSUMPTIONS AND METHODS

### Interest Rate

7.6% per year compounded annually, gross of investment-related expenses. This assumption is consistent with the Plan's investment policy and long-term expected return by asset class.

### Inflation

2.8% per year.

### Lump Sum Assumptions

The minimum guaranteed lump sum (the frozen vested accrued benefit as of January 9, 2006) is based on the Plan-specific 1971 Group Annuity Mortality Table for Males and an assumed PBGC discount rate as of each October 1 of the valuation year (decreased from 0.50% to 0.75% for the October 1, 2017 valuation), compounded annually.

The base lump sum is based on the long-term discount rate of 7.6% per annum, compounded annually, and the mortality table prescribed by the Secretary of the Treasury in accordance with Section 417(e)(3)(A)(ii)(I) of the Internal Revenue Code, as applicable for the year in which the valuation is performed.

### Mortality Rates

#### *Healthy Lives:*

**Female:** RP2000 Generational, 100% Annuitant White Collar, Scale BB

**Male:** RP2000 Generational, 50% Annuitant White Collar / 50% Annuitant Blue Collar, Scale BB

#### *Healthy Active Lives:*

**Female:** RP2000 Generational, 100% Combined Healthy (previously Annuitant) White Collar, Scale BB

**Male:** RP2000 Generational, 50% Combined Healthy (previously Annuitant) White Collar / 50% Combined Healthy (previously Annuitant) Blue Collar, Scale BB

#### *Disabled Lives:*

**Female:** 100% RP2000 Disabled Female set forward two years

**Male:** 100% RP2000 Disabled Male setback four years

The above assumption rates were mandated by Chapter 2015-157, Laws of Florida. This law mandates the use of the assumption used in either of the two most recent valuations of the Florida Retirement System (FRS). The above rates are those outlined in Milliman's July 1, 2016

FRS valuation report. The rates used in the prior valuation were those outlined in Milliman's July 1, 2015 FRS valuation report. We feel this assumption sufficiently accommodates future mortality improvements.

Post Retirement COLA

Not applicable.

Payroll Growth

None necessary for amortization purposes under the Aggregate Actuarial Cost Method.

Administrative Expenses

None assumed.

Funding Method

Aggregate Actuarial Cost Method.

Actuarial Asset Method

All assets are valued at market value with an adjustment made to uniformly spread actuarial investment gains and losses (as measured by actual market value investment return against expected market value investment return) over a five-year period.

Normal Retirement

The below rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

<b>Number of Years after first Eligible</b>	<b>Retirement Probability</b>
0-3	15%
4 or more	100%

Early Retirement

Commencing at eligibility for Early Retirement (Age 55 with 20 years of Credited Service), Members are assumed to retire with an immediate benefit at the rate of 6% per year. This assumption was adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Disability Rates

<u>Age</u>	<u>Disability Rates</u>
20	0.07%
25	0.09
30	0.11
35	0.14
40	0.19
45	0.30
50	0.51
55	0.96
60	1.66
65	----

The above rates are consistent with those utilized by other Florida non-special risk retirement programs.

Termination Rates

<u>Age</u>	<u>Termination Rates</u>
Less than 20	75.0%
20-24	19.0
25-39	12.0
40-64	6.0
65 and Older	0.0

The above rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Salary Increases

Not Applicable. Benefits are frozen as of October 1, 2016.

Lump Sum Elections

Members are assumed to take a lump sum when eligible.

## GLOSSARY

Total Annual Payroll is the annual rate of pay as of the valuation date of all covered Members.

Present Value of Benefits is the single sum value on the valuation date of all future benefits to be paid to current Members, Retirees, Beneficiaries, Disability Retirees and Vested Terminations.

Normal (Current Year's) Cost Rate is determined in the aggregate as the ratio of (a) and (b) as follows:

- (a) The present value of benefits for all Plan participants, less the actuarial value of assets.
- (b) The present value of future compensation over the anticipated number of years of participation, determined as of the valuation date.

The Normal Cost dollar requirement is the ratio of (a) and (b), multiplied by the Total Annual Payroll as of the valuation date.

Aggregate Actuarial Cost Method (Level Percent of Compensation) is the method used to determine required contributions under the Plan. The use of this method involves the systematic funding of the Normal Cost (described above).

Total Required Contribution is equal to the Normal Cost plus an adjustment for interest according to the timing of sponsor contributions during the year.

STATEMENT OF FIDUCIARY NET POSITION  
SEPTEMBER 30, 2017

<u>ASSETS</u>	COST VALUE	MARKET VALUE
Cash and Cash Equivalents:		
Money Market	1,038,990.13	1,038,990.13
Total Cash and Equivalents	1,038,990.13	1,038,990.13
Receivables:		
Investment Income	135,204.61	135,204.61
Total Receivable	135,204.61	135,204.61
Investments:		
Fixed Income	16,153,908.60	16,103,774.91
Equities	29,114,851.34	35,460,403.42
Miscellaneous	701,456.44	782,189.50
Pooled/Common/Commingled Funds:		
Equity	5,295,297.36	6,019,753.00
Real Estate	1,245,809.11	1,470,056.01
Total Investments	52,511,322.85	59,836,176.84
Total Assets	53,685,517.59	61,010,371.58
<u>LIABILITIES</u>		
Payables:		
Lump Sum Distributions Payable	268,992.64	268,992.64
Benefit Payments	569.28	569.28
Total Liabilities	269,561.92	269,561.92
NET POSITION RESTRICTED FOR PENSIONS	53,415,955.67	60,740,809.66

STATEMENT OF CHANGES IN FIDUCIARY NET POSITION  
FOR THE YEAR ENDED SEPTEMBER 30, 2017  
Market Value Basis

ADDITIONS

Contributions:			
Employer		279,252.00	
Total Contributions			279,252.00
Investment Income:			
Net Realized Gain (Loss)	2,076,434.38		
Unrealized Gain (Loss)	3,806,302.17		
Net Increase in Fair Value of Investments		5,882,736.55	
Interest & Dividends		1,413,634.24	
Less Investment Expense <sup>1</sup>		(81,390.87)	
Net Investment Income			7,214,979.92
Total Additions			7,494,231.92
<u>DEDUCTIONS</u>			
Distributions to Members:			
Benefit Payments		1,322,883.83	
Lump Sum Distributions		4,515,460.65	
Total Distributions			5,838,344.48
Administrative Expense			0.00
Total Deductions			5,838,344.48
Net Increase in Net Position			1,655,887.44
NET POSITION RESTRICTED FOR PENSIONS			
Beginning of the Year			59,084,922.22
End of the Year			60,740,809.66

<sup>1</sup>Investment related expenses include investment advisory, custodial and performance monitoring fees.

ACTUARIAL ASSET VALUATION  
September 30, 2017

Actuarial Assets for funding purposes are developed by recognizing the total actuarial investment gain or loss for each Plan Year over a five year period. In the first year, 20% of the gain or loss is recognized. In the second year 40%, in the third year 60%, in the fourth year 80%, and in the fifth year 100% of the gain or loss is recognized. The actuarial investment gain or loss is defined as the actual return on investments minus the actuarial assumed investment return. Actuarial Assets shall not be less than 80% nor greater than 120% of Market Value of Assets.

Plan Year Ending	Gain/(Loss)	<u>Gains/(Losses) Not Yet Recognized</u>				
		Amounts Not Yet Recognized by Valuation Year				
		2017	2018	2019	2020	2021
09/30/2013	2,183,840	0	0	0	0	0
09/30/2014	163,843	32,767	0	0	0	0
09/30/2015	(6,190,036)	(2,476,015)	(1,238,008)	0	0	0
09/30/2016	3,369,152	2,021,492	1,347,662	673,832	0	0
09/30/2017	2,935,771	2,348,617	1,761,463	1,174,309	587,155	0
Total		1,926,861	1,871,117	1,848,141	587,155	0

<u>Development of Investment Gain/(Loss)</u>	
Market Value of Assets, 09/30/2016	59,084,922
Contributions Less Benefit Payments & Admin Expenses	(5,559,092)
Expected Investment Earnings*	4,279,209
Actual Net Investment Earnings	7,214,980
2017 Actuarial Investment Gain/(Loss)	<u>2,935,771</u>

\*Expected Investment Earnings = 0.076 \* [59,084,922 + 0.5 \* (5,559,092)]

<u>Development of Actuarial Value of Assets</u>	
(1) Market Value of Assets, 09/30/2017	60,740,810
(2) Gains/(Losses) Not Yet Recognized	1,926,861
(3) Actuarial Value of Assets, 09/30/2017, (1) - (2)	<u>58,813,949</u>
(A) 09/30/2016 Actuarial Assets:	59,601,317
(I) Net Investment Income:	
1. Interest and Dividends	1,413,634
2. Realized Gains (Losses)	2,076,434
3. Change in Actuarial Value	1,363,046
4. Investment Expenses	(81,391)
Total	<u>4,771,724</u>
(B) 09/30/2017 Actuarial Assets:	58,813,949
Actuarial Assets Rate of Return = 2I/(A+B-I):	8.40%
Market Value of Assets Rate of Return:	12.69%
Actuarial Gain/(Loss) due to Investment Return (Actuarial Asset Basis)	453,269
10/01/2017 Limited Actuarial Assets:	58,813,949



CHANGES IN NET ASSETS AVAILABLE FOR BENEFITS  
 SEPTEMBER 30, 2017  
 Actuarial Asset Basis

REVENUES

Contributions:		
Employer	279,252.00	
Total Contributions		279,252.00
Earnings from Investments:		
Interest & Dividends	1,413,634.24	
Net Realized Gain (Loss)	2,076,434.38	
Change in Actuarial Value	1,363,046.17	
Total Earnings and Investment Gains		4,853,114.79

EXPENDITURES

Distributions to Members:		
Benefit Payments	1,322,883.83	
Lump Sum Distributions	4,515,460.65	
Total Distributions		5,838,344.48
Expenses:		
Investment related <sup>1</sup>	81,390.87	
Administrative	0.00	
Total Expenses		81,390.87
Change in Net Assets for the Year		(787,368.56)
Net Assets Beginning of the Year		59,601,317.22
Net Assets End of the Year <sup>2</sup>		58,813,948.66

<sup>1</sup>Investment related expenses include investment advisory, custodial and performance monitoring fees.

<sup>2</sup>Net Assets may be limited for actuarial consideration.

STATISTICAL DATA

	<u>10/1/2014</u>	<u>10/1/2015</u>	<u>10/1/2016</u>	<u>10/1/2017</u>
<u>Actives</u>				
Number	800	800	734	650
Average Current Age	46.4	46.6	46.3	46.8
Average Age at Employment	35.1	35.4	35.5	35.2
Average Past Service	11.3	11.2	10.8	11.6
Average Annual Salary	\$45,560	\$45,609	\$46,333	N/A
<u>Service Retirees</u>				
Number	60	59	71	81
Average Current Age	N/A	74.6	73.0	72.0
Average Annual Benefit	\$13,160	\$14,139	\$15,514	\$16,857
<u>Beneficiaries</u>				
Number	0	0	0	0
Average Current Age	N/A	N/A	N/A	N/A
Average Annual Benefit	N/A	N/A	N/A	N/A
<u>Disability Retirees</u>				
Number	4	5	6	6
Average Current Age	N/A	60.0	60.3	61.3
Average Annual Benefit	\$10,718	\$9,779	\$15,085	\$15,085
<u>Terminated Vested</u>				
Number	126	148	188	179
Average Current Age	N/A	55.0	54.3	53.9
Average Annual Benefit <sup>1</sup>	\$4,207	\$4,781	\$4,215	\$2,043

<sup>1</sup> The Average Annual Benefit reflects only participants due annuities.

AGE AND SERVICE DISTRIBUTION

PAST SERVICE

AGE	0	1	2	3	4	5-9	10-14	15-19	20-24	25-29	30+	Total
15 - 19	0	0	0	0	0	0	0	0	0	0	0	0
20 - 24	0	0	10	4	1	0	0	0	0	0	0	15
25 - 29	0	0	13	14	4	14	2	0	0	0	0	47
30 - 34	0	1	16	8	2	26	14	1	0	0	0	68
35 - 39	0	0	7	6	3	24	26	4	1	0	0	71
40 - 44	0	2	5	6	1	16	14	8	2	0	0	54
45 - 49	0	0	9	8	4	19	18	12	10	6	0	86
50 - 54	0	0	3	6	4	19	21	16	16	12	4	101
55 - 59	0	0	7	7	4	13	31	22	10	7	14	115
60 - 64	0	1	9	6	1	4	18	8	7	8	3	65
65+	0	0	1	1	1	6	10	4	3	2	0	28
Total	0	4	80	66	25	141	154	75	49	35	21	650

## VALUATION PARTICIPANT RECONCILIATION

### 1. Active lives

a. Number in prior valuation 10/1/2016	734
b. Terminations	
i. Vested (partial or full) with deferred benefits	(31)
ii. Non-vested or full lump sum distribution received	(46)
c. Deaths	
i. Beneficiary receiving benefits	0
ii. No future benefits payable	(2)
d. Disabled	0
e. Retired	<u>(6)</u>
f. Continuing participants	649
g. Corrections	<u>1</u>
h. Total active life participants in valuation	650

### 2. Non-Active lives (including beneficiaries receiving benefits)

	Service Retirees, Vested Receiving <u>Benefits</u>	Receiving Death <u>Benefits</u>	Receiving Disability <u>Benefits</u>	<u>Vested Deferred</u>	<u>Total</u>
a. Number prior valuation	71	0	6	188	265
Retired	13	0	0	(7)	6
Vested Deferred	0	0	0	31	31
Death, With Survivor	0	0	0	0	0
Death, No Survivor	(3)	0	0	0	(3)
Disabled	0	0	0	0	0
Refund of Contributions	0	0	0	(33)	(33)
Rehires	0	0	0	0	0
Expired Annuities	0	0	0	0	0
Data Corrections	0	0	0	0	0
b. Number current valuation	81	0	6	179	266

## SUMMARY OF PLAN PROVISIONS

<u>Eligibility</u>	Full-time or part-time employees who regularly work at least 20 hours per week and five (5) months per year and who perform at least 1000 hours of service per year may participate after 1 year of continuous service.
<u>Continuous Service</u>	Total years and completed months of continuous employment as an eligible employee participating in the Plan. If the employee has previously received a cash-out of the value of a previous benefit, service will be credited only if the prior service is purchased.
<u>Earnings</u>	Basic compensation paid at the base rate, excluding commissions, overtime, bonuses and any other non-regular payments.
<u>Average Monthly Earnings</u>	Average Compensation for the highest 60 consecutive months of the 10 years immediately preceding retirement or termination. The average is frozen as of October 1, 2016.
<u>Member Contributions</u>	None.
<u>Employer Contributions</u>	Remaining amount required in order to pay current costs and amortize unfunded past service cost, if any, as provided in Part VII, Chapter 112, F.S.
<u>Normal Retirement</u>	
Date	Earlier of: 1) age 65, regardless of Continuous Service, 2) age 60 and 25 years of Continuous Service, or 3) 30 years of Continuous Service, regardless of Age.
Benefit	1.75% of Average Monthly Earnings up to \$1,000, plus 1.50% of average Monthly Earnings in excess of \$1,000, times Continuous Service. Benefit accruals are frozen as of October 1, 2016.
Form of Benefit	Life Annuity (options available).
<u>Early Retirement</u>	
Eligibility	Age 55, and 20 years of Continuous Service.
Benefit	Accrued benefit, reduced 6.67% for each of the first five years, and 3.33% for each of the next five years by which the benefit commencement date precedes Age 65.

Vesting

Schedule

Years of Service

Vested Percentage

Less than 5	None
5	50%
6	60
7	70
8	80
9	90
10 or More	100

Benefit Amount

Member will receive the vested portion of his (her) accrued benefit payable at the otherwise Early (reduced) or Age 65.

Disability

Eligibility

10 years of Continuous Service

Exclusions

Disability resulting from use of drugs, illegal participation in riots, service in military, etc.

Benefit

Normal Retirement benefit accrued to date of disability (no reduction for commencement before Normal Retirement date). Accrued benefits are frozen as of October 1, 2016.

Duration

Payable for life or until recovery (as determined by the Board).

Death Benefits

Eligibility

5 years of Continuous Service

Benefit

Accrued benefit as of the date of death, payable as a lump sum.

STATEMENT OF FIDUCIARY NET POSITION  
SEPTEMBER 30, 2017

<u>ASSETS</u>	MARKET VALUE
Cash and Cash Equivalents:	
Money Market	1,038,990
Total Cash and Equivalents	1,038,990
Receivables:	
Investment Income	135,205
Total Receivable	135,205
Investments:	
Fixed Income	16,103,775
Equities	35,460,403
Miscellaneous	782,190
Pooled/Common/Commingled Funds:	
Equity	6,019,753
Real Estate	1,470,056
Total Investments	59,836,177
Total Assets	61,010,372
<u>LIABILITIES</u>	
Payables:	
Lump Sum Distributions Payable	268,993
Benefit Payments	569
Total Liabilities	269,562
NET POSITION RESTRICTED FOR PENSIONS	60,740,810

STATEMENT OF CHANGES IN FIDUCIARY NET POSITION  
FOR THE YEAR ENDED SEPTEMBER 30, 2017  
Market Value Basis

ADDITIONS

## Contributions:

Employer	279,252	
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Total Contributions		279,252
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## Investment Income:

Net Increase in Fair Value of Investments	5,882,737	
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Interest & Dividends	1,413,634	
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Less Investment Expense <sup>1</sup>	(81,391)	
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Net Investment Income		7,214,980
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Total Additions		7,494,232
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DEDUCTIONS

## Distributions to Members:

Benefit Payments	1,322,884	
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Lump Sum Distributions	4,515,460	
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Total Distributions		5,838,344
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Administrative Expense		0
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Total Deductions		5,838,344
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Net Increase in Net Position		1,655,888
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## NET POSITION RESTRICTED FOR PENSIONS

Beginning of the Year		59,084,922
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End of the Year		60,740,810
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<sup>1</sup>Investment related expenses include investment advisory, custodial and performance monitoring fees.



NOTES TO THE FINANCIAL STATEMENTS  
(For the Year Ended September 30, 2017)

Plan Description

*Plan Administration*

The Plan is a single-employer defined benefit pension plan. The Hospital Board may appoint a committee of four or more persons to be known as the Pension Administrative Committee to assist with the administration of the Plan. At least one member of the Committee shall come from each of the following groups:

- a member of the Board;
- a member of the management group of the Employer;
- an Employee of the Employer;
- a representative from the Employer's community.

*Plan Membership as of October 1, 2016:*

Inactive Plan Members or Beneficiaries Currently Receiving Benefits	77
Inactive Plan Members Entitled to But Not Yet Receiving Benefits	188
Active Plan Members	734
	999
	999

*Benefits Provided*

The Plan provides retirement, termination, disability and death benefits.

The Plan was amended to cease benefit accruals as of September 30, 2016.

Normal Retirement:

Date: Earlier of: 1) age 65, regardless of Continuous Service, 2) age 60 and 25 years of Continuous Service, or 3) 30 years of Continuous Service, regardless of Age.

Benefit: 1.75% of Average Monthly Earnings up to \$1,000, plus 1.50% of average Monthly Earnings in excess of \$1,000, times Continuous Service.

Early Retirement:

Eligibility: Age 55, and 20 years of Continuous Service.

Benefit: Accrued benefit, reduced 6.67% for each of the first five years, and 3.33% for each of the next five years by which the benefit commencement date precedes Age 65.

Vesting:

Schedule	<u>Years of Service</u>	<u>Vested Percentage</u>
	Less than 5	None
	5	50%
	6	60
	7	70
	8	80
	9	90
	10 or More	100

Benefit Amount: Member will receive the vested portion of his (her) accrued benefit payable at the otherwise Early (reduced) or Age 65.

Disability:

Eligibility: 10 years of Continuous Service.

Benefit: Normal Retirement benefit accrued to date of disability (no reduction for commencement before Normal Retirement date)

Death Benefits:

Eligibility: 5 years of Continuous Service.

Benefit: Accrued benefit as of the date of death, payable as a lump sum.

*Contributions*

Member Contributions: None.

Employer Contributions: Remaining amount required in order to pay current costs and amortize unfunded past service cost, if any, as provided in Chapter 112, Florida Statutes.

## GASB 67

### Investments

#### *Investment Policy:*

The following was the Board's adopted asset allocation policy as of September 30, 2017:

<u>Asset Class</u>	<u>Target Allocation</u>
Large Cap Equity	35%
Mid and Small Cap	20%
International Equity	5%
Alternatives	10%
Fixed Income	30%
Total	100%

#### *Concentrations:*

The Plan did not hold investments in any one organization that represent 5 percent or more of the Pension Plan's Fiduciary Net Position.

#### *Rate of Return:*

For the year ended September 30, 2017, the annual money-weighted rate of return on Pension Plan investments, net of Pension Plan investment expense, was 12.69 percent.

The money-weighted rate of return expresses investment performance, net of investment expense, adjusted for the changing amounts actually invested.

NET PENSION LIABILITY OF THE SPONSOR

The components of the Net Pension Liability of the Sponsor on September 30, 2017 were as follows:

Total Pension Liability	\$ 45,644,753
Plan Fiduciary Net Position	\$ (60,740,810)
Sponsor's Net Pension Liability	<u>\$ (15,096,057)</u>
Plan Fiduciary Net Position as a percentage of Total Pension Liability	133.07%

*Actuarial Assumptions:*

The Total Pension Liability was determined by an actuarial valuation as of October 1, 2016 updated to September 30, 2017 using the following actuarial assumptions:

Inflation	2.80%
Salary Increases	3.80% - 4.90% * Inclusive of 2.8% inflation assumption.
Discount Rate	7.60%
Investment Rate of Return	7.60%

*Mortality Rate Healthy Lives:*

Female: RP2000 Generational, 100% Annuitant White Collar, Scale BB.

Male: RP2000 Generational, 50% Annuitant White Collar / 50% Annuitant Blue Collar, Scale BB.

*Mortality Rate Disabled Lives:*

Female: 100% RP2000 Disabled Female set forward two years.

Male: 100% RP2000 Disabled Male setback four years.

The most recent actuarial experience study used to review the other significant assumptions was dated July 21, 2014.

The Long-Term Expected Rate of Return on Pension Plan investments can be determined using a building-block method in which best-estimate ranges of expected future real rates of return (expected returns, net of Pension Plan investment expenses and inflation) are developed for each major asset class.

For 2017 the inflation rate assumption of the investment advisor was 2.25%.

These ranges are combined to produce the Long-Term Expected Rate of Return by weighting the expected future real rates of return by the target asset allocation percentage and by adding expected inflation.

Best estimates of geometric real rates of return for each major asset class included in the Pension Plan's target asset allocation as of September 30, 2017 are summarized in the following table:

<u>Asset Class</u>	<u>Long Term Expected Real Rate of Return</u>
Large Cap Equity	10.0%
Mid and Small Cap	10.0%
International Equity	10.0%
Alternatives	10.0%
Fixed Income	4.0%

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Discount Rate:

The Discount Rate used to measure the Total Pension Liability was 7.60 percent.

The projection of cash flows used to determine the Discount Rate assumed that Plan Member contributions will be made at the current contribution rate and that Sponsor contributions will be made at rates equal to the difference between actuarially determined contribution rates and the Member rate. Based on those assumptions, the Pension Plan's Fiduciary Net Position was projected to be available to make all projected future benefit payments of current plan members. Therefore, the Long-Term Expected Rate of Return on Pension Plan investments was applied to all periods of projected benefit payments to determine the Total Pension Liability.

	1% Decrease 6.60%	Current Discount Rate 7.60%	1% Increase 8.60%
Sponsor's Net Pension Liability	\$ (13,280,826)	\$ (15,096,057)	\$ (16,719,915)

## SCHEDULE OF CHANGES IN NET PENSION LIABILITY AND RELATED RATIOS

Last 10 Fiscal Years

	09/30/2017	09/30/2016	09/30/2015
Total Pension Liability			
Service Cost	584,454	690,793	1,836,604
Interest	3,192,364	3,252,842	4,207,238
Changes of benefit terms	-	(13,325,988)	-
Differences between Expected and Actual Experience	3,366,776	(562,243)	1,059,852
Changes of assumptions	-	3,656,761	-
Contributions - Buy Back	-	-	-
Benefit Payments, including Refunds of Employee Contributions	(5,838,344)	(5,336,757)	(3,786,952)
Net Change in Total Pension Liability	1,305,250	(11,624,592)	3,316,742
Total Pension Liability - Beginning	44,339,503	55,964,095	52,647,353
Total Pension Liability - Ending (a)	<u>\$ 45,644,753</u>	<u>\$ 44,339,503</u>	<u>\$ 55,964,095</u>
Plan Fiduciary Net Position			
Contributions - Employer	279,252	1,440,995	1,691,990
Contributions - Buy Back	-	-	-
Net Investment Income	7,214,980	7,442,049	(1,539,953)
Benefit Payments, including Refunds of Employee Contributions	(5,838,344)	(5,336,757)	(3,786,952)
Administrative Expense	-	-	-
Net Change in Plan Fiduciary Net Position	1,655,888	3,546,287	(3,634,915)
Plan Fiduciary Net Position - Beginning	59,084,922	55,538,635	59,173,550
Plan Fiduciary Net Position - Ending (b)	<u>\$ 60,740,810</u>	<u>\$ 59,084,922</u>	<u>\$ 55,538,635</u>
Net Pension Liability - Ending (a) - (b)	<u>\$ (15,096,057)</u>	<u>\$ (14,745,419)</u>	<u>\$ 425,460</u>
Plan Fiduciary Net Position as a percentage of the Total Pension Liability	133.07%	133.26%	99.24%
Covered Employee Payroll <sup>1</sup>	N/A	\$ 36,342,540	\$ 38,851,076
Net Pension Liability as a percentage of Covered Employee Payroll	N/A	-40.57%	1.10%

**Notes to Schedule:**

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

*Changes of benefit terms:*

For measurement date 09/30/2016, the plan was amended to cease benefit accruals as of September 30, 2016.

*Changes of assumptions:*

For measurement date 09/30/2016, the PBGC investment return assumption (used for valuation of Vested Accrued Benefits as of January 9, 2006) was decreased from 1.25% to 0.50%.

Additionally, the mortality assumption for inactive benefits paid in the form of annuities was changed to use the same rates as used in the Florida Retirement System's July 1, 2015 actuarial valuation report as required by Chapter 2015-137, Laws of Florida.

Finally, the interest rate was lowered from 8.0% to 7.6% per year compounded annually, gross of investment related expenses.

**SCHEDULE OF CHANGES IN NET PENSION LIABILITY AND RELATED RATIOS**  
Last 10 Fiscal Years

	<u>09/30/2014</u>	<u>09/30/2013</u>
Total Pension Liability		
Service Cost	1,998,932	1,850,863
Interest	3,998,329	3,796,320
Changes of benefit terms	-	-
Differences between Expected and Actual Experience	-	-
Changes of assumptions	736,112	-
Contributions - Buy Back	1,474	-
Benefit Payments, including Refunds of Employee Contributions	<u>(4,135,338)</u>	<u>(2,404,947)</u>
Net Change in Total Pension Liability	2,599,509	3,242,236
Total Pension Liability - Beginning	50,047,844	46,805,608
Total Pension Liability - Ending (a)	<u>\$ 52,647,353</u>	<u>\$ 50,047,844</u>
Plan Fiduciary Net Position		
Contributions - Employer	3,126,488	3,166,212
Contributions - Buy Back	1,474	-
Net Investment Income	4,572,243	6,113,059
Benefit Payments, including Refunds of Employee Contributions	<u>(4,135,338)</u>	<u>(2,404,947)</u>
Administrative Expense	-	(497)
Net Change in Plan Fiduciary Net Position	3,564,867	6,873,827
Plan Fiduciary Net Position - Beginning	55,608,683	48,734,856
Plan Fiduciary Net Position - Ending (b)	<u>\$ 59,173,550</u>	<u>\$ 55,608,683</u>
Net Pension Liability - Ending (a) - (b)	<u>\$ (6,526,197)</u>	<u>\$ (5,560,839)</u>
Plan Fiduciary Net Position as a percentage of the Total Pension Liability	112.40%	111.11%
Covered Employee Payroll <sup>1</sup>	\$ 32,463,253	\$ 36,159,641
Net Pension Liability as a percentage of Covered Employee Payroll	-20.10%	-15.38%

**Notes to Schedule:**

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

SCHEDULE OF CONTRIBUTIONS

Last 10 Fiscal Years

	09/30/2017	09/30/2016	09/30/2015	09/30/2014	09/30/2013
Actuarially Determined Contribution	-	1,440,995	1,691,990	3,126,488	3,166,212
Contributions in relation to the Actuarially Determined Contributions	279,252	1,440,995	1,691,990	3,126,488	3,166,212
Contribution Deficiency (Excess)	\$ (279,252)	\$ -	\$ -	\$ -	\$ -
Covered Employee Payroll <sup>1</sup>	N/A	\$ 36,342,540	\$ 38,851,076	\$ 36,159,641	\$ 36,159,641
Contributions as a percentage of Covered Employee Payroll	N/A	3.97%	4.36%	8.76%	8.76%

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

Notes to Schedule

Valuation Date: 10/01/2015

Actuarially determined contribution rates are calculated as of October 1, two years prior to the end of the fiscal year in which contributions are reported.

Methods and assumptions used to determine contribution rates:

Funding Method: Aggregate Actuarial Cost Method. A funding load equal to one year of assumed salary increases (at the current 4.1% assumption) and a half year of investment return (at the current 8% assumption) was utilized for determination of the Sponsor's dollar funding requirement.

Interest Rate: 8% per year compounded annually, gross of investment-related expenses. This assumption is consistent with the Plan's investment policy and long-term expected return by asset class.

Inflation: 2.8% per year.

Lump Sum Assumptions: The minimum guaranteed lump sum is based on the Plan-specific 1971 Group Annuity Mortality Table for Males and an assumed PBGC discount rate as of each October 1 of the valuation year (increased from 1.00% to 1.25% for the October 1, 2015 valuation), compounded annually.

The base lump sum is based on the long term discount rate of 8% per annum, compounded annually, and the mortality table prescribed by the Secretary of the Treasury in accordance with Section 417(e)(3)(A)(ii)(I) of the Internal Revenue Code, as applicable for the year in which the valuation is performed.

Mortality Rates: RP2000, Combined Healthy, with projection to the valuation date using Scale AA. This assumption is utilized for benefits paid in the form of annuities only, and believe sufficiently accommodates future mortality improvements.

Post Retirement COLA: Not applicable.

Payroll Growth: None necessary for amortization purposes under the Aggregate Actuarial Cost Method.

Actuarial Asset Method: All assets are valued at market value with an adjustment made to uniformly spread actuarial investment gains and losses (as measured by actual market value investment return against expected market value investment return) over a five-year period.

Normal Retirement: The below rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Number of Years after First	
Eligible	Retirement Probability
0-3	15.00%
4 or more	100.0%

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Early Retirement:

Commencing at eligibility for Early Retirement (Age 55 with 20 years of Credited Service), Members are assumed to retire with an immediate benefit at the rate of 6% per year. This assumption was adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Disability Rates:

Age	Disability Rates
20	0.07%
25	0.09%
30	0.11%
35	0.14%
40	0.19%
45	0.30%
50	0.51%
55	0.96%
60	1.66%
65	-

The above rates are consistent with those utilized by other Florida non-special risk retirement programs.

Termination Rate:

Age	Termination Rates
Less than 20	75.00%
20-24	19.00%
25-39	12.00%
40-64	6.00%
65 and older	0.00%

The above rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Salary Increases:

Years of Service	Salary Increases <sup>1</sup>
Less than 6 Years	4.9%
Years 6-15	4.3%
16 Years and Greater	3.8%

<sup>1</sup> Inclusive of 2.8% inflation assumption.

The above salary rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.



SCHEDULE OF INVESTMENT RETURNS  
Last 10 Fiscal Years

	<u>09/30/2017</u>	<u>09/30/2016</u>	<u>09/30/2015</u>	<u>09/30/2014</u>	<u>09/30/2013</u>
Annual Money-Weighted Rate of Return					
Net of Investment Expense	12.69%	13.57%	-2.65%	8.35%	12.40%

**NOTES TO THE FINANCIAL STATEMENTS**  
(For the Year Ended September 30, 2018)

**General Information about the Pension Plan**

*Plan Description*

The Plan is a single-employer defined benefit pension plan. The Hospital Board may appoint a committee of four or more persons to be known as the Pension Administrative Committee to assist with the administration of the Plan. At least one member of the Committee shall come from each of the following groups:

- a member of the Board;
- a member of the management group of the Employer;
- an Employee of the Employer;
- a representative from the Employer's community.

Full-time or part-time employees who regularly work at least 20 hours per week and five months per year and who perform at least 1000 hours of service per year may participate after 1 year of continuous service.

*Plan Membership as of October 1, 2016:*

Inactive Plan Members or Beneficiaries Currently Receiving Benefits	77
Inactive Plan Members Entitled to But Not Yet Receiving Benefits	188
Active Plan Members	734
	999

*Benefits Provided*

The Plan provides retirement, termination, disability and death benefits.

The Plan was amended to cease benefit accruals as of September 30, 2016.

Normal Retirement:

Date: Earlier of: 1) age 65, regardless of Continuous Service, 2) age 60 and 25 years of Continuous Service, or 3) 30 years of Continuous Service, regardless of Age.

Benefit: 1.75% of Average Monthly Earnings up to \$1,000, plus 1.50% of average Monthly Earnings in excess of \$1,000, times Continuous Service.

Early Retirement:

Eligibility: Age 55, and 20 years of Continuous Service.

Benefit: Accrued benefit, reduced 6.67% for each of the first five years, and 3.33% for each of the next five years by which the benefit commencement date precedes Age 65.

Vesting:

Schedule	Years of Service	Vested Percentage
	Less than 5	None
	5	0.5
	6	60
	7	70
	8	80
	9	90
	10 or More	100

Benefit Amount: Member will receive the vested portion of his (her) accrued benefit payable at the otherwise Early (reduced) or Age 65.

Disability:

Eligibility: 10 years of Continuous Service.

Benefit: Normal Retirement benefit accrued to date of disability (no reduction for commencement before Normal Retirement date)

Death Benefits:

Eligibility: 5 years of Continuous Service.

Benefit: Accrued benefit as of the date of death, payable as a lump sum.

*Contributions*

Member Contributions: None.

Employer Contributions: Remaining amount required in order to pay current costs and amortize unfunded past service cost, if any, as provided in Chapter 112, Florida Statutes.

**Net Pension Liability**

The measurement date is September 30, 2017.

The measurement period for the pension expense was October 1, 2016 to September 30, 2017.

The reporting period is October 1, 2017 through September 30, 2018.

The Sponsor's Net Pension Liability was measured as of September 30, 2017.

The Total Pension Liability used to calculate the Net Pension Liability was determined as of that date.

*Actuarial Assumptions:*

The Total Pension Liability was determined by an actuarial valuation as of October 1, 2016 updated to September 30, 2017 using the following actuarial assumptions:

Inflation	2.80%
Salary Increases	3.80% - 4.90% * Inclusive of 2.8% inflation assumption.
Discount Rate	7.60%
Investment Rate of Return	7.60%

*Mortality Rate Healthy Lives:*

Female: RP2000 Generational, 100% Annuitant White Collar, Scale BB.

Male: RP2000 Generational, 50% Annuitant White Collar / 50% Annuitant Blue Collar, Scale BB.

*Mortality Rate Disabled Lives:*

Female: 100% RP2000 Disabled Female set forward two years.

Male: 100% RP2000 Disabled Male setback four years.

The most recent actuarial experience study used to review the other significant assumptions was dated July 21, 2014.

The Long-Term Expected Rate of Return on Pension Plan investments can be determined using a building-block method in which best-estimate ranges of expected future real rates of return (expected returns, net of Pension Plan investment expenses and inflation) are developed for each major asset class.

For 2017 the inflation rate assumption of the investment advisor was 2.25%.

These ranges are combined to produce the Long-Term Expected Rate of Return by weighting the expected future real rates of return by the target asset allocation percentage and by adding expected inflation.

Best estimates of geometric real rates of return for each major asset class included in the Pension Plan's target asset allocation as of September 30, 2017 are summarized in the following table:

Asset Class	Target Allocation	Long Term Expected Real Rate of Return
Large Cap Equity	35%	10%
Mid and Small Cap	20%	10%
International Equity	5%	10%
Alternatives	10%	10%
Fixed Income	30%	4%
Total	100%	

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### Discount Rate:

The Discount Rate used to measure the Total Pension Liability was 7.60 percent.

The projection of cash flows used to determine the Discount Rate assumed that Plan Member contributions will be made at the current contribution rate and that Sponsor contributions will be made at rates equal to the difference between actuarially determined contribution rates and the Member rate. Based on those assumptions, the Pension Plan's Fiduciary Net Position was projected to be available to make all projected future benefit payments of current plan members. Therefore, the Long-Term Expected Rate of Return on Pension Plan investments was applied to all periods of projected benefit payments to determine the Total Pension Liability.

## CHANGES IN NET PENSION LIABILITY

	Increase (Decrease)		
	Total Pension	Plan Fiduciary	Net Pension
	Liability	Net Position	Liability
	(a)	(b)	(a)-(b)
Reporting Period Ending September 30, 2017	\$ 44,339,503	\$ 59,084,922	\$ (14,745,419)
Changes for a Year:			
Service Cost	584,454	-	584,454
Interest	3,192,364	-	3,192,364
Differences between Expected and Actual Experience	3,366,776	-	3,366,776
Changes of assumptions	-	-	-
Changes of benefit terms	-	-	-
Contributions - Employer	-	279,252	(279,252)
Net Investment Income	-	7,214,980	(7,214,980)
Benefit Payments, including Refunds of Employee Contributions	(5,838,344)	(5,838,344)	-
Net Changes	1,305,250	1,655,888	(350,638)
Reporting Period Ending September 30, 2018	\$ 45,644,753	\$ 60,740,810	\$ (15,096,057)

*Sensitivity of the Net Pension Liability to changes in the Discount Rate.*

	Current Discount		
	1% Decrease	Rate	1% Increase
	6.60%	7.60%	8.60%
Sponsor's Net Pension Liability	\$ (13,280,826)	\$ (15,096,057)	\$ (16,719,915)

*Pension Plan Fiduciary Net Position.*

Detailed information about the pension Plan's Fiduciary Net Position is available in a separately issued Plan financial report.

**FINAL PENSION EXPENSE AND DEFERRED OUTFLOWS OF RESOURCES AND DEFERRED  
INFLOWS OF RESOURCES RELATED TO PENSIONS  
FISCAL YEAR SEPTEMBER 30, 2017**

For the year ended September 30, 2017, the Sponsor has recognized a Pension Expense of -\$12,428,762.

On September 30, 2017, the Sponsor reported Deferred Outflows of Resources and Deferred Inflows of Resources related to pensions from the following sources:

	Deferred Outflows of Resources	Deferred Inflows of Resources
Differences between Expected and Actual Experience	794,890	481,922
Changes of assumptions	3,594,436	-
Net difference between Projected and Actual Earnings on Pension Plan investments	1,124,654	-
Employer contributions subsequent to the measurement date	279,252	-
Total	\$ 5,793,232	\$ 481,922

The outcome of the Deferred Outflows of resources related to pensions resulting from Employer contributions subsequent to the measurement date has been recognized as a reduction of the net Pension Liability in the year ended September 30, 2017.

Other amounts reported as Deferred Outflows of Resources and Deferred Inflows of Resources related to pensions will be recognized in Pension Expense as follows:

Year ended September 30:			
2018		\$	1,240,850
2019		\$	1,240,850
2020		\$	1,273,620
2021		\$	35,612
2022		\$	666,570
Thereafter		\$	574,556

**PRELIMINARY PENSION EXPENSE AND DEFERRED OUTFLOWS OF RESOURCES AND  
DEFERRED INFLOWS OF RESOURCES RELATED TO PENSIONS  
FISCAL YEAR SEPTEMBER 30, 2018**

For the year ended September 30, 2018, the Sponsor will recognize a Pension Expense of \$632,272.

On September 30, 2018, the Sponsor reported Deferred Outflows of Resources and Deferred Inflows of Resources related to pensions from the following sources:

	Deferred Outflows of Resources	Deferred Inflows of Resources
Differences between Expected and Actual Experience	3,548,217	401,601
Changes of assumptions	2,980,027	-
Net difference between Projected and Actual Earnings on Pension Plan investments	-	1,798,243
Employer contributions subsequent to the measurement date	TBD	-
Total	TBD	\$ 2,199,844

The outcome of the Deferred Outflows of resources related to pensions resulting from Employer contributions subsequent to the measurement date will be recognized as a reduction of the net Pension Liability in the year ended September 30, 2018.

Other amounts reported as Deferred Outflows of Resources and Deferred Inflows of Resources related to pensions will be recognized in Pension Expense as follows:

Year ended September 30:				
2019		\$		1,134,664
2020		\$		1,167,434
2021		\$		(70,574)
2022		\$		560,384
2023		\$		1,055,524
Thereafter		\$		480,968

**SCHEDULE OF CHANGES IN NET PENSION LIABILITY AND RELATED RATIOS**  
Last 10 Fiscal Years

Reporting Period Ending Measurement Date	09/30/2018 09/30/2017	09/30/2017 09/30/2016	09/30/2016 09/30/2015
Total Pension Liability			
Service Cost	584,454	690,793	1,836,604
Interest	3,192,364	3,252,842	4,207,238
Changes of benefit terms	-	(13,325,988)	-
Differences between Expected and Actual Experience	3,366,776	(562,243)	1,059,852
Changes of assumptions	-	3,656,761	-
Contributions - Buy Back	-	-	-
Benefit Payments, including Refunds of Employee Contributions	(5,838,344)	(5,336,757)	(3,786,952)
Net Change in Total Pension Liability	1,305,250	(11,624,592)	3,316,742
Total Pension Liability - Beginning	44,339,503	55,964,095	52,647,353
Total Pension Liability - Ending (a)	<u>\$ 45,644,753</u>	<u>\$ 44,339,503</u>	<u>\$ 55,964,095</u>
Plan Fiduciary Net Position			
Contributions - Employer	279,252	1,440,995	1,691,990
Contributions - Buy Back	-	-	-
Net Investment Income	7,214,980	7,442,049	(1,539,953)
Benefit Payments, including Refunds of Employee Contributions	(5,838,344)	(5,336,757)	(3,786,952)
Administrative Expense	-	-	-
Net Change in Plan Fiduciary Net Position	1,655,888	3,546,287	(3,634,915)
Plan Fiduciary Net Position - Beginning	59,084,922	55,538,635	59,173,550
Plan Fiduciary Net Position - Ending (b)	<u>\$ 60,740,810</u>	<u>\$ 59,084,922</u>	<u>\$ 55,538,635</u>
Net Pension Liability - Ending (a) - (b)	<u>\$ (15,096,057)</u>	<u>\$ (14,745,419)</u>	<u>\$ 425,460</u>
Plan Fiduciary Net Position as a percentage of the Total Pension Liability	133.07%	133.26%	99.24%
Covered Employee Payroll <sup>1</sup>	N/A	\$ 36,342,540	\$ 38,851,076
Net Pension Liability as a percentage of Covered Employee Payroll	N/A	-40.57%	1.10%

**Notes to Schedule:**

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

*Changes of benefit terms:*

For measurement date 09/30/2016, the plan was amended to cease benefit accruals as of September 30, 2016.

*Changes of assumptions:*

For measurement date 09/30/2016, the PBGC investment return assumption (used for valuation of Vested Accrued Benefits as of January 9, 2006) was decreased from 1.25% to 0.50%.

Additionally, the mortality assumption for inactive benefits paid in the form of annuities was changed to use the same rates as used in the Florida Retirement System's July 1, 2015 actuarial valuation report as required by Chapter 2015-137, Laws of Florida.

Finally, the interest rate was lowered from 8.0% to 7.6% per year compounded annually, gross of investment related expenses.



**SCHEDULE OF CHANGES IN NET PENSION LIABILITY AND RELATED RATIOS**  
Last 10 Fiscal Years

	09/30/2016	09/30/2014
	09/30/2014	09/30/2013
Total Pension Liability		
Service Cost	1,998,932	1,850,863
Interest	3,998,329	3,796,320
Changes of benefit terms	-	-
Differences between Expected and Actual Experience	-	-
Changes of assumptions	736,112	-
Contributions - Buy Back	1,474	-
Benefit Payments, including Refunds of Employee Contributions	(4,135,338)	(2,404,947)
Net Change in Total Pension Liability	2,599,509	3,242,236
Total Pension Liability - Beginning	50,047,844	46,805,608
Total Pension Liability - Ending (a)	\$ 52,647,353	\$ 50,047,844
Plan Fiduciary Net Position		
Contributions - Employer	3,126,488	3,166,212
Contributions - Buy Back	1,474	-
Net Investment Income	4,572,243	6,113,059
Benefit Payments, including Refunds of Employee Contributions	(4,135,338)	(2,404,947)
Administrative Expense	-	(497)
Net Change in Plan Fiduciary Net Position	3,564,867	6,873,827
Plan Fiduciary Net Position - Beginning	55,608,683	48,734,856
Plan Fiduciary Net Position - Ending (b)	\$ 59,173,550	\$ 55,608,683
Net Pension Liability - Ending (a) - (b)	\$ (6,526,197)	\$ (5,560,839)
Plan Fiduciary Net Position as a percentage of the Total Pension Liability	112.40%	111.11%
Covered Employee Payroll <sup>1</sup>	\$ 32,463,253	\$ 36,159,641
Net Pension Liability as a percentage of Covered Employee Payroll	-20.10%	-15.38%

**Notes to Schedule:**

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

**SCHEDULE OF CONTRIBUTIONS**  
Last 10 Fiscal Years

	09/30/2017	09/30/2016	09/30/2015	09/30/2014	09/30/2013
Actuarially Determined Contribution	-	1,440,995	1,691,990	3,126,488	3,166,212
Contributions in relation to the					
Actuarially Determined Contributions	279,252	1,440,995	1,691,990	3,126,488	3,166,212
Contribution Deficiency (Excess)	\$ (279,252)	\$ -	\$ -	\$ -	\$ -
Covered Employee Payroll <sup>1</sup>	N/A	\$ 36,342,540	\$ 38,851,076	\$ 32,463,253	\$ 36,159,641
Contributions as a percentage of					
Covered Employee Payroll	N/A	3.97%	4.36%	9.63%	8.76%

<sup>1</sup> The Covered Employee Payroll numbers shown are in compliance with GASB 82, except for the 09/30/2015 measurement period.

Notes to Schedule

Valuation Date: 10/01/2015

Actuarially determined contribution rates are calculated as of October 1, two years prior to the end of the fiscal year in which contributions are reported.

Methods and assumptions used to determine contribution rates:

Funding Method: Aggregate Actuarial Cost Method. A funding load equal to one year of assumed salary increases (at the current 4.1% assumption) and a half year of investment return (at the current 8% assumption) was utilized for determination of the Sponsor's dollar funding requirement.

Interest Rate: 8% per year compounded annually, gross of investment-related expenses. This assumption is consistent with the Plan's investment policy and long-term expected return by asset class.

Inflation: 2.8% per year.

Lump Sum Assumptions: The minimum guaranteed lump sum is based on the Plan-specific 1971 Group Annuity Mortality Table for Males and an assumed PBGC discount rate as of each October 1 of the valuation year (increased from 1.00% to 1.25% for the October 1, 2015 valuation), compounded annually.

The base lump sum is based on the long term discount rate of 8% per annum, compounded annually, and the mortality table prescribed by the Secretary of the Treasury in accordance with Section 417(e)(3)(A)(ii)(I) of the Internal Revenue Code, as applicable for the year in which the valuation is performed.

Mortality Rates: RP2000, Combined Healthy, with projection to the valuation date using Scale AA. This assumption is utilized for benefits paid in the form of annuities only, and believe sufficiently accommodates future mortality improvements.

Post Retirement COLA: Not applicable.

Payroll Growth: None necessary for amortization purposes under the Aggregate Actuarial Cost Method.

Actuarial Asset Method: All assets are valued at market value with an adjustment made to uniformly spread actuarial investment gains and losses (as measured by actual market value investment return against expected market value investment return) over a five-year period.

Normal Retirement: The below rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Number of Years after First	Retirement Probability
Eligible	
0-3	15%
4 or more	100%

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Early Retirement: Commencing at eligibility for Early Retirement (Age 55 with 20 years of Credited Service), Members are assumed to retire with an immediate benefit at the rate of 6% per year. This assumption was adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Disability Rates:

Age	Disability Rates
20	0.07%
25	0.09%
30	0.11%
35	0.14%
40	0.19%
45	0.30%
50	0.51%
55	0.96%
60	1.66%
65	-

The above rates are consistent with those utilized by other Florida non-special risk retirement programs.

Termination Rate:

Age	Termination Rates
Less than 20	75%
20-24	19%
25-39	12%
40-64	6%
65 and older	0%

The above rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

Salary Increases:

Years of Service	Salary Increases <sup>1</sup>
Less than 6 Years	4.9%
Years 6-15	4.3%
16 Years and Greater	3.8%

<sup>1</sup> Inclusive of 2.8% inflation assumption.

The above salary rates were adopted by the Board as the result of an Experience Study performed for the period October 1, 1993 through October 1, 2013.

FINAL COMPONENTS OF PENSION EXPENSE  
FISCAL YEAR SEPTEMBER 30, 2017

	Net Pension Liability	Deferred Inflows	Deferred Outflows	Pension Expense
Beginning balance	\$ 425,460	\$ 98,307	\$ 7,872,482	\$ -
Employer Contributions made after September 30, 2016	-	-	279,252	-
Total Pension Liability Factors:				
Service Cost	690,793	-	-	690,793
Interest	3,252,842	-	-	3,252,842
Changes in benefit terms	(13,325,988)	-	-	(13,325,988)
Differences between Expected and Actual Experience with regard to economic or demographic assumptions	(562,243)	562,243	-	-
Current year amortization of experience difference	-	(80,321)	(132,481)	52,160
Change in assumptions about future economic or demographic factors or other inputs	3,656,761	-	3,656,761	-
Current year amortization of change in assumptions	-	-	(614,409)	614,409
Benefit Payments	(5,336,757)	-	-	-
Net change	<u>(11,624,592)</u>	<u>481,922</u>	<u>3,189,123</u>	<u>(8,715,784)</u>
Plan Fiduciary Net Position:				
Contributions - Employer	1,440,995	-	(1,440,995)	-
Projected Net Investment Income	4,287,260	-	-	(4,287,260)
Difference between projected and actual earnings on Pension Plan investments	3,154,789	3,154,789	-	-
Current year amortization	-	(663,726)	(1,238,008)	574,282
Benefit Payments	(5,336,757)	-	-	-
Administrative Expenses	-	-	-	-
Net change	<u>3,546,287</u>	<u>2,491,063</u>	<u>(2,679,003)</u>	<u>(3,712,978)</u>
Ending Balance	<u>\$ (14,745,419)</u>	<u>\$ 3,071,292</u>	<u>\$ 8,382,602</u>	<u>\$ (12,428,762)</u>

PRELIMINARY COMPONENTS OF PENSION EXPENSE  
FISCAL YEAR SEPTEMBER 30, 2018

	Net Pension Liability	Deferred Inflows	Deferred Outflows	Pension Expense
Beginning balance	\$ (14,745,419)	\$ 3,071,292	\$ 8,382,602	\$ -
Employer Contributions made after September 30, 2017	-	-	TBD*	-
Total Pension Liability Factors:				
Service Cost	584,454	-	-	584,454
Interest	3,192,364	-	-	3,192,364
Changes in benefit terms	-	-	-	-
Differences between Expected and Actual Experience with regard to economic or demographic assumptions	3,366,776	-	3,366,776	-
Current year amortization of experience difference	-	(80,321)	(613,449)	533,128
Change in assumptions about future economic or demographic factors or other inputs	-	-	-	-
Current year amortization of change in assumptions	-	-	(614,409)	614,409
Benefit Payments	(5,838,344)	-	-	-
Net change	<u>1,305,250</u>	<u>(80,321)</u>	<u>2,138,918</u>	<u>4,924,355</u>
Plan Fiduciary Net Position:				
Contributions - Employer	279,252	-	(279,252)	-
Projected Net Investment Income	4,279,209	-	-	(4,279,209)
Difference between projected and actual earnings on Pension Plan investments	2,935,771	2,935,771	-	-
Current year amortization	-	(1,250,882)	(1,238,008)	(12,874)
Benefit Payments	(5,838,344)	-	-	-
Net change	<u>1,655,888</u>	<u>1,684,889</u>	<u>(1,517,260)</u>	<u>(4,292,083)</u>
Ending Balance	<u>\$ (15,096,057)</u>	<u>\$ 4,675,860</u>	<u>\$ 9,004,260</u>	<u>\$ 632,272</u>

\* Employer Contributions subsequent to the measurement date made after September 30, 2017 but made on or before September 30, 2018 need to be added.

AMORTIZATION SCHEDULE - INVESTMENTS

Increase (Decrease) in Pension Expense Arising from the Recognition of the of Differences Between Projected and Actual Earnings on Pension Plan Investments

Plan Year Ending	Differences Between Projected and Actual Earnings	Recognition Period (Years)	Increase (Decrease) in Pension Expense Arising from the Recognition of the of Differences Between Projected and Actual Earnings on Pension Plan Investments											
			2017	2018	2019	2020	2021	2022	2023	2024	2025	2025		
2014	\$ (163,843)	5	\$ (32,769)	\$ (32,769)	\$ (32,769)	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
2015	\$ 6,190,039	5	\$ 1,238,008	\$ 1,238,008	\$ 1,238,008	\$ 1,238,008	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
2016	\$ (3,154,789)	5	\$ (630,957)	\$ (630,958)	\$ (630,958)	\$ (630,958)	\$ (630,958)	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
2017	\$ (2,935,771)	5	\$ -	\$ (587,155)	\$ (587,154)	\$ (587,154)	\$ (587,154)	\$ (587,154)	\$ (587,154)	\$ -	\$ -	\$ -	\$ -	\$ -
Net Increase (Decrease) in Pension Expense			\$ 574,282	\$ (12,874)	\$ (12,873)	\$ 19,896	\$ (1,218,112)	\$ (587,154)	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -

AMORTIZATION SCHEDULE - CHANGES OF ASSUMPTIONS

Increase (Decrease) in Pension Expense Arising from the Recognition of the Effects of Changes of Assumptions

Plan Year Ending	Changes of Assumptions	Recognition Period (Years)	2017	2018	2019	2020	2021	2022	2023	2024	2025	2025
2014	\$ 736,112	8	\$ 92,014	\$ 92,014	\$ 92,014	\$ 92,014	\$ 92,014	\$ 92,014	\$ -	\$ -	\$ -	\$ -
2016	\$ 3,656,761	7	\$ 522,395	\$ 522,395	\$ 522,395	\$ 522,394	\$ 522,394	\$ 522,394	\$ 522,394	\$ -	\$ -	\$ -
Net Increase (Decrease) in Pension Expense			\$ 614,409	\$ 614,409	\$ 614,409	\$ 614,408	\$ 614,408	\$ 614,408	\$ 522,394	\$ -	\$ -	\$ -

AMORTIZATION SCHEDULE - EXPERIENCE

Increase (Decrease) in Pension Expense Arising from the Recognition of the Effects of Differences between Expected and Actual Experience

Plan Year Ending	Differences Between Expected and Actual Experience	Recognition Period (Years)	<u>Increase (Decrease) in Pension Expense Arising from the Recognition of the Effects of Differences between Expected and Actual Experience</u>											
			2017	2018	2019	2020	2021	2022	2023	2024	2025	2025		
2015	\$ 1,059,852	8	\$ 132,481	\$ 132,481	\$ 132,481	\$ 132,482	\$ 132,482	\$ 132,482	\$ 132,482	\$ 132,482	\$ -	\$ -	\$ -	
2016	\$ (562,243)	7	\$ (80,321)	\$ (80,321)	\$ (80,321)	\$ (80,320)	\$ (80,320)	\$ (80,320)	\$ (80,320)	\$ (80,320)	\$ -	\$ -	\$ -	
2017	\$ 3,366,776	7	\$ -	\$ 480,968	\$ 480,968	\$ 480,968	\$ 480,968	\$ 480,968	\$ 480,968	\$ 480,968	\$ 480,968	\$ -	\$ -	
Net Increase (Decrease) in Pension Expense			\$ 52,160	\$ 533,128	\$ 533,128	\$ 533,130	\$ 533,130	\$ 533,130	\$ 533,130	\$ 533,130	\$ 480,968	\$ -	\$ -	



NORTH BREVARD COUNTY HOSPITAL DISTRICT  
 OPERATING  
 PARRISH MEDICAL CENTER  
 TITUSVILLE, FLORIDA

**Request for Disposal of Obsolete or Surplus Property**

The assets listed below are considered obsolete, inefficient, or have ceased to serve any useful function. Board approval for disposal is requested.

Asset Description	Asset Control KN #	Purchase Date	Purchase Amount	CE #	Reason for Disposal	Net Book Value (Provided by Finance)	Dept. #
MAC VU, EKG testing	017735	12/02/1994	19,196.52	01512	Unit obsolete, non functional	0.00	1464

Requesting Department 1464 Card Services Department Director [Signature] 12/6/17  
 Net Book Value (Finance) 0.00 Wagon 12-15-17 EMC Member [Signature] 12-7-17  
 Sr. VP Finance/CFO [Signature] 12-22-17 President/CEO [Signature]  
 Board Approval: (Date)   CFO Signature [Signature] 1-9-18 [Signature]  
 Requestor Notified Finance    
 Asset Disposed of or Donated    
 Removed from Asset List (Finance)    
 Requested Public Entity for Donation    
 Entity Contact    
 Telephone

NORTH BREVARD COUNTY HOSPITAL DISTRICT  
 OPERATING  
 PARRISH MEDICAL CENTER  
 TITUSVILLE, FLORIDA

**Request for Disposal of Obsolete or Surplus Property**

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Asset Description	Asset Control KN #	Purchase Date	Purchase Amount	CE #	Reason for Disposal	Net Book Value (Provided by Finance)	Dept. #
EEG Monitor	127844	5/2003	7500	02003	Obsolete - Fully Depreciated	0.00	1466

Requesting Department 1464 Cece pfer Department Director Matt Kujer  
 Net Book Value (Finance) 10.00 of Wagon 12-15-17 EMC Member Brian 12-13-17  
 Sr. VP Finance/CFO Michael Anthony 12-22-17 President/CEO [Signature]  
 Board Approval: (Date) \_\_\_\_\_ CFO Signature Michael Anthony 1-9-18  
 Requestor Notified Finance \_\_\_\_\_  
 Asset Disposed of or Donated \_\_\_\_\_  
 Removed from Asset List (Finance) \_\_\_\_\_  
 Requested Public Entity for Donation \_\_\_\_\_  
 Entity Contact \_\_\_\_\_  
 Telephone \_\_\_\_\_

ACCOUNTS  
 PAYABLE  
 DEC 14 RECD

**EXECUTIVE COMMITTEE**

Robert L. Jordan, Jr., C.M., Chairman  
Herman A. Cole, Jr.  
Peggy Crooks  
Elizabeth Galfo, M.D.  
Stan Retz, CPA  
George Mikitarian, President/CEO (non-voting)

**DRAFT AGENDA  
EXECUTIVE COMMITTEE  
NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER  
MONDAY, FEBRUARY 5, 2018  
2<sup>nd</sup> FLOOR, EXECUTIVE CONFERENCE ROOM  
IMMEDIATELY FOLLOWING FINANCE COMMITTEE**

**CALL TO ORDER**

- I. Approval of Minutes  
*Motion to approve the minutes of the December 4, 2017 meeting.*
- II. Reading of the Huddle
- III. Public Comment
- IV. Open Forum for PMC Physicians
- V. OMNI Agreement Review – Mr. Mikitarian
- VI. Halifax Agreement Review – Mr. Mikitarian
- VII. Attorney Report – Mr. Boyles
- VIII. Other
- IX. Executive Session (if necessary)

**ADJOURNMENT**

NOTE: IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE BOARD WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, HE/SHE WILL NEED A RECORD OF PROCEEDINGS AND, FOR SUCH PURPOSES, MAY NEED TO ENSURE A VERBATIM RECORD OF THE PROCEEDINGS IS MADE AND THAT THE RECORD INCLUDES TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

PERSONS WITH A DISABILITY WHO NEED A SPECIAL ACCOMMODATION TO PARTICIPATE IN THIS PROCEEDING SHOULD CONTACT MS. LISA CAVALLERO, EXECUTIVE DIRECTOR OF SUPPORT SERVICES, AT 951 NORTH WASHINGTON AVENUE, TITUSVILLE, FLORIDA 32796, AT LEAST FORTY-EIGHT (48) HOURS PRIOR TO THE MEETING. FOR INFORMATION CALL (321) 268-6190 OR (321) 383-9829 (TDD).

THIS NOTICE WILL FURTHER SERVE TO INFORM THE PUBLIC THAT MEMBERS OF THE BOARD OF DIRECTORS OF NORTH BREVARD MEDICAL SUPPORT, INC. MAY BE IN ATTENDANCE AND MAY PARTICIPATE IN DISCUSSIONS OF MATTERS BEFORE THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS EXECUTIVE COMMITTEE. TO THE EXTENT OF SUCH DISCUSSIONS, A JOINT PUBLIC MEETING OF THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS EXECUTIVE COMMITTEE AND NORTH BREVARD MEDICAL SUPPORT, INC. SHALL BE CONDUCTED.

**NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER  
EXECUTIVE COMMITTEE**

A regular meeting of the Executive Committee of the North Brevard County Hospital District operating Parrish Medical Center was held on December 4, 2017 in the Executive Conference Room.

The following members were present:

Robert L. Jordan, Jr., C.M., Chairman  
Herman A. Cole, Jr.  
Peggy Crooks  
Elizabeth Galfo, M.D.  
George Mikitarian (non-voting)

Members Absent:

Stan Retz (excused)

Also in attendance were the following Board members:

Billie Fitzgerald  
Jerry Noffel  
Maureen Rupe  
Ashok Shah, M.D.

A copy of the attendance roster of others present during the meeting is appended to the file copy of these minutes.

**CALL TO ORDER**

Mr. Jordan called the meeting to order at 1:52 p.m.

**REVIEW AND APPROVAL OF MINUTES**

Discussion ensued and the following motion was made by Mr. Cole, seconded by Dr. Galfo and approved (4 ayes, 0 nays, 0 abstentions).

***ACTION TAKEN: MOTION TO APPROVE THE MINUTES OF THE OCTOBER 2, 2017 MEETING AS PRESENTED***

**READING OF THE HUDDLE**

Dr. Galfo read the Weekly Huddle.

**PUBLIC COMMENT**

There were no public comments.

**OPEN FORUM FOR PHYSICIANS**

No physicians spoke.

**USSSA PROJECT**

Mr. Bradford shared with the committee two articles contained in the agenda packet relative to the USSSA project. Discussion ensued regarding proforma and potential visits and revenue, and the following motion was made by Mr. Cole, seconded by Mrs. Crooks and approved (4 ayes, 0 nays, 0 abstentions)

***ACTION TAKEN: MOTION TO RECOMMEND THE BOARD OF DIRECTORS AUTHORIZE MANAGEMENT TO ENTER INTO A FORMAL AGREEMENT WITH USSSA TO PROVIDE MEDICAL SERVICES AT THE USSSA FACILITY.***

**ATTORNEY REPORT**

Mr. Boyles noted that the Board of Directors has received an invitation to the General Medical Staff meeting on December 5<sup>th</sup>. He reminded members of the guidelines of a public board, specifically that if two or more Board members are present they cannot discuss or comment on any items that may come before the Board for discussion or action.

**ADJOURNMENT**

The committee adjourned at 2:26 p.m.

**RECONVENE**

Mr. Bittman gave an update on the Peer Bill of Discovery filed by Dr. Ravi Rao. He noted that a response to dismiss had been prepared.

**ADJOURNMENT**

There being no further business to discuss, the committee adjourned at 3:59 p.m.

Robert L. Jordan, Jr., C.M.  
Chairperson

**EDUCATION COMMITTEE**

Billie Fitzgerald, Chairperson  
Herman A. Cole, Jr. (ex-officio)  
Elizabeth T. Galfo, M.D.  
Robert L. Jordan, Jr., C.M.  
Maureen Rupe, Vice Chairperson  
Ashok Shah, M.D.  
Aluino Ochoa, M.D.  
George Mikitarian, President/CEO (Non-voting)

**NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER  
EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS COMMITTEE  
MONDAY, FEBRUARY 5, 2018  
CONFERENCE ROOM 2/3/4/5**

**CALL TO ORDER**

- I. Review and Approval of Minutes

*Motion to approve the minutes of the December 4, 2017 meeting.*

- II. Opioid Presentation – Mr. Steve Charpentier

- III. Other

- IV. Executive Session (if necessary)

**ADJOURNMENT**

**NOTE: IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE EDUCATION COMMITTEE WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, HE/SHE WILL NEED A RECORD OF PROCEEDINGS AND, FOR SUCH PURPOSES, MAY NEED TO ENSURE A VERBATIM RECORD OF THE PROCEEDINGS IS MADE AND THAT THE RECORD INCLUDES TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.**

**PERSONS WITH A DISABILITY WHO NEED A SPECIAL ACCOMMODATION TO PARTICIPATE IN THIS PROCEEDING SHOULD CONTACT MS. LISA CAVALLERO, EXECUTIVE DIRECTOR OF SUPPORT SERVICES, AT 951 NORTH WASHINGTON AVENUE, TITUSVILLE, FLORIDA 32796, AT LEAST FIVE (5) DAYS PRIOR TO THE MEETING. FOR INFORMATION CALL (321) 268-6190 OR (321) 383-9829 (TDD).**

**THIS NOTICE WILL FURTHER SERVE TO INFORM THE PUBLIC THAT MEMBERS OF THE BOARD OF DIRECTORS OF NORTH BREVARD MEDICAL SUPPORT, INC. MAY BE IN ATTENDANCE AND MAY PARTICIPATE IN DISCUSSIONS OF MATTERS BEFORE THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS COMMITTEE. TO THE EXTENT OF SUCH DISCUSSION, A JOINT PUBLIC MEETING OF THE NORTH BREVARD COUNTY HOSPITAL DISTRICT, BOARD OF DIRECTORS EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS COMMITTEE AND NORTH BREVARD MEDICAL SUUPORT, INC. SHALL BE CONDUCTED.**

**NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER  
EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS  
COMMITTEE**

A regular meeting of the Educational, Governmental and Community Relations Committee of the North Brevard County Hospital District operating Parrish Medical Center was held on December 4, 2017 in the Executive Conference Room, Second Floor. The following members were present:

Herman A. Cole, Jr.  
Billie Fitzgerald, Chairperson  
Elizabeth T. Galfo, M.D.  
Robert L. Jordan, Jr., C.M.  
George Mikitarian (non-voting)  
Aluino Ochoa, M.D.  
Maureen Rupe, Vice Chairperson  
Ashok, Shah, M.D.

Member(s) Absent:  
None

A copy of the attendance roster of others present during the meeting is appended to the file copy of these minutes.

**CALL TO ORDER**

Ms. Fitzgerald called the meeting to order at 4:16 p.m.

**ENVIRONMENT OF CARE**

Mrs. Ellis and Mr. Westbay summarized for the committee the six management plans (Safety, Security, Hazardous Materials, Fire Safety, Medical Equipment, and Utilities) and briefly explained each plan. Mr. Westbay noted that as codes change annually, PMC's Environment of Care Plan must be revised to meet the codes and requirements. He noted that this would come before the full Board of Directors for approval later in the afternoon.

EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS  
COMMITTEE  
DECEMBER 4, 2017  
PAGE 2

**OTHER**

No other items were presented.

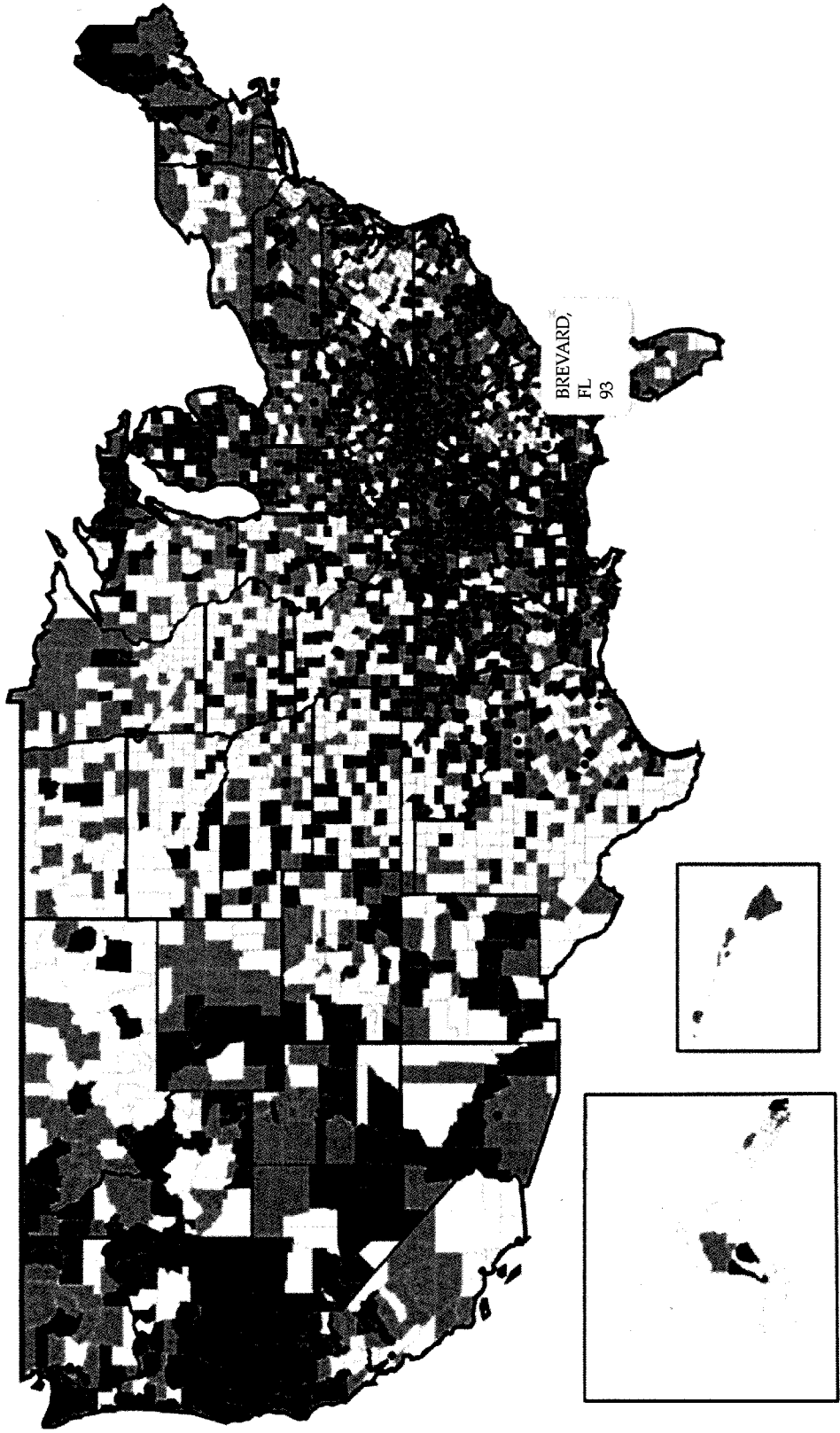
**ADJOURNMENT**

There being no further business to discuss, the meeting adjourned at 4:22 p.m.

Billie Fitzgerald  
Chairperson



- Cities
- 2016 Rate per 100 persons
- < 57.2
- 57.2 - 82.3
- 82.4 - 112.5
- > 112.5
- Missing Data
- States
- Inset maps

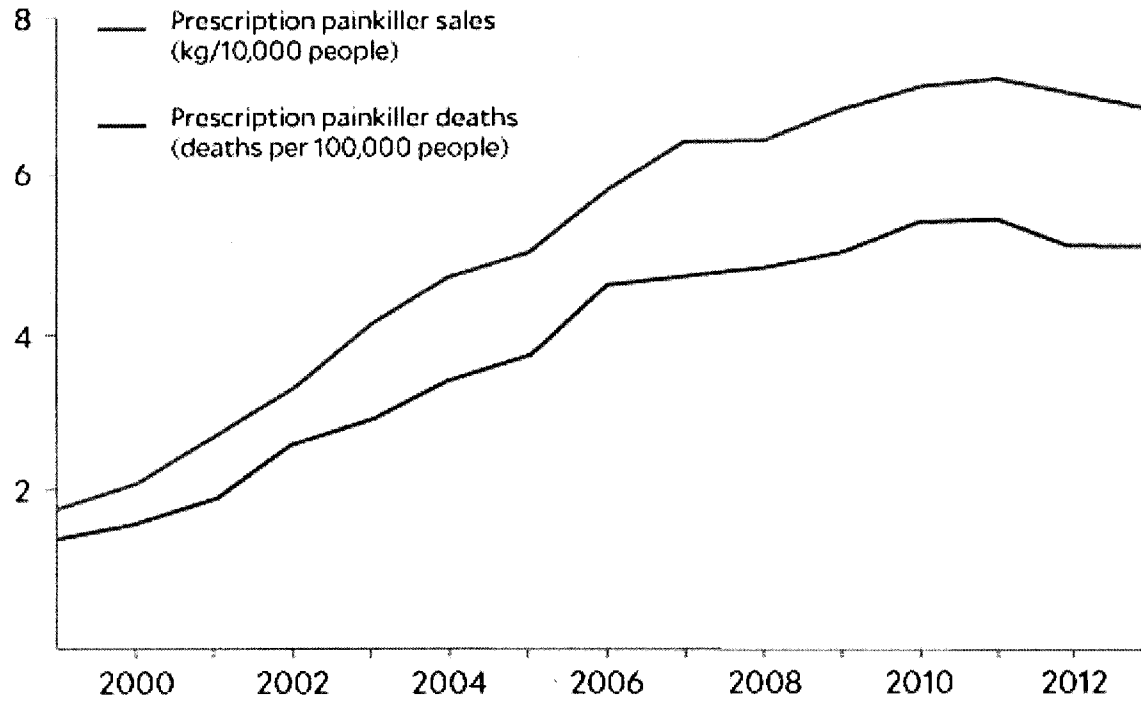


# **FDA Safe and Effective**

- **Off Label Marketing**

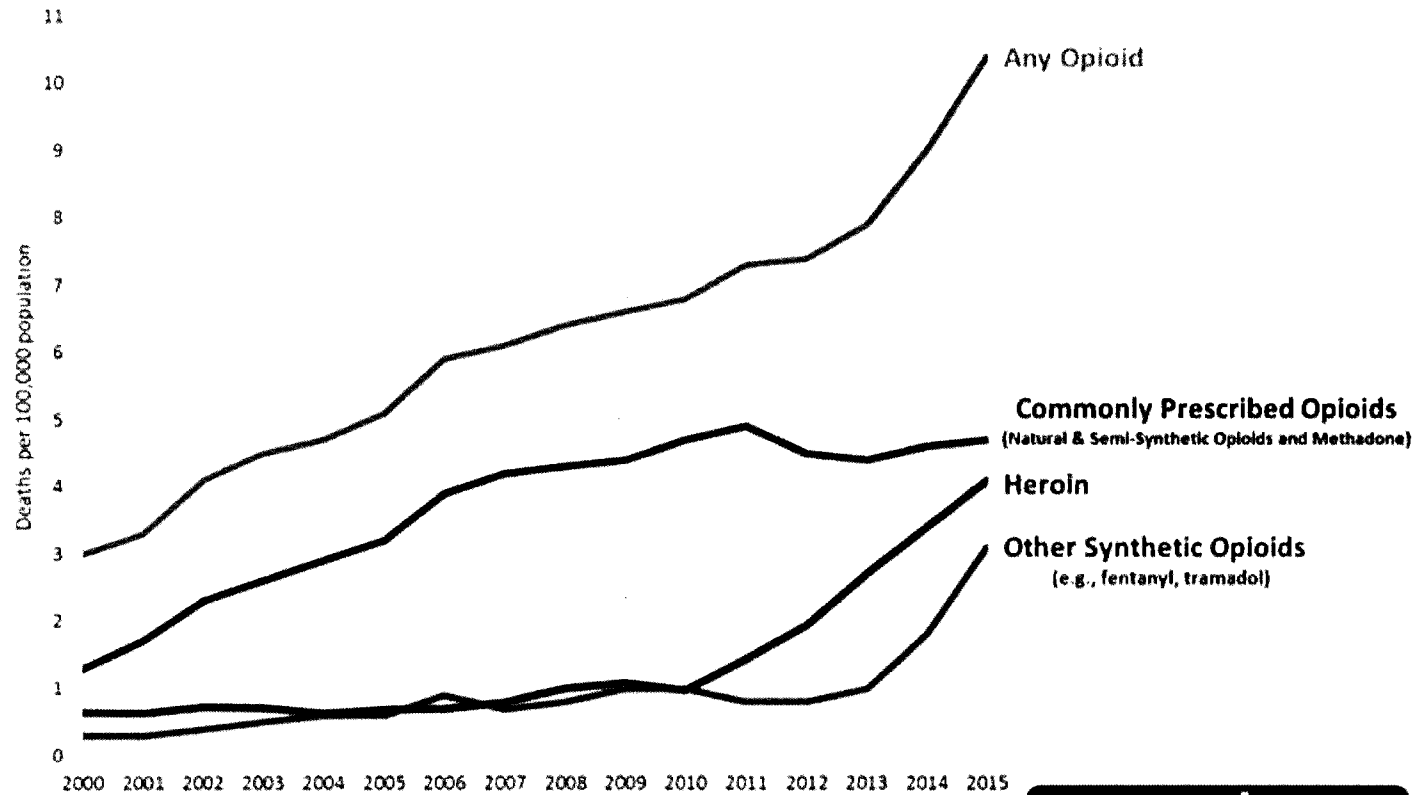
- **Off Label Prescriptions**

# Prescription Opioid Sales and Deaths, 1999-2013



Sources: National Vital Statistics System, Drug Enforcement Administration

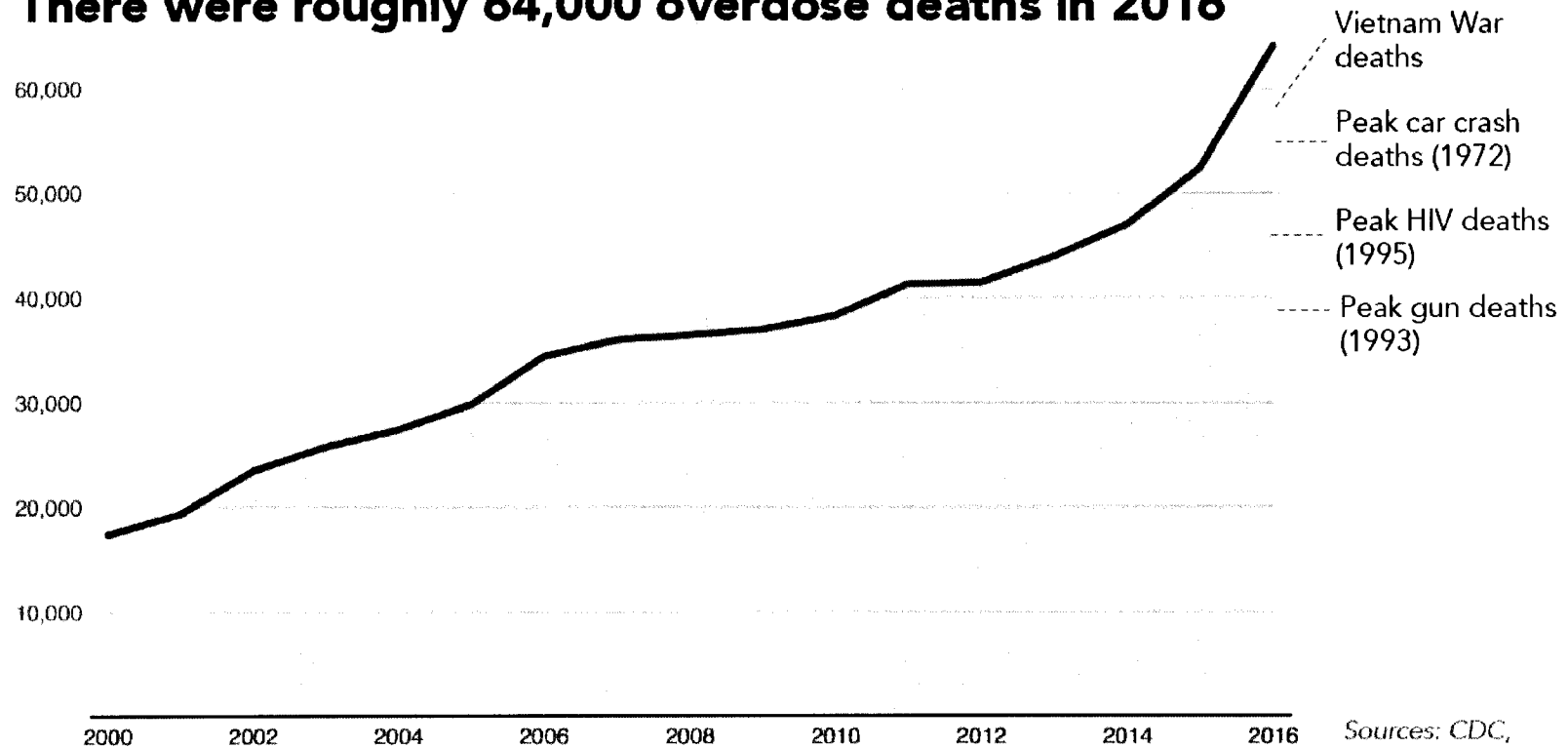
## Overdose Deaths Involving Opioids, United States, 2000-2015



SOURCE: CDC/NCHS, National Vital Statistics System, Mortality. CDC WONDER, Atlanta, GA: US Department of Health and Human Services, CDC; 2016. <https://wonder.cdc.gov/>.



## There were roughly 64,000 overdose deaths in 2016



Sources: CDC,  
*National Archives*

**“This is a triple epidemic** with rising waves of deaths due to separate types of opioids each building on top of the prior wave. The first wave of **prescription opioid** mortality began in the 1990s. The second wave, due to **heroin**, began around 2010 with heroin-related overdose deaths tripling since then. Now synthetic opioid-related overdoses, including those due to illicitly manufactured **fentanyl** and fentanyl analogues, are causing the third wave with these overdose deaths doubling between 2013 and 2014.”

*Source: Daniel Ciccarone, International Journal of Drug Policy, “Fentanyl in the US heroin supply: A rapidly changing risk environment”*

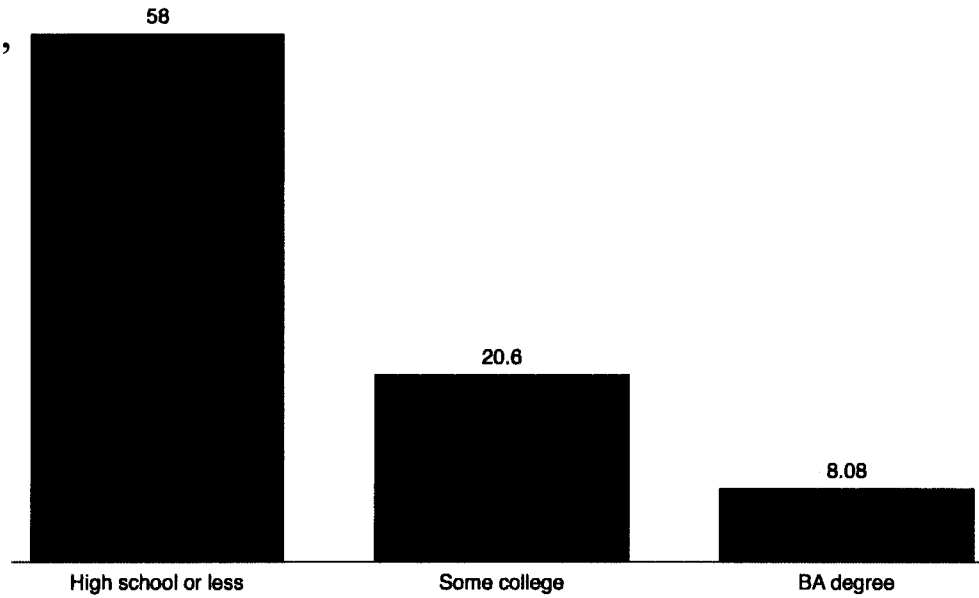
**Who is Dying?**

**white - undereducated**



# Overdose rate by educational level

Deaths per 100,



Source: *Proceedings of the National Academy of Sciences*

**How did we get here?**

# Dollars Spent Marketing OxyContin (1996-2001)

**Figure 1: Promotional Spending for Three Opioid Analgesics In First 6 Years of Sales**

Absolute dollars in millions

30

25

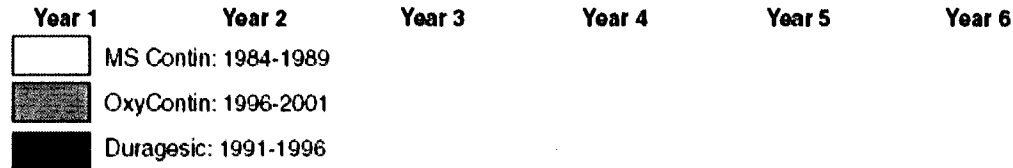
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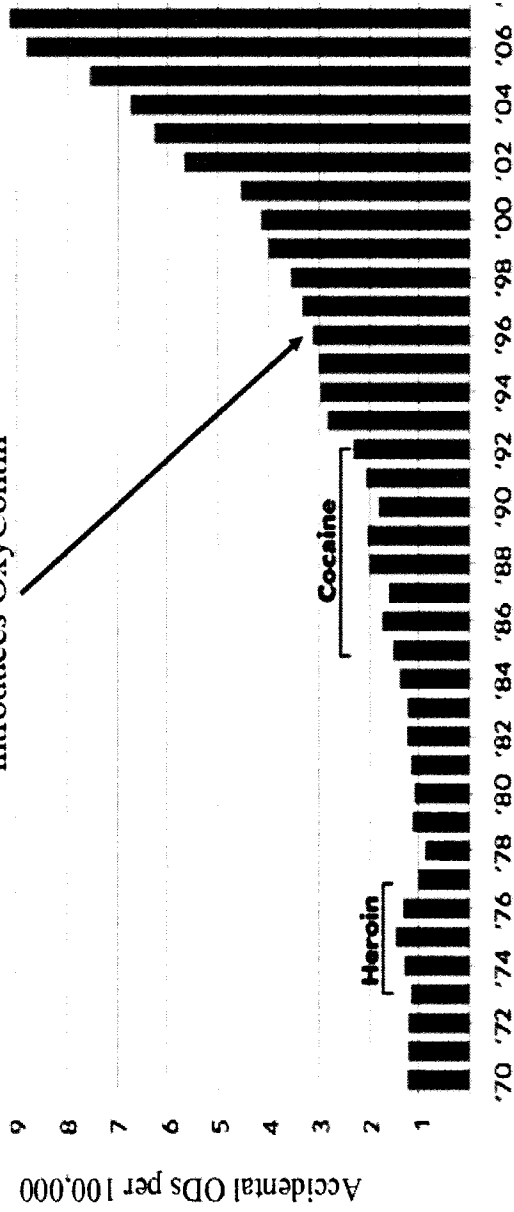
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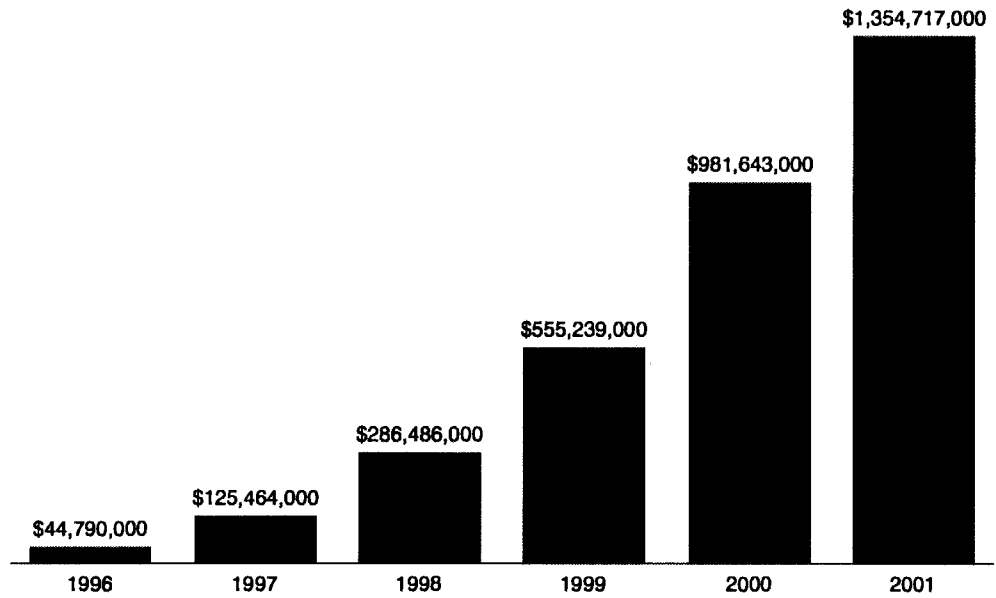


Source: United States General Accounting Office: Dec. 2003, "OxyContin Abuse and Diversion and Efforts to Address the Problem."

1996: Purdue Pharma  
introduces OxyContin



# 1996-2001: OxyContin sales multiply 30x



Source: GAO

# The Effectiveness and Risks of Long-Term Opioid Therapy for Chronic Pain: A Systematic Review for a National Institutes of Health Pathways to Prevention Workshop

Roger Chou, MD; Judith A. Turner, PhD; Emily B. Devine, PharmD, PhD, MBA; Ryan N. Hansen, PharmD, PhD; Sean D. Sullivan, PhD; Ian Blazina, MPH; Tracy Dana, MLS; Christina Bougatsos, MPH; and Richard A. Deyo, MD, MPH

**Background:** Increases in prescriptions of opioid medications for chronic pain have been accompanied by increases in opioid overdoses, abuse, and other harms and uncertainty about long-term effectiveness.

**Purpose:** To evaluate evidence on the effectiveness and harms of long-term (>3 months) opioid therapy for chronic pain in the United States.

**Data Sources:** MEDLINE, the Cochrane Central Register of Controlled Trials, the Cochrane Database of Systematic Reviews, PsycINFO, and CINAHL (January 2008 through August 2014); relevant studies from a prior review; reference lists; and ClinicalTrials.gov.

**Study Selection:** Randomized trials and observational studies that involved adults with chronic pain who were prescribed long-term opioid therapy and that evaluated opioid therapy versus placebo, no opioid, or nonopioid therapy; different opioid dosing strategies; or risk mitigation strategies.

**Data Extraction:** Dual extraction and quality assessment.

**Data Synthesis:** No study of opioid therapy versus no opioid therapy evaluated long-term (>1 year) outcomes related to pain, function, quality of life, opioid abuse, or addiction. Good- and

fair-quality observational studies suggest that opioid therapy for chronic pain is associated with increased risk for overdose, opioid abuse, fractures, myocardial infarction, and markers of sexual dysfunction, although there are few studies for each of these outcomes; for some harms, higher doses are associated with increased risk. Evidence on the effectiveness and harms of different opioid dosing and risk mitigation strategies is limited.

**Limitations:** Non-English-language articles were excluded, meta-analysis could not be done, and publication bias could not be assessed. No placebo-controlled trials met inclusion criteria, evidence was lacking for many comparisons and outcomes, and observational studies were limited in their ability to address potential confounding.

**Conclusion:** Evidence is insufficient to determine the effectiveness of long-term opioid therapy for improving chronic pain and function. Evidence supports a dose-dependent risk for serious harms.

**Primary Funding Source:** Agency for Healthcare Research and Quality.

*Ann Intern Med.* 2015;162:276-286. doi:10.7326/M14-2559 [www.annals.org](http://www.annals.org)

For author affiliations, see end of text.

This article was published online first at [www.annals.org](http://www.annals.org) on 13 January 2015.

# Key messages of opioid marketing

- Millions suffer from chronic pain, and it's undertreated
- Opioids are convenient and effective
- Addiction to opioids is very rare
- Don't give into "opiophobia"
- Tapering is easy
- Effective for chronic pain

# Purdue's tactics, according to GAO

- Funded the American Pain Society, which introduced the “Pain is the Fifth Vital Sign” campaign in 1996, encourages physicians to ask every patient about pain.
- Partnered with and funded the Joint Commission, which accredits health care organizations



Source: GAO



# Partners Against Pain FAQ, 2000

**Q. Aren't these pain medicines addictive? I don't want that to happen.**

**A.** Drug addiction means using a drug to get “high” rather than to relieve pain. You are taking the pain medication for medical purposes. The medical purpose is clear and the effects are beneficial, not harmful.

True addiction very rarely occurs when opioids are being used properly under medical supervision to relieve pain. If your pain gets better, your doctor can reduce the amount you take. Follow your doctor's orders for taking less medicine, just as you do if the amount is increased.

*Source: Internet Archives, [partnersagainstpain.com](http://partnersagainstpain.com) on March 2, 2000*

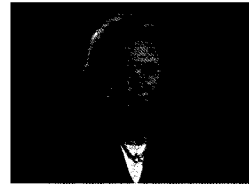
# **Partners Against Pain FAQ, 2000**

**Q. What should I do if my pain gets worse when I'm taking opioid medication?**

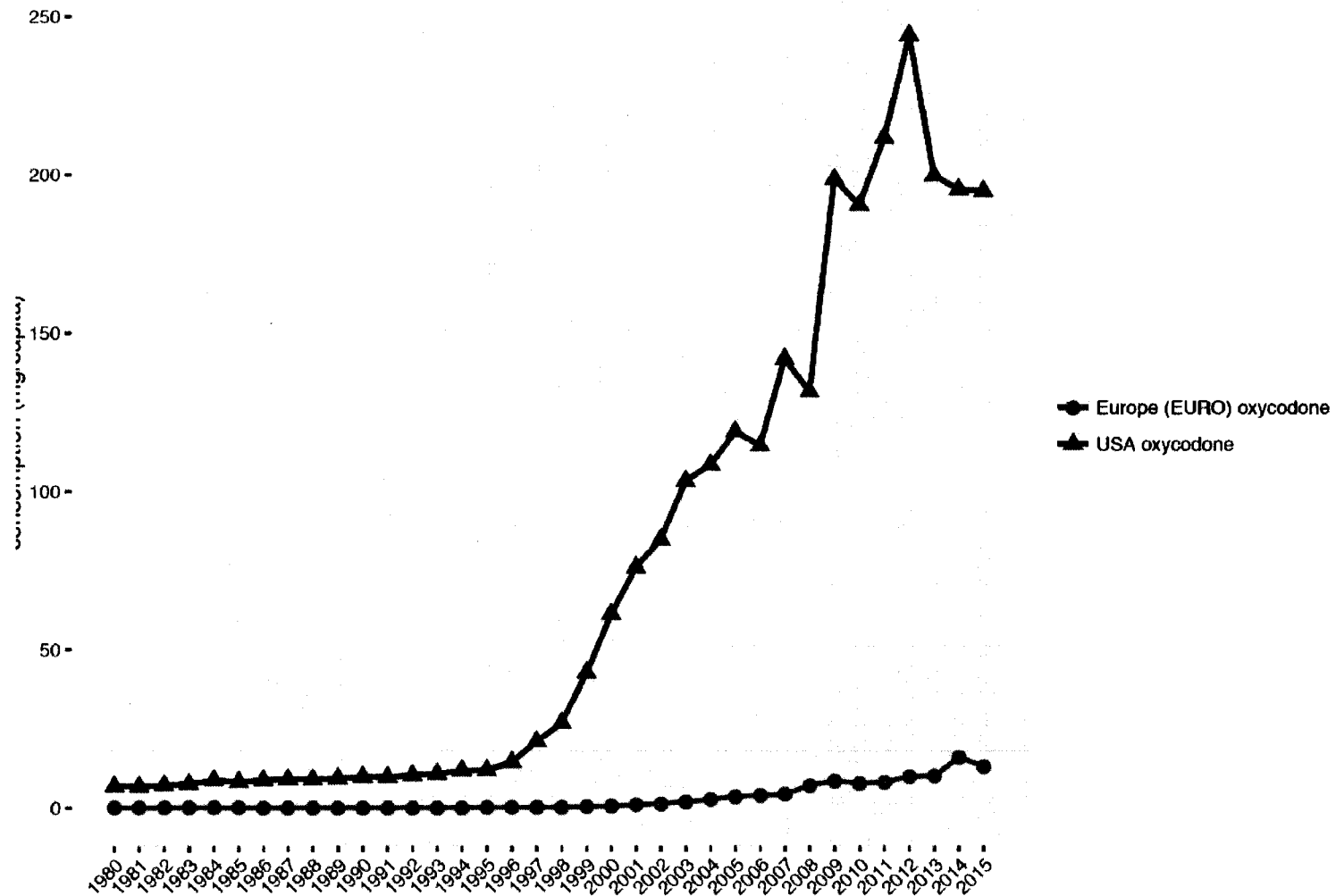
**A. With opioids, if the prescribed dosage level is inadequate, usually all it takes to get pain relief is to increase the dose after a careful assessment by your doctor.**

## TWO INFAMOUS ARTICLES

- Porter and Jick: N Engl J Med. 1980;302(2):123. Addiction rare in patients treated with narcotics. A letter to the editor, inpatient short term opioids, short follow-up by mail or phone.
- Portenoy and Foley: Chronic use of opioid analgesics in non-malignant pain: report of 38 cases. Pain 1986; 25:171-86. Misleading, low doses, short follow-up, friends and relatives of their cancer patients.

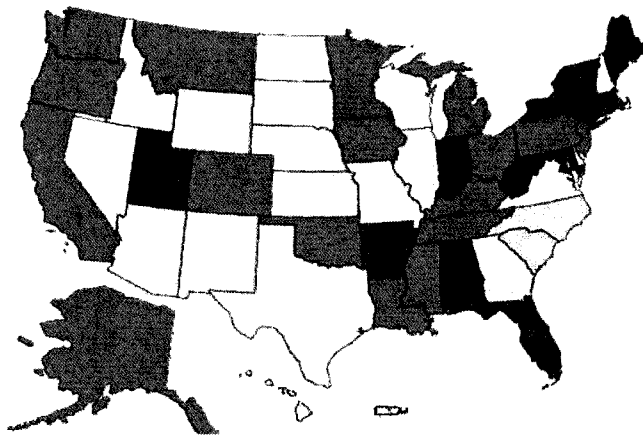


USA oxycodone consumption (mg/capita)  
1980-2015



Sources: International Narcotics Control Board; World Health Organization population data

**Primary non-heroin opiates/synthetics admission rates, by State  
(per 100,000 population aged 12 and over)**



**1999**  
(range 1 - 50)

SD  
a - 14 D

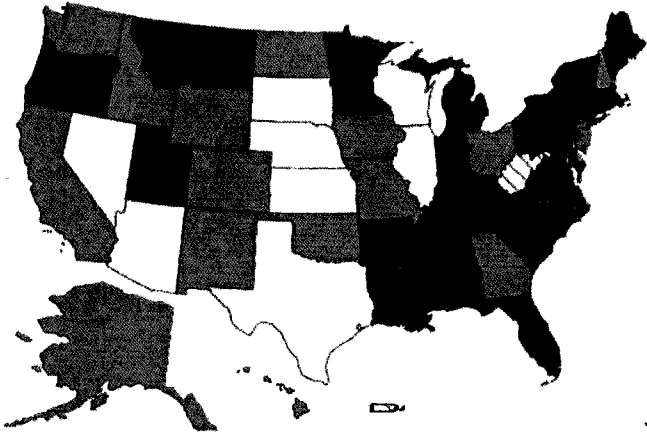
15 - 18.  
19 - 44.

45 or more  
Incompletedata



SOURCE: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, Treatment Episode Data Set (TEDS). Data received through 11.03.10.

**Primary non-heroin opiates/synthetics admission rates, by State  
(per 100,000 population aged 12 and over)**

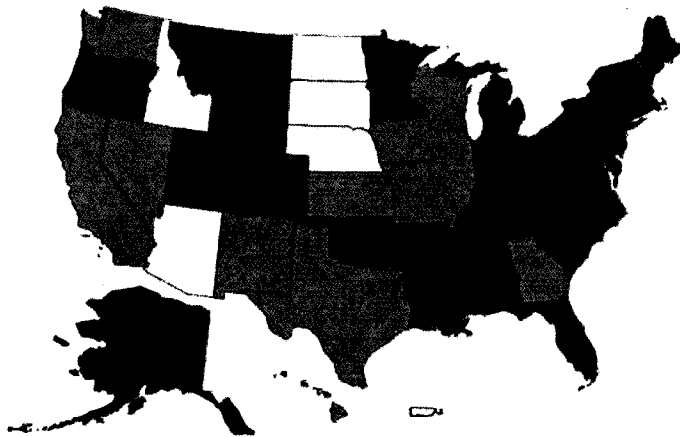


**2001**  
(range 1 - 71)

< 8	15-18	45 or more
8 - 14	19 - 44	Incomplete data

SOURCE: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, Treatment Episode Data Set (TEOS). Data received through 11.03.10.

**Primary non-heroin opiates/synthetics admission rates, by State  
(per 100,000 population aged 12 and over)**

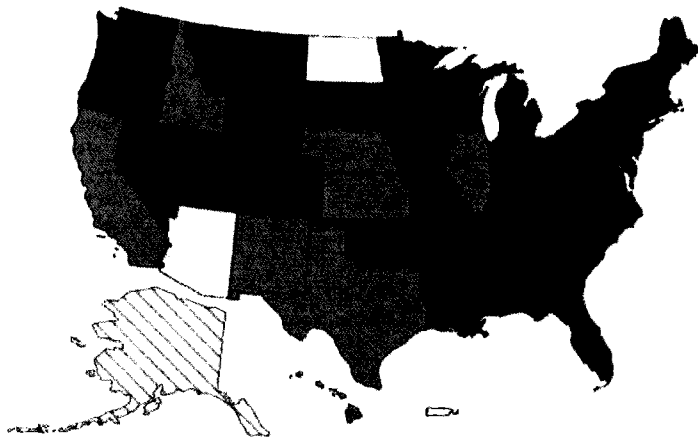


**2003**  
(range 2-139)

<8	15-18.	45 or
8-14	19-44.	more. Incomplete
		tedata

SOURCE: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, Treatment Episode Data Set (TEOS). Data received through 11.03.10.

**Primary non-heroin opiates/synthetics admission rates, by State  
(per 100,000 population aged 12 and over)**



**2005**  
(range 0-214)

45 or more.

Incomplete data

SOURCE: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, Treatment Episode Data Set (TEDS). Data received through 11.03.10.

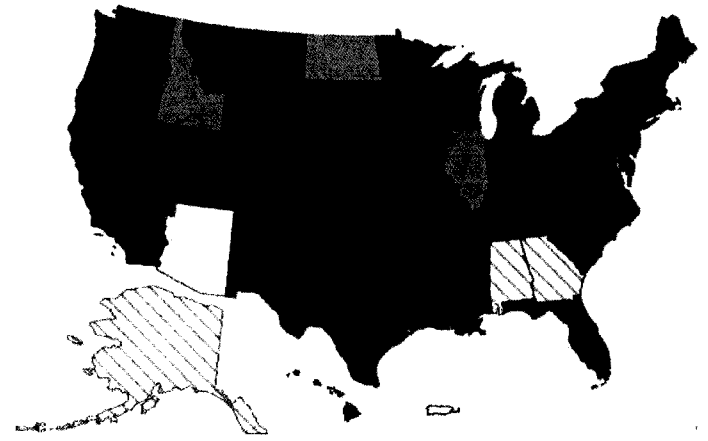
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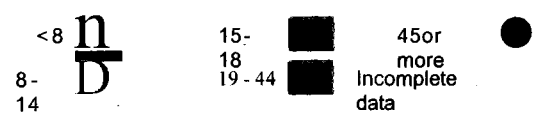
15-44  
Diagonal lines



Primary non-heroin opiates/synthetics admission rates, by State  
 (per 100,000 population aged 12 and over)

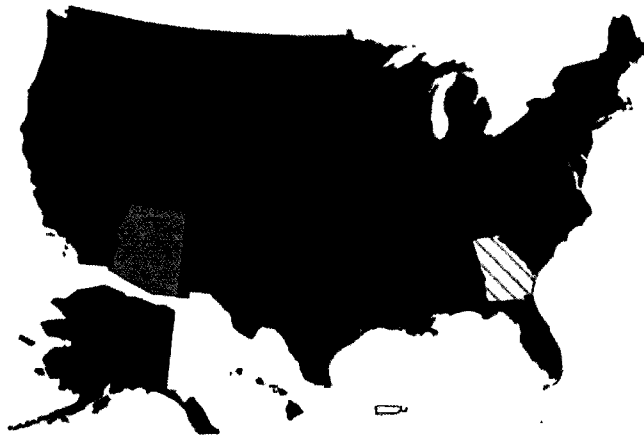


**2007**  
 (range 1 - 340)



SOURCE: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, Treatment Episode Data Set (TEDS). Data received through 11.03.10.

**Primary non-heroin opiates/synthetics admission rates, by State  
(per 100,000 population aged 12 and over)**



**2009**  
(range 1 - 379)

<8			15 - 18.	45 or more
s-14	D		19 - 44.	Incompletedata

SOURCE : Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, Treatment Episode Data Set (TEDS). Data received through 11.03.10.

**What are the societal costs?**

**\$\$\$**

- CDC researchers estimate the economic burden of the epidemic to the country in **2013** was **\$78.5 billion**.
- About one third—\$28.9 billion—is from higher **health care** and addiction treatment costs
- \$7.7 billion in **criminal justice**-related costs, paid mostly by local and state governments
- \$20 billion in **lost productivity** in nonfatal cases

*Source: National Center for Injury Prevention and Control, CDC*

# Where is Government?

# Pro-painkiller lobby shapes policy amid drug epidemic

Matthew Perrone and Ben Wieder, Associated Press and Center for Public Integrity

Over the past decade, drug companies and opioid-friendly groups spent more than

**\$880 million**

on lobbying and political contributions.  
That's more than:

**8 times**

the gun lobby's spending

**200 times**

the spending of groups advocating stricter opioid prescription rules

## POLITICAL SPENDING

Opioid manufacturers and their allies have contributed roughly \$80 million to state and federal candidates and have spent about \$746 million on state and federal lobbying since 2006. How the spending breaks down:

to State	to Federal	for State/Federal candidates	
\$109 mil.	\$716 mil.	45% Dems	54% Reps



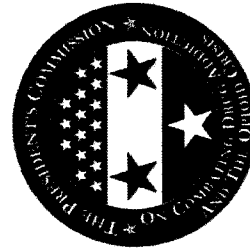
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**THE PRESIDENT'S COMMISSION  
ON COMBATING DRUG ADDICTION  
AND THE OPIOID CRISIS**

---

**Roster of Commissioners**

Governor Chris Christie, Chairman  
Governor Charlie Baker  
Governor Roy Cooper  
Congressman Patrick J. Kennedy  
Professor Bertha Madras, Ph.D.  
Florida Attorney General Pam Bondi



**DRAFT**

Dear Mr. President:

I am proud to present to you today the interim report prepared by your Commission on Combating Drug Addiction and the Opioid Crisis. This interim report is just a start; our work is ongoing and we will have more to share with you and the nation later in the Fall of 2017. We now recommend several actions for you to take as our nation's Chief Executive and someone who spoke passionately on this issue in the 2016 campaign.

Our nation is in a crisis. Your Executive Order recognized that fact. The work of your Commission so far acknowledges the severity of this national problem.

According to the Centers for Disease Control (CDC), the most recent data estimates that ~~142~~ ~~Americans die every day from a drug overdose~~. Our citizens are dying. We must act boldly to stop it. ~~The opioid epidemic we are facing is unparalleled. The average American would likely be shocked to know that drug overdoses now kill more people than gun homicides and car crashes combined. In fact,~~ between 1999 and 2015, more than 560,000 people in this country died due to drug overdoses – this is a death toll larger than the entire population of Atlanta. As we have all seen, opioids are a prime contributor to our addiction and overdose crisis. In 2015, ~~nearly two-thirds of those overdoses were linked to opioids like Percocet, OxyContin, heroin, and fentanyl. This is an epidemic that all Americans face because here is the grim reality: Americans consume more opioids than any other country in the world. In fact, in 2015, the amount of opioids prescribed in the US was enough for every American to be medicated around the clock for three weeks.~~

~~Since 1999, the number of opioid overdoses in America have quadrupled according to the CDC.~~ Not coincidentally, in that same period, the amount of prescription opioids in America have quadrupled as well. This massive increase in prescribing has occurred despite the fact that there has not been an overall change in the amount of pain Americans have reported in that time period. We have an enormous problem that is often not beginning on street corners; it is starting in doctor's offices and hospitals in every state in our nation.

But, the challenge of reducing opioid supplies has evolved. As access to prescription opioids tightens, consumers increasingly are turning to dangerous street opioids, heroin, fentanyl alone or combined, and mingled with cocaine or other drugs. In 2016, specific states witnessed an escalating number of overdose deaths due to heroin and/or fentanyl(s), in some states vastly exceeding deaths due to prescription opioids.

In 2015, 27 million people reported current use of illegal drugs or abuse of prescription drugs. Despite this self-reporting, only 10 percent of the nearly 21 million citizens with a substance use disorder (SUD) receive any type of specialty treatment according to the most recent National Survey on Drug Use and Health. This is contributing greatly to the increase of deaths from overdose.

Over forty percent of people with a substance use disorder also have a mental health problem, but less than half of these people receive treatment for either issue. The reasons for these



- **Unsubstantiated claims:** One early catalyst can be traced to a single letter to the Editor of the New England Journal of Medicine published in 1980, that was then cited by over 600 subsequent articles.<sup>1,2</sup> With the headline "Addiction Rare in Patients Treated with Narcotics,

the flawed conclusion of the five-sentence letter was based on scrutiny of records of hospitalized patients administered an opioid. It offered no information on opioid dose, number of doses, the duration of opioid treatment, whether opioids were consumed after hospital discharge, or long-term follow-up, nor a description of criteria used to designate opioid addiction. Six years later, another problematic study concluded that "opioid maintenance therapy can be a safe, salutary and more humane alternative to the options of surgery or no treatment in those patients with intractable

non-malignant pain and no history of drug abuse."<sup>3</sup> High quality evidence demonstrating that opioids can be used safely for chronic non-terminal pain did not exist at that time. These reports eroded the historical evidence (see Appendix 2) of iatrogenic addiction and aversion to opioids, with the poor-quality evidence that was unfortunately accepted by federal agencies and other oversight organizations.

- **Pain patient advocacy:** Advocacy for pain management and/or the use of opioids<sup>4</sup>

by pain patients was promoted, not only by patients, but also by some physicians. One notable physician stated: "make pain 'visible' ... ensure patients a place in the communications loop... assess patient satisfaction; and work with narcotics control authorities to encourage therapeutic opiate use... therapeutic use of opiate analgesics rarely results in addiction."<sup>7</sup>

- **The opioid pharmaceutical manufacturing and supply chain industry: One pharmaceutical company sponsored over 20,000 educational events for physicians and others on managing pain with opioids, claiming their potential for addiction was low.**

Yet, warning signs of the addictive potential of oxycodone and similar opioids long predated this period: in

1963, Bloomquist wrote that dihydrohydroxycodone (oxycodone, Percodan®), "although a useful analgesic retains addiction potential comparable to that of morphine. This fact should be considered when it is prescribed. Because of increasing numbers of addicts to this drug in the State of California, the California Medical Association Committee on Dangerous Drugs and the House of Delegates has recommended that oxycodone-containing drugs be returned to the triplicate prescription list as they were originally in 1949." This recommendation failed to pass the legislature.<sup>9</sup> Similar warnings followed.

Aggressive promotion of an oxycodone brand from 1997-2002 led to a 10-fold rise in prescriptions to treat moderate to severe noncancer pain, and increases in prescribing of other opioids. Subsequently, the highest strengths permissible was increased for opioid-tolerant patients, likely contributing to its misuse. Extended-release (ER) formulations and delayed absorption were marketed as reducing abuse liability, but crushing the pills allowed users to snort or inject the drugs.<sup>10,11</sup> There are now at least five marketed opioids that carry abuse deterrent labeling. It has been hypothesized that the marked rise in heroin and other illicit synthetic opioids is, in part, associated with unintended consequences of reformulation of OxyContin, and a reduced supply and greater expense of prescription opioids.<sup>12,13</sup>

To this day, the opioid pharmaceutical industry influences the nation's response to the crisis.<sup>14</sup> For example, during the comment phase of the guideline developed by the Centers for Disease Control and Prevention (CDC) for pain management, opposition to the guideline was more common among organizations with funding from opioid manufacturers than those without funding from the life sciences industry.<sup>15</sup>

- **Rogue pharmacies and unethical physician prescribing:** The key contributors of the large number of diverted opioids were unrestrained distributors, rogue pharmacies, unethical

**Purdue is not alone**

30 Units      **64 Cypations**      **MC 508-38-38**  
Only for patients already taking opioids (nonopioid such as fentanyl or morphine)

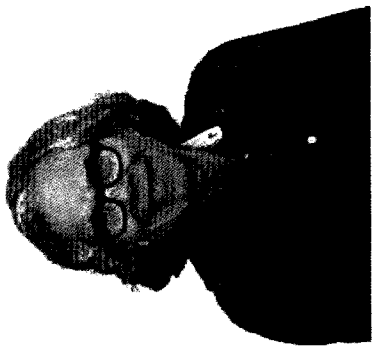
**ACTIO®**  
(oral transmucosal  
fentanyl citrate)



equivalent to **200 mcg** fentanyl base  
\*Warning: May be habit forming.

**WARNING: Keep out of the reach of children.  
Accidental ingestion of this medicine by a child could be harmful or fatal.  
Keep medicine out of sight of children. Lock up the medicine in a secure place.**





**John Kapoor, Insys Founder**

# INSYS THERAPEUTICS (INSY) NAS

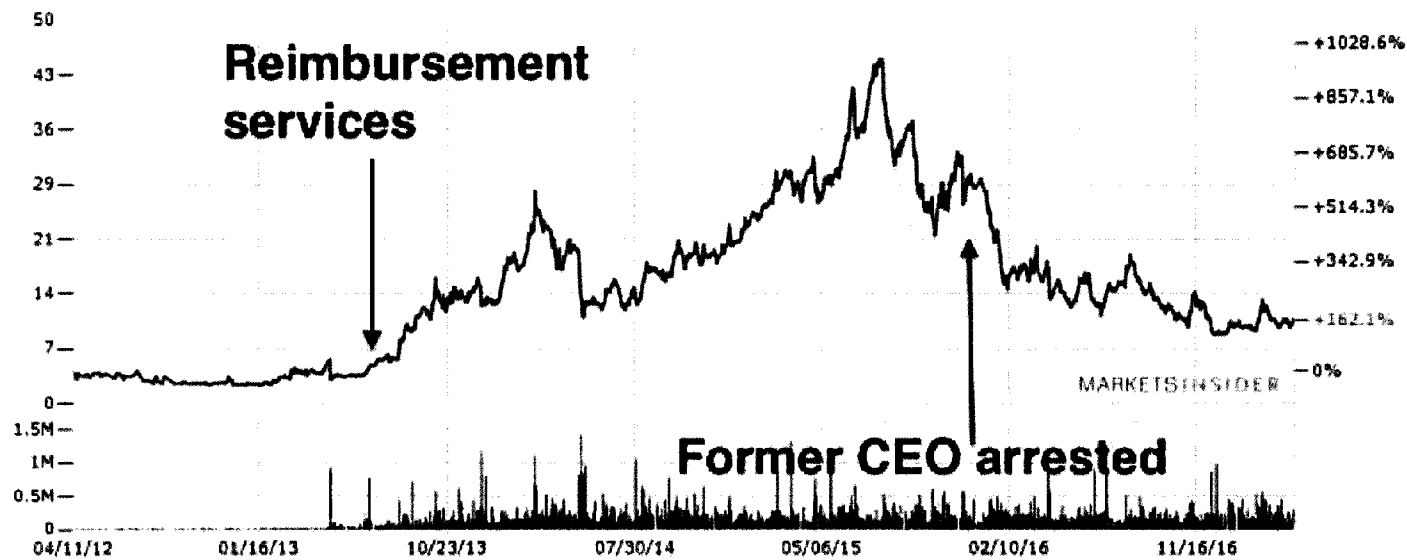
+ ADD

↑ SHARE

▼ **10.83** USD -0.20 (-1.81%) 11:19:25 AM EDT BTT

Prev. Close <b>11.03</b>	Market Cap (USD) <b>742.11 M</b>	Day Low <b>10.90</b>	Day High <b>11.54</b>	52 Week Low <b>8.70</b>	52 Week High <b>19.91</b>
Open <b>11.09</b>	Volume (Qty.) <b>128,988</b>	<small>10.92</small>		<small>10.92</small>	

INTRADAY 1W 1M 3 MO. 6 MO. 1Y 3Y 5Y 10Y MAX CHART OPTIONS ≡ EXCHANGE: NAS

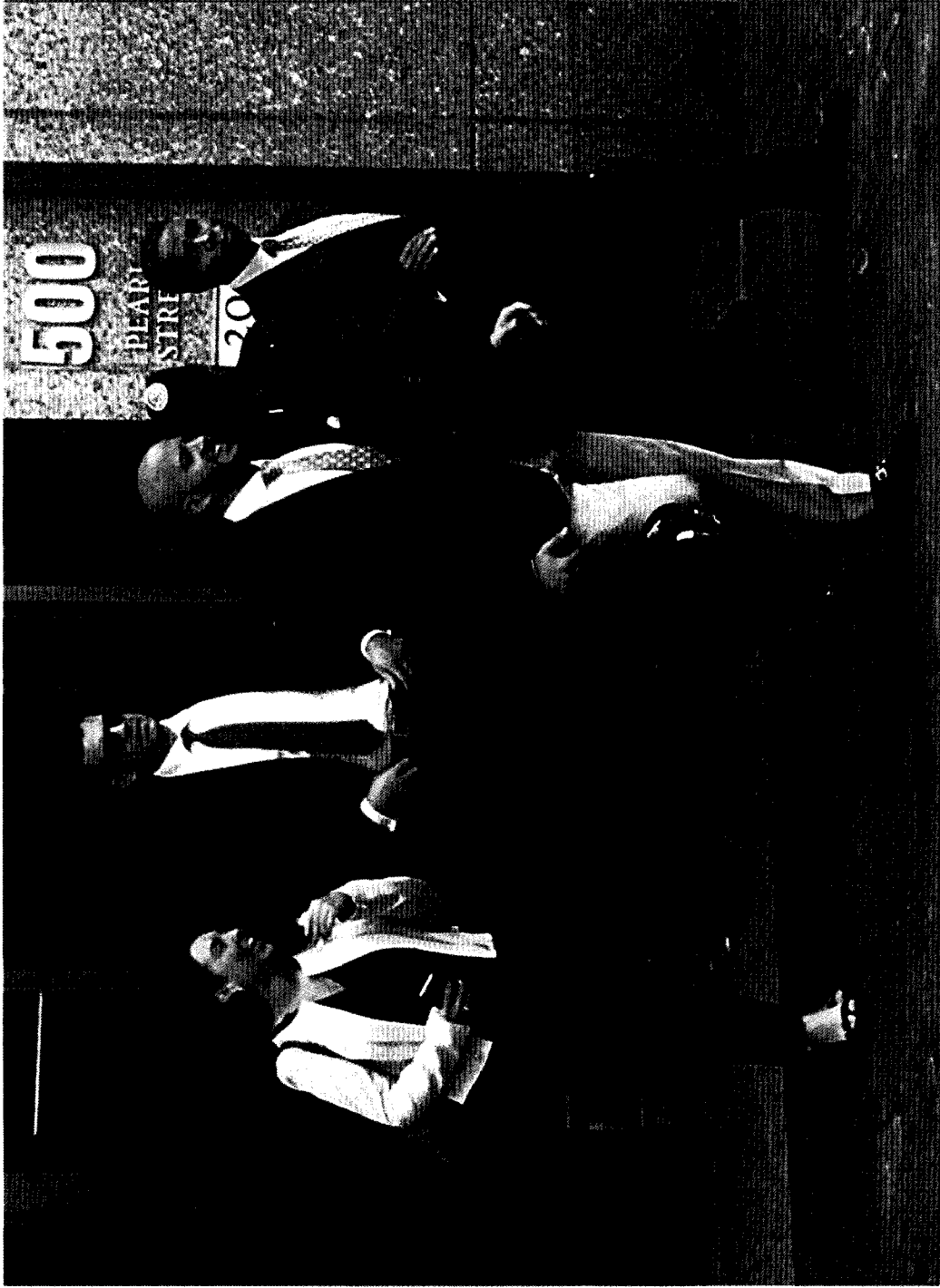


**How did they do it?**



**THE NAKED TRUTH**

**([HTTP://FUSION.NET/SHOW/THE-NAKED-TRUTH/](http://fusion.net/show/the-naked-truth/))  
SALES REP IN DRUG-FRAUD CASE: I WAS HIRED TO PLEASE A DOCTOR WHO LIKED ME**





**DRAFT AGENDA  
BOARD OF DIRECTORS MEETING - REGULAR MEETING  
NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER  
FEBRUARY 5, 2018  
NO EARLIER THAN 3:00 P.M.,  
FOLLOWING THE LAST COMMITTEE MEETING  
FIRST FLOOR, CONFERENCE ROOM 2/3/4/5**

**CALL TO ORDER**

- I. Pledge of Allegiance
- II. PMC's Vision – *Healing Families – Healing Communities*
- III. Approval of Agenda
- IV. Review and Approval of Minutes (December 4, 2017)
- V. Open Forum for PMC Physicians
- VI. Public Comments
- VII. Unfinished Business
- VIII. New Business
  - A. 2018 Board of Directors Committee Roster – Mr. Cole

**Motion to approve the 2018 Board of Director Committee Roster, as presented.**

- IX. Medical Staff Report Recommendations/Announcements – Dr. Tronetti
  - A. Resignations – **For Information Only**
    - Joaquin Barbara, MD (Active/Internal Medicine/Hospitalist Program) Effective January 30, 2018/Appointed August 17, 2017
    - Patricia Parrish, PA-C (AHP/Dr. Nettleton) Effective December 15, 2017/Appointed March 7, 2016
    - James Kim, MD (Active/Cardiology) Effective December 28, 2017/Appointed January 4, 2016
    - David Buser, MD (Active/Radiation Oncology) Effective December 28, 2017/Appointed June 12, 2017

BOARD OF DIRECTORS MEETING  
FEBRUARY 5, 2018  
PAGE 2

- X. Public Comments (as needed for revised Consent Agenda)
- XI. Consent Agenda
  - A. Finance Committee
    - 1. Recommend the Board of Directors accept the Pension Plan Actuarial Valuation as of October 2, 2017.
    - 2. Recommend the Board of Directors to declare the equipment listed in the requests for Disposal of Obsolete or Surplus Property Forms as surplus and obsolete and dispose of same in accordance with FS274.05 and FS274.96.
- XIV. Committee Reports
  - A. Quality Committee – Mr. Cole
  - B. Budget and Finance Committee – Mr. Retz
  - C. Executive Committee – Mr. Jordan
  - D. Educational, Governmental and Community Relations Committee – Ms. Fitzgerald
  - E. Planning, Physical Facilities & Properties Committee (Did Not Meet)
- XV. Process and Quality Report – Mr. Mikitarian
  - A. Other Related Management Issues/Information
  - B. Hospital Attorney - Mr. Boyles
- XVI. Other
- XVII. Closing Remarks – Chairman
- XVIII. Executive Session (if necessary)
- XIX. Open Forum for Public

BOARD OF DIRECTORS MEETING  
FEBRUARY 5, 2018  
PAGE 3

**ADJOURNMENT**

NOTE: IF A PERSON DECIDES TO APPEAL ANY DECISION MADE BY THE BOARD WITH RESPECT TO ANY MATTER CONSIDERED AT THIS MEETING, HE/SHE WILL NEED A RECORD OF PROCEEDINGS AND, FOR SUCH PURPOSES, MAY NEED TO ENSURE A VERBATIM RECORD OF THE PROCEEDINGS IS MADE AND THAT THE RECORD INCLUDES TESTIMONY AND EVIDENCE UPON WHICH THE APPEAL IS TO BE BASED.

PERSONS WITH A DISABILITY WHO NEED A SPECIAL ACCOMMODATION TO PARTICIPATE IN THIS PROCEEDING SHOULD CONTACT MS. LISA CAVALLERO, EXECUTIVE DIRECTOR OF SUPPORT SERVICES, AT 951 NORTH WASHINGTON AVENUE, TITUSVILLE, FLORIDA 32796, AT LEAST FORTY-EIGHT (48) HOURS PRIOR TO THE MEETING. FOR INFORMATION CALL (321) 268-6190 OR (321) 383-9829 (TDD).

THIS NOTICE WILL FURTHER SERVE TO INFORM THE PUBLIC THAT MEMBERS OF THE BOARD OF DIRECTORS OF NORTH BREVARD MEDICAL SUPPORT, INC. MAY BE IN ATTENDANCE AND MAY PARTICIPATE IN DISCUSSIONS OF MATTERS BEFORE THE NORTH BREVARD COUNTY HOSPITAL DISTRICT BOARD OF DIRECTORS. TO THE EXTENT OF SUCH DISCUSSIONS, A JOINT PUBLIC MEETING OF THE NORTH BREVARD COUNTY HOSPITAL DISTRICT AND NORTH BREVARD MEDICAL SUPPORT, INC. SHALL BE CONDUCTED.

**NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER  
BOARD OF DIRECTORS – REGULAR MEETING**

A regular meeting of the Board of Directors of the North Brevard County Hospital District operating Parrish Medical Center was held on December 4, 2017 in Conference Room 2/3/4/5, First Floor. The following members were present:

Herman A. Cole, Jr., Chairman  
Peggy Crooks  
Billie Fitzgerald  
Elizabeth Galfo, M.D.  
Robert L. Jordan, Jr., C.M.  
Jerry Noffel  
Maureen Rupe  
Ashok Shah, M.D

Member(s) Absent:

Stan Retz (excused)

A copy of the attendance roster of others present during the meeting is appended to the file copy of these minutes.

**CALL TO ORDER**

Mr. Cole called the meeting to order at 4:22 p.m.

**PLEDGE OF ALLEGIANCE**

Mr. Cole led the Board of Directors, staff and public in reciting the Pledge of Allegiance.

**PMC'S VISION – *Healing Families – Healing Communities*®**

Mr. Cole led the Board of Directors, staff and public in reciting PMC's Vision – *Healing Families – Healing Communities*®.

**APPROVAL OF AGENDA**

Mr. Cole asked for approval of the agenda in the packet. Discussion ensued and the following motion was made by Mr. Jordan, seconded by Ms. Crooks and approved (7 ayes, 0 nays, 0 abstentions). Dr. Galfo and Mr. Noffel were not present when the vote was taken.

***ACTION TAKEN: MOTION TO APPROVE THE AGENDA AS PRESENTED.***

**REVIEW AND APPROVAL OF MINUTES**

Discussion ensued and the following motion was made by Mr. Jordan, seconded by Ms. Crooks and approved (7 ayes, 0 nays, 0 abstentions). Dr. Galfo and Mr. Noffel were not present when the vote was taken.

***ACTION TAKEN: MOTION TO APPROVE THE OCTOBER 2, 2017 MINUTES, AS PRESENTED.***

**OPEN FORUM FOR PMC PHYSICIANS**

There were no physician comments.

**RECOGNITIONS**

Mr. Loftin noted Mrs. Erin Head, Director, Health Information Systems was recognized as the University of Cincinnati's 2017 Allied Health Outstanding Alumni member.

Vidya Hate, MD, successfully completed the 2017 Maintenance of Certification assignment for the America Board of Obstetrics and Gynecology.

Denis Perez, MD, successfully completed the 2017 Maintenance of Certification assignment for the America Board of Obstetrics and Gynecology.

Simon Symeonides, MD, successfully completed the 2017 Maintenance of Certification assignment for the America Board of Internal Medicine.

Ethan Alan Webb, MD, successfully completed the 2017 Maintenance of Certification assignment for the America Board of Internal Medicine.

**PUBLIC COMMENTS**

There were no comments from the public.

**UNFINISHED BUSINESS**

There was no unfinished business.

**NEW BUSINESS**

Discussion ensued and the following motion was made by Mr. Jordan, seconded by Ms. Fitzgerald, and approved (7 ayes, 0 nays, 0 abstentions). Dr. Galfo and Mr. Noffel were not present when the vote was taken.

***ACTION TAKEN: MOTION TO RECOMMEND THE BOARD OF DIRECTORS APPROVE THE ANNUAL ENVIRONMENT OF CARE REPORT AS PRESENTED.***

**MEDICAL STAFF REPORT RECOMMENDATIONS/ANNOUNCEMENTS**

**Resignations**

Resignations were noted for information only, no action required.

**PUBLIC COMMENTS**

There were no public comments regarding the revised consent agenda.

**CONSENT AGENDA**

Discussion ensued regarding the revised consent agenda, and Mr. Boyles recommended removal of Item 1A, and the following motion was made by Mr. Jordan, seconded by Ms. Crooks and approved (7 ayes, 0 nays, 0 abstentions). Dr. Galfo and Mr. Noffel were not present when the vote was taken.

***ACTION TAKEN: MOTION TO APPROVE THE FOLLOWING REVISED CONSENT AGENDA ITEMS:***

- A. Executive Committee
  - 1. Recommend the Board of Directors authorize management to enter into a formal agreement with USSSA to provide medical services at the USSSA facility.

**COMMITTEE REPORTS**

**Quality Committee**

Mr. Cole reported all items were covered during the meeting.

**Budget and Finance Committee**

Mr. Retz reported all items were covered during the meeting.

**Executive Committee**

Mr. Jordan reported all items were covered during the meeting and on the consent agenda.

**Educational, Governmental and Community Relations Committee**

Ms. Fitzgerald reported that all items were covered during the meeting.

**Planning, Physical Facilities and Properties Committee**

Mr. Jordan reported the Planning Committee did not meet.

**PROCESS AND QUALITY REPORT**

None

**Hospital Attorney**

Legal counsel had no report.

**OTHER**

Mr. Cole noted the Music on the Green (formerly, Christmas on the Green) event scheduled for December 10<sup>th</sup> at 3:00 pm, and noted he was hosting an Open House after the event and welcomed all to attend.

**CLOSING REMARKS**

There were no closing remarks.

**OPEN FORUM FOR PUBLIC**

No members of the public spoke.

**ADJOURNMENT**

There being no further business to discuss, the meeting adjourned at 4:29 p.m.

Herman A. Cole, Jr.  
Chairman

**NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER**

**2018 BOARD OF DIRECTORS, OFFICERS AND COMMITTEES**

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**BOARD OF DIRECTORS**

Herman A. Cole, Jr.  
Peggy Crooks  
Billie Fitzgerald  
Elizabeth Galfo, M.D.  
Robert L. Jordan, Jr., C.M.  
Jerry L. Noffel  
Stan Retz, CPA  
Maureen Rupe  
Ashok Shah, M.D.

**OFFICERS**

Herman A. Cole, Jr., Chairman  
Robert L. Jordan, Jr., C.M., Vice Chairman  
Peggy Crooks, Secretary  
Stan Retz, Treasurer



COMMITTEES

**EXECUTIVE COMMITTEE**

Robert L. Jordan, Jr., C.M., Chairperson  
Herman A. Cole, Jr., Vice Chairperson  
Peggy Crooks, Secretary  
Elizabeth Galfo, M.D., Member-at-Large  
Stan Retz, CPA, Treasurer  
George Mikitarian, President/Chief Executive Officer (Non-voting)

**EDUCATIONAL, GOVERNMENTAL AND COMMUNITY RELATIONS**

Billie Fitzgerald  
Elizabeth Galfo, M.D.  
Maureen Rupe  
Herman A. Cole, Jr. (ex-officio)  
Pamela Tronetti, D.O., President/Medical Staff  
George Mikitarian, President/Chief Executive Officer (Non-voting)

**FINANCE COMMITTEE**

Stan Retz, CPA  
Herman A. Cole, Jr. (ex-officio)  
Peggy Crooks  
Billie Fitzgerald  
Elizabeth Galfo, M.D.  
Jerry Noffel  
Christopher Manion, M.D.\*  
Pamela Tronetti, D.O., President/Medical Staff\*\*  
George Mikitarian, President/Chief Executive Officer (Non-voting)

**PLANNING, PHYSICAL FACILITIES AND PROPERTIES COMMITTEE**

Herman A. Cole, Jr. (ex-officio)  
Billie Fitzgerald  
Robert L. Jordan, Jr., C.M.  
Maureen Rupe  
Pamela Tronetti, D.O., President/Medical Staff\*  
George Mikitarian, President/Chief Executive Officer (Non-voting)

**2018 BOARD OF DIRECTORS, OFFICERS AND COMMITTEES**  
**PAGE 3**

**AUDIT COMMITTEE**

Herman A. Cole, Jr. (ex-officio)  
Peggy Crooks  
Jerry Noffel  
Stan Retz, CPA

**QUALITY COMMITTEE**

Herman A. Cole, Jr. (ex-officio)  
Peggy Crooks  
Billie Fitzgerald  
Elizabeth Galfo, M.D.  
Robert L. Jordan, Jr., C.M.  
Jerry Noffel  
Stan Retz, CPA  
Maureen Rupe  
Ashok Shah, M.D.  
Greg Cuculino, M.D.  
Pamela Tronetti, D.O., President/Medical Staff  
George Mikitarian, President/Chief Executive Officer (Non-voting)  
Aluino Ochoa, M.D., Designee/Medical Staff Review Committee  
Patricia Alexander, M.D., Designee/Utilization Management/Medical Records Committee  
Christopher Manion, M.D., Designee/Credentials and Medical Ethics Committee

**JOINT CONFERENCE COMMITTEE**

Herman A. Cole, Jr, Board Member  
Elizabeth Galfo, M.D., Board Member  
Robert L. Jordan, Jr., C.M., Board Member  
Maureen Rupe, Board Member  
Pamela Tronetti, D. O. President/Medical Staff, Chairman  
Joseph Rojas, M.D., Vice President/Medical Staff  
MEC Member – To Be Determined  
MEC Member – To Be Determined  
George Mikitarian, President/Chief Executive Officer (Ex-Officio with Vote)

**BOARD OF DIRECTORS AD HOC CREDENTIALS COMMITTEE**

Jerry L. Noffel, Chairman  
Herman A. Cole, Jr. (ex-officio)  
Billie Fitzgerald  
Ashok Shah, M.D.

**INVESTMENT COMMITTEE**

Peggy Crooks  
Jerry Noffel  
Stan Retz

**BOARD LIAISON APPOINTMENTS**

**Joint Risk Management Committee**

Ashok Shah, M.D.

**Medical Staff Review Committee**

Maureen Rupe

**North Brevard Medical Support, Inc.**

Stan Retz, CPA

\*Medical Staff Representatives

\*\*Designated as the alternate to represent Medical Staff in absence of primary delegate.  
The Vice President of the Medical Staff will represent the President of the Medical Staff  
in his absence at all Board meetings.

(January 29, 2018)

**2018 BOARD OF DIRECTORS, OFFICERS AND COMMITTEES**  
**PAGE 5**

**SCHEDULE OF MEETINGS**

Ad Hoc Credentials Review Committee Executive Session	–	First Monday TBD
Quality Committee	–	First Monday Noon
Budget and Finance Committee	–	First Monday 1:00 p.m.
Executive Committee	–	First Monday (Immediately following Budget and Finance)
Board of Directors Executive Session	–	First Monday (To commence no earlier than 1:30 p.m.)
Education Committee	–	First Monday (Immediately following Executive Session)
Planning Committee	–	First Monday (Immediately following Education Committee)
Board Meeting	–	First Monday (To begin no earlier than 3:00 p.m. or immediately following the last Committee meeting)
Audit Committee	–	TBA
Joint Conference Committee	–	TBA
Medical Executive Committee	–	Third Tuesday 6:00 p.m.
Medical Staff	–	First Tuesday March, June, September, December 6:00 p.m.

**NORTH BREVARD COUNTY HOSPITAL DISTRICT  
OPERATING  
PARRISH MEDICAL CENTER  
MEDICAL EXECUTIVE COMMITTEE MEETING – REGULAR**

**JANUARY 16, 2018**

The regular meeting of the Medical Executive Committee of the North Brevard County Hospital District operating Parrish Medical Center was held January 16, 2018, at 6:00 pm in the Conference Center. A quorum was determined to be present.

**CALL TO ORDER**

Dr. Pamela Tronetti, President, called the meeting to order at 6:04 pm.

**REVIEW AND APPROVAL OF MINUTES**

The following motion was made, seconded, and approved unanimously.

***ACTION TAKEN: MOTION TO APPROVE THE PREVIOUS MEETING MINUTES (DECEMBER 19, 2017) AS WRITTEN AND DISTRIBUTED.***

***ACTION TAKEN:*** Noted by the Committee.

**Election of Secretary-Treasurer**

The floor was open for nominations for Secretary-Treasurer. Dr. Pedro Carmona was nominated. The following motion was made, seconded, and approved unanimously.

***ACTION TAKEN: MOTION TO ELECT DR. PEDRO CARMONA AS SECRETARY - TREASURER.***

**The Joint Commission**

The Committee reviewed the 2018 Hospital National Safety Patient Goals. The 2018 Hospital National Safety Goals will remain in the books and included in the packet each month as a resource. A copy is appended to the file copy of these minutes. Dr. Tronetti reviewed the preliminary findings of the recent triennial Joint Commission survey. She highlighted points from the luncheon with the surveyor and the MEC. The Committee reviewed an article regarding handwashing and Dr. Tronetti expanded on how a team of doctors at one hospital boosted hand washing, cut infections and created a culture of safety. A copy is appended to the file copy of these minutes.

***ACTION TAKEN:*** Noted by the Committee.

**Hospital Consumers Assessment of Healthcare Providers and Services (HCAHPS)**

The Committee reviewed the Hospital Consumers Assessment of Healthcare Providers and Services (HCAHPS) report that was presented at the PMC Board of Directors meeting on January 8, 2018. The questions related to physicians were highlighted. Discussion ensued regarding ways to increase the scores.

***ACTION ITEM:*** Dr. Tronetti will get more information on regarding the process of ascertaining the answers to the survey questions.

***ACTION ITEM:*** Take the HCAHPS report to the department meetings.

***ACTION TAKEN:*** Noted by the Committee.

### **Quality**

The Committee reviewed the Board Quality minutes (November 6, 2017), and the Quality Value Dashboard for January 2018. Copies are appended to the file copy of these minutes.

***ACTION TAKEN:*** Noted by the Committee.

### **Physician's Lounge Discussion**

The Committee discussed the survey that Food & Nutrition is going to put in the physician's lounge regarding the physician's lounge preferences. A copy of the survey is attached to the file copy of these minutes.

***ACTION TAKEN:*** Noted by the Committee.

There was a comment regarding the lounge that the entrée is in the lounge and the budget is charged and if the physician goes into the Atrium Café and buys the same entrée, the budget is charged again.

***ACTION ITEM:*** Medical Staff Service will discuss this concern with Food and Nutrition.

### **Donna Ivery, MD – LOA**

It was brought to the attention of the Committee that Donna Ivery's leave of absence is up on February 1 and Medical Staff Services has not received the follow-up from her to terminate her leave. Dr. Ivery's medical staff appointment and privileges will expire on February 1, 2018.

***ACTION TAKEN:*** Noted by the Committee.

***ACTION ITEM:*** Dr. Tronetti will call Dr. Ivery regarding her leave of absence.

### **NEW BUSINESS – Composition, Duties, Meetings of the Medical Executive Committee (MEC) and 2018 Meeting Dates**

The Committee reviewed the composition, duties, and meetings of the Medical Executive Committee (MEC) from the Medical Staff Bylaws and the 2018 MEC Meeting Dates. Copies are appended to the file copy of these minutes.

***ACTION TAKEN:*** Noted by the Committee.

**Resignation(s)**

The Committee reviewed the following resignation(s). A copy is appended to the file copy of these minutes.

- Joaquin Barbara, MD (Active/Internal Medicine/Hospitalist Program) – Effective January 30, 2018/ Appointed August 17, 2017.
- Patricia Parrish, PA-C (AHP/Dr. Nettleton) – Effective December 15, 2017/Appointed March 7, 2016
- James Kim, MD (Active/Cardiology) – Effective December 28, 2017/Appointed January 4, 2016
- David Buser, MD (Active/Radiation Oncology) – Effective December 28, 2017/Appointed June 12, 2017

***ACTION TAKEN:*** Noted by Committee.

**Reporting Requirement - 2017 Cardiac Catherization Procedures**

The Committee will review the 2017 Cardiac Catherization Procedures Report per Policy 9900-22, Criteria for Diagnostic Cardiac Catheterization/Angiography Credentialing in February.

***ACTION TAKEN:*** Noted by Committee.

**Policy 9900-67, Financial Interest**

The Committee reviewed Policy 9900-67, Financial Interest and the forms for 2018 were passed out for the Committee to complete and sign. The executed copies will be an agenda item at the next meeting. A copy of the policy is appended to the file copy of these minutes.

***ACTION TAKEN:*** Noted by Committee.

**For Information Only**

The Committee noted the following for the Committee's review. Copies are appended to the file copy of these minutes.

1. Joint Commission *Perspectives* – January 2018

Information/Education items sent by Courier to the Medical Staff to be noted in the minutes. Copies are appended to the file copy of these minutes.

1. Memo from Pharmacy (12/15/17): Exparel (Bupivacaine Liposomal)
2. Brevard County Medical Society General Membership Flyer – January 25, 2018
3. Meditech Enhancements – December 20, 2017

**ACTION TAKEN:** Noted by the Committee.

**REPORT FROM ADMINISTRATION - Board of Directors Minutes, Game Plan Score Card, and Financials/Budget**

The Committee reviewed the Board of Directors Regular Board of Directors Meeting minutes (November 6, 2017) from the December Board of Directors packet. Copies are appended to the file copy of these minutes.

**ACTION TAKEN:** Noted by the Committee.

**CONSENT AGENDA**

Discussion ensued and a motion was made, seconded and approved unanimously.

**ACTION TAKEN: MOTION TO APPROVE THE FOLLOWING CONSENT AGENDA ITEM(S):**

- A-1. Approved to reactivate Exposure/NonPMC/Exposed Order Set in Meditech and add paper copy to FormFast for downtime use. (E3365). Reviewed and Approved by Emergency Department January 2018.**
- A-2. Approved new Order Set: Cardiology Impella 2.5 Cardiac Power 4.0 Ventricular Assist Device (E3371ab)**

**COMMITTEE REPORT(S)**

The Committee reviewed the committee minute(s) of Utilization Management/Medical Record Committee (December 12, 2017). A copy is appended to the file copy of these minutes. Policy 9900-70A and 9900-70B, Medical Records Completion Policy are tabled pending Executive Management Committee's (EMC) review. Discussion ensued and the following motion was made, seconded and unanimously approved.

**ACTION TAKEN: MOTION TO ACCEPT THE COMMITTEE REPORT(S) AS PRESENTED.**

**CLINICAL DEPARTMENT REPORT(S)**

The Committee reviewed the department minute(s) of Diagnostic Imaging (December 21, 2017), Medicine (October 17, 2017), Pathology Quality Assurance (December 6, 2017), Pediatrics (December 8, 2017), and Surgery (November 7, 2017). Copies are appended to the file copy of these minutes. Discussion ensued and the following motion was made, seconded and unanimously approved.

**ACTION TAKEN: MOTION TO ACCEPT THE DEPARTMENT REPORT(S) AS PRESENTED.**



**OPEN FORUM**

Dr. Modi expressed concern regarding the ECG lead placement from the ED and residual residue.

**ACTION ITEM: Dr. Cuculino will speak to the Emergency Department nursing staff about re-education on proper lead placement.**

Dr. Modi would like to see pictures of the new physicians on the bulletin board in the Physician's Lounge and a list of new physicians in the credentialing process announced at the Medical Staff meeting.

**ACTION TAKEN:** Noted by Medical Staff Services.

Dr. Cuculino asked for all physicians' help to manage the perception of the Emergency Department. The Emergency Department has been exceptionally busy with the recent flu outbreak.

**ACTION TAKEN:** Noted by Committee.

**MEETINGS**

- A. Ad Hoc Credentials Review Committee Executive Session, February 5, 2018, Vice President - Nursing Conference Room, Time TBD
- B. Quality Committee, February 5, 2018, Executive Conference Room (ECR), Noon
- C. Budget & Finance Committee, February 5, 2018, Executive Conference Room
- D. Board of Directors Executive Committee, February 5, 2018, Executive Conference Room
- E. Board of Directors Executive Session, February 5, 2018, Executive Conference Room, (To commence no earlier than 2:00 pm)
- F. Educational, Governmental and Community Relations Committee, February 5, 2018, First Floor, Conference Center
- G. Planning, Physical Facilities and Properties Committee, February 5, 2018, First Floor, Conference Center
- H. Board of Directors, February 5, 2018, First Floor, Conference Center, (To commence following the last Board Committee meeting no earlier than the posted time).

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- I. Joint Conference Committee – TBA
- J. Medical Staff Meetings – first Tuesday each quarter (March, June, and September) at 6:00 pm. The annual meeting in December begins immediately following dinner at 5:30 pm, Conference Center.
- K. Credentials and Medical Ethics Committee, second Monday of each month, Conference Center, 5:30 pm.

***ACTION TAKEN:*** Noted by the Committee.

**ADJOURNMENT**

There being no further business, the meeting adjourned at 7:18 pm.

Pamela Tronetti, DO  
President/Medical Staff

Pedro Carmona, MD  
Secretary - Treasurer

## Erwin, Jonda

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**From:** Rabsatt-Harris, Felicia  
**Sent:** Thursday, January 04, 2018 3:53 PM  
**To:** Erwin, Jonda  
**Cc:** Gile-Hultenius, Dianne  
**Subject:** RE: Patricia Parrish, PA-C

Jonda,

I will follow-up with Tanya who should have turned in the termination paperwork to Dianne (who I will presume notifies you). But yes...Patricia did term with us on December 15, 2017.

As a heads up, Dr. Barbara (Hospitalist) will be terming with us on January 30, 2018.

Thank you and Happy New Year!!

Felicia

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**Felicia N. Rabsatt-Harris, MBA, MHA, CHC**  
*Executive Director of Physician Practices*  
*Parrish Medical Group (PMG)*

7075 N. US Highway 1, Suite 500  
Port St. John, FL 32927  
P: (321) 268-6111 ext 8555  
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[Felicia.Rabsatt-Harris@parrishmed.com](mailto:Felicia.Rabsatt-Harris@parrishmed.com)  
[www.parrishmed.com](http://www.parrishmed.com)

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**From:** Erwin, Jonda  
**Sent:** Thursday, January 04, 2018 3:43 PM  
**To:** Rabsatt-Harris, Felicia  
**Subject:** Patricia Parrish, PA-C  
**Importance:** High

I heard that Patricia Parrish, PA is no longer with NBMS. Can you confirm this and give me her resignation date if she is no longer here. I need to know about resignations so that I can close their file regarding privileges. Thanks and Happy New Year!!

Jonda

*Jonda Erwin, CPCS*/Medical Staff Specialist  
Parrish Medical Center  
Medical Staff Services  
951 N. Washington Ave.  
Titusville, FL 32796  
321-268-6362

## Erwin, Jonda

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**From:** james kim <james.kim9@gmail.com>  
**Sent:** Thursday, December 28, 2017 8:51 AM  
**To:** Erwin, Jonda  
**Subject:** [External Sender] resignation

**Follow Up Flag:** Follow up  
**Flag Status:** Flagged

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Jonda,

Please accept this notice as request for formal resignation as active staff at Parrish Medical Center effective immediately.

I want to thank you again for all of your support. Please do not hesitate to contact me if I can be of service in any way.

Sincerely,

James Y Kim MD

## Erwin, Jonda

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**From:** Salina Vanderpool <[vanderpools@omnihealthcare.com](mailto:vanderpools@omnihealthcare.com)>  
**Sent:** Tuesday, January 02, 2018 1:34 PM  
**To:** Erwin, Jonda  
**Cc:** Craig Deligdish  
**Subject:** [External Sender] Re: Dr. Buser

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Jonda,

Happy New Year!!!! Dr. Buser's last day with OMNI Healthcare was 12-28-17. I will get back with you regarding Dr. Hurtado tomorrow.

Thanks,  
Salina

On Tue, Jan 2, 2018 at 9:51 AM, Erwin, Jonda <[Jonda.Erwin@parrishmed.com](mailto:Jonda.Erwin@parrishmed.com)> wrote:  
Could you give me an update regarding Dr. Buser. I was told that he has resigned and I need to know an effective date if this is true. I am so sorry to hear this. I also need an update regarding the status of Dr. Hurtado. I am flying back to Florida today and will be back in the office this afternoon.

Happy New Year!!

Sent with Good ([www.good.com](http://www.good.com))

-----Original Message-----

**From:** Salina Vanderpool [[vanderpools@omnihealthcare.com](mailto:vanderpools@omnihealthcare.com)]  
**Sent:** Monday, December 11, 2017 07:50 AM Eastern Standard Time  
**To:** Erwin, Jonda  
**Subject:** [External Sender] Re: Dr. Robertson

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It will need to be Skype call as he will not be in that day I mentioned that to you last we spoke.

Thank you.

On Sunday, December 10, 2017, Erwin, Jonda <[Jonda.Erwin@parrishmed.com](mailto:Jonda.Erwin@parrishmed.com)> wrote:

2 things.....