

MEMORANDUM

TO: Dan Diesel, Mayor, City of Titusville
Robert Jordan, Vice Mayor, City of Titusville
Jo Lynn Nelson, Council Member, City of Titusville
Joe C. Robinson, Council Member, City of Titusville
Sarah Stoeckel, Council Member, City of Titusville

FROM: George Mikitarian, President/CEO

SUBJECT: Semiannual Report to the City of Titusville

DATE: September 2022

Attached please find Parrish Medical Center's semiannual report. This report includes:

- Listing of recent news releases, awards & recognitions
 - Full copies of releases available at parrishmed.com/newsroom
- Listing of recent additions to the PMC Medical Staff/Parrish Medical Group
- Copies of LifeTimes quarterly community newsletter available at parrishhealthcare.com/lifetimes.
- Copies of select Healing Moments Patient Stories
- Copy of Power Point Presentation (as separate attachment)

Additional information is available online at parrishmed.com, such as links to:

- State comparative data (parrishmed.com/quality)
- Community Health Needs Assessment and Implementation Plan (parrishmed.com/communitybenefit)
- Public Board of Directors meeting agendas and minutes (parrishmed.com/leadership)
- Membership in Mayo Clinic Care Network (parrishmed.com/mayo)

Thank you for your continued support of your community medical center, Parrish Medical Center, One of America's Finest Healing Environments[®]. Please let me know if I may provide any additional information.

Pc: Commissioner Rita Pritchett, District 1
Scott Larese, City Manager
Board of Directors, Parrish Medical Center
Media Copy

PRESS RELEASES

Prominent Oncology/Hematology Specialist Robert K. Oldham, MD, joins Parrish Healthcare

Parrish Healthcare and Parrish Medical Group are pleased to welcome Board-Certified Oncologist Robert K. Oldham, MD to the North Brevard community. Dr. Oldham is an internationally recognized oncology/hematology specialist and is regarded as a leading pioneer in the development and use of immunotherapy - the fourth modality in cancer treatment. His primary mission has been to improve the outcomes for his patients with cancer and blood disorders.

Parrish Healthcare Supports Local Student Athletes' Health

Since 2008, Parrish Medical Group's Sports Medicine and Athletic Training Program—led by physician Anthony Allotta, DO—have hosted a series of sports physicals for area students and have donated 100% of the proceeds back to support students attending North Brevard schools. This year, Dr. Allotta was joined by PMG's Orthopedic Surgeon Bryan Parry, MD, certified athletic trainers, and representatives from Who We Play For. Nearly 200 physicals were completed and, of those, 100 participants opted to receive a potentially life-saving electrocardiogram (ECG).

Parrish Medical Group Welcomes General Surgeon Alphonse Pecoraro Jr., MD, FACS

Parrish Medical Group is pleased to welcome Board-Certified General Surgeon Alphonse Pecoraro Jr., MD, FACS to the North Brevard community. Dr. Pecoraro completed his undergraduate degree in biochemistry and his medical degree at New Jersey Medical School in Newark, graduating as Valedictorian of both his college and medical school class. Subsequently, he completed both his internship and residency training in General Surgery at New York University/Bellevue Hospital, where he also served as Executive Chief Resident. His office is located at Parrish Healthcare Center at Titus Landing, 250 Harrison Street, Titusville, FL 32780.

Aquatic therapy scheduled for a splashy debut at Parrish Healthcare

Less pain, more gain. That's the advantage for those with orthopedic arthritis, rheumatic disease and other health conditions of the aquatic therapy programs about to begin July 5th at Parrish Healthcare Center (formerly Parrish Health & Fitness) in Titusville.

Global leader in laboratory standards of excellence reaccredits Parrish Medical Center

The world's largest organization of board-certified pathologists and leading provider of laboratory accreditation, the College of American Pathologists (CAP), has selected Parrish Medical Center's Laboratory for reaccreditation based on the laboratory's high standards of care. "Parrish Medical Center's Laboratory demonstrates leadership, innovation, and a passionate commitment to standards of excellence while providing the highest quality services, ultimately for patients," said Richard M. Scanlan, MD, FCAP, chair of the CAP's Council on Accreditation.

Parrish Healthcare first in Brevard County to receive certification in new treatment for sleep disorder

Parrish Healthcare's Sleep Disorder Center is Brevard County's first to offer the breakthrough Inspire Therapy to treat sleep disorders. Inspire Implants are considered one of the world's most advanced sleep apnea treatments. Sleep apnea affects a person's breathing while sleeping. Eight-in-10 of the people with these disorders are unaware of their condition and that it can lead to heart attack and death if left

untreated. Inspire Therapy is an alternative to CPAP, the bulky mask most people associate with sleep apnea treatment. Our team implants a small device under the skin near the right collar bone and it is activated at bedtime by the patient via a handheld remote. Inspire consists of a small battery attached to a breathing sensor lead and a stimulation lead. The system stimulates key airway muscles to keep the airway open during sleep.

Parrish Healthcare Implements Peer Recovery Specialist Program

For people on the path of recovery from a mental health diagnosis or addictions, Parrish Healthcare's network of Peer Recovery Specialists (PRS) are available to help guide the journey. "The path to recovery is made easier when a person walking it knows they're not alone, and that with them is someone who has shared experiences and has recovered from them," said Lara Chicone, LCSW Parrish Healthcare behavioral health navigator and peer recovery program coordinator. "The Peer Recovery Specialist Network is an extraordinarily valuable help for people who are searching for a way out of the situation in which they find themselves." The program is in collaboration with Circles of Care.

Parrish Healthcare earns global recognition as a High Reliability Organization Champion At the 2022 World Patient Safety, Science & Technology Summit

Recognized at the 2022 World Patient Safety, Science & Technology Summit (WPSSTS) held April 29-30, 2022, Parrish Healthcare was one of five global hospitals and health systems affiliated with PSMF recognized as HRO Champions. The Patient Safety Movement Foundation gives their recognition to hospitals and healthcare organizations who demonstrate transparency around patient safety data and who have made their own commitments to reach the Patient Safety Movement Foundation's vision of ZERO preventable harm and death across the globe by 2030.

HIGH VALUE HEALTH CARE PROVIDER

According to the most recent report from the Florida Center for Health Information and Transparency a service of the Agency for Health Care Administration, Parrish Medical Center provides high quality health care at the lowest costs in the area and lower lengths of stay. The report validates that we are a high value provider of health care. For example, following are a few highlights from this report:

Cost of care

- Diabetes - PMC is 36% lower than state average
- Heart Failure - PMC is 43% lower than state average
- Childbirth- PMC is 38% lower than state average
- Cancer – PMC is 35% lower than state average
- Orthopedics – PMC is 44% lower than state average

Readmission

- Heart Failure- PMC is 50% lower than state average
- Pneumonia- PMC is 33% lower than state average

For details please visit <https://www.parrishhealthcare.com/about-us/quality-safety/> or visit www.floridahealthfinder.gov.

SERVICES CONTINUE TO EXPAND WITH RECENT ADDITIONS TO MEDICAL STAFF & PARRISH MEDICAL GROUP (Since March 2022)

German Restrepo, APRN, Gastroenterology
Andrei Yankovich, MD, Critical Care
Sean Verma, MD, Nephrology
Lance Knecht, MD, Diagnostic Radiology
Alphonse Pecoraro, Jr., MD, General Surgery
Scott Hankinson, MD, OB/GYN
Ajit Janardhan, MD, Cardiology/Electrophysiology
Paul Karlinsky, MD, Interventional Radiology
Robert Oldham, MD, Oncology/Hematology
Hailey Lowery, CRNA, Anesthesia

LIFE STORIES | HEALING EXPERIENCES

Weekly, Parrish Healthcare shares stories of how our care partners serve to fulfill our mission. Attached below are select few of the most recent stories. Additionally, we invite you to subscribe to our YouTube channel to hear first-hand stories of healing experiences received at Parrish Healthcare, where the art of healing comes to life. Visit parrishhealthcare.com click on the YouTube icon at the top of the page or visit parrishhealth.com/patient-stories.

Healing Moments

Weekly Huddle Story

June 22, 2022



Excellence from the heart

A healing hospital gives loving service to others. At its heart are people who have a passion to serve, and who recognize how being purposely present, with SLICES in mind – creates a healing experience.

Health Information Management Operations Manager Jackie Stevens shares a story that says much about her – and applies to many care partners in a variety of roles.

She writes: I began my career at Parrish in 2002 as a hostess for Food and Nutrition. Years later, 2009 or 2010, I began looking for ways to grow. That led me to apply for transfers to other departments. I wasn't successful right away.

I remember at one point feeling I brought little value to the organization. I thought to myself, 'If I'm going to continue in the role of hostess, I have to find my joy'. I thought of our values and though all are important, I decided to focus primarily on excellence.

I would be the best hostess I could be. I was going to find the joy in the conversations I had with patients as I was delivering their meals. And I was going to do all I could to make a difference in the patient's day.

I made sure that I arrived early for work and was ready for every shift. This put me in a better mood to start my day, prepared and not rushed.

I made a point before leaving the patient's room to always ask if there was anything else I could do for them. Sometimes it was something as simple as getting a comb out of a drawer that the patient couldn't reach.

I became a much happier person. I realized even more clearly that EVERYONE here at Parrish plays an important role in providing healing care.

There are many ways to aim for excellence. I chose to remember that I work here to serve others. While I was serving healing, nourishing food, I was serving the patient in any other way I could.

Whenever there was an opportunity, I served other care partners. I served our leadership team by holding myself accountable and responsible for my work; I wanted everyone to know they could rely on me. I still do.

When I transferred into HIM in 2012, I took that value of excellence and the idea of service with me. I begin my day with the motto, be excellent, and above all, be a servant to others.

Care Circle Discussion Topic: Of our values – safety, loyalty, integrity, compassion, excellence and stewardship – which resonates most with you and why?

Inspiration for the Week: "What we do for ourselves dies with us. What we do for others and the world remains and is immortal." — Albert Pine, 19th century English author

Share and celebrate your stories by emailing them to comservices@parrishmed.com or by calling 321-268-6110. This and all other Huddles can be found on iCare under the Community Sharing Board.

Healing Moments

Weekly Huddle Story

June 8, 2022



Delivering excellent care and bundles of joy

“My son decided to make his appearance early. I went to the hospital and was immediately treated with so much care. I expected that as it was my second time delivering at PMC.” So says Meli Garcia, a grateful mom who posted her appreciation to Parrish on Facebook. What followed, some of which is shared below, was an outpouring of praise for our care partners.

- “I love them! I had my first daughter there and loved it.” – Evelyn
- “I delivered my son there 10 years ago. I had an emergency C-section for my first child and they were amazing.” – Judith
- “I love Parrish L&D. I’ve given birth to four kiddos there! The midwife is amazing!” – Danielle
- “I had all three of my children at Parrish. My oldest is 47 and my youngest is 33 years old. I know it has been a while, but they were great with me and mine.” – Deborah
- “I was there at least twice last year. They were loving and caring with me.” – Dawn
- “I delivered there on May 4. The baby had some complications. The nurses were so wonderful; they made everything easier.” – Aly
- “They are awesome in L&D. I was a high-risk pregnancy. I had to go for monitoring three times weekly for my last four weeks. I never had any complaints.” – Erin
- “I was there in November and I was thoroughly impressed. I felt like my son and I were a priority. The nurses were on top of everything.” – Taylor

Our care partners in the Women’s Center, regardless of the situation, are in a special position to further our vision of *Healing Families—Healing Communities*®. And they deliver.

Care Circle Discussion Topic: How might these social media comments affect the communities’ view of PMC?

Inspiration for the Week: “If everyone is moving forward together, then success takes care of itself.” –Henry Ford

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Healing Moments

Weekly Huddle Story

April 13, 2022



Our values at work

“While in the ED, the staff made my mother feel as if she was their only patient. They treated her like she was their mom,” said Tina Adkins, a grateful daughter and fellow Parrish care partner.

Tina brought her mother, Marie, to the Parrish Emergency Department at 3 a.m. on Sunday, Feb. 20. What followed was a classic example of care partners living our values.

“I would like to extend lots and lots of special thanks to the Emergency Department and the whole 5th floor staff.” Tina added. “They are incredible and deserve recognition. RN Erin Eckart was especially amazing.”

Tina explained that her mother had a ruptured ulcer. The ulcer wasn’t Marie’s only diagnosis. She’d been fighting brain and lung cancer for two-and-a-half years. She was in excruciating pain. “The nurses and CNAs knew that; they did everything they could to make her as comfortable as possible,” Tina said.

Marie was admitted to the 5th floor. “The compassionate and professional care continued, not only for my mom, but for the entire family,” said Tina. “RN Latoya Starker was wonderful. She did everything in her power to relieve my mom’s pain.”

From Feb. 20-27, Tina said she spent day and night with Marie. “I’m glad I spent this time with mom. I watched the nurses and CNAs on every shift. I didn’t know these would be her last days. Because they were, I’m especially pleased with the loving care mom received,” Tina said.

Marie was taken to Hospice House on Feb. 27. She passed away peacefully on Feb. 28.

“When we are hired and complete orientation, we learn about the mission, to provide *Healing Experiences for Everyone All the Time*[®]. We learn about the values of safety, loyalty, integrity, compassion, excellence and stewardship,” said Tina.

“Our family’s experience was healing and we recognized our values in the actions of care partners. That is how each person involved in my mom’s care performed. And they performed this way even when they didn’t know I was one of them.”

Care Circle Discussion Topic: What values do you see at work in this story?

Inspiration for the Week: “Our deeds determine us, as much as we determine our deeds.”—George Eliot, Pen name of Mary Ann Evans, English writer of Victorian era

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