

# STOOL COLLECTION INSTRUCTIONS

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Solutions in kit are poisonous - Keep out of reach of children - Do not drink!

***ANTIDOTE IF SWALLOWED:** Dilute by drinking 2-4 glasses of water. Immediately contact an emergency facility, poison information center, or a physician to receive medical attention. Save the tube; label information will be helpful for determining appropriate medical treatment.*

Please read and follow all instructions below. Following the instructions will help the Lab do a better job and avoid costly repeat testing.

The kit consists of three tubes. The black-capped and yellow-capped containers both have liquid in them. The white tube has no liquid.

## PLEASE DO NOT:

- Urinate on the specimen or in the collection container
- Urinate in the tubes
- Pass stool directly into the tube
- Pass stool into the toilet

## Stool Collection Instructions

1. The stool should be passed into a clean, dry container. Use a bedpan, clean margarine tub, large wide-mouthed jar, or a clean milk carton with the top cut off.
2. Open one of the tubes containing the liquid. Using the collection spoon built into the tube, or a disposable plastic spoon, place small scoopfuls of stool from areas that appear slimy, bloody or watery into the tube until the contents rise to the **red** line. **Do not** fill the tube all the way to the top.

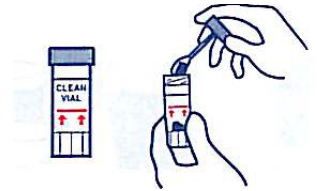


3. Mix the contents of the tube with the spoon, and then twist the cap tightly closed and shake until the contents are well mixed.



4. Repeat above steps for the remaining liquid-filled tube.

5. The tube with no liquid in it should be filled to the red line. Do not mix or shake this tube.

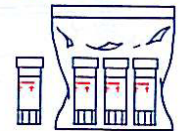


6. Fill out the labels on the tubes. Also, check the box on the label that looks most like the specimen when collected.

7. **CHECK ALL CAPS TO MAKE SURE THEY ARE TIGHTLY CLOSED.**



8. All tubes may be stored in a plastic bag in the refrigerator until brought to the Lab. Tubes may be stored for up to 24 hours.



9. Wash your hands thoroughly. If any liquid from the tubes gets on your skin or in your eyes, flush with plenty of running water. If irritation develops, consult a physician.



10. **NOTE:** If the stool for Clostridium Difficile (C-Diff) test is ordered, you must have a loose stool for completion of this test.

11. Refrigerate until delivery.

12. **Return the collection kit to your physician or Lab within 24 hours.** If your sample is returned any time after your original date of service, you will need to reregister for the new date of service by going to Registration. We encourage you to preregister by calling 321-268-6150, which will help to reduce wait time.

### Receiving Locations and Times (holiday/weekend hours may vary)

**Parrish Medical Center (Express Testing):** 951 N. Washington Ave., Titusville, FL 32796  
Mon.-Fri., 6:30am-6pm and Sat., 7am-Noon, 321-268-6333, ext. 7344 or Main Lab  
open 24-hours at 321-268-6134

**Health and Fitness Center:** 2210 Hwy. 50, Titusville, FL 32780  
Mon.-Thurs., 6:30am-3pm, Fri., 6:30am-Noon; 321-268-6721

**Healthcare Center | Port Canaveral:** 390 Challenger Rd., Port Canaveral, FL 32920  
Mon.-Fri., 8am-5pm; 321-633-8640

**Healthcare Center | Port St. John:** 5005 Port St. John Pkwy, Port St. John, FL 32927  
Mon.-Thurs., 7am-4pm, Fri., 7am-Noon; 321-636-9393, ext. 8015

**Healthcare Center | Titusville:** 250 Harrison St., Titusville, FL 32780  
Mon.-Fri., 7am-4pm; 321-268-6764, ext. 8353

Please call the Lab at 321-268-6134 if you have any questions.