

Volunteer Services

Healing Families—Healing Communities®

August 2022 • Volunteer Services Issue 1

Volunteers help in a multitude of ways, both large and small, to fulfill Parrish Medical Center's mission of *Healing Experiences for Everyone All the Time*®

Introduction and Summer Sum-Up

Welcome to Volunteer Services! We are excited that you are here and look forward to partnering with you throughout your volunteer experience. Over the last several months we have seen growth and changes



which we are excited to share with you and will continue to do so in a variety of ways including by this newsletter.

What's New? On June 1, 2022, the Auxiliary department transitioned to Volunteer Services, bringing

with it a more robust and inclusive approach to the healing work you do, daily. The department is now managed by the Patient Experience and Volunteer

Services Managers, Carlos Diaz and Lauren Bostick.

Carlos and Lauren are responsible for recruitment, processing of applications, orientation, service placement and the overall volunteer experience. They are actively recruiting and



participating in community events to revitalize and grow the team of volunteers. If you know someone

that would like to volunteer, please consider sharing with them our membership options on page 2.

Great News! Volunteers will no longer be required to pay annual dues or for uniform shirts. Be on the lookout for communications on the new shirts and when you can expect those to be dispersed.

Contact Us. The Volunteer Services department has a dedicated phone number and email address that is monitored in case of questions, concerns or changes to your schedule. The email address is volunteerservices@parrishmed.com and the phone number is 321-268-6111 Extension 7183.

The Gift Shop. Welcome Jo Connell, Gift Shop manager! Jo looks forward to partnering with those who will be working in the shop. Stop by and check out our inventory reduction sale. Huge discounts. We're making room for new Fall arrivals!

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Volunteering

Adult Volunteer Membership is open to anyone interested in volunteer service and who qualify for membership.

To download the adult volunteer package, please visit parrishhealthcare.com/images/Volunteer-Services-Application-2022-Refined.pdf

Junior Volunteer Membership is open to all young people between the ages of 15 and 17, who are enrolled in school.

To download the junior membership package, please visit

<u>parrishhealthcare.com/images/VolunteerApplication-5.22-PDF.pdf</u>

Contact Us. For more information about volunteer opportunities please contact Volunteer Services at 321-268-6685 or 321-268-6683 or by email at volunteerservices@parrishmed.com.

Volunteering Opportunities

The top volunteer needs this month are:

Gift Shop Various Shifts Available
Front Desk Various Shifts Available

If you can help fill this need, please contact Volunteer Services. Thank you!

Upcoming Events

Volunteer Appreciation Brunch | Sept. 15

Join us at the Indian River Preserve and Golf Club for an appreciation brunch on Thursday, September 15 at 11am. Games. Prizes. Gifts. Brunch will be served promptly at 11:30am.

Please RSVP by August 31 to Jackie Hurley at 321-268-6122 or via email Jacqueline.Hurley@parrishmed.com.

Observations

Days to observe or celebrate in September:

5	Labor Day
29	World Heart Day

Birthdays

Happy Birthday to You! We are excited to celebrate these September birthdays!

1	Patricia O'Leary
4	Terry Deal
	Vivian Hamilton
11	Patricia O'Shea
13	James Brackin
14	Patricia Bisig
15	Paulette Haynes
17	Shivani Modha
22	Nancy Marino
25	Sharon White
28	Teresa Puckett

Health and Safety Tip

Snack Smarter. Craving a Crunchy Snack? You can still enjoy those crispy crunchy snacks while staying on track. Make a healthy choice by trading those deep-



fried potato chips (about 300 calories per serving) for air popped popcorn (about 31 calories per serving).

For more healthy tips, follow the <u>Parrish Health & Wellness Facebook page</u> for weekly Fit Tips.